

In the lobby of Driscoll Hall, the Crucifix, designed and painted in the Byzantine style by Edward Ruscil, includes depictions of the Visitation and the parable of the Good Samaritan.

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Mark your calendar!

October 4 Undergraduate Open House

November 16

Annual Distinguished Lecture Dr. Mary D. Naylor '71 B.S.N., Ph.D., R.N., FAAN, the Marian S. Ware Professor in Gerontology and director of the Center for Health Transitions, School of Nursing, University of Pennsylvania

VILLANOVA NURSING

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On the Cover: In May, the Class of 2009 became the first B.S.N. class to graduate from the College of Nursing following the opening of Driscoll Hall last fall.

Editorial Board

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Dear Alumni and Friends of the College of Nursing:

his is a time of challenge and opportunity. The national economic crisis, although grave and unexpected, has not changed our resolve to advance the future in positive ways for the College of Nursing.

Naturally, we are particularly grateful that our dream

of a facility dedicated to the preparation of nurses at the bachelor's, master's and doctoral levels is now a reality. We hope that this issue of Villanova Nursing will capture both the beauty and functionality of Driscoll Hall. I hope that it will reflect the excitement and pride of our alumni, colleagues, administration, trustees and friends who attended the historic dedication on October 6, 2008. For our students, faculty and staff, it was indeed a day to remember. Driscoll Hall is more than a building. It represents the maturation of our professional discipline within the academic world and the acknowledgment of the College's contribution to the expression of Villanova University's mission. Most of all, it is a symbol of the future.

The College of Nursing considers the implications of the current national dilemma critical for those who through unemployment and financial hardship lack adequate health care. We recognize the potential impact of the economy on higher education and on those prospective and current students who are affected. We are

hopeful that measures and strategies being taken by our government to stabilize the situation will be successful. We in the College of Nursing are prepared to do whatever we must to maintain the quality of our programs, assist our students and move toward advancing our goals for the future.

In February 2010 the College will be visited as part of the process of reaccreditation by the Commission on Collegiate Nursing Education. The College Accreditation Steering Committee, chaired by Dr. Betti Bruderle, is hard at work in preparing our self-study. Such an event always presents opportunities for reflection and assessment. It provides an occasion for systematic evaluation of our achievements and the outcomes of our work as judged by common criteria set for nursing education programs under university auspices and our peers. The reaccreditation

process also encourages us to step back and consider ways to improve, to chart future directions and to formulate new goals for the College in congruence with trends in the profession and Villanova's Strategic Plan.

As nursing education at Villanova continues to progress, I

extend thanks to so many of you who contributed to the enhancements in and outside Driscoll Hall, and to those who were present to share our Dedication celebrations. Thank you for the letters, cards and tokens of congratulations from so many friends and alumni at home and abroad. At a reception for our Nursing alumni and officials from the Sultanate of Oman's Ministry of Health, held in late January at the American ambassador's residence in Muscat, Father Donohue and I had the pleasure of sharing the news of Villanova with a majority of our 160 Nursing graduates from that country. Villanova's reach continues to be extended. Special thanks to the Connelly Foundation for making possible the continuous support of our programs in a variety of significant ways and to Mr. Jim O'Donnell for making possible the Campaign to Promote Villanova Nursing to the public through the media.

Particularly now, the financial needs of our students loom large. We are grateful to those who provide scholarship assistance for our students. To those who are able,

we ask that you consider this kind of support as an opportunity to contribute to the preparation of nurses for a future that will affect all of us.

I enthusiastically invite you to visit us at Driscoll Hall, to meet with our students and faculty, and to share your news with all of us and one another through *Villanova Nursing*.



"Driscoll Hall is more than a building.... Most of all, it is a symbol of the future."

Sincerely,

M. Louise Fitzpatrick, Ed.D., R.N., FAAN Connelly Endowed Dean and Professor





Driscoll Hall Advances Nursing's Future







With an atmosphere where learning flourishes, Driscoll Hall has it all. At the Dedication last October, the College of Nursing invited campus and community to tour its first permanent home.

oving from St. Mary
Hall to Driscoll Hall
on July 31, 2008, represented the first time that
College of Nursing staff
and faculty could enter
their own home after
55 years and four other
locations at Villanova University. Moving
day was a very moving day.

Driscoll Hall's beauty and design draw visitors and Villanovans alike inside. The College's new home is named in honor of the Rev. John M. Driscoll, O.S.A., Villanova's 30th president who served from 1975 to 1988. It is both a gracious and

Facing page, clockwise from top left: In Driscoll Hall's Lecture Hall, Clinical Assistant Professor Karen McKenna '70 B.S.N., '83 M.S.N. and her students interact during a discussion about insulin.

M. Louise Fitzpatrick, Ed.D., R.N., FAAN, Connelly Endowed Dean and Professor, addresses the crowd assembled for the Dedication ceremony.

At the Dedication dinner, Dean Fitzpatrick stands with the Rev. Peter M. Donohue, O.S.A., (left) and his predecessor as University president, the Rev. Edmund J. Dobbin, O.S.A., now president emeritus. The Rev. John M. Driscoll, Villanova's 30th president, is seated.

Dedication Day visitors to the simulation labs included Mrs. Josephine Mandeville (left) and other members of the Connelly family.

Graduate students in Nurse Anesthesia refine their skills in a simulated operating room scenario.

technology-rich building whose forward-thinking design aligns the College's 75,500-square-foot physical space with its educational philosophy and reputation for excellence. This state-ofthe-art facility, centrally located on the main campus, will support the education of many future generations of nurses, demonstrating the University's commitment to nursing education as a significant part of its institutional and social mission.

M. Louise Fitzpatrick, Ed.D., R.N., FAAN,

Connelly Endowed Dean and Professor, along with College administrators, faculty and staff, had a dream for a facility that would be the locus for academic excellence, high-level clinical performance and professional impact. The vision for Driscoll Hall was brought to life first through decisions made by two University presidents—the Rev. Edmund J. Dobbin, O.S.A. (now president emeritus) and his successor, the Rev. Peter M. Donohue, O.S.A.—as well as Villanova's Board of Trustees. The endeavors of the building's project team then carried the vision forward into reality. The team included the University's Facilities Management office working in conjunction with Richter Cornbrooks Gribble, Inc. (RCG) architects of Baltimore (with Jonathan Fishman as principal architect) and the Philadelphia



The lobby of Driscoll Hall held a large crowd for the reception after the Dedication. Since then, many events have taken place in this welcoming space.

office of the construction management firm Torcon, Inc. of Red Bank, N.J.

College faculty and administrators were "at the table" from the start to ensure the space met the future needs of nursing education. It does. Driscoll Hall provides an atmosphere that stimulates academic excellence and advances the future of nursing. Its four floors incorporate sustainable design principles, making it Villanova's first "green" building (see page 10). The new building supports the College's initiatives, including undergraduate and graduate student learning in the Learning Resource Center's sophisticated clinical simulation labs (see page 9). The blending of its facilities enhances the environment for teaching and scholarship. There is space for the Center for Nursing Research; a Reading Room, which houses

"Almighty God...we dedicate this building to the education of the whole human person, to the progress of the health-care profession and to excellence in teaching and fullness of learning. Grant that those who will come here as teachers or as students may always pursue the truth and learn to know You, the source of all truth." —From the Rite of Dedication and Blessing, spoken by the Rev. William T. Garland, O.S.A., Vicar Provincial and province counselor of the Province of St. Thomas of Villanova. Father Garland represented the Very Rev. Donald Reilly, O.S.A., who was unable to attend as he was visiting the Augustinian mission in Durban, South Africa.

a Historical Collection; offices for Nursing faculty and student organizations; classrooms and public spaces; and space for the recently approved Center for the Study of Global Health. There is a small chapel that contains a stained glass window representing nursing themes, designed by the Rev. Richard Cannuli, O.S.A. Outside Driscoll Hall, that environment is complemented by the beautiful landscaping, benches and outdoor space design.

Driscoll Hall's other amenities include a 200-seat Auditorium, a 200-seat Lecture Hall, conference rooms, and six classrooms and two seminar rooms featuring technology to stimulate learning and expand teaching strategies across the undergraduate and graduate programs and in Continuing Education (CE).

Ever since the doors of Driscoll Hall were opened to students last summer, there has been a shared level of excitement in Villanova's Nursing community. The College held a lively ribbon-cutting ceremony at Driscoll Hall for students, just before their first class on the bright morning of August 25. Father Donohue and Dean Fitzpatrick welcomed the Class of 2012 to campus and introduced the student body to the new facility. Both leaders cut the ceremonial blue ribbon with the assistance of the Wildcat mascot. Students streamed in and quickly found classrooms and faculty offices.

