

NOTICE TO ALL VILLANOVA UNIVERSITY EMPLOYEES

*If you are injured at work, it is your responsibility to report the injury to your supervisor **IMMEDIATELY**.*

In accordance with the *Pennsylvania Workers' Compensation Act*, you **must** choose a physician or other health care provider from the list below. If you suffer a work-related injury, PMA will pay for reasonable medical and surgical services, medicines and supplies. Any questions regarding the services provided, contact PMA directly at 1-888-476-2669.

PHYSICIAN/SPECIALTY	ADDRESS/PHONE
Heidi Weston, M.D. Concentra Medical Center TREATMENT AND CARE FOR ALL WORK INJURIES	170 N. Henderson Road, Suite 200 King of Prussia, PA 19406 (610) 337-1558 FREE TRANSPORTATION AVAILABLE
David Zelouf, M.D. Hand Specialist	700 S Henderson Road, Suite 200 King of Prussia, PA 19406 (800) 971-4263
Stephen Cash, M.D. Hand Specialist	100 Lancaster Avenue, Suite 253E Wynnewood, PA 19096 (610) 642-8823
James B. Carty, M.D. Ophthalmology	Carty Eye Associates Bryn Mawr, PA 19010 (610) 527-0990
Robert P. Good, M.D. Hip and Knee Surgeon	400 Enterprise Drive, 2nd Floor Limerick, PA 19468 (800) 321- 9999
Robert W. Frederick, M.D. Sports Medicine	Rothman Institute Orthopedics 3300 Tillman Dr Bensalem, PA 19020 (800) 321-9999 Locations also in: King of Prussia, Limerick, Media
Mark Lazarus, M.D. Orthopedic/Shoulder Surgeon	925 Chestnut St Philadelphia, PA, 19107 (267) 339-3500
Jeffrey Rihn, M.D. Spine Surgeon	Rothman Institute Orthopedics 234 Mall Boulevard, The Atrium Building, Suite G-30, King of Prussia, PA 19406 (800) 321-9999 Locations also in: Media
Joseph S. Lubeck, M.D. Neurology	333 E City Avenue Ste IL9, Bala Cynwyd, PA 19004 (610) 667-0278
Broker Cramer & Swanson, M.D. E.N.T. (Ear, Nose and Throat)	826 Main St, Ste 201, Phoenixville, PA 19460 (610) 415-1200
Mark Cavallo, DC Chiropractor	311 W. Johnson Highway East Norristown, PA 19401 (484) 808-8888
Rudolph R. Roth, M.D. Dermatologist	250 King Of Prussia Road Radnor, PA 19087 (610) 902-2000
Novacare - Scheduling for Wayne office and Jake Nevin Field House Physical Therapy	Villanova and Wayne, PA 860 Lancaster Avenue Devon, PA 19333 (610) 688-7776
Express Scripts Pharmacy	(800) 282-2881

You must continue to visit one of the providers listed above (if you need treatment) for ninety (90) days from the date of your first visit. If you do not, your employer may not be required to pay for these services.

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- After this ninety (90) day period, if you still need treatment and your employer has provided a list as set forth above, you may choose to go to another licensed physician or practitioner of the healing arts for treatment. You must notify your employer of this acting within five (5) days of your visit to the person of your choice, or your employer may not be required to pay for these services.
- Your bills will be paid for IF: Your licensed physician or practitioner of the healing arts files reports as required (these reports must be filed within ten (10) days after your first visit and at least once a month for as long as treatment continues).
- In the event a posted panel physician recommends invasive surgery, you may seek a second opinion with a physician of your choice. If you choose to undergo the invasive surgery, you must use a posted physician for the treatment.
- If no list is provided as above you may go to a licensed specialist. Your employer or his insurer will pay the bill for these services.
- If you are faced with a medical emergency, you may secure assistance from an ER or physician or practitioner of the healing arts of your choice. After Initial treatment, you must follow up with your employers' designated panel providers. If you do not, your employer may not be required to pay for these services.