

PARENT & FAMILY CONNECTION

CONNECTING FAMILIES TO VILLANOVA CAMPUS LIFE

V NOVEMBER 2022



Villanova University and the Division of Student Life recognize and value our partnership in the development and success of our students. It is our goal to create meaningful connections through shared experiences. To further strengthen our partnership, we are pleased to announce the establishment of the **Office of Parent and Family Relations**.

The Office will serve as a hub of communication between parents and families and the University. We will:

- proactively share information with you throughout the year regarding resources, programs and events;
- facilitate communication and assist in answering questions;
- join you in support of your child's intellectual, spiritual and personal growth as a Villanovan.

You may contact the Office at any time via email at parents@villanova.edu ✨ and learn more about us at villanova.edu/family. ✨



CARITA GEIB '98 DIRECTOR, PARENT & FAMILY RELATIONS

Carita Geib is a passionate parent and Villanovan. A 1998 graduate of Villanova, Carita earned her BA in Communications and minor in Business before entering the consulting sphere. She returned to Villanova and has worked in multiple roles throughout the University, most recently serving as Assistant Director of College Relations within the M. Louise Fitzpatrick College of Nursing.

"I look forward to partnering with all of our parents and families—sharing information, engaging in activities and cultivating connections—so that our students can flourish as they build their unique Villanova experience," Carita says.



“What a time to be a Villanovan! I’m honored to join you as we evolve and grow with our students.”



NAVIGATING THE END OF THE SEMESTER

We all can imagine that the end of the semester—with finals—offers a different level of stress for some of our students. The University Counseling Center and the Office of Health Promotion can help students recognize and prevent distress and boost healthy living strategies. Should your child be experiencing stress or anxiety, consider suggesting they proactively carve out time for themselves using any of the services provided, including:

- [University Counseling Center](#) ✨ | In-person and telehealth appointments are available to University students. Appointments can be made by reaching out [online](#), ✨ by calling 610-519-4050 (9 a.m.-5 p.m. ET), or in-person at Room 206 in the Health Services Building (HSB).
- [Thrive 365](#) ✨ | Students can engage in topics and programs that focus on the whole person—ranging from fitness and sleep to stress management and nutrition. This portal adapts to your student’s personal and academic goals and interests—24 hours a day, 365 days a year.
- [Nod](#) ✨ | This app addresses loneliness and depression in college students, bolsters social connections and supports mental health.

- [Well-Being Coaching](#) ✨ | One-on-one coaching for students can be scheduled to focus on nutrition, stress management, sleep management and alcohol and tobacco cessation.
- [UWill 24/7 Telehealth](#) ✨ | A mental health and wellness solution allowing students the ability to connect quickly with licensed mental health counselors. Complete information, including how to register, can be found on the University’s [Uwill page](#). ✨ For urgent crisis intervention needs, students may call 833-646-1526.

WHERE IS THE LOVE? WEDNESDAYS WITH PALS FOR LIFE

Who better to help Villanovans unwind and destress than our furry friends from Pals for Life? Encourage your student to meet up with four-legged friends at locations around campus most Wednesdays from noon-1 p.m. and on Reading Day from 11 a.m.-1 p.m. in Falvey Library.



MERRY CHRISTMAS VILLANOVA WEEK

Students will get their holiday cheer going when the magic of the holidays envelops campus in December. Annual events include the Villanova Tree Lighting; student, faculty and staff choral and musical performances; shopping in the holiday village; and enjoying holiday decorations on campus.



ADVENT REFLECTIONS

Parents and families who celebrate Advent are welcome to [sign up](#) ✨ to receive short reflections written by the Villanova community members to accompany you in your journey toward Christmas.



WINTER BREAK AIRPORT SHUTTLE SERVICE WITH OFFICE OF STUDENT INVOLVEMENT

The Office of Student Involvement will once again provide airport shuttle service to students leading up to Winter break. Schedule, registration and payment information will be available at villanovatix.com ✨ at the end of November.

INTERFRATERNITY COUNCIL AND PANHELLENIC SORORITY RECRUITMENT



The [Office of Fraternity and Sorority Life](#) ✨ hosts Panhellenic Sorority and Interfraternity Council Recruitment once a year during the Spring semester.

Interfraternity Recruitment:

2023 Recruitment will take place January 22-29, 2023.

Panhellenic Recruitment:

The 2023 recruitment process will take place January 11-16 (Bid Day is January 16) prior to classes beginning January 17. Registration, along with a registration fee, must be submitted prior to December 1.

Multicultural Fraternity and Sorority Recruitment/Intake:

Recruitment and intake will occur at different times throughout the year based on the organization. To learn more about the Multicultural Greek Council, students should contact [Hunter Bonton](#). ✨

For complete Recruitment information, including registration, please visit the [Office of Fraternity and Sorority Life](#). ✨

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MLK Jr. Day of Service

MLK JR. DAY OF SERVICE

On Monday, Jan. 16, [Villanova's MLK Jr. Day of Service](#) ✨ will celebrate its 15th year of organized activity with opportunities for students, faculty and staff to join together in service to celebrate and honor Dr. Martin Luther King Jr.'s legacy. With more than 32 events planned throughout the Greater Philadelphia area, there are plenty of opportunities for your child to register to get involved!