Dr. McClure's special message for Nursing students

The Dedication of Driscoll Hall last fall further energized the College and its constituents. Festivities on the afternoon of October 6 began with an academic lecture on "Advancing Nursing Practice" by Margaret L. McClure, Ed.D., R.N., FAAN. Her talk took place in the building's Auditorium and was simulcast to a wider audience in other areas of Driscoll Hall.

Dr. McClure, a professor at New York University, holds appointments in both its School of Medicine and its College of Nursing. For almost 20 years, she served as the chief nursing officer at the NYU Medical Center, where she also was the chief operating officer and hospital administrator. Dr. McClure is the past president of the American Academy of Nursing and the American Organization of Nurse Executives. In 1978, for Villanova



In addressing students at the Dedication, nursing leader Margaret L. McClure, Ed.D., R.N., FAAN observed that the profession of nursing will allow them to grow in so many ways. Dean Fitzpatrick awarded the New York University professor a College of Nursing Medallion prior to her speech.

Nursing's 25th Anniversary, she was chosen to be the College's first annual Distinguished Lecturer.

Prior to Dr. McClure's lecture, Dean Fitzpatrick surprised her with the College of Nursing Medallion, the College's highest award. A prolific writer and lecturer, Dr. McClure is internationally recognized as a nursing leader with prominent publications on the subject of Magnet® hospitals. She was one of the principal investigators of the original study that led to the Magnet® system.

In her talk at the Dedication, Dr. McClure identified Villanova Nursing students as being "very special, they stand out." She encouraged them to retain a positive outlook about their practice and to seek additional learning, as nursing is "caring that is based on knowledge." She added, "Figure out what your strengths are and then spend your whole career refining and honing your strengths because that's where success lies." (To view Dr. McClure's lecture, follow the link from the College's home page at www.villanova.edu/nursing.)

Dedication marks a milestone in College's history

A sunny fall day and the carefully crafted stone façade of Nursing's new home

provided the backdrop for this milestone ceremony, witnessed by alumni, faculty, staff, students, Augustinians and friends of the College. "It was wonderful and made me very proud to be an alumna of Villanova University's College of Nursing (Division of Nursing in my day!)," noted Mary Esther Screem Clark '59 B.S.N., who attended the Dedication.

The ceremony participants included College faculty, staff, students, administrators and alumni. Father Donohue opened the Dedication to cheers by saying "I welcome all of you to Driscoll Hall." Villanova's president remarked that the impact of the College transcends its location. "No matter where they have been on campus, the Nursing faculty, staff and students have added a great deal to the life and breath and health and heart of Villanova University," Father Donohue said. He later reflected on the contributions of Father Driscoll.

A tribute to Father Driscoll

In 1978 Father Driscoll appointed Dr. Fitzpatrick as the third dean of the College, and it was Father Driscoll who in 1981 presided over the approval of the Master's Program in Nursing. Even beyond the years of his presidency, he has maintained an enduring interest in the College's development. In June 2008, Father Donohue announced that Villanova's Board of Trustees had approved the naming of the new College of Nursing building as Driscoll Hall in his honor.



The bas-relief of Our Mother of Good Counsel, crafted by Brother Jack Stagliano, O.S.A., was given by the family and friends of Mary Louise Lamb, mother of Dr. Helen Lafferty.

Last summer, Father Driscoll enjoyed a private tour of Driscoll Hall with his family to view the new facility. Impressed by the planning that went into the design, he was especially interested in the building's teaching spaces and its technology. After examining one of the computerized human patient simulators, feeling its pulse and seeing it "breathe," Father Driscoll commented, "It's amazing."

During the Dedication, Father Driscoll accepted a gift of a framed watercolor of the building, a painting the College commissioned from Brother Jack Stagliano, O.S.A.

Beyond the bricks

The Dedication, and the reception and dinner that followed, were meaningful not solely because of the new building, but also because of the people and contributions to the profession represented on that day. Michelle M. Kelly '94 B.S.N., M.S.N., CRNP, now a Nursing doctoral student, recalled, "There was a moment when I realized that many of the people I admire, respect and truly appreciate most in the world were in there. Professors, fellow alumni, colleagues...Some I knew at Villanova, some I met throughout my career. Yet, they all have some connection to Villanova. I was proud to be there."

Dean Fitzpatrick's remarks (see page 7) captured the spirit of the College as well as its glimmering future. She noted that "You, our students, will contribute to the desperately needed changes in health care and you will have what it takes to influence health policy decisions that ultimately can improve health care. Our students will be prepared for these challenges and Driscoll Hall will support their development."

View the Dedication ceremony online by visiting www.villanova.edu/nursing and following the links.

A Guide to Driscoll Hall

Lower Level: The Learning Resource Center features a variety of clinical labs, including computerized human patient simulators and advanced digital recording technology.

First Floor: Visitors enter via the lobby on this floor, which includes administrative offices, the Donna DiPalma Cassidy '79 Conference Room, the Auditorium and Lecture Hall, and the Chapel.

In addition to the Chapel's beautiful stained glass window, Driscoll Hall is home to other works of art. On the lobby floor is the Terrazzo Medallion (right), a representation of the College of Nursing alumni pin. The Crucifix on the wall, designed and painted in the Byzantine style by Edward Ruscil, includes depictions of the Visitation and the

parable of the Good Samaritan. The Chapel houses the bas-relief of Our Mother of Good Counsel by Brother Jack Stagliano, O.S.A., as well as liturgical furnishings crafted by the Mennonite community in New Holland, Pa.

Second Floor: Grouped together here are classrooms, the International Student Activity Room (a gift of the Sultanate of Oman), the Commons, student study rooms, the Nursing Historical Book Collection and Reading Room, as well as offices for student organizations, the Center for Nursing Research, Continuing Education and College Relations.

Third Floor: Faculty and academic program offices are located here.



Nursing's Legacy in Stained Glass

n the Chapel in Driscoll Hall, the stained glass window was designed by the Rev. Richard G. Cannuli, O.S.A., and illustrates three key figures in nursing history, as well as a contemporary Nursing student. Father Cannuli chairs Villanova University's Department of Theatre and Studio Art and is a liturgical artist. The window was crafted by the Vetrate Artistiche Toscane studio in Siena, Italy.

(From the left) **Panel 1**: Blessed Marie-Catherine of St. Augustine (1632-1668) was a French nursing sister of St. Augustine who dedicated her life to the sick in Quebec, Canada.

The panel depicts Blessed Marie-Catherine in the Augustinian habit of a nursing sister, with two Huron children. The baby holds a doll and the young girl a hoop and stick, a simple toy used by Native American children. To the left is the burning and pierced heart, part of the seal of the Order of St. Augustine. On the

lower left is a ship, the transportation that brought the 16-year-old nun to what was then New France. The maple leaf symbolizes Canada, where she died, and a *fleur-de-lis* symbolizes France, where she was born. She was beatified in 1989.

Panel 2: St. Fabiola, who died around 400 A.D., was a Roman matron of nobility who devoted herself to the needs of the Church and the care of the poor and the suffering.

The Roman column symbolizes St. Fabiola's citizenship. The letters SPQR are the initials from the Latin phrase Senatus Populusque Romanus ("The Senate and the People of Rome" or "The Senate and Roman People"), and was used as an official signature of the government. With her right hand, she blesses and protects the College of Nursing, whose new building she holds in her left hand. The clover signifies the Irish Augustinians who founded the Province of St. Thomas of Villanova and established Villanova College.

Panel 3: Florence Nightingale (1820-1910) was the creator of modern nursing, a pioneer in nursing education, a reformer of hospital sanitation methods and a leader in the development of applied statistics.

Above the head of "the Lady with the Lamp" are the stars of the night and a crescent moon, representing the time Florence Nightingale spent in the Crimea. There, she used her lamp to illuminate her path while caring for the wounded. The branch symbolizes the leaves used to develop medications.

Panel 4: Villanova University student. The student wears the College of Nursing uniform and a stethoscope. His left hand, placed over his heart, symbolizes *Caritas*, the love that one should have for another. The scroll has the year of Villanova's founding, 1842. The Chi-Rho anchor symbolizes hope in Christ, the gentle healer. The fish and the sea represent the College of Nursing's longstanding relationship with the Navy Nurse Corps. The twin spires of the St. Thomas of Villanova Church, a campus landmark, can be seen above his head.

"Villanova Has Built Us a Home"

A symbol of the future, Driscoll Hall will prepare the nurses who will shape and advance health care, Dean Fitzpatrick noted at the Dedication. In her talk, she reflected on the College's rich history and commended those who have generously supported nursing education at Villanova.

