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<td>Alcohol Addiction</td>
<td>Alcohol and other drug thesaurus: a guide to concepts and terminology in substance abuse and addiction / developed jointly by the National Alcohol Blackout: walking, talking, unconscious &amp; lethal / by Donal F. Sweeney, with Robert A. Liston. Alcohol Use and Harm Prevention: a resource for college students / editors, Melodie Fearnow-Kenney, David L. Wyrick. Alcoholism: reducing your risk / Ronald L. Rogers and C. Scott McMillin; foreword by John D. Stafford; developed by the Philip Lief Group, Inc.</td>
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**Current Affairs/Business**
Pay it down: from debt to wealth on $10 a day / Jean Chatzky.

**Current Affairs/Business**
Malcolm Gladwell; [with a new afterword by the author].

**Drug Addiction**
Addiction by prescription: one woman's triumph and fight for change / Joan E. Gadsby.

**Drug Addiction**
Chemical dependency: women at risk / Brenda L. Underhill, Dana G. Finnegan, editors.

**Drug Addiction**
LeClair Bissell, Etta Williams.

**Drug Addiction**
Contract for life / Robert Anastas; with Kalia Lulow.

**Drug Addiction**
Crack: what you should know about the cocaine epidemic / Calvin Chatlos, with Lawrence D. Chilnick.

**Drug Addiction**
Date rape: the secret epidemic: what it is, what it isn't, what it does to you, what you can do about it / Marcia Mobilia Boumil, Joel Friedman

**Drug Addiction**
Drug addiction: learn about it before your kids do / Pierre André.

**Drug Addiction**
Drug facts and comparisons.

**Drug Addiction**
Essential guide to prescription drugs / James J. Rybacki, James W. Long.

**Drug Addiction**
Go ask Alice / Author anonymous.

**Drug Addiction**
It's time to know: ten marijuana users share their personal stories / Joanne Baum.

**Drug Addiction**
It's time to know: ten marijuana users share their personal stories / Joanne Baum.

**Drug Addiction**
Of course you're angry / by Gayle Rosellini and Mark Worden.

**Drug Addiction**

**Drug Addiction**
Pharmer's almanac II: an updated training manual on the pharmacology of psychoactive drugs / by Anthony B. Radcliffe ... [et al.].

**Drug Addiction**
Swallowing a bitter pill: how prescription and over-the-counter drug abuse is ruining lives: my story / Cindy R. Mogil.

**Drug Addiction**
Treating cocaine dependency / [edited by] David E. Smith, Donald R. Wesson

**Drug Addiction**
Understanding drugs of abuse: the processes of addiction, treatment, and recovery / Mim J. Landry; foreword by David E. Smith; preface by Richard J. Knapp.

**Drug Addiction**
Undoing drugs: beyond legalization / Daniel K. Benjamin, Roger LeRoy Miller.

**Drug Addiction**
Uppers, downers, all arounders: physical and mental effects of psychoactive drugs / by Darryl S. Inaba and William E. Cohen, with

**Drug Addiction**

**Drug Addiction**
Women and substance use / Elizabeth Ettorre.

**Eating Disorders**
Anatomy of a food addiction: the brain chemistry of overeating / Anne Katherine.

**Eating Disorders**
Anatomy of a food addiction: the brain chemistry of overeating: an effective program to overcome compulsive eating / Anne Katherine.
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Athletic woman's survival guide: how to win the battle against eating disorders, amenorrhea, and osteoporosis / Carol L. Otis, Roger

Best little girl in the world / Steven Levenkron.

Beyond feast or famine: daily affirmations for compulsive eaters / Susan K. Ward.

Eating disorder sourcebook / Carolyn Costin.

Full lives: women who have freed themselves from food & weight obsession / [edited by] Lindsey Hall.

Hope, help, & healing for eating disorders: a new approach to treating anorexia, bulimia, & overeating / Gregory L. Jantz.

Intuitive eating: a revolutionary program that works / Evelyn Tribole and Elyse Resch.

Love hunger / Frank Minirth ... [et al.].

Males with eating disorders / edited by Arnold E. Andersen.

Chi Walking - The Five Mindful Steps for Lifelong Health and Energy / Danny Dreyer and Katherine Dreyer

Desktop yoga: the anytime, anywhere relaxation program for office slaves, internet addicts, and stressed-out students / Julie T. Lusk

Fat-burning program / Mari Winsor.

Fitness for dummies / Suzanne Schlosberg and Liz Neporent with Tere Stouffer Drenth.


