Students can complete the program in two years by taking the below courses in the noted order (with election credits an exception).

### Year One (24 Credits)

<table>
<thead>
<tr>
<th>FALL SEMESTER</th>
<th>CREDITS</th>
<th>SPRING SEMESTER</th>
<th>CREDITS</th>
</tr>
</thead>
<tbody>
<tr>
<td>*CHR 8605 Lab in Counseling Skills</td>
<td>3</td>
<td>CHR 8682 Practicum in CMH Counseling</td>
<td>3</td>
</tr>
<tr>
<td>*CHR 8687 Counseling Theory and Practice</td>
<td>3</td>
<td>CHR 8860 Lab in Counseling Diverse Populations</td>
<td>3</td>
</tr>
<tr>
<td>*CHR 8688 CMH Counseling Orientation</td>
<td>3</td>
<td>CHR 8604 Research and Evaluation</td>
<td>3</td>
</tr>
<tr>
<td>*CHR 8883 Ethics and Professional Orientation in Counseling</td>
<td>3</td>
<td>CHR 8655 Laboratory in Group Dynamics</td>
<td>3</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td><strong>12</strong></td>
<td><strong>TOTAL</strong></td>
<td><strong>12</strong></td>
</tr>
</tbody>
</table>

**Summer Year One (12 credits)**

<table>
<thead>
<tr>
<th>SESSION I (JUNE)</th>
<th>CREDITS</th>
<th>SESSION II (JULY)</th>
<th>CREDITS</th>
</tr>
</thead>
<tbody>
<tr>
<td>CHR 8685 Lifestyle and Career Development</td>
<td>3</td>
<td>CHR Elective Option***</td>
<td>3</td>
</tr>
<tr>
<td>CHR 8840 Community Resources and Crisis Intervention</td>
<td>3</td>
<td>CHR 8874 Prevention Theory and Practice</td>
<td>3</td>
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<tr>
<td><strong>TOTAL</strong></td>
<td><strong>6</strong></td>
<td><strong>TOTAL</strong></td>
<td><strong>6</strong></td>
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</tbody>
</table>

### Year Two (24 Credits)

<table>
<thead>
<tr>
<th>FALL SEMESTER**</th>
<th>CREDITS</th>
<th>SPRING SEMESTER</th>
<th>CREDITS</th>
</tr>
</thead>
<tbody>
<tr>
<td>CHR 8605 Internship I in CMH Counseling</td>
<td>3</td>
<td>CHR 8851 Internship II in CMH Counseling</td>
<td>3</td>
</tr>
<tr>
<td>CHR 8855 Assessment and Appraisal</td>
<td>3</td>
<td>CHR 8844 Family Systems Theory</td>
<td>3</td>
</tr>
<tr>
<td>CHR 8880 Psychopathology</td>
<td>3</td>
<td>CHR 8873 Substance Abuse Counseling</td>
<td>3</td>
</tr>
<tr>
<td>CHR 8884 Human Growth and Development</td>
<td>3</td>
<td>CHR Elective Option***</td>
<td>3</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td><strong>12</strong></td>
<td><strong>TOTAL</strong></td>
<td><strong>12</strong></td>
</tr>
</tbody>
</table>

*These courses are prerequisites for the spring practicum course and affiliated field experience.

***CHR Elective Options: Must equal a total of 6 credits. You can choose to do two 3-credit courses, or take one 3-credit course plus three 1-credit workshops (workshops can be taken at any time in the program, and vary according to interests) [Revised 09/2018]
Clinical Mental Health: Electives

Electives (6 Credits total required for Clinical Mental Health Students: Select from the following options):

Option 1: Select two Electives (3 credits)*
Option 2: Select one Elective (3 credits) and 3 Workshops (1 credit each)

*Three-credit electives may be taken after the completion of, or in conjunction with, Level I Courses.

<table>
<thead>
<tr>
<th>Year</th>
<th>Semester</th>
<th>Workshop(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2019-2020</td>
<td>Fall 2019</td>
<td>CHR 7169 Play Therapy</td>
</tr>
<tr>
<td></td>
<td></td>
<td>COM 8013 IGR Dialogue*</td>
</tr>
<tr>
<td></td>
<td></td>
<td>CHR 7155 Human Sexuality</td>
</tr>
<tr>
<td></td>
<td>Spring 2020</td>
<td>CHR 7235 Stress Reduction and Mindfulness</td>
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<tr>
<td></td>
<td></td>
<td>EDU TBA College Student Development Theory</td>
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<tr>
<td></td>
<td></td>
<td>CHR 7601 Eating Disorder</td>
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<tr>
<td></td>
<td>Summer 2020</td>
<td>CHR 7165 Counseling Psychopharmacology</td>
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<tr>
<td></td>
<td></td>
<td>CHR 7177 Cognitive Developmental Theory</td>
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<tr>
<td></td>
<td></td>
<td>CHR 7130 Dialectical Behavioral Therapy</td>
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<tr>
<td>2020-2021</td>
<td>Fall 2020</td>
<td>COM 5300 IGR Intergroup Dialogue*</td>
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<tr>
<td></td>
<td></td>
<td>CHR 7144 Advanced Strategies in CBT</td>
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<td></td>
<td>Spring 2021</td>
<td>CHR 7200 Qual Improvement in Mental Health</td>
</tr>
<tr>
<td></td>
<td></td>
<td>EDU TBA College Student Development Theory</td>
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<tr>
<td></td>
<td></td>
<td>CHR 7156 Counseling Death &amp; Dying</td>
</tr>
<tr>
<td></td>
<td>Summer 2021</td>
<td>CHR 7164 Marriage Counseling</td>
</tr>
<tr>
<td></td>
<td></td>
<td>CHR 7165 Counseling Psychopharmacology</td>
</tr>
</tbody>
</table>

*Fall, 2019: COM8013: Class days are Fridays, September 13, 20, 27, and October 4, 4:30-7:30pm. To register, contact: Maria.Conway.villanova.edu

<table>
<thead>
<tr>
<th>3-Credit Elective Course Name/Number**</th>
<th>Semester Offered</th>
</tr>
</thead>
<tbody>
<tr>
<td>CHR8710 Childhood: Play &amp; Practice</td>
<td>Every Spring</td>
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<tr>
<td>CHR 8857 Adolescent Counseling Interventions</td>
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<tr>
<td>CHR 8854 Therapeutic Strategies with Children</td>
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<tr>
<td>CHR 8683 Consultation Processes</td>
<td>Every Summer</td>
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<tr>
<td>CHR 8853 Cognitive-Behavioral Approaches in Counseling</td>
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<tr>
<td>TBD</td>
<td></td>
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<tr>
<td>CHR 8892 Introduction to Motivational Interviewing</td>
<td></td>
</tr>
<tr>
<td>CHR 8753 Psychodynamic therapy for women</td>
<td>Spring 2021</td>
</tr>
</tbody>
</table>

**Courses subject to changes in response to curricular needs.