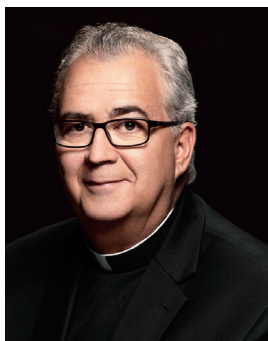


FIRST-YEAR FAMILY GUIDE



WELCOME TO VILLANOVA



Dear Families,

It gives me great pleasure to welcome your family to Villanova University—an academic community where students learn to think critically, act compassionately and succeed while serving others.

At Villanova, students take part in an educational experience rooted in the Augustinian ideals of *Veritas, Unitas, Caritas*—Truth, Unity, Love. Rigorous academics, personal attention, a strong community and a shared commitment to service help each student form a foundation for lifelong success. Villanova prepares students to become ethical leaders who ignite positive change everywhere life takes them.

This guide is designed to introduce you to the University. In it, you will find valuable information about the many opportunities available at Villanova for our newest students. In tandem with this handbook, our online guide connects you directly to our student-focused offices and services, as well as information about the typical challenges students may face and the resources available to address them. You can access the website by scanning the QR code on this page, or by visiting villanova.edu/firstyearguide.

Villanova faculty and staff view family members as partners, and we look forward to working with you to create a rewarding and memorable experience for your student. I hope this handbook and our online resource guide provide an understanding of the daily life of a Villanova student. Should you have any questions or concerns, please do not hesitate to contact our Office of Parent and Family Relations at (610) 519-6212.

Welcome to Villanova!

Sincerely,

The Rev. Peter M. Donohue, OSA, PhD, '75 CLAS
President



THERE'S MORE TO SEE ONLINE!

Our online resource guide expands the topics covered in this booklet for easy reference when you're on the go. **Scan this QR code** to visit our site, and bookmark villanova.edu/firstyearguide on your computer and mobile device!



TABLE OF CONTENTS

4	The Augustinian Tradition	26	Staying Healthy and Safe
6	Parent and Family Relations	27	Student Health Center
8	The First Year Experience	27	University Counseling Center
10	Living and Learning	27	The Office of Health Promotion
11	The Housing Application	28	Emergencies
12	Common Residential Questions	28	Alcohol and Other Substances
13	Dining	29	Sexual Violence Prevention and Response
13	Student Mail and Packages	30	Navigating Necessities
16	Grades	30	Billing
16	Academic Advising and Course Scheduling	31	The Wildcard
16	Majors and Careers	31	Other Expenses
18	Living The Misson	31	Working
19	Prayer and Worship	32	Tech Needs
20	Service and Advocacy	32	Looking Ahead
20	Retreats	34	University Events
23	Exploring	34	Visting Villanova
23	Clubs, Organizations and Volunteer Programs	35	Campus Resources
24	Office of Belonging and Inclusion		
24	Office of Fraternity and Sorority Life		
24	Club Sports and Intramurals		
25	Student Performing Arts		
25	Weekend Activities		

THE AUGUSTINIAN TRADITION

**“Become what you are not yet.”
–St. Augustine**



ST. AUGUSTINE

When we talk about embodying our mission, we often start with a name you'll see and hear a lot at Villanova: St. Augustine (pronounced Au-GUS-tin). He and his journey are at the center of the University's mission. Born in 354 in present-day North Africa, Augustine grew to be a gifted teacher and persuasive speaker. His upwardly mobile career path led him to Milan to become that imperial city's official orator.

Along the way, Augustine had wrestled with spiritual questions. What was his purpose in life? Did his ambitions align with his values? How could a loving God allow evil to exist? He explored various religions, but none satisfied his hunger for truth. Thus, his mind and restless heart were primed for a series of events and encounters in Milan that led to his conversion experience.

Augustine would go on to be baptized Catholic and become a priest, a bishop and one of the greatest influencers in the history of Western Christianity.

In May 2025, Villanovans across the globe celebrated the installation of **Pope Leo XIV**, the first Augustinian and American pope and a **1977 graduate of Villanova University!**

THE AUGUSTINIAN ORDER

The Augustinian Order, established in 1244, came to Philadelphia in 1796 and founded Villanova University in 1842. They chose St. Thomas of Villanova—known as “the father of the poor”—as their patron saint. Today, the Augustinians remain a crucial part of Villanova, maintaining a constant presence in University leadership, in and out of the classroom, and in ministry positions across all areas of campus.

THE AUGUSTINE AND CULTURE SEMINAR

The Augustine and Culture Seminar (ACS) is a two-semester, first-year Humanities seminar course rooted in the Augustinian and Catholic intellectual traditions that prepares all students for success at Villanova and beyond.

