

STUDENT LIFE CONNECTION

OCTOBER 2021 | ISSUE 1

The Division of Student Life is excited to share the first issue of Student Life Connection with our campus partners. This publication will come out periodically throughout the year to share and highlight happenings in the Villanova experiences of our students and staff. If you have additional questions, please reach out to us at studentlife@villanova.edu.



CAMPUS NEWS AND EVENTS

The [departments within Student Life](#) are actively supporting students and are offering a return to more normal activities this semester.



Family and Parent Weekend

[Family and Parent Weekend](#) returned to campus the weekend of September 17-19, 2021 for a highly successful weekend where we hosted many family and friends of Villanova students. The weekend included a variety of activities such as campus tours, welcome sessions, a junior ring blessing, tailgating on the Rowen Campus Green, Presidents Welcome, Student Performing Arts showcases and an outdoor Mass.

Wildcat Newswire

Wildcat Newswire is a twice-weekly digest email, sent on Mondays and Thursdays, intended for undergraduate, graduate and law school students. The Newswire is designed to reduce email clutter by compiling campus news and events in a clear, organized way, and is a great way for students to learn of the latest events and happenings on campus. Any full-time faculty or staff member is able to submit or read entries, just search "Wildcat Newswire" in [MyNova](#).

HEALTH AND WELL-BEING

Health and Well-Being Website and Online Course

The Division of Student Life is proud to introduce our new [Health and Well-Being website](#) that provides a holistic look at the robust resources available to students at the University. Additionally, the Division offers an [online mental health and well-being course](#) that is free for all students to encourage healthy behaviors and self-care.



University Counseling Center Fall 2021 Discussion Groups



The [University Counseling Center](#) is offering several student discussion groups for the Fall 2021 semester, including graduate student support, bereavement/grief, sexual assault and sexual violence support, first-year adjustment group, sobriety support, and LGBTQIA+ support. For additional information, including group descriptions, meeting times and more, please visit the Counseling Center website.

Nova Nook

[The Nova Nook](#) provides supplemental personal necessities to Villanova students in need, creating a safe and discreet space to distribute basic toiletries and food items for students who may struggle to manage these costs on their own. Located in Dougherty Hall Room 217 with normal operating hours of 10 a.m.-4 p.m. Monday-Friday, the Nova Nook is stocked with a variety of items primarily made through personal donations, including essentials such as toiletries, non-perishable food items, cleaning supplies and other necessities. Additionally, the Nook has a supply of laundry detergent and funding that can be added to students' NovaBucks account to help with campus laundry cost.



Thrive365 Online Portal

Supported by the Office of Health Promotion, the Thrive365 portal is designed for students to explore and develop pathways to succeed, thrive and matter during their time at the University. The Thrive 365 portal is designed to help students find tips and tools for everything from mental and physical health, to friendships and finding balance. To learn more, please visit thrive365.villanova.edu.

AlcoholEDU and SAPU Sexual Assault Prevention for Undergraduates

[AlcoholEdu® for College and Sexual Assault Prevention for Undergraduates \(SAPU\)](#) are objective, science-based, online alcohol abuse and sexual assault prevention programs designed specifically for college students as the cornerstone of a comprehensive campus prevention program. Both courses are key components of Villanova's Health Promotion program and are required for all incoming students before their arrival for New Student Orientation. The purpose of AlcoholEDU® and SAPU is to prevent or reduce alcohol-related problems and incidents of sexual violence among college students while providing a statistically accurate description of the related attitudes, experiences, behaviors of students.

Diversity, Equity and Inclusion Corner

The [Student Life Diversity, Equity and Inclusion Committee](#) was founded in Summer 2020 in response to increased demand for inclusive spaces, understanding and respect at the University. As a community that "insists that mutual love and respect should animate every aspect of university life," our mission is to create and sustain a diverse, equitable, inclusive and anti-racist living and learning environment for students and staff. Co-chaired by Associate Vice President and Dean of Students Tom DeMarco, JD, and Assistant Vice President Eloise Berry, Ph.D., many additional Student Life staff members serve on sub-committees that are focused on student engagement, staff engagement and campus life. The goal of the DEI Committee is to build trust and skills that will allow us to flourish toward creating a truly inclusive community.

UPCOMING EVENTS

For an up-to-date listing of additional Student Life events, please visit the [Villanova University calendar](#) and select the "Student Life" category.



Thursday, October 28: Halloween Programming

VU Seniors presents "Boo and Brews"

(21+ seniors only)*: 8-11:30 p.m., Rowen Campus Green

Boo Palooza feat. Supernovas and Minor Problem:

8-9 p.m., Riley Ellipse

CAT NovaQuizzo: 9 p.m., Riley Ellipse

Friday, October 29: Halloween Programming

Hoops Mania Pre-Event: 4-7 p.m., *To be held in line prior to Hoops Mania at the Finneran Pavilion.

Hoops Mania: Doors open at 6 p.m. Event begins at 7 p.m.

(tickets required through Villanova Athletics)

Hoops Mania Halloween After Party: 9:30 p.m.-midnight, Riley Ellipse

Saturday, October 30: Halloween Programming

Relay for Life: 12-4 p.m., Riley Ellipse

CAT Pumpkin Patch: 5-7 p.m., Riley Ellipse

Tent-or-Treating: 5-7:30 p.m., Mendel Field

CAT Haunted Escape Room and Zombie Maze: 6-11 p.m., Mendel Field

CAT Trip to the Bates Hotel*: Departs at 6 p.m.

CAT Firepits*, Live Entertainment and Food Trucks: 7-11 p.m., Rowen Campus Green

Haunted Halloween Beer Garden (21+)*: 8-11 p.m. Riley Ellipse

*Tickets required for students to attend event. Please visit villanovatix.com.

Tuesday, November 2

Election Day Shuttles

Friday-Sunday, November 5-7

Villanova Special Olympics Fall Festival

