Villanova University and New Student Orientation will continue to send VU101 emails throughout the summer to keep you updated on important information and help prepare for your arrival. To view past emails, please visit the New Student Orientation website.

Online Courses to Complete Before You Arrive
There are many things to do before you arrive on campus, and we hope you find the checklist on MyNova helpful. The following information pertains to online courses that students are expected to complete prior to their arrival to campus for New Student Orientation. Instructions for these specific courses were emailed to all incoming students on Tuesday, July 16.

To begin the courses, copy and paste this link to your browser: https://villanovastudents-pa.vectorlmsedu.com/login. If you are unable to log in on the landing page, please click on "Forgot Password" and follow the instructions.

- **AlcoholEdu for College**
  AlcoholEdu for College is an objective, science-based, online alcohol misuse prevention course designed specifically for college students as the cornerstone of a comprehensive campus prevention program. The purpose of this course is to prevent or reduce alcohol misuse and related risks while providing a statistically accurate description of the attitudes, experiences and behaviors of students.

- **Diversity, Inclusion and Belonging**
  At Villanova, we hold sacred a community that is inclusive and just. We seek to foster an environment that embraces diversity, strives to be equitable and grants an opportunity for all students to experience belongingness. Because of these beliefs, we ask every incoming student to pause and reflect on their own identities, knowledge and possible biases they might have through an online diversity, inclusion and belonging course. Through the course, students will discover ways they might participate in nurturing a positive, life-giving environment supportive of all students and all identities.
• **Mental Well-Being**
The Mental Well-Being course is an objective, science-based, online mental well-being promotion course designed specifically for college students as the cornerstone of a comprehensive campus health promotion and prevention program. The purpose of this course is to reflect on building resilience, responding to challenges, and how to take good care of ourselves and each other during good and stressful times.

• **Sexual Assault Prevention for Undergraduates (SAPU)**
SAPU is an objective, science-based, online sexual violence prevention course designed specifically for college students as the cornerstone of a comprehensive campus prevention program. The purpose of this course is to prevent or reduce experiences of sexual violence while providing a statistically accurate description of the attitudes, experiences and behaviors of students.

To learn more about these courses, [visit our website](#).

**Wildcat Welcomes 2024**
Begin building a network of Villanovans before even stepping onto campus. Get to know the Villanova University community by joining fellow students, parents and alumni at a Wildcat Welcome in your area this summer. For complete details and registration, please visit our [website](#).

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**Don’t forget to log in to MyNova frequently to stay up-to-date on your New Student Checklist!**

**UPCOMING DEADLINES**
August 1: Complete your [CliftonStrengths](#) assessment
August 15: Complete your [Academic Integrity](#) training

*Villanova University and New Student Orientation are looking forward to welcoming you to campus. If you have additional questions regarding Orientation, please contact us at orientation@villanova.edu, and follow us on Instagram at [@NovaOrientation](#).*