Betty Ford Center book of answers: help for those struggling with substance abuse and for the people who love them / James W. West

Dare to confront!: how to intervene when someone you care about has an alcohol or drug problem / Bob Wright and Deborah George Wright.

Intervention, how to help someone who doesn't want help: a step-by-step guide for families and friends of chemically dependent persons / by

365 days of healthy eating from the American Dietetic Association / Roberta Larson Duyff.

Advanced nutrition: macronutrients / Carolyn D. Berdanier.

American Dietetic Association complete food and nutrition guide / Roberta Larson Duyff.

American Heart Association cookbook.

Applications in medical nutrition therapy / Frances J. Zeman, Denise M. Ney.

Best of health / Marvin M. Lipman and the editors of Consumer Reports on Health.

Bright futures in practice: nutrition pocket guide / Mary Story ... [et al.].

Champions in the the Kitchen: great food for healthful living.

Community nutrition: challenges and opportunities / Jeannette Brakhane Endres.

Cooking light annual recipes 1999.

Cooking show and tell for dietitians / Sharon B. Salomon, Patricia H. Hart.

Diabetic cooking.
Nutrition and Cooking
Eating for IBS: 175 delicious, nutritious, low-fat, low-residue recipes to stabilize the touchiest tummy / Heather Van Vorous.

Nutrition and Cooking
Eating on the run / Evelyn Tribole.

Nutrition and Cooking
Encyclopedia of foods: a guide to healthy nutrition / prepared by medical and nutrition experts from Mayo Clinic, University of California,

Nutrition and Cooking
Fast food nation: the dark side of the all-American meal/ Eric Schlosser.

Nutrition and Cooking
Food allergies: how to eat safely and enjoyably / written for The American Dietetic Association by Celide Barnes Koerner and Anne

Nutrition and Cooking
Food and culture / Pamela Goyan Kittler, Kathryn P. Sucher.

Nutrition and Cooking
Food folklore: tales and truths about what we eat / written for the American Dietetic Association by Roberta Larson Duyff.

Nutrition and Cooking
Food for health & healing / medical reviewer, George Blackburn.

Nutrition and Cooking
Health professional's guide to popular dietary supplements / Allison Sarubin Fragakis.

Nutrition and Cooking

Nutrition and Cooking
Healthy college cookbook: quick, cheap, easy / Alexandra Nimetz, Jason Stanley, Emeline Starr.

Nutrition and Cooking
Healthy habits for life: your 6 week guide to food & fitness/ written by Perri Bernard & Linda Mendoza.

Nutrition and Cooking
How to boil water: life beyond takeout.

Nutrition and Cooking
How to stay healthy & fit on the road / Joanne V. Lichten.

Nutrition and Cooking
Jane Brody's nutrition book: a lifetime guide to good eating for better health and weight control / by the personal health columnnist of the New

Nutrition and Cooking
Krause's food, nutrition & diet therapy / L. Kathleen Mahan, Sylvia Escott-Stump.

Nutrition and Cooking
Krause's food, nutrition, & diet therapy.

Nutrition and Cooking
Lickety-split meals: for health conscious people on the go/ by Zonya Foco.

Nutrition and Cooking
Low-fat living: turn off the fat-makers, turn on the fat-burners for longevity, energy, weight loss, freedom from disease / Robert K.

Nutrition and Cooking
Meal solutions for busy people: fast, fabulous and practical menus for health and wellness / Shirley Chambers, Sharon Smalling.

Nutrition and Cooking
Mindful eating 101: a guide to healthy eating in college and beyond / Susan Albers.

Nutrition and Cooking
New intercourses: an aphrodisiac cookbook / written and designed by Martha Hopkins & Randall Lockridge; food photography by Ben Fink.

Nutrition and Cooking
Nutrition throughout the life cycle / edited by Bonnie S. Worthington-Roberts, Sue Rodwell Williams; contributors, Donna B. Johnson ... [et

Nutrition and Cooking
Nutritional assessment / Robert D. Lee, David C. Nieman.

Nutrition and Cooking
Practice-oriented nutrition research: an outcomes measurement approach / Carol S. Ireton-Jones, Michele Morath Gottschlich, Stacey J.

Nutrition and Cooking
Quick & healthy, volume II: more help for people who say they don't have time to cook healthy meals / Brenda J. Ponichtera. (v. 2)

Nutrition and Cooking
Quick reference to clinical dietetics / [edited by] Lucinda K. Lysen.
Saving dinner: the menus, recipes, and shopping lists to bring your family back to the table / Leanne Ely.

