

You can start out this exercise in small groups and offer a bag of m&m's to the group who gets the most answers for the first 6 questions. Then people take their journals and answer the rest on their own. Its not only a reflection of what matters to us and who are friends are but who we want to be for others.

1. Name the five wealthiest people in the world.
2. Name the last five Heisman trophy winners.
3. Name the last five winners of the Miss America contest.
4. Name ten people who have won the Nobel or Pulitzer Prize.
5. Name the last half dozen Academy Award winners for Best Actor and Actress.
6. Name the last decade's worth of World Series Winners.

How did you do?

The point is, none of us remembers the headliners of yesterday. These are no second-rate achievers. They're the best in their fields. But the applause dies. Awards tarnish. Achievements are forgotten.

Accolades and certificates are buried with their owners.

Now here's another quiz. See how you do on this one:

1. List a few teachers who aided your journey through school.
2. Name three friends who have helped you through a difficult time.
3. Name five people who have taught you something worthwhile.
4. Think of a few people who have made you feel appreciated and special.
5. Think of five people you enjoy spending time with.
6. Name half a dozen heroes whose stories have inspired you.

Easier, aint it?

The lesson:

The people who make a difference in our lives aren't the ones with the most credentials, the most money, or the most awards. They're the ones who care. So lets acknowledge them and appreciate what they do for us simply by letting them know that we too care.

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Something else to think about:

Read Each One Carefully and Think About It a Second or Two

1. I love you not because of who you are, but because of who I am when I am with you.
2. No man or woman is worth your tears, and the one who is, won't make you cry.
3. Just because someone doesn't love you the way you want them to, doesn't mean they don't love you with all they have.
4. A true friend is someone who reaches for your hand and touches your heart.
5. The worst way to miss someone is to be sitting right beside them knowing you can't have them.
6. Never frown, even when you are sad, because you never know who is falling in love with your smile.
7. To the world you may be one person, but to one person you may be the world.
8. Don't waste your time on a man/woman, who isn't willing to waste their time on you.
9. Maybe God wants us to meet a few wrong people before meeting the right one, so that when we finally meet the person, we will know how to be grateful.
10. Don't cry because it is over, smile because it happened.

11. There's always going to be people that hurt you so what you have to do is keep on trusting and just be more careful about who you trust next time around.

12. Make yourself a better person and know who you are before you try and know someone else and expect them to know you.

13. Don't try so hard, the best things come when you least expect them to.

REMEMBER: WHATEVER HAPPENS, HAPPENS FOR A REASON.

True friends: How many people actually have 8 true friends?

Hardly anyone I know ! But some of us have all right friends and good friends!!!