WINTER BREAK RESIDENCE HALL ROOM CHECKLIST

As students prepare to leave for Winter break, the checklist below will help prevent issues and expedite departure.

- Remove all perishable food items from refrigerators, storage areas, bins, etc. (Freezer items do not need to be discarded.)
- Recycle and discard trash in appropriate receptacles outside of the building.
- Close and lock all windows. Blinds and shades should remain open.
- Leave heat set to 'ON' and no higher than 73 degrees.
- Sign the Express Check-Out Form upon departure. This form will be distributed to students by their Resident Assistants.



Villanova University will be operating with limited services December 21, 2022– January 14, 2023. Frequently used departments/offices, such as Dining Services, will not be fully available. Residents who need to remain on campus during part of or all of Winter break must register using the Winter Break Housing Application (available when students return from Thanksgiving break). Only students who have special circumstances, participate in athletics or are involved in University-sponsored activities over Winter break will be allowed to remain on campus during this time.

RESIDENT ASSISTANT APPLICATIONS

Resident Assistants (RAs) are a major part of the undergraduate living experience. RAs are campus leaders who participate in extensive training to assist residents with personal issues and academic needs, help answer housing questions and address facilities concerns. Through events and programming, they also lay the groundwork for students to connect with one another and form friendships.

Applications for the 2023-24 academic year are now available. Students who are interested in exploring this excellent opportunity and the benefits it provides should visit the [Residence Life website](#). 

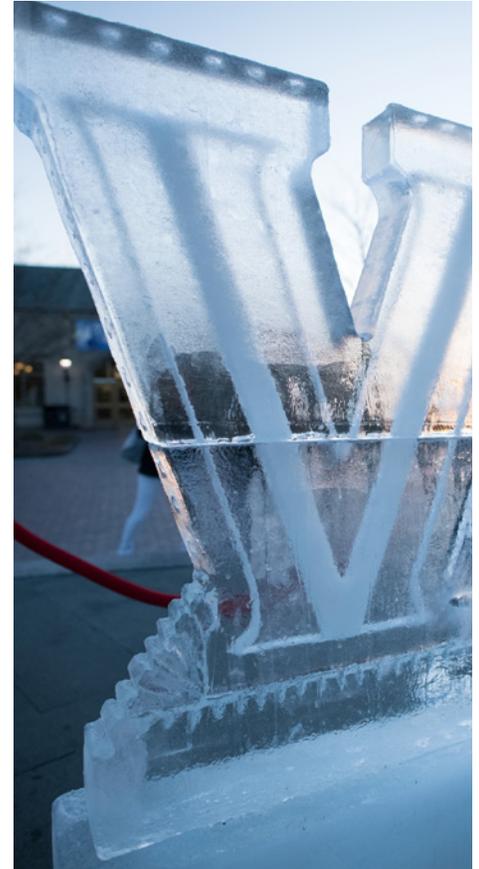


IMPORTANT 2022-23 ACADEMIC & RESIDENCE HALL INFORMATION

As students prepare for Thanksgiving and Winter breaks, please be aware of important dates and information.

The most up to date information can be found on the [Residence Life website](#)  and on the [University Academic Calendar](#). 

Nov. 22 (Tu)	Thanksgiving recess begins after last class
Nov. 23 (W)	Residence halls close at noon for Thanksgiving recess
Nov. 27 (Su)	Residence halls re-open at noon
Dec. 12 (M)	Final day of classes
Dec. 13 (Tu)	Reading day
Dec. 14- Dec. 20 (W-Tu)	Final exams (no exams Sunday, Dec. 18) *
Dec. 21 (W)	Residence halls close at noon **
Jan. 14- Jan. 16 (Sa-M)	Residents may move into residence halls. (No need to select move-in time or date as in past years.)
Jan. 16 (M)	Martin Luther King Jr. Day (no classes)
Jan. 17 (Tu)	Classes resume
Jan. 23 (M)	Last day for dropping and/or adding classes
Feb. 1 (W)	Last day for authorized withdrawal without academic penalty (WX)
Mar. 4 (Sa)	Residence halls close at noon for Spring break
Mar. 12 (Su)	Residence halls reopen at noon
Mar. 13 (M)	Classes resume
April 5 (W)	Last Day for Authorized Withdrawal without Academic Penalty (WX) Easter recess begins after last class
April 6 (Th)	Residence halls close at noon for Easter recess
April 10 (M)	Residence halls reopen at noon
April 11 (Tu)	Classes resume
May 5 (F)	Reading day
May 6-May 12 (Sa-F)	Final exams (no exams Sunday, May 7) *
May 13 (Sa)	Residence halls close at noon ***
May 19 (F) & May 20 (Sa)	Commencement Weekend
May 21 (Su)	Residence halls close for graduating students at 6 p.m.



*All students are expected to depart from the halls within 24 hours after their last examination unless required to stay on campus by the University.

**All residence halls and apartments close Wednesday, Dec. 21, at noon for students not required to stay on campus for Winter break activities.

***All residence halls and apartments close Saturday, May 13, at noon for students not required to stay on campus for Commencement activities.



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