

# FAMILY & PARENT CONNECTION

CONNECTING FAMILIES TO VILLANOVA CAMPUS LIFE



AUGUST 2022



## FAMILY AND PARENT WEEKEND 2022

✦ [Family and Parent Weekend](#) will be held September 23-25, 2022. Each fall, families are invited to campus for a weekend to spend time with their loved ones, connect with other families and hear about the wonderful things happening at the University. Questions about Family and Parent Weekend can be directed to the Office of Student Involvement at 610-510-4211.

## STUDENT INVOLVEMENT FAIR FALL 2022

**FRIDAY, AUGUST 26  
4-7 PM  
MENDEL FIELD**

The Fall 2022 [Student Involvement Fair](#) will take place on Friday, August 26, from 4 to 7 p.m. on Mendel Field. Encourage your Villanovan to stop by and meet leaders from over 200 student organizations and programs at the University—this is a great opportunity for new and returning students to become involved in co-curricular activities, explore their interests and cultivate their passions on campus!

VILLANOVA UNIVERSITY

## WILDCAT NEWSWIRE

### WILDCAT NEWSWIRE AND THIS WEEK ON CAMPUS

Villanova students are sent two separate e-newsletters delivered directly to their email inbox from Villanova University and the Office of Student Involvement. *Wildcat Newswire* is designed to reduce email clutter by compiling campus news and events in a clear, organized way, while *This Week On Campus* highlights ways to participate in programming sponsored by the University and student organizations.

## THE Refectory

### THE REFECTORY: VILLANOVA'S ON-CAMPUS RESTAURANT

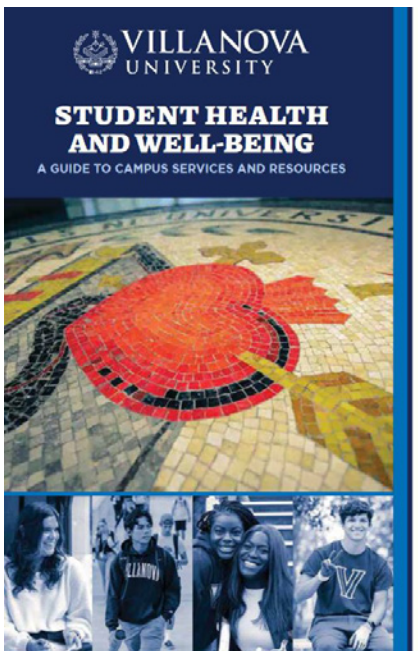
Located in The Commons, The Refectory is Villanova's only on-campus restaurant and is open 7 days a week for lunch, happy hour, dinner and weekend brunch. Award-winning Chef Biff Gottehrer serves up classic American fare with a refined twist: homemade pasta, raw bar and one of the best burgers on the Main Line. Check out the full menu and make reservations at [www.refectorynova.com](http://www.refectorynova.com).

### STUDENT JOB POSTINGS

Is your student looking for a job for the upcoming semester? Many departments and offices at Villanova are hiring. Encourage your Villanovan to visit the [Villanova University Employment](#) website to search postings and apply.



### STUDENT HEALTH AND WELL-BEING: A GUIDE TO CAMPUS SERVICES AND RESOURCES



Villanova values a co-curricular experience rooted in the ideals of *Veritas, Unitas* and *Caritas*—Truth, Unity and Love. At the heart of the Augustinian experience is caring for those in our community, which means supporting the health and well-being of oneself and those around us. In [this booklet](#),

you will learn more about the ways Villanova supports the holistic development of each student—mentally, physically, spiritually, culturally, emotionally and socially. We realize that students and their loved ones care deeply about health and well-being and that well-being contributes greatly to student success. We invite you to learn more about services within the Division of Student Life and to utilize them in the weeks, months and years ahead.