ACS is an integral and required component of the first-year student experience. In these courses, students sharpen practical and necessary skills of careful reading, critical thinking and clear writing as they make a humanistic inquiry into Augustine's relationship with the ancient and modern worlds—and ask, as Augustine did again and again, “Who am I?” Students who live in the same residential area take ACS classes together.





PARENT AND FAMILY RELATIONS

The Office of Parent and Family Relations in the Division of Student Life serves as a hub of information and a source of connection for Villanova University parents and families. We partner with families to facilitate proactive communication and share resources so that you may support the intellectual, spiritual and personal growth of your Villanovan. Together, we will help your Wildcat grow toward independence and be better prepared to navigate new experiences, advocate for themselves and make important decisions.

Throughout the year, families are encouraged to use the Villanova website to search for information on our Parent and Family web pages, connect via Instagram and attend events—both online and in-person. Families should contact Parent and Family Relations with questions about resources for yourself or your Villanovan, or if you have a concern about an issue and aren't sure where to start.

HOW WILL THE UNIVERSITY COMMUNICATE WITH PARENTS AND FAMILIES?

One big change from high school to college is the way in which parents receive information. Villanova communicates with families throughout the year regarding certain events and some news items. Otherwise, due to federal regulations and to maintain student privacy, all communication will go to your Villanovan, and they are encouraged to share and discuss with you.

Through our monthly Parent and Family Connection e-newsletter and social media, families learn more about campus resources, student opportunities and other important information. Visit villanova.edu/family to see past newsletters and join our mailing list.



Students can sign up for NovaAlert, which will deliver important emergency notifications to their mobile devices and/or email, by **scanning this QR code**. Once they've signed up, students can choose to include family members on NovaAlert notifications.



THE FIRST YEAR EXPERIENCE

Villanova's Division of Student Life is a resource that can help your student navigate every aspect of their "new home," from the normal life issues that affect nearly every student to more serious situations. This begins with an immersive four-day **New Student Orientation Program**, which offers an experience of community and belonging through intentional programming that introduces students to campus resources, addresses common first-year concerns and creates connections with peers. Presentations and small group conversations touch on topics like academic resources, how to get involved on campus and leaning into the challenges of college life. Students meet with academic deans, faculty advisors, Student Life staff and Orientation Staff Members.

Later this summer, you'll receive a mailing with full details about Move-In Day and New Student Orientation. Your Villanovan will also receive weekly VU101 emails to their new villanova.edu email address containing to-dos, information and more!

After Orientation formally concludes, students can continue to find support and resources through the **Office of First Year Experience**. Scan the QR code on this page for an overview of the advice, resources and direction students can find through this office, and encourage your student to refer to this page as a first step whenever they have a question or concern.



HOW WILL MY VILLANOVAN LEARN WHAT'S HAPPENING ON VILLANOVA'S CAMPUSES?

Every Monday and Thursday, your Villanovan will receive the *Wildcat Newswire* at their villanova.edu email address. This newsletter contains information about academic events, activities, athletics and more taking place at the University's Villanova and Cabrini campuses. In addition, every Wednesday, the Office of Student Involvement (OSI) will email a guide to that weekend's on-campus events.





Cabrini Campus, Opening Fall 2026

LIVING AND LEARNING

“This is what we love in our friends: to talk and laugh together, to do favors for one another, to read pleasant books together, to joke and to be serious with each other, to disagree but without bitterness, as a person might disagree with himself, to have most conversations without any disagreement, to teach one another or to learn from one another, to long for those who are absent with impatience, to welcome those who come with joy.”

–St. Augustine, *Confessions*, IV, 8-9

Villanova University includes two suburban campuses in close proximity to each other. The Villanova Campus is located on Lancaster Avenue in Villanova, Pennsylvania. The newer campus, known as the Villanova University Cabrini Campus, is located just two miles away on King of Prussia Road in Radnor, Pennsylvania. Students in the Class of 2029 will be the first class that will enjoy amenities on both the Villanova Campus and the Cabrini Campus, beginning in the fall of 2026.

For most students, living at college is a great experience, and students flourish with the opportunities they find on campus. This really is the first time they are living on their own, with peers rather than with their loved ones. Most students are ready for this kind of living, and they thrive on it.

As parents and guardians, you'll likely hear about roommate(s) and friendships, as well as new interests and activities that can develop quickly. Students form a close community as they support each other and learn together. Friend groups evolve throughout the college years.

Living together can be an intense experience with some emotional ups and downs. When there are problems, parents and guardians often hear about them. Remember that working out issues in residential living is part of the learning experience! Encourage your Villanovan to address issues sooner than later by seeking out the campus resources designed to help them manage challenging situations.

THE HOUSING APPLICATION

Students planning to live on campus were asked to complete a Housing Application in the spring. Later this summer, they'll receive an email from the Office of Residence Life containing details about their residence hall, their room and their roommate(s). Encourage your student to get in touch with their roommate(s) to discuss what each will bring to Move-In Day in August.



