## VERITAS UNITAS CARITAS SPEAKING TO YOUR SON OR DAUGHTER ABOUT SEXUAL VIOLENCE PREVENTION

Meaningful and constructive conversations about developing healthy, respectful and communicative relationships form the foundation that allows young adults to develop the self-awareness and courage they need to make good decisions on their own.



Most incidences of sexual violence involve *alcohol* - alcohol does not cause or excuse sexual violence and the victim is never to blame for being harmed. Alcohol can impact one's ability to obtain or give meaningful consent.



**Consent** is the most common issue in instances of alleged sexual violence. More information on consent can be found here.



Practice **CARITAS** and look out for others to prevent harm! For more information on **Bystander Intervention** click here.



Keys to *healthy relationships*: (for more information, click here) Respect, Learn, Empower, Consent, and Communicate



For more information on Villanova's sexual violence prevention and response efforts as well as speaking to your son or daughter about this issue, check out these sites:

www.villanova.edu/sexualassault

https://grownandflown.com/how-talk-sexual-assault-college-teen/