Note: Many alumni and friends of the College of Nursing have asked for Dean Fitzpatrick's remarks from the Dedication of Driscoll Hall. The text of her speech follows. You may also view it as part of the Dedication Ceremony video online. Follow the link on the College of Nursing home page at www.villlanova.edu/nursing.

ood afternoon. I am privileged to welcome all of you and thank you for celebrating with us as we extend our congratulations to Father Driscoll and dedicate Nursing's new home, Driscoll Hall.

Today, we honor Father John Driscoll, of the Order of St. Augustine and 30th president of Villanova University. My special welcome to the Driscoll family and friends. Father Driscoll has several families: his Augustinian community of the Province of St. Thomas of Villanova, and the University community, which he led with warmth, charm and humor, as well as astute insight and vision. Father, you initiated a new chapter in Villanova's history, and as a former vice president for Academic Affairs, you encouraged the development of the academic enterprise in all our colleges—development that has continued and is alive and well today. You also gave opportunities to many of us to contribute to Villanova's progress, while gaining satisfaction from our own professional and personal lives as part of this community. With our late vice president, Father Larry Gallen, O.S.A., vou paved the road for the future of the University and the Dobbin and Donohue administrations. You have been a special friend of the College of Nursing, and we are proud that this wonderful building bears your name.

This, of course, is a very significant event for our College. Villanova has built us a home—not our first location, because there have been four—but the first permanent one in our 55-year history. Father Donohue's first major presidential

decision was definitely a stellar one-and we are grateful to him and delighted that the Board of Trustees and Radnor Township officials agreed that a softball field could be transformed into this beautiful building. It provides a state-of-the-art environment for advancing nursing education, using technology and is the first "green" building on our campus. Additionally, it creates a welcoming and collegial climate that will foster interdisciplinary activities.

Special thanks to the architects from RCG, Torcon construction and our own terrific facilities engineers and staff, who with our faculty and administration "at the table," planned, designed and brought Driscoll Hall to life.

The College of Nursing

has a rich history and has come a long way since the first four-year baccalaureate class arrived in 1953. Ten young women enrolled, six of whom graduated in 1957. Professor Emerita Julia Paparella taught them, and she is with us today. In addition to our successes, there were also some struggles, but I can assure you that this College has never been complacent. It has always moved forward with vigor and faced every challenge with determination and responsibility.

The idea for establishing our College emerged when, after World War II, nursing education moved into colleges and universities in large numbers. The idea was that education for nurses should be grounded in the liberal arts and sciences and based in institutions of higher education (not hospitals), and that hospitals and community-based settings should serve as clinical laboratories for practica



"We view nursing as a ministry as well as a profession," Dean Fitzpatrick observed during her Dedication speech.

offered as part of the university's programs and be guided by nursing faculty of the university.

Credit goes to the Sisters of Mercy of Philadelphia and the Franciscan Sisters of Glen Riddle who operated hospitals and hospital schools of nursing in Philadelphia. They understood that nursing education was changing and that college education for nurses was vital. They approached the late Father Francis X.N. McGuire, O.S.A., then president of the University (also founding president of our School of Law), whose vision moved the University forward in many ways. His decision opened Villanova's door to nursing and the enrollment in 1953 of the first full-time undergraduate women on this campus. The late Father Edward McCarthy, O.S.A., then academic dean of Villanova, helped bring

the College of Nursing to life, first directed by two religious sisters, Sister Margarella O'Neill, a sister of St. Francis, and Sister Alma Lawler, a Mercy sister. They were followed by the first two deans, Dr. Marion Schrum and Dr. Dorothy Marlow. Our history is chronicled in your Dedication programs, but I think it is important to note that Father McGuire's vision and understanding of how nursing education could extend the service reach of the Augustinian charism is rooted in the history of the College.

Over the years, with trustee and administrative support, the College has earned the reputation it enjoys as a Center of Excellence in Nursing Education. Our alumni and faculty have developed that reputation through their untiring efforts and performance. Our graduates are excellent clinicians at the bedside, as well as leaders in the military, health care

administration and nursing education. They are faculty, deans and distinguished endowed chair holders at universities. They are college presidents and many of them sit among you today. Our faculty model the intellectual curiosity,

clinical expertise and personal attributes that are reflected in our alumni of both the undergraduate and graduate programs. They, and our colleagues who have passed on, have built our programs brick by brick, year after year, decade after decade. Similarly, our staff has been the dedicated mainstay of our College throughout its history. [Note: The College of Nursing faculty and staff, past and present, were asked to rise and were acknowledged.]

Driscoll Hall will advance nursing's future. It is a symbol of the future—and that future surrounds us here and now. Our students are our future. You will be prepared for it. You will gain a strong liberal arts and sciences education, a global perspective and critical thinking skills that will ensure sound nursing practice, clinical judgments, ethical decision-making. It is an education that will foster an attitude of concern for others—especially the disadvantaged of society. Today's nurses are knowledge workers, and an essential part of our work is to humanize the hightech world of health care. We nurse people, not machines. You, our students, will

contribute to the desperately needed changes in health care and you will have what it takes to influence health policy decisions that ultimately can improve health care. Our students will be prepared for these challenges and Driscoll Hall will support their development.

We are grateful to the College of Liberal Arts and Sciences and the myriad of clinical agencies who are our partners in preparing new generations of nurses at Villanova. We are grateful to all of you who support us with your talent, your friendship and the financial resources that have provided scholarships for students, the technology that Driscoll Hall offers and that is so important for teaching, learning and delivering patient care. We are grateful for contributions that made the beautiful enhancements that grace this building a reality—spaces for prayer and reflection,

"As beautiful as Driscoll Hall is, it is not the stone, the brick, the mortar or the landscaping that matters, as much as what is already happening inside this building."

-M. Louise Fitzpatrick, Ed.D., R.N., FAAN

as evidenced by the artistry of Father Richard Cannuli, O.S.A.; Brother Jack Stagliano, O.S.A.; and Professor Ed Ruscil—all of whom are here at Villanova.

We especially appreciate the Connelly Foundation whose generous endowment on the occasion of our 50th Anniversary catalyzed our College's future vision, as well as the recent gift of James O'Donnell that will help position us for that future. Most importantly, we sincerely thank the Augustinians, presidents, trustees and our Villanova colleagues for being such good and loyal friends and supporters. I personally thank the members of our College Advisory Board of Consultors who provide sage advice and counsel. You have all demonstrated your confidence in and commitment to nursing education at Villanova University. This building is an important symbol and reflection of that.

I assure you that our academic programs continue to reflect the mission and values of this Catholic Augustinian university and that we view nursing as a ministry as well as a profession. As beautiful as Driscoll Hall is, it is not the

stone, the brick, the mortar or the landscaping that matters, as much as what is already happening inside this building.

Villanova University and its College of Nursing are about the business of cultivating and transforming minds and hearts—Veritas, Unitas, Caritas—inclusive and respectful of diversity, but absolutely clear and confident in our own identity. Mindful that the motivation and rationale for what we do and how we do it is rooted in Scripture, in Catholic Social Teaching and the understandings we gain from the writings of St. Augustine.

The College of Nursing is an expression of Villanova's mission and values, so is Driscoll Hall. We embrace the future that this building will support. Many new generations of Nursing students will study here and they will shape and ultimately advance health care.

We are custodians of a rich legacy that has been inspired by many, one of whom we honor today, Father John Driscoll, Augustinian, priest, academician and the pastoral and generous steward who served as the 30th president of Villanova University.

For all of us, and the College of Nursing in particular, today is just one step along the journey. It is a very important one, but only a context for what will follow and what I believe will endure.

I close with this quote from the writings of the late Cardinal Joseph Bernardin, who wrote so eloquently about Catholic health care. And I quote, "We are called, indeed empowered, to comfort others in the midst of their suffering by giving them reason to hope. We are called to help them experience God's enduring love for them. We are to do for one another what Jesus did, comfort others by inspiring them in hope and confidence in life. This is what makes Christian health care distinctive."* And I would add: This is also what makes nursing education at Villanova University distinctive.

On behalf of all of us, thank you for being with us at this celebration, and, again Father Driscoll, congratulations on this wonderful day.

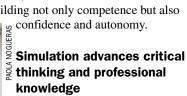
*The quotation from Cardinal Joseph Bernardin, the late Archbishop of Chicago, is from A Sign of Hope, Celebrating the Ministry of Healing: Healthcare as a Ministry of Hope, a Pastoral Letter on Healthcare. October 18, 1995—Chapter 13, p. 107.

