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Easy Ramen Soup

*Too cold to leave your dorm room but looking for a cheap, easy meal?
Try this healthy yet hearty meal that takes less than 5 minutes to prepare!*

Ingredients:

- ½ packet ramen noodles
- ½ can kidney beans, drained and rinsed
- ½ can vegetable soup
- ½ cup water

Directions:

1. Combine ingredients in a microwave safe bowl.
2. Cook in microwave on high for 2 minutes.
3. Stir and cook for an additional 1-2 minutes.
4. Allow 2 minutes to cool – then enjoy!



go to health 
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