ServSafe essentials.

South Beach diet: the delicious, doctor-designed, foolproof plan for fast and healthy weight loss / Arthur Agatston.

Special diets for special kids: understanding and implementing a gluten and casein free diet to aid in the treatment of autism and related
Substituting ingredients: an A to Z kitchen reference / by Becky Sue Epstein and Hilary Dole Klein.

Supermarket guide: food choices for you and your family / written for the American Dietetic Association by Mary Abbott Hess.

Trans fats: the hidden killer in our food / Judith Shaw: with the assistance of Doris Ober.

Transforming health promotion practice: concepts, issues, and applications / Lynne E. Young, Virginia E. Hayes.

Vitamins, minerals, and dietary supplements / written for the American Dietetic Association by Marsha Hudnall.

Weight loss confidential: how teens lose weight and keep it off-- and what they wish parents knew / Anne M. Fletcher; foreword by Holly R/

When food is your best friend (and worst enemy) / Jan Johnson.

Womanly art of breastfeeding.

Your dieting daughter: is she dying for attention? / Carolyn Costin.

Communication skills for the health care professional: concepts and techniques / Gwen van Servellen.

Health promotion ideas that work / Timothy E. Glaros.

Blood done sign my name: a true story / Timothy B. Tyson.

Kite runner / Khaled Hosseini.

Left to Tell / Immaculee Ilibagiza

Finding the Still Point: A Beginner's Guide to Zen Meditation (includes a CD of guided instruction) / Susan Piver

Flood your body with oxygen: therapy for our polluted world / by Ed McCabe.

Merck manual of diagnosis and therapy. (v. 2)

Merck manual of diagnosis and therapy. (v.1)

Merck manual of medical information / Robert Berkow, editor-in-chief; Mark H. Beers, associate editor; Andrew J. Fletcher, senior assistant


Quiet Mind: A Beginner's Guide to Meditation (includes a CD of guided instructions) / Susan Piver

Research: successful approaches / Elaine R. Monsen, editor.

Research for the health professional: a practical guide / Diana M. Bailey.

Double bind: a guide to recovery and relapse prevention for the chemically dependent sexual abuse survivor / by Caryl Trotter; forward

Drugs in perspective / Richard Fields.

Passages through recovery: an action plan for preventing relapse / Terence T. Gorski.

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<td>Personal Recovery</td>
<td>&quot;Go ask Alice&quot; book of answers : a guide to good physical, sexual, and physical, sexual, and emotional health / Columbia University's Health Education Program.</td>
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<td>Last puff : ex-smokers share the secrets of their success/ John W. Farquhar, Gene A. Spiller.</td>
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   Focus on living: portraits of Americans with HIV and AIDS / photographs and interviews by Roslyn Banish; introduction by Paul A.
   Romance to die for: the startling truth about women, sex, and AIDS / Fleur Sack with Anne Streeter.
   T-cells & sympathy: monologues in the age of AIDS / Michael Kearns.
Sports Nutrition
   Inside the athlete: fueling the athlete for health.
   Nancy Clark's sports nutrition guidebook / Nancy Clark.
   Nutrition periodization for endurance athletes: taking traditional sports nutrition to the next level / Bob Seebohmar.
Sports Nutrition
   Performance - Enhancing Substances in Sport and Exercise / editors Michael S. Bahrke, Charles F. Yesalis.
Sports Nutrition
   Adult children of divorce: breaking the cycle and finding fulfillment in love, marriage, and family / Edward W. Beal and Gloria Hochman.
Student Life
   Binge: what your college student won't tell you: campus life in an age of disconnection and excess / Barrett Seaman.
Student Life
   Charting your course: a life-long guide to health and compassion / Sally Coleman and David S. Anderson, editors.
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Student Life
   Complete idiot's guide to managing your time / by Jeff Davidson.
Student Life
   Overachievers: the secret lives of driven kids / Alexandra Robbins.
Student Life
   Pledged: the secret life of sororities / Alexandra Robbins.
Student Life
   Queen bees & wannabes: helping your daughter survive cliques, gossip, boyfriends, and other realities of adolescence / Rosalind Wiseman.
Student Life
   Reading the signs: using case studies to discuss student life issues at Catholic colleges and universities in the United States / edited by Sandra Robbins.
Student Life
   Relaxation & stress reduction workbook / Martha Davis, Elizabeth Robbins Eshelman, Matthew McKay.
Student Life
   Stress management for dummies / by Allen Elkin; foreword by Paul J. Rosch.
Student Life
   The Cheating Culture / David Callahan.
Student Life
   Unprotected: a campus psychiatrist reveals how political correctness in her profession endangers every student / Anonymous, M.D.