WHERE WILL MY STUDENT LIVE?

During their first year, your Villanovan will be housed in one of our 17 traditional residence halls across the Villanova campus.

Next spring, your Villanovan will select housing for the 2026-27 academic year; this will include options on the Cabrini and Villanova campuses.



Cabrini Campus, Opening Fall 2026

HOW LONG CAN MY STUDENT LIVE ON CAMPUS?

Villanovans who are admitted as residential students are guaranteed three consecutive years of on-campus housing. Residence Life has information available for students who wish to live off-campus; visit villanova.edu/university/offcampus for more information.



SCAN HERE

for details about the residence halls and apartment complexes on the Villanova campus.



SCAN HERE

for a sneak peek at living and learning on the Villanova University Cabrini Campus, opening in the Fall of 2026!



SCAN HERE for more about residence hall policies and procedures from Villanova's Student Handbook.

Your Villanovan's residence hall will be supervised by a Resident Assistant (RA), an upper-class student who lives in the building who can help students find connections on campus and build community in the halls. Villanova chooses RAs through a comprehensive selection process and provides them with extensive training. The RA serves as friend, advisor and problem-solver, and generally acts as the University's front-line representative on everything from maintenance issues to health and safety.

LOOKING AHEAD

In the Spring semester, your student will select sophomore-year housing from among a myriad of options on the Cabrini and Villanova campuses. Encourage your student to keep an eye on their email for information about the process. The Office for Residence Life and the Office of Parent and Family Relations will host events and webinars to keep students and families up-to-date!

COMMON RESIDENTIAL QUESTIONS

Villanova's Office for Residence Life is staffed by professionals trained to handle the wide array of situations that can arise among residential students. Many of these professionals live on-campus and are on-call 24 hours a day, 7 days a week, for any needs that arise. These include:

- Roommate conflicts
- Facilities concerns
- Issues with homesickness
- Mental or physical health concerns
- Housing during University breaks
- Personal safety
- Fire safety
- Other concerns

We encourage students to utilize the services and counsel provided by Resident Assistants, Area Coordinators, Graduate Resident Ministers, Peer Ministers and student support personnel. Often, conflicts and other concerns can be addressed quickly and comprehensively. While your first inclination may be to call the University to try to solve a problem for your student, we suggest you allow your student to take the first step by reaching out to staff.



DINING

Villanova's Dining Services offers a range of options for breakfast, lunch, dinner and everything in between! There are 19 eateries on the Villanova campus, and more will open on the Cabrini campus in 2026. Options include a la carte, quick service and all-you-care-to-eat dining establishments. Students can also grab meals and snacks at any of the several Holy Grounds coffee shops across campus, or at the new Wawa convenience store located in the Connelly Center on the Villanova campus. Dining Services also hosts a variety of fun scheduled and pop-up events throughout the year, encouraging students to try new foods and learn to cook their own healthy, delicious meals.

Students living on-campus can choose from a variety of flexible meal plans; your student selected their first-year plan through their Housing Portal earlier this summer and will have the opportunity to make changes to it during the year if necessary.

The Spokin app has ranked Villanova #4 among the nation's most allergy-friendly colleges, highlighting the University's clear food labeling, designated allergy-free stations and comprehensive allergy policy. Students with food allergies are encouraged to reach out to Dining Services to discuss allergies or special dietary needs; in addition, our app helps students select and order food at any of our campus establishments.



SCAN HERE
for more about Dining Services.

STUDENT MAIL AND PACKAGES

Resident students are assigned a VU Box number that will remain the same for as long as they have housing on the Villanova or Cabrini campuses. This box number will be sent out in late July and must be used on all mail and packages sent to campus. When your student's box number is sent to them, they'll receive instructions for mailing packages to the University for Move-In Day and for the remainder of the academic year.





As an Augustinian Catholic institution, Villanova University recognizes that important learning occurs through every aspect of a student's life. As a result, we seek to focus everything at Villanova, in one way or another, on creating or supporting student learning.

We encourage you to let your Villanovan take the lead when it comes to their academic journey. Students should be their own advocates when it comes to choosing their academic path, completing assignments, contacting professors, studying and managing conflict. This independence and self-support is an important part of your student's journey into adulthood.

Cabrini Campus, Opening Fall 2026



ACADEMIC RESOURCES

Students have access to a range of free resources across the Villanova campuses.

PROFESSORS: Villanova faculty members keep regular office hours during which students can meet with them, and professors are also available at other times by appointment.

LEARNING SUPPORT SERVICES: Staff members offer classes and individual sessions on topics like time management, test-taking and studying. Students with learning disabilities, chronic debilitating illnesses or neurological disorders can find accommodations and dedicated programs here.

