Villanova Catering Menu Fall 2020

**Ala Carte Menu** Minimum 12 per order
Bagels, Cream Cheese & Jelly $1.85
Egg & Cheese on English Muffin $5.20 (Requires Speed Heat at additional cost)
Bacon Egg & Cheese on English Muffin $6.20 (Requires Speed Heat at additional cost)
Sausage Egg & Cheese on English Muffin $6.20 (Requires Speed Heat at additional cost)
Simply Oats Hot Cereal - $4.00  Hot Water included
Yogurt Loaf Cakes $1.90
Assorted Yogurt Cups $1.45
Nature Valley Bars $1.75
Kind Bars $1.25
Nutrigrain Bars $1.75
Seasonal Fruit Cup $4.95
Chocolate Chip Cookies 3.25 oz $1.75
Soft Pretzels $1.00
Brownies $1.60
Potato Chips Bagged $1.20
Pretzels Bagged $1.20
Smartfood Popcorn $1.20
Donuts $1.25

**Beverages:** Minimum 12 per order
Box of Joe (Serves 20)  Regular, Decaffeinated or Hot Water $45.00 each
Dasani Water (12 oz) $1.50
Orange Juice (10 oz) $1.75
Apple Juice (10 oz) $1.75
Iced Tea (16 oz) $1.75
Lemonade (16 oz) $1.75
Soda (12 oz can) $1.50
**Bento Boxes**  Minimum 12 per order $8.25 Per Person

Overnight Oats:  Cinnamon Apple in Parfait Cup  
Mini Donuts/Fruit, Cinnamon Apple Cream Cheese  
Fruit, Yogurt & Granola  
Mini Bagels (2), Chopped Hard Boiled Egg, Lox, Scallion Cream Cheese, Tomato, Chopped Egg, Capers, and Fruit  
Mediterranean Box – Greek Salad with Turkey presented rolled up next to the Salad, dressing, pita & Grapes  
Hummus, Pita, Grapes & Crudite  
Cheese, Pepperoni & Crackers  
Pimento cheese was with crudite, crackers and fruit  
Smoothe Bowls:  
- Acai, Banana Berry Topped with Strawberries, Blueberries, Chia, Pumpkin Seeds, Hemp Harts  
- Green Power Smoothie with Avocado, Phresh Greens Powder, Bana, Chia, Pineapple, Mango, Pumpkins Seeds and Dried Cranberries  
- Cocoa Berry Bananna topped with Mixed Berris, Sunflower Seeds, Chia, Scoop of Sunbutter and Honey  

Mini Dessert Box (ask Nancy how many pieces in each box)  
Cannoli Dip with Strawberries  
Buffalo Chicken Dip, Crudite, Pita  
Mexican Fiesta:  Lettuce, Black Beans Corn Salad & Pico, Tortilla Chips, Guacamole and Sour Cream
**Grab & Go Bag:** Minimum 20 per order $15.50 Per Person

Tote Bag: Choice of 3 Sandwiches OR Salad Bowl, Potato Chips, Cookie, Bottled Water

**Monday:**
- Grilled chicken, Rstd Red Peppers, Monterey Jack, Lettuce, Tomato on French baguette
- Pepper ham with goat cheese spread, pepper jam and arugula on ciabatta baguette
- Stuffed Portabella Cap with hummus, spinach, garlic and roasted red peppers
- Southwest Caesar, Leaf lettuce, Roasted corn, red peppers, black beans, diced chicken, cotija cheese, red chili croutons with southwest Caesar dressing

**Tuesday:**
- Buffalo chicken salad sandwich, celery, blue cheese, lettuce on Damascus roll
- Roast beef with horseradish sauce, romaine, cheddar and tomato ciabatta baguette
- Mediterranean Wrap; eggplant, roasted red peppers, artichoke hearts, olives with sundried tomato hummus on spinach wrap
  - *Roasted butternut squash salad on arugula with sriracha lime dressing*

**Wednesday:**
- Anti Pasta – Bento Box Greens with Roasted Artichokes, Red Peppers, Feta, Capicola, Genoa, Provolone, Kalamata Olives, Red Wine Vinaigrette, Fruit, Dressing & Feta
- Turkey, Bacon, avocado slices, lettuce and roasted garlic mayo on multigrain croissant
- Mediterranean Wrap; eggplant, roasted red peppers, artichoke hearts, olives with sundried tomato hummus on spinach wrap
  - Buddha bowl Kale super salad with Asian sesame dressing, roasted chickpeas, shredded carrot, avocado slices

**Thursday:**
- Chicken Caesar wrap on whole wheat tortilla, grilled chicken, romaine, parmesan, Caesar dressing and croutons
- Roast beef with horseradish sauce, romaine, cheddar and tomato ciabatta baguette
- Stuffed Portobello Cap with hummus, spinach, garlic and roasted red peppers
- Thai Quinoa salad on a bed of greens, red peppers, scallions, shredded carrots & sweet chili lime dressing
Friday:
Grilled Chicken, Rstd Red Peppers, Monterey Jack, Lettuce, Tomato on French baguette
Mediterranean Wrap; eggplant, roasted red peppers, artichoke hearts, olives with sundried
tomato hummus on spinach wrap
Tuna on a Bed of Greens with a Hard Boiled Egg, 1.6 oz croissant and fruit
Roasted Butternut Squash Salad on Arugula with Sriracha Lime Dressing