### GRANT AWARDED TO HEALTH AND WELL-BEING SUSTAINABILITY COMMITTEE

[The Health and Well-Being Sustainability Committee](#) on the Sustainability Leadership Council has been awarded a \$50,000 grant to support collegiate recovery efforts. The grant will support training to reduce stigma associated with addiction and recovery; increase advocacy among Villanovans for creating a collegiate recovery community; and educate the community on the science of recovery. Efforts to create a thriving social experience for students in recovery and for students seeking an alcohol and substance-free experience will be integrated in programming for this year.



## NOD APP: BUILD SOCIAL CONNECTIONS

New this year for students is the Nod app. Nod is an app for Apple or Android smartphones that taps into positive psychology and the science of social connections to assist in building meaningful relationships with one another. Through the app, students will be able to explore ideas regarding social well-being, hear peer perspectives on social connection, and access exercises that help process social experiences, reduce self-criticism and build resilience.

[Download Nod to get started.](#) ✨



## MENTAL HEALTH AND WELL-BEING COMMITTEE

The mission of the [Mental Health and Well-Being Committee](#) is to support and improve well-being through mental health awareness, reduce the stigma around mental health, and promote services offered to students as they engage in lifelong well-being. Comprised of Villanova students, faculty and staff, this group will continue to support and promote the co-curricular student experience as it pertains to mental health and well-being.

To learn more about this committee, please visit our website or email [Kristy.McCarthy@villanova.edu](mailto:Kristy.McCarthy@villanova.edu) or [Jennifer.Liberato@villanova.edu](mailto:Jennifer.Liberato@villanova.edu). ✨



## UNIVERSITY COUNSELING CENTER AND UWILL TELEHEALTH COUNSELING

The [University Counseling Center](#) is available ✨ weekdays by appointment to help students with personal and emotional concerns. With a variety of services and resources, the Counseling Center helps individuals facing emotional, academic, social and psychological issues.

In addition, [Villanova has partnered with Uwill](#), a leading mental health

platform for universities, to expand upon the services offered by the University Counseling Center. Uwill telehealth counseling provides a free, secure and convenient path to clinical services offered beyond business hours at the Counseling Center, including evenings and weekends. This service also provides a crisis phone line, available 24/7/365, reachable at 833-646-1526.



## SEXUAL MISCONDUCT-RELATED SUPPORT

The University provides a variety of 24/7 [confidential and other supportive measures](#) ✨ for students who have been affected by sexual misconduct. The Sexual Assault Resource Coordinator (SARC) team is just one of the available resources. With the addition of the 24/7 crisis line and a growing relationship with Delaware County Victim Assistance Center's sexual violence crisis intervention services, the SARC team will now be available to help Villanova students during regular business hours, Monday through Friday, 9 a.m. to 5 p.m. The SARC team can be reached at 484-343-6028 and [sarc@villanova.edu](mailto:sarc@villanova.edu). ✨

For more information on 24/7, confidential reporting and other support resources, as well as resources for parents and family members, please refer to the [resource guide](#) or visit the University's [Sexual Misconduct website](#). ✨

## V COMMUNITY FIRST

### COVID-19 POLICIES

Villanova continues to review and update its COVID-19 policies to keep the health and safety of our students, faculty and staff paramount while recognizing the high vaccination rate of our campus community and monitoring CDC and state guidelines. Please visit [Villanova's COVID-19 website](#) for detailed guidance on University policies, which includes updates based on the CDC's August 11 guidance on quarantine. ✨



# OFFICE FOR RESIDENCE LIFE

## RESIDENTIAL CALENDAR

Please visit the [Office for Residence Life](#) website for the most updated information regarding the residential calendar.