THE LEARNERS' STUDIO: Offering peer tutors in 150+ courses from across academic colleges, The Learners' Studio provides one-on-one or small group (capped at five students) tutoring.

THE WRITING CENTER: Experienced writing tutors are available by appointment and on a drop-in basis to review drafts and suggest strategies for approaching a problem.

THE MATH CENTER IN THE LEARNERS' STUDIO: Consultants can help with the trickiest problems and offer help and support with homework and projects.

THE CENTER FOR SPEAKING AND PRESENTATION: Students receive expert guidance from Communication graduate students on topics including managing speaking anxiety, audience analysis, visual aid design and more.

THE CENTER FOR ACCESS, SUCCESS AND ACHIEVEMENT (CASA):

CASA seeks to enrich the undergraduate learning experience of students who register with them by providing exceptional holistic support to enhance personal and professional development. CASA provides advocacy, advising, coaching, educating, programming, tutoring, networking and sustained partnerships.

THE OFFICE FOR ACCESS AND DISABILITY SERVICES:

Staff members ensure that qualified students with disabilities have equal access to educational opportunities by eliminating physical and educational barriers and provide support services and accommodations to students with disabilities so they are able to participate freely and actively in all facets of University life.

FALVEY LIBRARY: An incredible range of resources can be found here, and our professional library staff members are well-versed in helping students connect with what they need.



A list of telephone numbers and websites for these academic resources is available at the back of this guide.

GRADES

Students receive grades twice a semester: at midterm and at the end of the semester. Villanova does not mail grades home. Your Villanovan will have access to their grades and can share them with you if they choose to do so through proxy access.

WHAT IS PROXY ACCESS?

Proxy Access provides students the ability to grant permission to parents or guardians to view certain information (including grades). Visit villanova.edu/family to learn how your student can set up Proxy Access.

ACADEMIC ADVISING AND COURSE SCHEDULING

For most first-year students, the Office of the Registrar schedules the first semester of classes. Students can make changes after they arrive on campus and have an opportunity to meet with their advisor. By Orientation (in August), each college assigns new students an academic advisor with whom they work to schedule classes in future semesters. Usually, students register for spring courses in October/November and for fall courses in March. For second semester and beyond, students register for classes on their own online after meeting with their academic advisor. The advisor helps the student understand degree requirements and explore interests. Fulfilling the requirements is ultimately the student's responsibility. Students are encouraged to track and plan their academic progress towards degree completion with Degree Works, an online auditing tool for Villanovans that provides students with an academic roadmap that lays out their required courses, tracks their credits earned and updates their GPA status each semester.

TRANSFERRING BETWEEN COLLEGES

Some students may wish to transfer from one of Villanova's colleges to another. Admission to another college is not guaranteed and a student who transfers may need to take additional courses. In this case, some will choose to take courses in the summer in order to graduate with their class. When considering these options, students should meet with their advisors to ensure they will graduate on time.

MAJORS AND CAREERS

Some students start their first year with a major, but most students follow a more general program their first year and then pick a major within their college during their sophomore year. Most first-year students won't be able to make a decision about a career until they are much further along in their academic journey.

When talking with your Villanovan about choosing a major, we suggest an open and honest conversation about their career goals, professional options, personal interests and academic strengths. Encourage your student to pursue a major that interests them.

Artist rendering of Falvey Library at Vic Maggitti Hall,
Opening 2027



FALVEY LIBRARY AT VIC MAGGITTI HALL

In 2027, Villanova will open the doors to the 150,000-square-foot Falvey Library at Vic Maggitti Hall, which will feature five floors of modern, technology-enabled spaces that will amplify Villanova's research capacity, invigorate teaching and learning, and foster cross-disciplinary collaboration.



SCAN HERE to learn more!



LIVING THE MISSION

“You have made us for Yourself, and our hearts are restless until they find their rest in You.”
–St. Augustine, *Confessions*, I, 1

Just as St. Augustine did, students today ask questions about God, the meaning of life, freedom, evil and values. Some continue in the religious practice they grew up with, while others pursue answers along new paths.

Villanova's **Office for Mission and Ministry** exists to serve all students and celebrates the different beliefs, faith traditions and backgrounds they bring. Mission and Ministry provides space for students, individually and in community, to explore the intersection of personal beliefs, spirituality, justice and the world around them. They also offer pastoral care and counsel, helping students deal with value conflicts, grief, spiritual discernment and other issues connected with faith and life.



SCAN HERE
for more about
Villanova's Office for
Mission and Ministry.



