Division of Student Life - March Update

# General Announcements

* **VP of Student Life, Fr. John Stack**, OSA, has announced his retirement at the end of this academic year.
* **Junior Ring Ceremony** will be held with Juniors only, in-person in the Topper Theatre March 19. Fewer than 100 students are expected to receive rings, in a socially distant ceremony. Families will be able to watch online.

## Intercultural Affairs

* **Welcome to Atiya S. Love, Ph.D.** as the new Associate Director of the Office of Intercultural Affairs. Dr. Love comes to us from the University of Pennsylvania. You may read more about Dr. Love here: <https://www1.villanova.edu/university/student-life/intercultural-affairs/oia-staff.html>
* The **African Caribbean Villanovans** will host the annual ACV Fashion Show outdoors on Saturday, 4/10 on the temporary stage outside John Barry Hall.

## Fraternity & Sorority Life

* Fraternity & Sorority Life is moving forward with virtual recruitment for Panhel and IFC chapters the last two weekends of March. This was postponed from the beginning of the semester.

## Residence Life

* Rising juniors and seniors have completed housing selection.
* Rising sophomores will have housing selection for next year at the end of March.

## Orientation

* Orientation Dates are set for Thursday, 8/19/21 - Sunday, 8/22. We will be planning the program within any new or continuing COVID guidelines at the time. Alicia Dunphy-Culp will be in touch with all campus partners regarding Orientation in early summer.

## Music Activities

* Two of our A Cappella groups are representing Villanova University in the **International Championship of Collegiate A Cappella 2021 Tournament** Quarterfinal. These are "Virtual Choir" style submissions that were recorded individually and produced solely by the students over winter break. The top eight placing groups at this event will advance to the ICCA Mid-Atlantic Semifinal. Cheer on Villanova and support *Supernovas* & *Measure Up* by viewing on Saturday, 3/13, 7pm-10pm. https://www.youtube.com/watch?v=DjsPsk6KDww
* **In person rehearsals** began this semester after the "Slow the Spread" two week initiative. We have 600 students participating in the Arts on Campus. All best practices for both singing and playing are being followed and in most cases minimum guidelines are being far exceeded.
* The **Villanova Band & Dance Team** are performing at outdoor game watches, but are not traveling to any tournaments this semester.
* **A Cappella Palooza** will be held outdoors at Mendel Field on Friday, April 9th, 7:30-9pm. This year admission will be free. Outside guests will not be able to attend, but any members of the Villanova Community are welcome.
* Members of **Nova Nassa**, our South Asian Dance Group,are performing as part of the TedX Villanova Event to be broadcast on March 21st.

## Student Involvement

* **Student Government Association (SGA)** is hosting a **Town Hall with Father Peter** today, March 10th, from 6:30pm - 7:30pm on Zoom to address the campus safety alert that was sent last Wednesday. SGA’s mission is to serve as the link between students and the University administration, and we believe all students should have a chance to have their voices heard. We want to provide the opportunity for you to hear directly from campus leaders and get your questions answered. Both Ryan Rost, the Title IX Coordinator and Chief David Tedjeske, the Director of Public Safety & Chief of Police will be joining Father Peter. To sign up to attend the event, please fill out [this google form](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fvustudentinvolvement.lt.acemlna.com%2FProd%2Flink-tracker%3FredirectUrl%3DaHR0cHMlM0ElMkYlMkZkb2NzLmdvb2dsZS5jb20lMkZmb3JtcyUyRmQlMkZlJTJGMUZBSXBRTFNjdTVzSzQ5LXdMbUNCQjNTSUlXLWNIUnFqNi1RRXp5MVIzeWd5SXN5dDRUbkFWeHclMkZ2aWV3Zm9ybQ%3D%3D%26a%3D223331033%26account%3Dvustudentinvolvement.activehosted.com%26email%3D8UOnIHlsx97SxycIFafj4yZ1JrFmQHdVIMlrqim7PSc%253D%26s%3D2571c2d0ecda6b5e3a6dd8d6d4daee50%26i%3D1099A1235A33A50717&data=04%7C01%7Cchristine.nass%40villanova.edu%7C99a550cd0948453e60a508d8e3394570%7C765a8de5cf9444f09cafae5bf8cfa366%7C0%7C0%7C637509182398759791%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=yp59L8I2TgfDHf1XRgl%2FjbWab4IJghWoaE%2FYaLlQQKU%3D&reserved=0) and the webinar link will be shared with you. The form also provides space for you to submit questions for our speakers.
* **SGA** campaigning starts today, 3/10, and will conclude on Friday, March 19. Students will vote on Thursday, March 18 and Friday, March 19.
The two tickets running are:
 Julia Lamarre (President) / Phillip Choi (VP)
 Caroline Levine (President) / Iva Skalko (VP)
* Student Involvement hosted the **Spring Involvement Fair** Virtually at the start of the Spring Semester with about 80 student organizations attending.
* **NOVAdance** is coming up on April 17th! Money raised will assist with pediatric cancer research. Email Steve Koch for info, to volunteer, or to donate.
* **CAT and Community First** have a lot of great programming outdoors each weekend. The weekend of 3/12-14 will see Fire Pits, an Ice Skating Rink, a Game Watch, Quizzo, and live Irish Music at the Oreo and Campus Green. There will be programming for St. Patrick’s Day, as well as continued outdoor and socially distanced game watches for all of the Big East Tournament and March Madness.
* Tara Westover’s ***Educated*** **One Book Lecture** has been moved to Fall Semester 2021 from last fall. If any departments would like to order the One Book for this upcoming year or email Kathleen Vicente.