Teaching Labs: the Human Side of High-Tech

Through Driscoll Hall's simulators, scenarios and real-time recordings, Nursing students actively learn, refine their clinical skills and build their confidence.

n the ground floor of Driscoll Hall, College of Nursing students experience the new age of clinical simulation in nursing education. The 12,000-square-foot Learning Resource Center boasts 10 futureoriented clinical simulation labs for nursing skills, individual patient simulation, teaching-learning, health assessment, adult

clinical practice initially converge for students and faculty. The labs provide an integrated learning environment for Nursing students on the cutting edge of information synthesis. Here the College is at the forefront of best practice, for clinical simulation, when combined with targeted nursing courses and Villanova's broad liberal arts education, nurtures clinicians and leaders by building not only competence but also



Transitioning to a new role, that of professional nurse or advanced practice nurse, requires new thinking. Through the use of patient care scenarios, Nursing faculty model and facilitate the development of their students' skills of inquiry, clinical judgment and decision-making. Students choose appropriate assessment techniques and nursing interventions, based on a patient's clinical profile, to manage their "patients." Computerized human simulators are at the core of this teachinglearning method. These labsused by both undergraduate and graduate Nursing students as well as CE learners—are all supported by advanced technology.

The family of simulators—adult male and female, birthing mother, child and infants—mimic normal and abnormal human physiological phenomena and assist in preparing students for the live clinical experience in hospitals and health-care agencies. These "patients" are programmed to speak, exhibit signs of medical crises and respond to interventions.

For undergraduate Nursing students, the simulations promote critical thinking, psychomotor skills, learning and evaluation. Students work with faculty, classmates and simulators in carefully crafted, increasingly complex scenarios, such as those relating to heart failure and postpartum hemorrhage. "As a result of students' increased confidence, they are better able to take advantage of the learning opportunities in the clinical setting," explains Kathryn M. Reynolds '79 B.S.N., M.S.N., R.N., CPNP, visiting clinical instructor.

At the graduate level, Nurse Anesthesia students use the simulators to practice the sophisticated operating suite care they deliver to the critically ill patient. Nurse Practitioner students build the higher level physical exam skills needed for their new roles as primary-care providers.

Setting the standard for standardized patient scenarios

The Learning Resource Center also provides three labs for SP practice scenarios and testing—valuable tools in clinical education. SPs are individuals trained in acting techniques to simulate medical conditions accurately and repeatedly in a systematic way. Using SP cases in health-care education has been shown to improve student confidence, history-taking and physical assessment skills, awareness of cultural and behavioral biases, and student performance in the clinical setting.

In the labs, Nursing undergraduates meet several SPs requiring psychiatric evaluation. Through interacting with SPs, who follow a script, students gain experience with substance abuse withdrawal symptoms, proper medication treatments, mental status exams, suicide risk assessments and health histories. In



Irene Cheng '09 B.S.N. listens to the breath sounds of an infant simulator.

health, maternal/child health, anesthesia and critical care, as well as three standardized patient (SP) teaching labs. Nurse educators from near and far have been visiting this facility and tapping into the expertise of the faculty and lab personnel to gain insights for their own practice, programs and facility enhancements.

In these labs, academic excellence and



Elizabeth Burgess Dowdell, Ph.D., R.N., CRNP, associate professor, monitors students' interventions during an infant asthma simulation.

doing so, they continue to refine the therapeutic communication skills that they have been learning since freshman year.

Nurse Practitioner students benefit from practicing history-taking, physical exams and developing a differential diagnosis through "patient" encounters in which the SPs exhibit various health concerns, such as knee pain, high blood pressure and physical disabilities related to a stroke.

"Students meet their 'patients' in a space that mimics a fully equipped clinic examination room—without interruptions from other class members," explains Elizabeth Blunt, Ph.D., M.S.N., APRN, BC, assistant professor and coordinator of the Nurse Practitioner Program. "Faculty are able to observe the student/'patient' interaction via the live-feed cameras. This makes the encounter much more realistic." The SP approach propels students to practice at a higher cognitive level with real patients in the clinical setting—a hallmark of a Villanova nurse.

"The practice scenarios put to use everything we are learning in our assessment class, and are helpful in getting us to think through the processes of diagnosing, treating and following up with patients," notes Sarah Bissell Klein '04 B.S.N., R.N., an Adult Nurse Practitioner student who hopes to practice in internal medicine after graduation.

In the "eye" of enhanced evaluation

A digital recording system in the labs functions as an extra "eye" in the room. The system uses cameras around the patient simulation spaces and recording "bubbles" in the ceiling for sound. This enables real-time capture of a practice or testing situation so that students and faculty may review the recording and assess performance for feedback or grading purposes. Playback features also enable peer review and interrelater reliability testing.

A site for new opportunities

"Beyond the technology, we have new spaces that foster and promote excellence." noted Colleen Avery '09 B.S.N. of Turnersville, N.J., during her remarks at the Dedication Day dinner. In summarizing Driscoll Hall's impact on students and the new opportunities it offers, she said, "The spaces in which undergraduate and graduate research flourish provide the impetus for young nurses to ask questions, find answers in their research and redefine nursing practice for the future." Avery, who appreciates the value of her Villanova Nursing education, observed, "I came to Villanova because of the outstanding faculty and I will leave Villanova knowing that my greatest talents and critical thinking were brought out by them in an environment such as Driscoll Hall, which brings out the best in nursing education."

What Makes Driscoll Hall a "Green" Building?

The College of Nursing's new facility, Driscoll Hall, was built using environmentally friendly construction practices, such as:

- use of construction materials from recycled sources when possible—from within a 500-mile radius of campus;
- a white, reflective roof membrane to reduce daytime heat accumulation and nighttime radiation of heat into the atmosphere;
- a high-efficiency HVAC system and light fixtures with daylight sensors; and
- plumbing fixtures that reduce water consumption.

In April 2008 Villanova University submitted the Driscoll Hall project to the U.S. Green Building Council (USGBC) for LEED (Leadership in Energy and Environmental Design) Certification. This certification process involves the application of sustainable principles in five key areas:

- selection and design of the building site,
- water efficiency within the building and landscaping design,
- energy efficiency and the building's impact on the atmosphere.
- the use of sustainable materials and practices in the construction of the building, and
- the quality of the indoor environment.

Thank You to Our Generous Donors to the Building Enhancement Fund

The College of Nursing gratefully acknowledges the contributions of all of its alumni, students, parents and friends, as well as the Connelly Foundation, who made enhancements to Driscoll Hall possible and who, through their support, ensure that its vibrancy continues. In a future issue of Villanova Nursing, we will be profiling additional donors who help the College envision its future.

This list reflects donations and pledges to the Building Enhancement Fund through May 31.

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Undergraduate Nursing Senate



Among those gathering for the Dedication of Driscoll Hall were four NROTC students from the College of Nursing (from left): Brittney Kelly, Class of 2011; Melissa Dowe and Devon Czarzasty, both Class of 2010; and Angela Laurance '09 B.S.N.

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- painting of "Nightingale in the Crimea," a gift of Judith Young and Amy Young McKeever '08 Ph.D.
- Picasso print, a gift of Jeannette Large
- photograph of the Philadelphia Nursing Mural, a gift of Thomas Jefferson University Hospital
- photograph of early Visiting Nurse-Visiting Nurse Service of New York, a gift of Dr. Rita Lourie
- Middle Eastern decorative chest, a gift of Zayana al-Ghaithi '08 M.S.N.

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Additional Naming Opportunities

Villanova Department of

Mechanical Engineering

There are additional naming opportunities available in Driscoll Hall, as well as exterior pavers. For more information, please contact College of Nursing development officer Sue Stein by phone at (610) 519-7980 or by e-mail at sue.stein@villanova.edu.

No Longer a World Away

In South Africa, students gain experience in clinics, classrooms and orphanages, plus an eye-opening global perspective on health and illness—especially HIV/AIDS.

will never forget what I saw, heard and learned in South Africa," says Kyle Keating '09 B.S.N., from Bryn Mawr, Pa. She and seven other rising seniors from the College of Nursing's traditional and accelerated second degree B.S.N. programs in May 2008 traveled around the world for a life-altering elective course in international nursing.

The field experience offered an opportunity to examine the socio-cultural dimensions of health and illness and the systems for delivering nursing and health care in South Africa, with an emphasis on the HIV/AIDS pandemic. In 2007, among adults age 15-49, the country's HIV infection rate might have been as high as 20 percent, according to UNAIDS/WHO; in the eThekwini Municipality, where the Nursing students had their field experience, the HIV infection rate among pregnant women was 40 percent.