PRAYER AND WORSHIP

Villanova's Augustinian Catholic heritage embraces the search for meaning at the core of the human experience. Through open, honest dialogue and interaction, we seek to deepen the identities and practices of individuals from all faith backgrounds, as well as those who do not identify with any faith tradition. Mission and Ministry offers an array of services, retreats, educational opportunities and programs for students, regardless of their religious affiliation, to support their journey toward becoming what they are not yet. Mission and Ministry also offers a rich Catholic

liturgical life on campus, with Sunday and Daily Masses, Reconciliation, Adoration, and many opportunities for students to participate and grow in their faith.



SCAN HERE
for a list of religious
services, times and
locations at Villanova and
in the local community.

SERVICE AND ADVOCACY

Augustine challenges us to advance as a community and grow in our ability to love by focusing on the common good and integrating social justice with advocacy, while being grounded in the dignity of humanity and all of creation. Within Mission and Ministry, there are three major centers where students can serve, learn and advocate in a supportive community. The **St. Thomas of Villanova Center for the Common Good (CCG)** serves as the main hub for community service and engaged learning at Villanova. It collaborates with both local and global partners and advocates for systems that promote the common good. The **Center for Peace and Justice Education (CPJE)** empowers students to think critically and engage in challenging

but transformative discussions. It encourages students to confront institutions that render individuals vulnerable and to participate in efforts that uphold dignity for all. Additionally, the **Office for Sustainability** aligns Villanova's value-centered principles with environmental stewardship, promoting inclusivity among all members of the University and addressing all aspects of sustainability.



CAN MY STUDENT JOIN A SERVICE GROUP IN THEIR FIRST YEAR?

Yes! **SCAN HERE** for a list of service and social justice groups and related opportunities offered by Mission and Ministry.

RETREATS

Throughout the year, Mission and Ministry retreats provide students with the opportunity to step back from their daily routines, reflect on their spirituality and values, share stories and experience rest or gain a new perspective. A highlight for first-year students is the First-Year Escape Retreat, held off campus and designed to help incoming students connect with others in their class cohort.



SCAN HERE
for a list of retreats offered
by Mission and Ministry.

From worship to spiritual growth; to pastoral care and accompaniment of all backgrounds and faiths; to advocacy; to service; to sustainable living and care for the earth; to integration of mind and heart, Mission and Ministry strives to embody and advance the University's Catholic and Augustinian identity.

The Catholic Liturgy is a place where people of all backgrounds come together to celebrate the Word of the Gospel. Large Masses are celebrated at special events like New Student Orientation, Family Weekend and Commencement. Masses are also offered on Sundays, including Misa en Español (Spanish Mass), and weekdays at St. Thomas of Villanova Church and Corr Chapel. The Sacrament of Reconciliation is offered several times a week.





“When we show someone for the first time imposing and beautiful sights in the city or the countryside, which we who see them all the time pass over without taking any pleasure in them, isn’t our own sense of delight frequently awakened again by their delight in what is new to them?”

-St. Augustine, *Instruction of Beginners*, XII, 17

EXPLORING

Villanova's mission statement stresses the development of the total person: intellectually, emotionally, spiritually, culturally, socially and physically. This view reflects our Augustinian focus on both heart and mind, on both individual and community. Villanova provides many opportunities for students to get involved in co-curricular activities, all of which enrich campus life and students' own development.

CLUBS, ORGANIZATIONS AND VOLUNTEER PROGRAMS

Villanova offers more than 250 student clubs and organizations. Meetings, programming and events take place on both the Villanova and Cabrini campuses. There is something for everyone! Trying something new and being active in the community outside of the classroom gives students the opportunity to learn valuable communication, time management and leadership skills. Participating in co-curricular activities connects students with new friends and helps to build a great resume!



SCAN HERE
for more about clubs
and organizations
at Villanova.



OFFICE OF BELONGING AND INCLUSION

The Office of Belonging and Inclusion (OBI) commits to improving the experiences of all students on campus through programming and initiatives to cultivate a community of respect and inclusion. OBI staff oversee The Suite in Corr Hall, an area designated for students of varying identities to gather. Visit villanova.edu/obi to learn more.



OFFICE OF FRATERNITY AND SORORITY LIFE

Approximately 40% of the undergraduate population is part of the fraternity and sorority community at Villanova. These organizations foster a strong sense of brotherhood and sisterhood among their members, creating lifelong bonds and connections. Recruitment and intake processes are available to students in the second semester of their first year. The Office of Fraternity and Sorority Life (OFSL) offers community-wide programming to support education and engagement within these organizations.

Parents and families should be aware that some fraternities are not recognized by Villanova University and/or national fraternal organizations, and that official recruitment activities do not take place in the first semester of a student's first year. Visit villanova.edu/fsl to learn more.

WHEN CAN MY VILLANOVAN SIGN UP FOR CLUB AND INTRAMURAL SPORTS?

It's important to know that team signups occur throughout the year, so encourage your Villanovan to watch for information in the Wildcat Newswire and follow [@villanovarec](https://www.instagram.com/villanovarec) on Instagram.

