



June 25, 2025

Villanova University and New Student Orientation will continue to send VU101 emails throughout the summer to keep you updated on important information and help prepare for your arrival. [Click here to view our past VU101 emails.](#)

Ignite Your Strengths: CliftonStrengths

During Orientation, you will engage in activities that support Villanova's commitment to developing and nurturing the whole person in an environment that supports individual differences. Every incoming student will take the CliftonStrengths assessment, which we view as a tool for self-discovery. [Complete the steps outlined on our website](#) to take your CliftonStrengths assessment by Thursday, July 31.

Academic Integrity Training

All incoming Villanova students are required to complete Academic Integrity Training and take the Academic Integrity Pledge by Friday, Aug. 15. This program will take approximately 45-55 minutes to complete. Although the training is mobile-friendly, **it is strongly suggested that students use a desktop or laptop computer to create an account.** Links are posted in the New Student Checklist in [MyNova](#). For more information about Villanova's Code of Academic Integrity and frequently asked questions, visit our [Academic Integrity Training](#) page.

Family Webinar: Supporting Your First-Year Student's Well-Being and Adjustment

On Tuesday, July 15 at noon Eastern time, join Carita Geib, Director of the Villanova University Office of Parent and Family Relations, and Drs. Edmund "Tedd" Riccio and Kapil Nayar of the University Counseling Center for a free webinar on helping your students adjust to their new college environment. Learn tools and approaches for connecting with your student while adjusting to your new role as your child's independence grows. Hear about Counseling Center services and resources and ask your questions. This free webinar is open to parents and family members of students in the Class of 2029, and registration is required. [Click here](#) to receive the webinar link.

Students: Keep an eye on future issues of VU101 for information about a webinar for incoming Villanovans later this summer!

Name Pronunciation Software

Members of the Villanova community can visit [MyMediasite](#) to record the correct pronunciation of their names and share links with faculty, staff and peers. Many students will add this helpful link to the signature line of their emails.

Select Your Size for Your Nova Nation Fan Shirt by July 15!

Log in to your [MyNova](#) account and search “New Student Checklist,” then click on the link to select your size! Your shirt will be waiting for you at New Student Orientation in August.

Don't forget to log in to [MyNova](#) frequently to stay up-to-date on your New Student Checklist!

UPCOMING DEADLINES

July 1: Student Health Record

July 10: Upload your photo for your Wildcard

July 15: Select your size for your Nova Nation Fan Shirt

The Class of 2029 and their families are invited to begin building a network of Villanovans before even stepping onto campus. Get to know the Villanova community by joining us at a Wildcat Welcome this summer! [Visit our website](#) to find an event near you.

Villanova University and New Student Orientation are looking forward to welcoming you to campus. If you have additional questions regarding Orientation, please contact us at orientation@villanova.edu, and follow us on Instagram at [@NovaOrientation](#).

Office of First Year Experience

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