This was the first time a group of students from the College traveled to South Africa. They built on the Augustinian presence at the mission in Durban. The Nursing group's visit, partially funded by the College's Connelly Endowment, was facilitated by the Rev. Al Ellis, O.S.A., and the Rev. Frank Doyle, O.S.A. The group's lodging and meals were provided by the Augustinian Sisters at Jacob's Well, a convent and retreat center at the top of Botha's Hill.

The elective course in Durban integrates global health experience into the College's curriculum, as do other experiences for Nursing students in such places as the Dominican Republic, Peru and Nicaragua.

In South Africa, the students were accompanied by Frances Keen, D.N.Sc., R.N., assistant dean and director of the College's Undergraduate Program, and Elizabeth Blunt, Ph.D., R.N., APRN, BC, assistant professor and coordinator of the Nurse Practitioner Program.

"These people are the statistics that we read in the newspapers."

—Anna Menard '09 B.S.N.

Preparing for South Africa was intense. To gain perspective on the community they were entering, the students attended class sessions covering the country's history, economy, social and government structure, nursing and health-care delivery, non-governmental agencies (NGOs), philanthropy and the HIV/AIDS pandemic. Before departing for Durban, they investigated health and cultural topics to develop presentations for their group, and prepared health promotion teaching

plans and materials for their targeted audiences. They also learned useful Zulu words and phrases.

A heart-wrenching look at AIDS

Once in South Africa, they had full days and their evenings were busy as well with lectures from guest speakers who offered further insights into South Africa's healthcare system.

The students took part in clinical experiences, beginning with the Department of Health's Pinetown Clinic in the municipality. They learned about the clinic's services as well as the challenges for the health department and the country as a result of the HIV/AIDS pandemic.



By applying handwashing powder, Kyle Keating '09 B.S.N. helped youngsters at St. Leo's Primary School to visualize how well they have cleaned their hands.



Anna Menard '09 B.S.N. taught first aid to students at St. Theresa's Primary School. "I am taking away so much...a renewed appreciation for our country and health-care system, and a calling to do something more," she noted about her elective field experience last year.

In Marianhill, the group visited St. Mary's Hospital, a facility funded by both the Catholic Church and the South African government. On its grounds are a school of nursing and a community outreach program. Students met with faculty from the school and supervisors of the outreach program. They visited maternity, pediatric and adult medical-surgical wards, as well as casualty, primary care, antenatal and HIV/AIDS clinics.

"The HIV/AIDS clinic was heart-wrenching," recalls Anna Menard '09 B.S.N., from Holicong, Pa. "People were everywhere. As I was passing by people that were so very sick, just skin and bones, I realized these people were the statistics that we read in the newspapers."

Students also benefited from their visit to the rural Lulisandla Social Outreach Project, a faith-based organization within the Archdiocese of Durban.

The Nursing students' education continued at Hillcrest AIDS Centre and Respite Unit. This faith-based NGO is known for its outstanding work in providing HIV testing and counseling, educating patients and care providers, and offering continuing support for the individuals touched by AIDS. Developed and managed by two nurses, Hillcrest provides an excellent model for holistic nursing care.

Nursing students had an opportunity to provide care in its Respite Unit.

Keating says she was shocked and moved by her experience. She offered to

accompany an Augustinian volunteer who would be transporting an elderly woman to her appointment at the wound care clinic at McCord's Hospital. The woman required care following two snakebites and infected skin grafts. Keating and the volunteer used a wheelbarrow to take the patient up an unpaved, slippery road to the waiting car, only to find after the long trek that the clinic had closed for the day.

Keating felt the impact of the area's lack of resources. "My personal goals upon returning from South Africa led me into my next adventure: to figure out how I can best employ my gifts, good fortune and education to better serve those who are disadvantaged and deprived," she says.

Healthy lessons for children

Our Villanova Nursing students devoted time to schools as well as clinics. In Mayville, the Sisters of St. Augustine manage St. Theresa's Primary School and Home. The majority of the school's 400 students, who are in grades one through seven, come from six local orphanages. The Nursing students focused on ageappropriate health topics, including hand hygiene, teeth brushing, basic first aid and cardiac function. The Nursing students also were asked to present information on HIV/AIDS and drug use to the older children.

St. Theresa's Home is an orphanage for 62 boys, from infants to age 18. At 1:30 p.m., when classes ended at the primary school, the Nursing students went to the Home's individual cottages to provide services. They taught the older boys about first aid, HIV/AIDS and chronic diseases such as hypertension and diabetes. Their teaching methods included Q&A sessions so that the young men could focus on their areas of greatest need.

Dr. Blunt provided screening physical examinations to 40 boys at the Home. Students assisted her by performing skin and dental examinations.

(continued on page 16)



Nursing faculty members Dr. Elizabeth Blunt (left) and Dr. Frances Keen (right) confer with Lindwe Maduna, the principal of St. Leo's Primary School who helped facilitate the visit by the Nursing students.

(continued from page 15)

At St. Leo's Primary School in Emolweni, there are 600 students from kindergarten through grade seven. This government-sponsored school receives significant support from a parish outside Durban, Our Lady of Mercy, which is staffed by the Augustinians. Approximately 10 percent of the children are HIVpositive, and many of these 60 youngsters come from households headed by children whose parents have died of AIDS. In addition to offering classes, the school attempts to meet many of their health needs by providing food parcels for childheaded households, a daily meal for the youngest children and a daily fruit supplement. The Nursing students again offered age-appropriate health and basic first aid instruction. In addition, Dr. Blunt examined approximately 25 children with assistance from the Nursing students.

A second trip, a long road ahead

This May, two assistant professors of Nursing—Karen McKenna '70 B.S.N., '83 M.S.N., R.N. and Elise Pizzi, M.S.N., CRNP—and eight Nursing students journeyed to South Africa. Building on the College's initial visit, they provided the additional first aid classes requested by the schools, as well as education on other topics such as nutrition. At the request of St. Theresa's Home, this year's group provided a physical examination for each resident child.

Prior to leaving the United States, last year's group of Nursing students raised funds so that they could give back to their clinical sites while in South Africa. They donated cash, first aid supplies, 600 toothbrushes, school supplies, rubber gloves, and new or used clothing for resale.

The students were so affected by the needs of the agencies they visited that they continued with fund raising events last fall.

"The experience has changed forever the way I think," noted Danielle Turdo '09 B.S.N., from River Edge, N.J. "The people we have worked with and the sites we have seen showed me how much hard work is needed to end the vicious cycle of poverty and HIV/AIDS in South Africa."

Board of Consultors Chair Transitions

In April, the position of chairperson of the College of Nursing's Board of Consultors transitioned to Helen Connors '64 B.S.N., Ph.D., R.N., FAAN (left in photo below). In addition to being a charter member of



the board, she is associate dean, Integrated Technologies, and executive director of the University of Kansas Center for Health Informatics at KU's School of Nursing.

Dr. Connors will fill the unexpired

term of the inaugural chairperson, Rear Adm. Christine M. Bruzek-Kohler '74 B.S.N., M.A., Ed.D., R.N., FACHE (right), who will remain on the board. Adm. Bruzek-Kohler has a new expanded role in the U.S. Navy. On May 22, she became commander of Navy Medicine West, based in San Diego (encompassing hospitals and clinics in California, Washington state, Hawaii, Japan and Guam) and commander of Naval Medical Center San Diego. She continues as director of the Navy Nurse Corps. The College is grateful for her service chairing the board.



The College of Nursing celebrates two members of our staff for their longtime service: Barbara Nolan, administrative assistant (right), and Marie Paolucci, Undergraduate Program assistant. Both have served the College for 20 years. During that time, they have made outstanding contributions. Their talents, knowledge, good humor and exquisite attention to detail make them examples to all of us. We are so grateful for their efforts.

Research Symposium Addresses Advanced Practice

The College of Nursing once again showcased the scholarly work of nurses with its annual research symposium, whose theme this year was "Advancing Nursing Practice and Nursing Education Through Research." The symposium was held on March 26.

Mary E. Duffy '68 B.S.N., Ph.D., R.N., FAAN, senior nurse scientist at Massachusetts General Hospital and retired director of Boston College's Center for Nursing Research, gave the keynote speech on "Development of a Nurse Researcher: Lessons Learned in the Trenches."