VIDEO TITLE

Fitness Video
   Butt & legs: [DVD videorecording]: all the tools you'll need to lift, tone and sculpt your butt and legs / David Kirsch.
Fitness Video
   Fat-burning dance mix [videorecording].
Fitness Video
   Fat-burning kickboxing workout for dummies [videorecording] / Dragonfly productions; produced and directed by Andrea Ambandas.
Fitness Video
   Firm [videorecording]: cardio dance slim down.
Fitness Video
   Flexibility and tone [videorecording] / Yoga Zone LLC; Dragonfly Productions; produced and directed by Andrea Ambandas.
Fitness Video

Fitness Video
Iron yoga [videorecording] / Penny Price

Fitness Video
Minna optimizer fat eliminator [videorecording] / Current ; produced and directed by Andrea Ambandos for Dragonfly Productions ; Peter Pan Studios.

Fitness Video
Minna optimizer strength & grace / Current; produced and directed by Andrea Ambandos for Dragonfly Productions ; Peter Pan Studios.

Fitness Video
Pick your level, weight loss Pilates [videorecording] / Dragonfly Productions, Inc. ; producer/director, Andrea Ambandos ; executive producer, Tracey Mallett.

Fitness Video
Renew you [videorecording] : cardio fusion / created and produced by Tracey Mallett.

Fitness Video

Fitness Video
Winsor Pilates. Endless fitness series [videorecording] : strength & body slimming / producer/director, Andrea Ambandos ; Dragonfly Video

Fitness Video
28 days [videorecording] / Columbia Pictures presents a Tall Trees production ; a Betty Thomas film ; produced by Jenno Topping ; written

Video

Video
Alcohol and Sex: Prescription for Poor Decision-Making
Alcohol and your body [videorecording] : assessing the damage.

Video
Bombed!

Video
Breaking the silence [videorecording]

Video
Closer walk [videorecording] / directed, written, and produced by Robert Bilheimer ; produced in association with the Global Health Council ;

Video
Club Drugs: The Real Deal

Video
College student's guide to sexual health.

Video
Drinking, Driving & Dying

Video
Drug abuse & the brain [videorecording].

Video
Drug abuse & the brain [videorecording].

Video
Dying high [videorecording] : teens in the ER / HRM Video.

Video
Hamster cocktails [videorecording] : the truth about hazing / a production of Rowan University.

Video
No Ifs, Ands, or Butts: Smoking Kills

Video
Oral Sex Is the New Goodnight Kiss

Video
Prescription drugs [videorecording] : killing more than pain / produced by the Multijurisdictional Counterdrug Task Force Training Program at St Program [videorecording] / Touchstone Pictures and the Samuel Goldwyn Company present ; a David S. Ward film ; produced by Samuel

Video
Spun [videorecording] / Silver Nitrate presents in association with Amuse Pictures/Little Magic Films & Sagitaire Films ... a Jonas Åkerlund film ;
Wasted [videorecording] / MTV Original Movies
presents in association with New Line Television, a DEJ Production;
producer, Bill Bannerman;

Video
Wasted youth [videorecording] / a production of
Rowan University.

Video
Binge drinking blowout [videorecording] : the extreme
dangers of alcohol use / Discover Films Video ; produced by Wade
Hanks and Angelique

Video
Binge drinking: the facts [videorecording] / producers
John O'Neill, Gary DeMichele ; director, John O'Neill ; writers John O'Neill,
Rosemary

Video
Rules of attraction [videorecording] / Lions Gate Films presents a
Kingsgate Films production in association with Roger Avary

Video
Super size me [videorecording] : a film of epic portions / the
Con presents a film directed by Morgan Spurlock.

Video
Thin [videorecording] / a presentation of Home Box Office ;
Actual Reality Pictures ; producers, R.J. Culter ... [et al.] ; directed by
Lauren

CD TITLE

CD
"undetected" rapist [videorecording].

CD

CD

CD

CD

CD
Impaired driving prevention & highway safety [electronic

CD
Latest lessons in managed college drinking [electronic
resource].

CD
Pulse [sound recording] : more power to you.