

# NEEDS VS. WANTS WORKSHEET

Use this worksheet to write down some of your needs and wants, and then look carefully at what you've written down.

Now, review your list and think about what's really important to you and what has lasting value.

- Do you really need or want everything on your list? Put stars next to the items that are particularly important to you.
- Are some needs really wants? Cross off the least important wants.
- If you find that some of your wants are unreasonable, write down a more reasonable alternative to that particular want.

[illegible]