Students, faculty and area nurses presented their work. Christine Matula '09 B.S.N., from Norwalk, Conn., while a junior undertook an extra credit independent study in research with Mary Ann Cantrell '89 M.S.N., Ph.D., R.N., associate professor of Nursing. Their qualitative study was on the five themes generated from how a sample of childhood cancer survivors described the care and comfort

they received from pediatric oncology nurses during their treatment. The study highlights the significance of these caring acts. During her independent study, Matula participated in the research process. assisted with data analysis and was co-author on "The Meaning of Comfort for Pediatric Oncology Patients," to be published in Oncology Nursing Forum in November.

The symposium was co-sponsored by the

College's Center for Nursing Research and the Alpha Nu Chapter of Sigma Theta Tau International.



In a poster presentation at the symposium, Nursing student Christine Matula (right) and Mary Ann Cantrell '89 M.S.N., Ph.D., R.N., associate professor of Nursing, showcased their joint research project.

For more information, including a list of presenters, follow the links from www.villanova.edu/nursing.

Scholarship Recipients Honored

The College of Nursing held a breakfast during Parents Weekend last fall for our undergraduate scholarship recipients and invited guests. Those honored on September 13, 2008, in the Driscoll Hall Commons area were:

Melissa K. Perez

Class of 2009

The Kreider Family Endowed University Scholarship

Erica Della Polla

Class of 2010

The Daniel M. and Christine A. Finnegan Endowed Nursing Scholarship in Memory of Eileen S. Lupton '03

Sarah E. Klein-Harris

Class of 2009

The Eileen S. Lupton '03 Endowed Memorial Scholarship

Serena Hong

Class of 2010
The Mary V. O'Donnell
Endowed University
Scholarship

Lauren A. Robinson

Class of 2012

The Mother Teresa Endowed Nursing Scholarship Established by Peter and Colleen Schleider in Memory of Richard and Ellen Wright

Deanna M. Del Gaiso

Class of 2012

The Eastwood Family Nursing Scholarship

Danielle T. Sammartino

Class of 2009

The Eastwood Family Nursing Scholarship

Caitlin B. Rhoades

Class of 2012

The Linda A. and James W. Eastwood '68 Family Endowed Scholarship

Caitlin C. Ward

Class of 2009

The Col. Julia B. Paparella and Dr. Benedict A. Paparella Endowed Scholarship for Nursing

Julie E. Christoforo

Class of 2009

Mary Alice Holland Memorial Scholarship

LaTrina A. Bailey

Class of 2010

The Robert and Frances Capone Scholarship

Elizabeth A. Witte

Class of 2011

The Jill Laura Creedon Scholarship for Nursing

Irene Cheng

Class of 2009

Hang T. Ly

Class of 2009

The Memorial Endowment Fund of Margaret S. and Jeremiah J. Enright

Heewon A. Cho

Class of 2011

Lauren E. Fowler

Class of 2012

Christine M. Matula

Class of 2009

Carolyn J. Schultz

Class of 2011

The Alexis Rosenberg Foundation Endowed Scholarship

Andrew E. Maisello

Class of 2012

The Margaret Mary Starzynski Memorial Fund Scholarship

Adriane Weigand

Class of 2011

The Frances Farrell D'Ambrisi Endowed Nursing Scholarship

Congratulations to Our Newest Ph.D. Graduates!

Catherine Lovecchio '85 B.S.N., '08 Ph.D., R.N. successfully defended her dissertation, "On-Line Alcohol Education: Impact on Knowledge, Attitudes, and Behaviors of First-Year College Students," in October 2008. She is an assistant professor at the University of Scranton Department of Nursing in Scranton, Pa.

Ruth McDermott-Levy
'96 M.S.N., '08 Ph.D., R.N. successfully defended her dissertation, "The Lived Experience of Female Arab-Muslim Nurses Studying in the United States," in May 2008. She is an assistant professor in the College of Nursing.

Amy McKeever '08 Ph.D., CRNP successfully defended her dissertation in December 2008. Her study was "Female College Students' Self-Reported Behavioral Change After an Educational Intervention to Reduce Behaviors Associated with Cervical Cancer Risk." She is a clinical assistant professor at Drexel University's College of Nursing and Health Professions in Philadelphia.

Anne Vitale '08 Ph.D., APRN,BC successfully defended her dissertation, "Nurses' Lived Experience of Reiki for Self-Care," in May 2008. She is a visiting assistant professor at Florida Atlantic University's Christine E. Lynn College of Nursing.



(From left) Doctoral graduates Anne Vitale '08 Ph.D., APRN,BC; Catherine Lovecchio '85 B.S.N., '08 Ph.D., R.N.; Ruth McDermott-Levy '96 M.S.N., '08 Ph.D., R.N.; and Amy McKeever '08 Ph.D., CRNP gathered for a photo before Convocation on May 16.

Freshman Presents Research in Canada



Nursing freshman Catherine Capozzola gave a poster session in Toronto detailing her research on autism.

atherine "Kate" Capozzola, a freshman from Albany, N.Y., began her education at the College of Nursing with an experience that would be highly coveted by many graduate students. In October 2008, at the Geneva Centre for Autism International Symposium in Toronto, Canada, she presented her research on social behavior among adolescents with high-functioning Autism Spectrum Disorders (ASD).

Children with this disorder can face significant challenges in their home, school and social life. Among 8-year-olds in multiple areas of the United States, approximately 1 in 150 have ASD, according to a 2007 report by the Centers for Disease Control and Prevention (CDC) Autism and Developmental Disabilities Monitoring Network.

It was in high school that Capozzola became involved with autism research. "I originally chose to study autism because a good friend of mine has identical twin brothers who are just one year younger than I, and are both autistic," she said. "I spent a lot of time with them and wanted to learn more about autism as a result. After exploring different research options, such as lab work verses personal contact,

I decided to study social groups. I believe that this provided me an opportunity to make the most positive impact in the field by making a real difference in the lives of the individuals with whom I work."

Capozzola collaborated with Dr. Susan DeLuke, associate professor of special education at the College of St. Rose in Albany, N.Y., to conduct her ASD study at St. Rose with subjects in sixth through 11th grade. The purpose of the research was to improve the social competence and interpersonal relationships of adolescents with highfunctioning ASD through a weekly social group using a case study format. Sixteen participants attended a 10-to-12-week program focusing on the development of social skills, then completed the Social Skills Questionnaire (Gresham & Elliot, 1990) to assess changes in social relating within a peer group.

Her quantitative results demonstrated statistically significant improvements, and her qualitative results showed the emergence of the following themes:

- contradiction between observed behaviors and expressed desires to connect socially,
- missing the meaning due to social confusion,
- the compounding effects of social mistakes,
- a sense of camaraderie among the group members seeking connection and
- demonstrated improvement in some areas. What was it like for a freshman to do a poster session at a professional conference? "I did not think anything of presenting at such a young age until I saw how proud the other presenters were to have their new master's and doctorate degrees listed at the end of their presentations when my only credential was a high school diploma," Capozzola recalled. "Then, I remembered that my presentation was given just as much time as theirs. People were particularly impressed with the quantitative results, as many studies are unable to produce statistically significant data."

For her future research, Capozzola said she plans "to continue my work on this study and follow through to publication. I also intend to stay involved in the autism social groups I began. I hope to begin another study soon that focuses on the experiences of individuals with autism in the hospital setting."

Log on to Villanova for Continuing Nursing Education

College Offers Online Courses for Relicensure and Recertification

oes your state have a mandatory continuing education requirement for relicensure? If you live in California, Kansas, Delaware, New Jersey and now Pennsylvania, it does. About 60 percent of states in the United States have some kind of CE requirement for nurses. Each state board of nursing has its own specific requirements on the number of hours, prescribed time periods and mandated topics.

The National Council of the State

Boards of Nursing (NCSBN) is considering criteria for ensuring the continued competence of R.N.s. Nurses need to monitor the NCSBN Web site (www.ncsbn.org) for information about the development of recommendations based on a continued competence regulatory model.

In the meantime, nurses must be mindful of the state

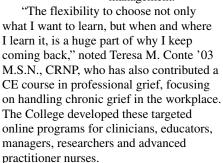
requirements where they hold a license. For instance, the Pennsylvania State Board of Nursing is implementing its mandatory 30-contact-hour relicensure process, based on license expiration date. Advanced practice nurses must also follow their state licensure renewal requirements.

CE is vital for nurses and advanced practice nurses seeking recertification in their specialty practice. Their contact hours also may have a secondary impact on the Magnet® status of the institutions where they are employed. Hospitals and health-

care systems participating in the American Nurses Credentialing Center (ANCC) Magnet Recognition Program® must demonstrate nursing excellence in many ways, among them specialty certification of their nurses.