Saturday:
Grilled Chicken, Rstd Red Peppers, Monterey Jack, Lettuce, Tomato on French baguette
Pepper ham with goat cheese spread, pepper jam and arugula on ciabatta baguette
Stuffed Portabella Cap with hummus, spinach, garlic and roasted red peppers
Southwest Caesar, Leaf lettuce, Roasted corn, red peppers, black beans, diced chicken, cotija
cheese, red chili croutons with southwest Caesar dressing

Sunday:
Turkey, Bacon, avocado slices, lettuce and roasted garlic mayo on multigrain croissant
Roast beef with horseradish sauce, romaine, cheddar and tomato ciabatta baguette
Mediterranean Wrap; eggplant, roasted red peppers, artichoke hearts, olives with sundried
tomato spread hummus on spinach wrap
Buddha bowl Kale super salad with Asian sesame dressing, roasted chickpeas,
shredded carrot, avocado slices
Telex Options  Minimum 20 per order $22.95 per Person
Individual Insulated to-go containers
Speed Heat available upon request for additional cost

**Monday**
Grilled Marinated Chicken Breast
   garlic, olive oil, fresh herbs
   ~
Vegan Quinoa Cakes with Tomato Chic Pea Relish
   Rice Pilaf
   Green Beans
   Chocolate Mousse Bomb
   Salad Bowl
   Fresh Baked Rolls
   Water & Iced Tea

**Tuesday**
Chicken Cacciatore
   green peppers, mushrooms, onions, tomatoes
   ~
Spicy Vietnamese Style Tofu
   Orzo
   Zucchini & Squash
   Chocolate Mousse Bomb
   Salad Bowl
   Fresh Baked Rolls
   Water & Iced Tea

**Wednesday**
Yankee Style Pot Roast
   ~
Curried Vegetable Shepards Pie
   Wide Egg Noodles
   Fermiere Vegetables
   Chocolate Mousse Bomb
   Salad Bowl
   Fresh Baked Rolls
   Water & Iced Tea
**Thursday**
Shrimp Jambalaya
with peppers, onions, celery, tomatoes
~
Three Cheese Eggplant Lasagne

Vegetable Medley
White Rice
Chocolate Mousse Bomb
Salad Bowl
Fresh Baked Rolls
Water & Iced Tea

**Friday**
Chicken Primadonna
with artichokes and sundried tomatoes
~
Stuffed Shells with Butternut Squash & Spinach

Gemelli Pasta
Roasted Broccoli
Chocolate Mousse Bomb
Salad Bowl
Fresh Baked Rolls
Water & Iced Tea

**Saturday**
Chicken Marsala
Braised in Marsala Mushroom Sauce
~
Portobello Mushroom
Spice Tomato Mango Chutney

Whole Grain Vegetable Pilaf
Green Been Salad
Chocolate Mousse Bomb
Salad Bowl
Fresh Baked Roll
Water & Iced Tea
**Sunday**
Baked Tilapia
In a Vodka Tomato Blush Sauce
~
Vegetable Paella
Roasted Cauliflower, Artichoke Hearts, Plum Tomatoes, Chickpeas, Wild Mushrooms

Lemon Millet Grains
Roasted Vegetables
Chocolate Mousse Bomb
Salad Bowls
Fresh Baked Roll
Water & Iced Tea

**Hors D’Oeuvres**
Minimum of 20 $15.00 per person

**Latin Style:**
Chicken & Cheese Empanditas
Vegetable Empanditas with Cajun Ranch Dressing
Southwestern Andouille Sausage Spring Rolls

**Mediterranean Style:**
Assorted Quiche
Spinach and Feta Spanakopita
Fontina Cheese Arancini (Rice Balls with Fontina Cheese)

**Old Favorites:**
Franks in a Blanket
Mini Philly Cheesesteaks
Brie and Raspberry en Croute

**Surf and Turf:**
Beer Battered Shrimp w/. Cocktail Sauce
Crab Rangoon
Beef Garlic Bulgogi Patty Shell

**COLD:**
Mediterranean Antipasto Skewer
Stuffed Endive with Curry Chicken Salad
Blue Cheese Mousse Stuffed Dates
Tomato and Artichoke Bruschetta
Student Options  Minimum 20  $15.50 Per Person

Taco to Go:  Beef Taco, Soft Tortillas, Diced Tomatoes, Naturaal Slaw, Sour Cream Spaghetti, Meatballs and Salad

Grab & Go Bag

General Tso Chicken with Broccoli and White Wine

BBQ – Barbeque Chicken, South Western Corn Relish, Cole Slaw & Potato Salad
Hot Options To-Go:

**BBQ To-Go: 20 person minimum $22.95 per person**
BBQ Chicken
OR
Vegetarian Burger (amount needed prior to event)
Roasted Corn Salad
Potato Salad
Mixed Green Salad with Dressing
Fruit Cup
Individually Wrapped Fresh Baked Cookie
Bottles Water & Lemonade

**Taco To-Go: 20 person minimum $ 22.95 per person**
Tender Braised Barbacoa Beef,
Fired Braised Chicken Taco
Salted Cod Fish Tacos
Soft Tortillas
Black Bean Rice
Diced Tomatoes
Sour Cream

**BBQ To-Go $ 22.95 per person**
Hamburger and Hotdog
Or
Vegetarian Burger (amount needed prior to event)
Roasted Corn Salad
Potato Salad
Mixed Green Salad with Dressing
Fruit Cup
Individually Wrapped Fresh Baked Cookie
Bottles Water & Lemonade