Villanova Catering Menu Fall 2020

**Ala Carte Menu**  Minimum 12 per order, All items individually wrapped
- Bagels, Cream Cheese & Jelly $1.85
- Egg & Cheese on English Muffin $5.20 ( Requires Speed Heat at additional cost)
- Bacon Egg & Cheese on English Muffin $6.20 ( Requires Speed Heat at additional cost)
- Sausage Egg & Cheese on English Muffin $6.20 ( Requires Speed Heat at additional cost)
- Simply Oats Hot Cereal - $4.00  Hot Water included
- Yogurt Loaf Cakes $1.90
- Assorted Yogurt Cups $1.45
- Nature Valley Bars $1.75
- Kind Bars $1.25
- Nutrigrain Bars $1.75
- Seasonal Fruit Cup $4.95
- Chocolate Chip Cookies 3.25 oz $1.75
- Soft Pretzels $1.00
- Brownies $1.60
- Potato Chips Bagged $1.20
- Pretzels Bagged $1.20
- Smartfood Popcorn $1.20

**Beverages:** Minimum 12 per order
- Box of Joe (Serves 20) Regular, Decaffeinated or Hot Water $45.00 each
- Dasani Water (12 oz) $1.50
- Orange Juice (10 oz) $1.75
- Apple Juice (10 oz) $1.75
- Iced Tea (16 oz) $1.75
- Lemonade (16 oz) $1.75
- Soda (12 oz can) $1.50

**Bento Boxes** Minimum 12 per order $8.25 Per Person
- Mini Donuts/Fruit, Cinnamon Apple Cream Cheese
- Fruit, Yogurt & Granola
- Mini Bagels (2), Chopped Hard Boiled Egg, Lox, Scallion Cream Cheese, Tomato, Chopped Egg, Capers, and Fruit
- Mediterranean Box – Greek Salad with Turkey presented rolled up next to the Salad, dressing, pita & Grapes
- Hummus, Pita, Grapes & Crudite
- Cheese, Pepperoni & Crackers
- Pimento cheese was with crudite, crackers and fruit
- Mini Dessert Box
- Cannoli Dip with Strawberries
- Buffalo Chicken Dip, Crudite, Pita
- Mexican Fiesta: Lettuce, Black Beans Corn Salad & Pico, Tortilla Chips, Guacamole and Sour Cream
**Smoothie Bowls** Minimum 12 per order $8.25 Per Person
- Acai, Banana Berry Topped with Strawberries, Blueberries, Chia, Pumpkin Seeds, Hemp Harts
- Green Power Smoothie with Avocado, Phresh Greens Powder, Bana, Chia, Pineapple, Mango, Pumpkins Seeds and Dried Cranberries
- Cocoa Berry Bananna topped with Mixed Berris, Sunflower Seeds, Chia, Scoop of Sunbutter and Honey

**Grab & Go Bag:**
Minimum 20 per order $15.50 Per Person
Tote Bag: Choice of 3 Sandwiches OR Salad Bowl, Potato Chips, Cookie, Bottled Water

**Monday:**
Grilled chicken, Rstd Red Peppers, Monterey Jack, Lettuce, Tomato on French baguette
Pepper ham with goat cheese spread, pepper jam and arugula on ciabatta baguette
Stuffed Portabella Cap with hummus, spinach, garlic and roasted red peppers
Southwest Caesar Salad, Leaf lettuce, Roasted corn, red peppers, black beans, diced chicken, cotija cheese, red chili croutons with southwest Caesar dressing

**Tuesday:**
Buffalo chicken salad sandwich, celery, blue cheese, lettuce on Damascus roll
Roast beef with horseradish sauce, romaine, cheddar and tomato ciabatta baguette
Mediterranean Wrap; eggplant, roasted red peppers, artichoke hearts, olives with sundried tomato hummus on spinach wrap
Roasted butternut squash salad on arugula with sriracha lime dressing

**Wednesday:**
Anti Pasta – Bento Box Greens with Roasted Artichokes, Red Peppers, Feta, Capicola, Genoa, Provolone, Kalamata Olives, Red Wine Vinaigrette, Fruit, Dressing & Feta
Turkey, Bacon, avocado slices, lettuce and roasted garlic mayo on multigrain croissant
Mediterranean Wrap; eggplant, roasted red peppers, artichoke hearts, olives with sundried tomato hummus on spinach wrap
Buddha bowl Kale super salad with Asian sesame dressing, roasted chickpeas, shredded carrot, avocado slices

**Thursday:**
Chicken Caesar wrap on whole wheat tortilla, grilled chicken, romaine, parmesan, Caesar dressing and croutons
Roast beef with horseradish sauce, romaine, cheddar and tomato ciabatta baguette
Stuffed Portobello Cap with hummus, spinach, garlic and roasted red peppers
Thai Quinoa salad on a bed of greens, red peppers, scallions, shredded carrots & sweet chili lime dressing
**Friday:**
Grilled Chicken, Rstd Red Peppers, Monterey Jack, Lettuce, Tomato on French baguette
Mediterranean Wrap; eggplant, roasted red peppers, artichoke hearts, olives with sundried
tomato hummus on spinach wrap
Tuna on a Bed of Greens with a Hard Boiled Egg, 1.6 oz croissant and fruit
Roasted Butternut Squash Salad on Arugula with Sriracha Lime Dressing