In fall 2008, the College's Continuing Education in Nursing and Health Care Program launched its online CE collection, which complements the conferences, courses, certificate programs and workshops offered on campus or on-site for clients. The

College offers accredited CE in a variety of approved areas of study for relicensure, recertification and lifelong learning. There are single and series courses. Among the examples of the series are the management, psychology, clinical and Nurse Practitioner options. Other courses focus on HIV/AIDS, domestic violence, pediatric nursing and cholesterol management.



To view or take a course, visit www.villanova.edu/nursing/ce.



Last fall, the College of Nursing launched its new online continuing education courses.

Continuing Education Connections

Pennsylvania now requires continuing education (CE) for relicensure. Connect yourself to critical information and contact hours—onsite and online. For upcoming clinical and administrative CE courses and series, on such topics as IV insertions, EKGs, wound care, med-surg review and Role Excellence (the post-master's Certificate in Nursing Administration), visit www.villanova.edu/nursing/ce.

For more information, or to contribute to our online collection, contact Peggy Lyons '87 B.S.N., M.S.N., CRNI, the College's CE program coordinator, at (610) 519-5425 or by e-mail at: margaret.g.lyons@villanova.edu.

Nurses Must Be Leaders in Environmental Health

Consumer concerns have pushed environmental health to the forefront, and nurses as both consumers and health-care providers must be prepared to address these issues. With that goal, Barbara Sattler, Dr.P.H., R.N., FAAN conducted an October 3, 2008, program for the Villanova University community on "Environmental Exposure." Dr. Sattler is a professor in the University of Maryland School of Nursing's Department of Family and Consumer Health. Her evening program was a prelude to the Villanova College of Nursing's Continuing Education conference on "Greening of a Community Health Curriculum: Promoting Environmental Health," which took place the following day. Dr. Sattler highlighted the environmental risks in our lives and how nurses must take the leadership role on these issues by becoming more knowledgeable than the average consumer.

"The body is a reflection of contaminants in what products we use and what environmental pollutants we are exposed to," Dr. Sattler stated. "Body burden studies have demonstrated that pollutants can appear in various storage sites of the body, such as breast milk, hair and umbilical cord

blood samples."



Where do these pollutants in the body come from? There are a variety of outlets for exposure in everyday life. Potential contaminants are found in products used for personal care, home and office maintenance, lawn and garden care, arts and

crafts, auto care and even pet care. We are interacting and using potentially harmful agents in almost every aspect of our life, from skin creams to kitchen cleaning aids to garden pesticides, Dr. Sattler emphasized. These chemicals can increase the risk of birth defects, developmental delays in children, cancers, fertility issues, gastrointestinal and liver disease, and impairment of the immune system.

Dr. Sattler concluded with the words: "If we keep our eyes on human health protection, we will be incredible environmentalists."

Preteens' Online Behavior Can Put Them at Risk

With a federal grant, Dr. Dowdell investigated the Internet behaviors of middle-school students who messaged with strangers.

inety five percent of teenagers go online or use home computers. Preteens and teenagers primarily use their home computer for social networking, gaming, school work, blogging, artistic work, and music and movie/television viewing. While computers provide a valuable and rich source of information and opportunities for creativity, they can also open up the possibility for exposure to sexually inappropriate and violent material. This also places teens at greater risk for coming in physical contact with potentially dangerous individuals.

Elizabeth Burgess Dowdell, Ph.D., R.N., CRNP, associate professor in the College of Nursing, recognizes the inherent dangers in the Internet practices of young adults. "Historically, nurses, clinicians and educators have dealt with high risk behaviors of youth in the health arena of smoking cigarettes, substance use and sexual experimentation," she observed. "The Internet has now moved risk-taking behaviors into the cyber world arena, with very real and long-lasting outcomes."

While the research on high school students and their Internet behaviors has received considerable attention, less attention has been given to middle school students (grades 6-8). To study this disparity, Dr. Dowdell as part of a research team applied for and received a grant from the U.S. Department of Justice's Office of Juvenile Justice and Delinquency Prevention in the Office of Justice Programs. This federally supported study addressed two major questions: What are the Internet use behaviors of middle school students and what Internet risk-taking behaviors do they use?

Dr. Dowdell's study examined the Internet use behaviors of 404 middle school male and female students from a public and a parochial school in a middle- to uppermiddle-class suburban area of Pennsylvania. The subjects completed a written Youth



As middle school students increasingly use social networking sites, educators should make teaching refusal skills a part of the curriculum, according to Dr. Elizabeth Burgess Dowdell, associate professor of Nursing.

"In elementary school, almost every child is taught the dangers of strangers, but as adolescence approaches, the idea of 'I'm invincible' increases."

—Elizabeth Burgess Dowdell,
Ph.D., R.N., CRNP

Internet Safety Survey (YISS) that was previously validated in another research study surveying young adults and parents. In her study, 96 percent of the students reported having a computer in their home. The two most popular online activities for the females were using Instant Messaging (IM) and visiting Web sites. The males most often cited playing games online and using IM. Both genders indicated that they

had posted personal information online: 20 percent posted their e-mail address, 20 percent posted a photo of themselves and 13 percent posted their last name. Smaller percentages had posted other personal data such as the name of their school, personal phone number and home address.

For parents and school officials, the results of the study offer important information. "In my study of the 404 pre-teen students," Dr. Dowdell stated, "59 had communication with a stranger who was not in their immediate social network. Since I had to have my questions screened by school authorities, I was not allowed to ask if they had received any predatory e-mails. What I was allowed to ask was if they were made uncomfortable by the language in the e-mail from the 'stranger.' Some said 'yes,' and they immediately logged off the computer, or blocked the stranger's e-mail address. One 12-year-old girl related her story of having a friendship change into a relationship with an online stranger, only to find out he was 69 years old which, she stated, was 'creepy.' '

Of those middle schoolers who did message with strangers, many replied that the stranger soon felt like a friend, and 87 percent of the females and 57 percent of the males thought the stranger was their own age. The females indicated that the online conversations were romantic, and many of these girls received phone calls, bus tickets and money from strangers. One third of the 59 students who did message with strangers reported meeting the stranger off-line. Of this group, 25 percent stated that they felt uncomfortable at the meeting, and three were physically assaulted. While the number of students who engaged in risky behaviors is troubling, 61 percent of them did tell their parents of the "friendship" with the stranger, and one boy used a cyber-tip-hotline to report the contact.

"We are seeing that some middle schoolers are beginning very risky



Internet behaviors," Dr. Dowdell stated. "In elementary school, almost every child is taught the dangers of strangers, but as adolescence approaches, the idea of 'I'm invincible' increases. This is totally normal in adolescents, but the problem today is that (particularly in girls), the Internet is an important source for social interaction and knowledge. Unfortunately, for many middle school kids, they have the idea, 'If it's on the Internet, its real." Many parents will feel a false sense of security with the installation of filters and blockers on their computer but Dr. Dowdell pointed out that "nearly half of the students I surveyed were able to manipulate the filters and blocks."

The opportunities for risky Internet behaviors is only increasing as more young adults gain access to hand-held or portable devices. Therefore, Dr. Dowdell noted, although the number of students engaging in risky behaviors in her study is small, "These youths should raise a red flag for educators or counselors. Prevention efforts need to focus on not just high school students but also pre-teens and need to be developmentally appropriate. The Internet is taking risky behaviors into a new public health arena, and nurses are in a key position to make a difference."

Dr. Dowdell suggests that school curricula should include educational programs that teach students refusal skills through exercises involving simulated risky online situations. Additionally, parents should further discuss with their children the dangers of posting online personal data, and in that way decrease the possibility of strangers obtaining their children's vital information.

NIH Funds Dr. Trout's Study of Gestational Diabetes



Dr. Kimberly K. Trout's research will help women at high risk for developing diabetes while pregnant.

Gestational diabetes mellitus (GDM) is one of the most common pregnancy complications. Could eating fewer carbs help pregnant women better control GDM? To study this question, Kimberly K. Trout, Ph.D., CNM, assistant professor in the College of Nursing, has received a three-year grant from the National Institutes of Health (NIH)/National Institute of Nursing Research. Her research project is "Perinatal Outcomes with Carbohydrate Restriction for

One of the goals of treating GDM is to maintain maternal blood glucose levels within as close to normal range as possible. Some women with GDM require insulin to achieve optimal blood glucose levels; however, most do not receive medication

Gestational Diabetes."

and are "diet-controlled." Despite this, there is little evidence about the optimal composition of macronutrients in the diet for women with GDM.

Dr. Trout's proposed randomized controlled trial is designed to test the hypothesis that a lower carbohydrate diet (35 to 40 percent of total calories) will help pregnant women with GDM

to achieve better blood glucose control and reduce the rate of serious complications for themselves and their infants.