|   |  |  |  |
|---|--|--|--|
| <b>Saturday, Oct. 8</b>                       | Residence Hall Close at Noon for Fall Break          | <b>Saturday, Mar. 4</b>                      | Residence Hall Close at Noon for Spring Break            |
| <b>Sunday, Oct. 16</b>                        | Residence Halls Reopen at Noon                       | <b>Sunday, Mar. 12</b>                       | Residence Halls Reopen at Noon                           |
| <b>Monday, Oct. 17</b>                        | Classes Resume                                       | <b>Monday, Mar. 13</b>                       | Classes Resume   |
| <b>Wednesday, Nov. 23</b>                     | Residence Halls Close at Noon for Thanksgiving Break | <b>Thursday, Apr. 6</b>                      | Residence Halls Close at Noon for Easter Recess          |
| <b>Sunday, Nov. 27</b>                        | Residence Halls Re-Open at Noon                      | <b>Monday, Apr. 10</b>                       | Residence Halls Reopen at Noon                           |
| <b>Tuesday, Dec. 13</b>                       | Reading Day  | <b>Tuesday, Apr. 11</b>                      | Classes Resume   |
| <b>Wednesday, Dec. 14 - Tuesday, Dec. 20</b>  | Final Examinations (no exams Sunday, December 18)*   | <b>Friday, May 5</b>                         | Reading Day  |
| <b>Wednesday, Dec. 21</b>                     | Residence Halls Close at Noon**                      | <b>Saturday, May 6 - Friday, May 12</b>      | Final Examinations (no exams Sunday, May 7)***           |
| <b>Saturday, Jan. 14 - Monday, January 16</b> | Residents move into residence halls                  | <b>Saturday, May 13</b>                      | Residence Halls Close at Noon****                        |
| <b>Monday, Jan. 16</b>                        | Martin Luther King Day (no classes)                  | <b>Friday, May 19 &amp; Saturday, May 20</b> | Commencement Weekend                                     |
| <b>Tuesday, Jan. 17</b>                       | Classes Begin  | <b>Sunday, May 21</b>                        | Residence Halls Close for the Graduating Students at 6pm |

### BREAK HOUSING INFORMATION

Residence Life will make every effort to accommodate students who cannot leave campus during break periods. In order to remain on campus during a break period, students must register on the Residence Life website.

\*All students are expected to depart from the halls within 24 hours after their last examination unless required to stay on campus for Winter Break activities.

\*\*All residence halls and apartments close Wednesday, December 21, at 12 p.m. for students not required to stay on campus for Winter Break activities.

\*\*\* All students are expected to depart from the halls within 24 hours after their last examination unless required to stay on campus for Commencement activities.

\*\*\*\*All residence halls and apartments close Saturday, May 13, at 12 p.m. for students not required to stay on campus for Commencement activities.

# FALL 2022 ACADEMIC CALENDAR

Please visit the [Office of the Provost website](#) for the most updated information regarding the academic calendar. ✨

|                          |  |
|--------------------------|--|
| <b>Aug. 30 (Tu)</b>      | Last Day for requesting Satisfactory/Unsatisfactory              |
| <b>Aug. 30 (Tu)</b>      | Last Day for dropping and/or adding classes                      |
| <b>Sept. 5 (M)</b>       | Labor Day - No Classes   |
| <b>Sept. 16 (F)</b>      | Census Date - Official Enrollment Reporting                      |
| <b>Oct. 7 (F)</b>        | Mid-term   |
| <b>Oct. 10 (M)</b>       | Semester Recess  |
| <b>Oct. 17 (M)</b>       | Classes Resume   |
| <b>Oct. 19(W)</b>        | Grades Due (Noon)  |
| <b>Oct. 21 (F)</b>       | Registration Advising Begins                                     |
| <b>TBA</b>               | Registration Begins for Spring 2023                              |
| <b>Nov. 9 (W)</b>        | Last Day for Authorized Withdrawal without Academic Penalty (WX) |
| <b>Nov. 22 (Tu)</b>      | Thanksgiving Recess begins after last class                      |
| <b>Nov. 28 (M)</b>       | Classes Resume   |
| <b>Dec. 12 (M)</b>       | Final Day of Classes   |
| <b>Dec. 13 (Tu)</b>      | Reading Day  |
| <b>Dec. 14-20 (W-Tu)</b> | Final Examinations (No exams on Sun., Dec. 18)                   |
| <b>Jan. 3 (Tu)</b>       | Final Grades Due (12 Noon)                                       |