CLUB SPORTS AND INTRAMURALS

Villanova Recreation offers a number of athletic activities for students with varying levels of experience, interest and commitment. Club sports provide Villanovans who are still passionate about their sport with a higher level of competition without the varsity sport level of commitment, while intramural sports offer a fun, safe environment in which students can compete in a team setting against other Villanovans across both of Villanova's campuses.

FITNESS CENTERS

Villanovans have access to five fitness centers, 12 open recreation facilities and a range of options—from fitness classes and personal training to free weights, cardio equipment and more—to keep them moving all year long.



SCAN HERE
for a look at
Villanova's fitness
and recreation
offerings.



STUDENT PERFORMING ARTS

Empowering creativity, fostering growth and inspiring excellence—Student Performing Arts (SPA) provides a vibrant and inclusive platform for students to explore, express and excel in their artistic passions in dance, instrumental music and vocal music. Through dynamic performances, collaborative experiences, and dedicated mentorship, SPA aims to enrich the campus community and nurture the next generation of talented performers and artists. To learn more, visit villanova.edu/arts.



SCAN HERE
to access Student
Performing Arts'
interest form.

WEEKEND ACTIVITIES

The University offers a number of activities across our campuses for students. Typical weekend activities include food trucks, firepits, a band, movies, a comedian or some other form of entertainment for students. The entertainment is student-run and is offered at a low cost or is free. Your Villanovan will receive an email each week from the Office of Student Involvement letting them know what's happening on campus that weekend.

GETTING AROUND

Villanova's shuttle system transports students around Villanova's campus and the surrounding area. Beginning in 2026, a premier shuttle system will ensure easy and direct travel for students, faculty and staff between the Villanova and Cabrini campuses.

Students also take advantage of the area's excellent public transportation system, which includes a regional rail line, shuttle buses and ride-sharing services, to travel to Philadelphia and nearby towns.





STAYING HEALTHY AND SAFE

Villanova provides many opportunities for students to learn more about how to prevent illness and how to have a happy and healthy collegiate experience. However, they are bound to get sick or stressed now and again, especially when they “burn the candle at both ends.” We know that when our students are stressed, they are also likely to become ill more easily and frequently. As a caretaker, it is natural to worry about your Villanovan’s health, but you should know that they are in good hands.

WHAT CAN THE UNIVERSITY TELL ME ABOUT MY VILLANOVAN’S HEALTH AND WELL-BEING?

Under federal HIPAA and FERPA laws, students are legally considered adults and have the right to medical privacy. Your Villanovan will have the option to sign a waiver allowing family members access to health information. If your child requires hospitalization, you will receive a call from the University.

STUDENT HEALTH CENTER

The Student Health Center is open 24/7 when classes are in session and offers online weekday self-scheduling. The Health Center operates very similar to a primary care provider that your Villanovan uses while at home. Just as you would expect from your primary care provider, our staff of physicians (who are also associated with local hospitals), nurse practitioners, RNs and other professionals deal with many medical conditions and refer more serious issues either to specialists in the area or to local hospitals. In addition to having excellent training, these professionals also have a lot of experience dealing with the health problems associated with college-age students.



SCAN HERE
for more
information on
Student Health
Services at
Villanova.

UNIVERSITY COUNSELING CENTER

The Patricia B. and Gary M. Holloway University Counseling Center provides confidential counseling and psychological services free of charge to students who are currently enrolled in classes on campus. The student may schedule an appointment to discuss normal developmental concerns such as homesickness, relationship issues, managing emotions and clarifying personal values. The student may also seek help with anxiety, panic disorder, depression, eating disorders, drug and alcohol use, loss of a loved one, trauma, sexual assault and any other concern. Telehealth appointments are

available for clients who are physically located in the Commonwealth of Pennsylvania as required under Pennsylvania law. Villanova also partners with Uwill, a leading mental health platform for colleges and universities, which allows students to connect quickly and at no cost with licensed mental health counselors based on their unique needs and preferences, 24 hours a day, seven days a week.



THE OFFICE OF HEALTH PROMOTION

The Office of Health Promotion provides resources and services to help students thrive, not just survive, during their college years. Topics commonly discussed with Health Promotion staff and students include nutrition, fitness, sleep, stress, alcohol and other drugs, sexual health and sexual violence. Students can access Health Promotion’s 24/7, confidential THRIVE 365 online portal for Villanova resources and services, as well as an ever-evolving library of information on health and well-being that adapts to them the more they use it. Students can also download the Flourish mobile app to set up prompts and small challenges to support their social well-being.



