HIGH PRIORITY FOODS to donate

- Peanut butter
- Canned meats and fish
- Canned stew/ chili
- Shelf stable milk
- 100% juice
- Breakfast cereal/ oatmeal
- Whole grain/ wheat pasta
- Nuts/ trail mix/ granola bars
- Pasta sauce/ canned veggies
- Unsweetened applesauce
- Canned fruit
- Pancake mix/ syrup
- Macaroni and cheese

Please do not donate:
- Baby formula/ items
- Toiletry items
- Food high in sugar
- Items containing high fructose corn syrup
- Items high in sodium/ fat
- Soda/ other sugary beverages
- Water

DONATION NATION!
IN CELEBRATION OF 175 YEARS
HELP US COLLECT
1.75 TONS OF FOOD!

DOUGHERTY HALL, WEST LOUNGE
JANUARY 18th • 9 a.m.–6:30 p.m.
19th • 9 a.m.–noon

Food Donations to benefit PHILABUNDANCE

CASH & WILDCARD DONATIONS ACCEPTED