**Saturday:**
Grilled Chicken, Rstd Red Peppers, Monterey Jack, Lettuce, Tomato on French baguette
Pepper ham with goat cheese spread, pepper jam and arugula on ciabatta baguette
Stuffed Portabella Cap with hummus, spinach, garlic and roasted red peppers
Southwest Caesar Salad, Leaf lettuce, Roasted corn, red peppers, black beans, diced chicken,
cotija cheese, red chili croutons with southwest Caesar dressing

**Sunday:**
Turkey, Bacon, avocado slices, lettuce and roasted garlic mayo on multigrain croissant
Roast beef with horseradish sauce, romaine, cheddar and tomato ciabatta baguette
Mediterranean Wrap; eggplant, roasted red peppers, artichoke hearts, olives with sundried
tomato spread hummus on spinach wrap
Buddha bowl Kale super salad with Asian sesame dressing, roasted chickpeas,
shredded carrot, avocado slices

**Telex Options**
Minimum 20 per order $22.95 per Person
Individual Insulated to-go containers
Speed Heat available upon request for additional cost

**Monday**
Grilled Marinated Chicken Breast
garlic, olive oil, fresh herbs

Vegan Quinoa Cakes with Tomato Chic Pea Relish

Rice Pilaf
Green Beans
Chocolate Mousse Bomb
Salad Bowl
Fresh Baked Rolls
Water & Iced Tea
Tuesday
Chicken Cacciatore
green peppers, mushrooms, onions, tomatoes
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Spicy Vietnamese Style Tofu

Orzo
Zucchini & Squash
Chocolate Mousse Bomb
Salad Bowl
Fresh Baked Rolls
Water & Iced Tea

Wednesday
Yankee Style Pot Roast
~
Curried Vegetable Shepards Pie

Wide Egg Noodles
Fermiere Vegetables
Chocolate Mousse Bomb
Salad Bowl
Fresh Baked Rolls
Water & Iced Tea

Thursday
Shrimp Jambalaya
with peppers, onions, celery, tomatoes
~
Three Cheese Eggplant Lasagne

Vegetable Medley
White Rice
Chocolate Mousse Bomb
Salad Bowl
Fresh Baked Rolls
Water & Iced Tea
**Friday**  
Chicken Primadonna  
with artichokes and sundried tomatoes  
~  
Stuffed Shells with Butternut Squash & Spinach  

Gemelli Pasta  
Roasted Broccoli  
Chocolate Mousse Bomb  
   Salad Bowl  
   Fresh Baked Rolls  
   Water & Iced Tea  

**Saturday**  
Chicken Marsala  
Braised in Marsala Mushroom Sauce  
~  
Portobello Mushroom  
Spice Tomato Mango Chutney  

Whole Grain Vegetable Pilaf  
   Green Bean Salad  
Chocolate Mousse Bomb  
   Salad Bowl  
   Fresh Baked Roll  
   Water & Iced Tea  

**Sunday**  
Baked Tilapia  
In a Vodka Tomato Blush Sauce  
~  
Vegetable Paella  
Roasted Cauliflower, Artichoke Hearts, Plum Tomatoes, Chickpeas,  
Wild Mushrooms  

Lemon Millet Grains  
Roasted Vegetables  
Chocolate Mousse Bomb  
   Salad Bowls  
   Fresh Baked Roll  
   Water & Iced Tea
**Hors D’Oeuvres**  
Minimum of 20 $15.00 per person  
Individual Insulated to-go containers

**Latin Style:**  
Chicken & Cheese Empandas  
Vegetable Empandas with Cajun Ranch Dressing  
Southwestern Andouille Sausage Spring Rolls

**Mediterranean Style:**  
Assorted Quiche  
Spinach and Feta Spanakopita  
Fontina Cheese Arancini (Rice Balls with Fontina Cheese)

**Old Favorites:**  
Franks in a Blanket  
Mini Philly Cheesesteaks  
Brie and Raspberry en Croute

**Surf and Surf:**  
Beer Battered Shrimp w/. Cocktail Sauce  
Crab Rangoon  
Beef Garlic Bulgogi Patty Shell

**COLD:**  
Mediterranean Antipasto Skewer  
Stuffed Endive with Curry Chicken Salad  
Blue Cheese Mousse Stuffed Dates  
Tomato and Artichoke Bruschetta

**Student Options**  
Minimum 20 $15.50 Per Person  
Individual Insulated to-go containers

Taco to Go: Beef Taco, Soft Tortillas, Diced Tomatoes, Natuura Slaw, Sour Cream  
Spaghetti, Meatballs and Salad

Grab & Go Bag

General Tso Chicken with Broccoli and White Rice

BBQ – Barbeque Chicken, South Western Corn Relish, Cole Slaw & Potato Salad
**Hot Options To-Go:**
Individual Insulated to-go containers

**BBQ To-Go: 20 person minimum $22.95 per person**
BBQ Chicken
OR
Vegetarian Burger (amount needed prior to event)
Roasted Corn Salad
Potato Salad
Mixed Green Salad with Dressing
Fruit Cup
Individually Wrapped Fresh Baked Cookie
Bottles Water & Lemonade

**BBQ To-Go $ 22.95 per person**
Hamburger and Hotdog
Or
Vegetarian Burger (amount needed prior to event)
Roasted Corn Salad
Potato Salad
Mixed Green Salad with Dressing
Fruit Cup
Individually Wrapped Fresh Baked Cookie
Bottles Water & Lemonade

**Taco To-Go: 20 person minimum $ 22.95 per person**
Tender Braised Barbacoa Beef
Fired Braised Chicken Taco
Salted Cod Fish Tacos
Soft Tortillas
Black Bean Rice
Diced Tomatoes
Sour Cream