EMERGENCIES

Villanova's Department of Public Safety coordinates emergency responses, which may include first responder teams from local communities and townships, as well as Villanova Emergency Medical Service (VEMS), a 24-hour emergency service comprised of students who are trained EMT staff. We also have access to on-call paramedics who can be on campus within minutes to deal with more serious issues. In addition, Bryn Mawr Hospital is a short distance away.

DOES MY CHILD NEED HEALTH INSURANCE?

All undergraduate students are required to have health insurance; visit villanova.edu/shc for details and information on the University's health insurance plan (if needed). Your Villanovan should bring a copy of their health insurance card to campus. Your health insurance plan can tell you more about what kinds of services are included in your plan.

ALCOHOL AND OTHER SUBSTANCES

Pennsylvania state law and Villanova's policies forbid the purchase, possession, consumption or transportation of alcohol by anyone under 21 years old.

Your Villanovan will confront choices about alcohol and other substances while in college. You want them to make wise choices, and so do we. Sometimes a poor choice can impact a student's life long after the party is over. Remember, excessive drinking and substance use are not the norm and students have a good time at Villanova without them. Talk with your Villanovan about choices and the consequences of their actions. The conversations you have will strongly impact the decisions they make while away at college and lead them to healthier choices.



PUBLIC SAFETY

EMERGENCIES: 610-519-4444

ALL OTHER CALLS: 610-519-5800



SCAN HERE

to access our guide and other information regarding Villanova's sexual misconduct prevention, education and response efforts.

SEXUAL VIOLENCE PREVENTION AND RESPONSE

Every community member shares the responsibility of creating and maintaining an environment that promotes healthy, respectful and safe relationships. While the University has strong policies and resources in place to help prevent and address violations of these community standards, we are also looking to partner with families in these efforts.

Before and upon arrival to campus, and throughout the next four years, your Villanovan will have opportunities to engage in conversations about respect, consent and boundaries. However, it is crucial for families to initiate these conversations before students arrive. We recognize that these are complex issues that can be difficult to talk about. With that in mind, we created a guide containing information and tools you can use to initiate meaningful conversations with your Villanovan.

Later this summer, you'll receive our ***Guide to Health and Well-Being***, a comprehensive listing of the health services provided to students at Villanova.

NAVIGATING NECESSITIES

BILLING

Bills, or **V-Bills**, can be viewed through the MyNova student portal or via the link at bursar.villanova.edu. The billing system is live, and changes to your account are viewable immediately. It is strongly encouraged that your student add you to their V-Bill account as an “Authorized User.” You will then receive email notifications and be able to view and pay charges on your account.

Information from the Office of Financial Assistance, including deadline reminders, is sent directly to the student’s Villanova email address after the student enrolls at Villanova. The Bursar’s Office is responsible for assessing charges to the student account.

Both offices occasionally send official notifications to students via email. An email notifying the student that the aid package is complete will be sent to the student, and the student can then view their financial aid in MyNova. It’s important that you communicate with your Villanovan to make sure they share this information with you.

WHEN WILL I RECEIVE TUITION BILLS?

Fall semester bills are issued in July; spring semester bills are issued in November; and summer semester bills are issued in April. Once your Villanovan registers you as an “Authorized User,” you will receive V-Bill email notifications.

THE WILDCARD

The **Wildcard**, Villanova’s official identification card, is your Villanovan’s key to the University. Students will submit individual photos to the Wildcard Office by early July in order to receive their Wildcards when they check into their residence hall on Move-In Day. Commuter students will receive their Wildcards during Orientation.

The Wildcard gives students access to their residence hall, meal plan and meal points, the library and athletic events.

The Wildcard also accesses your Villanovan’s **Nova Bucks** account. Nova Bucks is a restricted debit account that allows students to enjoy purchasing power across campus and in the surrounding community without carrying cash or credit cards. Students can also use their Nova Bucks to buy merchandise in the Villanova University Shop and will receive a 5% discount on the total purchase.

OTHER EXPENSES

We encourage you to have an open and consistent dialogue with your Villanovan regarding expenses that come up during their time on campus. The costs of school supplies, activities, entertainment, ride sharing and meal delivery services can add up quickly, and it’s important to have a plan to cover these expenses.

Through the **Villanova Textbook Access Program**, a fee charged directly to your Villanovan’s account at the start of the semester will cover all textbook materials required for their courses. Students have the opportunity to opt out of the program each semester. To learn more, visit provost.villanova.edu.

The **Nova Nook** in Dougherty Hall is stocked with a wide variety of basic toiletries and food items to assist students who may struggle to manage these costs on their own. Visit villanova.edu/novanook to learn more.

WORKING

Many students find jobs on campus through work-study programs and on-campus student job fairs, held throughout the year. Your Villanovan can also visit jobs.villanova.edu for a list of available on-campus jobs.



TECH NEEDS

University Technology Services supports and provides access to a wide variety of student computing needs, ranging from wireless connectivity and software distribution to walk-up support assistance for students' personal laptops and devices at its three TechZone locations.