## Health Services

### Health Center

* Now sharing a **weekly Community First email** with weekly Covid updates / communications.

### Counseling Center

* All our services are via zoom, and we are as busy as ever. Students are impacted by emotional aspects of covid, and seeking mental health support to manage their anxiety and sense of loss.
* We are doing a series of meetings to discuss various aspects of the covid crisis.
	+ **Managing Stress During Covid** -- ways of coping with the stress brought about by the Pandemic. In this discussion, students can share with each other what they’re doing to cope with Pandemic Stress
	Monday March 15, 4 PM - Katherine Lawliss  <https://villanova.zoom.us/j/98171269727>
	+ **You Are/Have Been In Quarantine Or Isolation**: Facing Being Alone
	Thursday March 18, 4 PM. - Dr. Julie Neudeck  <https://villanova.zoom.us/j/99404595187>
	+ **Relationships Challenges During COVID:** **Coping With COVID Loneliness**
	Tuesday, March 23, 4 PM – Dr. Julia Stein <https://villanova.zoom.us/j/94574075639>
	+ **Procrastination:**  **During COVID, I Cannot Get Myself To Do My Work**Wednesday March 31, 4PM. - Dr. Norman Pitt  <https://villanova.zoom.us/j/92797608371>
	+ **Eating And COVID** **– How COVID Makes Normal Eating Challenging**.
	Monday April 5, 4PM - Dr. Ostroff <https://villanova.zoom.us/j/98461205737>
	+ **For International Students: Far From Home – How COVID Is Affecting Me**Tuesday March 16, 4 PM - Dr. Luciana MacNamara  <https://villanova.zoom.us/j/93924722263>
	+ **For** Seniors: What I’m Missing Out On My Senior Year.
	Thursday, March 25, 4PM - Dr. Candice Post  <https://villanova.zoom.us/j/96860474111>
	+ **For Freshmen: How Do I Form New Friendships During COVID?**  Prohibitions about large gatherings have cut back on students’ ability to make new friends at Villanova. Come together to share with other freshmen what that has been like
	Thursday April 8, 4PM – Dr. Natalie Sheridan  <https://villanova.zoom.us/j/98144165452>
	+ **For LBGTQ Students and Allies: What are the particular challenges for LBGTQ students?**Tuesday April 13, 4PM - Dr. Edmund Riccio  <https://villanova.zoom.us/j/93678759307>
	+ **Topics already held:**
	I Had COVID - How am I different that others who have not had COVID? What are the lingering feelings I’m having post-covid?
	+ Handling Unpredictability During COVID 19 – Will I get an internship? What about the job market? Will I be able to afford to live on my own this summer, with limited employment opportunities?

### Health Promotions

* Office of Health Promotion internship team was awarded a COVID-19 prevention grant through the College of Nursing in which they have created and are facilitating two campaigns: #IWearMyMaskFor and *Spread Facts, Not Fear*. You can read more about these campaigns or submit you own #IWearMyMaskFor stories [here](https://www1.villanova.edu/university/student-life/health-services/health-promotion/covid-grant.html): <https://www1.villanova.edu/university/student-life/health-services/health-promotion/covid-grant.html>
* **Ongoing Initiatives** – students may register by emailing healthbytes@villanova.edu
	+ **COVID-19 Listening Circles** (for students who are or were in isolation or quarantine to listen and to be heard)
	+ Free online **mental well-being course** for students: <https://admin.fifoundry.net/villanova-university/sign_in>
	+ **Nutrition Consultations**
	+ **Sleep Assessments**: <http://slapps.villanova.edu/sleep_standalone/take-sleep-assessment>
	+ **Stress Management Meetings**
	+ **Alcohol Screenings** – (BASICS) “Brief Alcohol Screening and Intervention for College Students”– confidential strength-based discussion offered free to all students
	+ **Prescription Drug Abuse Online Course**: <https://admin.fifoundry.net/villanova-university/sign_in>
	+ **Tobacco Cessation** – one-on-one Freedom from Smoking program
* **Events** – students can view more or register via [bit.ly/THRIVE365SPRING2021](https://www.signupgenius.com/go/70a054cafa722a6f85-thrive2)
	+ **March Monthly Challenge – Better Bites**. Registration closes on March 12
	+ **QPR Suicide Prevention Training** was held on 3/9
	+ **Movement, Mood, & Food Workshop**, 3/11, 7pm
	+ **Cravings! Chat and Chew**, 3/17, 12pm
	+ *Where is the Love?* Wednesday, **Painting with POWER**, 3/17, 6pm
	+ **Listening Circle: Eating Healthy with Limited Resources**, 3/18, 5:30pm
	+ **Eating Healthy with Limited Resources Workshop** with Jessica Pellicciotta, 3/24, 6pm
	+ **Stress Management Listening Circle**, April 13, 6pm.

## First & Second Year Initiatives

* No updates

# Office of Mission and Ministry

(not part of Student Life, but this is a Musical Offering):

Be a part of the Villanova Virtual Choir!

All faculty, staff, and students (undergraduate and graduate) are invited to participate in a virtual choir performance of “Seasons of Love” from RENT.  The final product will be presented as a part of the Office of Mission and Ministry’s programming on *Fratelli Tutti*, Pope Francis’ most recent encyclical on community and social friendship.  Please contact Dr. Elizabeth-Jane McGuire to receive SharePoint access to the music and instructions for recording yourself: elizabeth-jane.mcguire@villanova.edu.