SCAN HERE
to explore the full
range of services.



LOOKING AHEAD

Your Villanovan's first year will be filled with discoveries—they'll learn more about who they are, what they love, and what they want for their future. Through their academic colleges, their advisors, the Division of Student Life, their various extracurricular activities, their roommates and peers, they'll also discover the many options available to them as they travel through the next years on their journey to commencement and beyond.

While it's tempting to help plan out your student's trajectory, we encourage you to let your Villanovan take the lead when it comes to things like securing on- or off-campus housing, changing majors or choosing to double-major, finding an internship or study abroad opportunity, even embarking on a career. Discovering who they are is an experience only they can fully navigate, but they'll do so with the help of Villanova's vast networks and resources and the support of their family and friends.



WHAT ABOUT LIFE AFTER COLLEGE?

Villanova's Career Center helps students secure internships, prepare for interviews and embark on their careers—and continues to offer assistance long after graduation. Explore the many services they provide at villanova.edu/careers.



UNIVERSITY EVENTS

Villanova hosts a number of events for students and families, from Move-In Day and New Student Orientation to Family Weekend and Homecoming.



VISITING VILLANOVA? ALLOW US TO SUGGEST...

- Seeing a show at the Villanova Theatre at the John and Joan Mullen Center for the Performing Arts, or at the Academy of Music, Kimmel Center or the Forrest, Merriam, Wilma or Walnut Street Theatres in Philadelphia.
- Catching the Wildcats men's or women's basketball teams at the on-campus Finneran Pavilion or at the Xfinity Mobile Arena in South Philadelphia, or grabbing tickets to a Phillies, Sixers, Eagles, Flyers or Union game.
- Shopping in downtown Wayne, the King of Prussia Mall or Suburban Square.
- Checking out historical sites like St. Augustine Church, Valley Forge National Historic Park, the Philadelphia Zoo, the Academy of Natural Sciences, Independence Hall, the Liberty Bell, the Constitution Center, the Philadelphia Museum of Art or the Betsy Ross House.



SCAN HERE
for a listing of events
for students and
their family
members!

CAMPUS RESOURCES

RESOURCE	PHONE	WEBSITE
ACCESS AND DISABILITY SERVICES	610-519-3209	villanova.edu/accessible
ATHLETICS	610-519-4110	villanova.com
BURSAR	610-519-4258	bursar.villanova.edu
CAREER SERVICES	610-519-4060	careers.villanova.edu
COUNSELING CENTER	610-519-4050	villanova.edu/counselingcenter
DEAN OF STUDENTS	610-519-4200	villanova.edu/deanofstudents
DINING SERVICES	610-519-4170	dining.villanova.edu
FALVEY LIBRARY	610-519-4270	library.villanova.edu
FINANCIAL ASSISTANCE	610-519-4010	finaid.villanova.edu
HEALTH PROMOTION	610-519-7407	villanova.edu/healthpromotion
LEARNING SUPPORT SERVICES	610-519-5176	villanova.edu/lss
MAIL SERVICES	610-519-4492	villanova.edu/services/mail
MISSION AND MINISTRY	610-519-4080	mission.villanova.edu
NEW STUDENT ORIENTATION	610-519-4200	orientation.villanova.edu
PARENT AND FAMILY RELATIONS	610-519-6212	villanova.edu/family
PUBLIC SAFETY	EMERGENCY 610-519-4444 NON-EMERGENCY 610-519-5800	publicsafety.villanova.edu
REGISTRAR	610-519-4030	registrar.villanova.edu
RESIDENCE LIFE	610-519-4155	reslife.villanova.edu
STUDENT HEALTH CENTER	610-519-4070	villanova.edu/shc
STUDENT INVOLVEMENT	610-519-4210	villanova.edu/osi
STUDENT LIFE	610-519-4550	studentlife.villanova.edu
STUDENT PERFORMING ARTS	610-519-7214	villanova.edu/arts
UNIVERSITY TECHNOLOGY SERVICES	610-519-7777	technologyservices.villanova.edu
WILDCARD	610-519-6202	villanova.edu/wildcard



SCAN HERE
for a list of things
to do on your next
visit to the area.

COLLEGE	PHONE	WEBSITE
COLLEGE OF LIBERAL ARTS AND SCIENCES	610-519-4600	villanova.edu/artsci
COLLEGE OF ENGINEERING	610-519-5860	villanova.edu/engineering
M. LOUISE FITZPATRICK COLLEGE OF NURSING	610-519-4900	villanova.edu/nursing
VILLANOVA SCHOOL OF BUSINESS	610-519-4330	villanova.edu/business



SCAN THIS CODE
to find even more information
and advice for your student's first
year at Villanova!