She will be implementing her study with research participants from a Diabetes in Pregnancy program clinic at

an inner-city hospital that serves a population at higher risk for health disparities and for developing GDM. The study's participants are primarily African-American and Hispanic.

Faculty and Staff Transitions

Patricia Abdalla, B.S., M.E. joined the College of Nursing in August 2008 as the coordinator for student resources. Abdalla earned a master's degree in Counselor Education and a B.S. in Business Administration, both



from Penn State University. While new to the College, she is a familiar face on campus, having served since 1997 at Villanova University's Center for Multicultural Affairs. In her current position, she remains student-focused. She provides academic support to aid in the College's retention efforts, refers students to academic and personal support resources on campus, and supports students' efforts in identifying externships and employment. Abdalla serves on the College's Scholarship and Academic Standing committees and Villanova's Who's Who Selection Committee.

Christa Labouvie Gardner '74 B.S.N., R.N. returned to her alma mater in June 2008 as the College's director of recruitment and admissions. She builds on her clinical and managerial experience in nursing, as well as her



admissions experience at the undergraduate and graduate levels, and is developing strategies to attract new adult learners to Nursing's second-degree undergraduate, R.N. completion and graduate programs. She additionally is expanding the College's presence at recruitment and exhibit opportunities in the region. Gardner is a welcome addition to our professional staff.

Bette Mariani '82 B.S.N., Ph.D., R.N. joined the faculty in 2008 as clinical assistant professor. She earned her doctorate from Widener University. Dr. Mariani is well known to the College of Nursing, not only as an alumna but also

since 2004 as an adjunct clinical faculty member in Adult Health Nursing. She interviews, advises and mentors for BSNExpress, the College's accelerated program for adults with a bachelor's degree in another discipline. Prior to coming to Villanova, she was the nurse educator at the Department of Nursing Education and Professional Development at Delaware County Memorial Hospital in Drexel Hill, Pa., part of the Crozer-

Keystone Health System. Dr. Mariani has a strong interest in mentoring, especially as it relates to the novice-toexpert relationship and career satisfaction within the nursing profession. She is involved in two



research projects, one that addresses issues related to professional nursing practice and another that is studying the attitudes of nurses caring for dying patients.

Dr. Mariani actively participates in the College's Sigma Theta Tau, Alpha Nu Chapter. She is known beyond Villanova for her participation on professional committees. She serves on a panel developing NCLEX text items, belongs to the Eastern Nursing Research Society, and sits on the Crozer-Keystone Health System and Delaware County Memorial Hospital Institutional Review Board.

Nancy Zawacki, M.S.N., R.N., a long-term member of the faculty since 1975, retired in August 2008. An instructor and later assistant professor in pediatric nursing, she is best remembered as coordinator of the



College's undergraduate Recruitment and Admissions over the last 20 years. We continue to see this avid fan of Villanova basketball at the games.

Faculty Publications

Elizabeth Blunt, Ph.D., M.S.N., APRN, BC, assistant professor and coordinator of the Nurse Practitioner Program, has been appointed co-author of a new monthly column, Diagnostic Dilemmas, in *Clinical Reviews*. Her article, "Expanding NP Students' Skills: Learning Minor Procedures," was published in the *Journal of Emergency Nursing*, 34 (6), 516-518.

Patricia K. Bradley, Ph.D., R.N., associate professor, co-authored "Nursing Research: Cancer-related Disparities" in *Advancing Oncology Nursing Science*, Chapter 10, 189-236, J. M. Phillips and C.R. King, eds. (2009, Oncology Nursing Society).

Lynore DeSilets, Ed.D., R.N.,BC, assistant professor, assistant dean and director of the Continuing Education in Nursing and Health Care Program, published "Using Icebreakers to Open Communication," Administrative Angles Column, *Journal of Continuing Education in Nursing*, 39 (7), 292-293.

Mary Ann Cantrell '89 M.S.N., Ph.D., R.N., CS, assistant professor, published the following articles:

- "Investigating the Determinants of Health-related Quality of Life Among Childhood Cancer Survivors," with P. Lupinacci, in *Journal of Advanced Nursing*, 64 (1), 73-83.
- "Using the Internet to Deliver a Hope Intervention for Childhood Cancer Survivors: A Feasibility Study," with Teresa Conte '03 M.S.N., PNP, in Cancer Nursing, An International Journal for Cancer Care, 31 (5), 370-379.
- "Between Being Cured and Being Healed: The Paradox of Childhood Cancer Survivorship," with Teresa Conte '03 M.S.N., PNP, in *Qualitative* Health Research, 19 (3), 312-322.
- "The Importance of Debriefing in Clinical Simulations" in *Clinical Simulation in Nursing Education*, 4, e19-e23.
- "The Power of Positive Thinking" in *Cancer Nursing Practice*, 7 (10), 18-19.

Linda Carman Copel, Ph.D., APRN,BC, NCC, DAPA, professor, published "The Lived Experience of Women in Abusive Relationships Who Sought Spiritual Guidance" in *Issues in Mental Health Nursing*, 29, 115-130.

Marilyn Fetter Ph.D., R.N., CS, assistant professor, published "Enhancing Baccalaureate Nursing Informatics and Technology Outcomes—Faculty Perspectives" in *International Journal of Nursing Education Scholarship*, 5 (1).

M. Louise Fitzpatrick, Ed.D., R.N., FAAN, Connelly Endowed Dean and Professor, contributed "Aid for Muslim Students after 9/11" in *Creative Nursing Leadership and Management*, Carolyn Chambers Clark, ed., 439-442 (2009, Jones and Bartlett Publishers).

Margaret "Peggy" Lyons '87 B.S.N., M.S.N., CRNI, program coordinator, Continuing Education in Nursing and Health Care Program, published "On Being a Novice," Administrative Angles Column, in *Journal of Continuing Education in Nursing*, 39 (11), 486-487.

Ruth McDermott-Levy '96 M.S.N., '08 Ph.D., R.N., assistant professor, published "Green Meetings: Hosting Environmentally Friendly Events" in *The Journal of Continuing Education in Nursing*, 39 (9), 388-389.

Colleen Meakim '84 M.S.N., R.N., director of the College's Learning Resource Center, and Ann Barrow McKenzie '86 B.S.N., '91 M.S.N., R.N., coordinator of College Relations, published "Clinical Simulation in Nursing Education" in *Imprint*, April/May 2009, 56 (3), 40-42.

Mary Pickett, Ph.D., R.N., associate professor, co-authored "Systematic Pelvic Floor Training for Lower Urinary Tract Symptoms Post-Prostatectomy: a Randomized Clinical Trial" in *International Journal of Urologic Nursing*, 2 (1), 3-13.

Nancy Sharts-Hopko, Ph.D., R.N., FAAN, professor:

- co-authored "Primary Open-Angle Glaucoma: Catching and Treating the 'Sneak Thief of Sight'" in *American Journal of Nursing*, 109 (2), 40-48;
- published "Low Vision and Blindness Among Midlife and Older Adults: A Review of the Nursing Research Literature" in *Holistic Nursing Practice*, 23 (2), 94-100;
- published "Issues in Pediatric Immunization" in *MCN: The American Journal of Maternal/Child Nursing*, 34 (2), 80-90

Visit the *American Journal of Nursing* Web site for a podcast interview with Dr.

Sharts-Hopko at: download.lww.com/downloads/eJP/NAJ/podcasts/NAJ_BTA_EP4_020109.mp3.

Kimberly K. Trout, Ph.D., R.N.,

CNM, assistant professor, co-authored the cover story on "Blood Glucose Control and the Menstrual Cycle" in the *Review of Endocrinology*, October 2008, 27-29. She also published "Insulin Sensitivity, Food Intake and Cravings with Premenstrual Syndrome: A Pilot Study," in the *Journal of Women's Health*, 17 (4), 657-665.

Carol Toussie Weingarten, Ph.D., R.N., associate professor, published "Going for the Gold: Credit Bearing Independent Studies Hold Academic Treasure" in *IMPRINT: The Journal of the National Student Nurses* 'Association, 55 (3), 36-40.

Faculty Leadership and Achievements

Angelina Arcamone '82 B.S.N., '86 M.S.N., Ph.D., R.N., CCE, clinical assistant professor and coordinator of Clinical Education, presented the paper "Satisfaction with the Childbirth Experience: Does Attendance at Prepared Childbirth Classes Make a Difference in Primiparous Women?" at an Association of Women's Health, Obstetric and Neonatal Nurses conference in Los Angeles in June 2008.

Patricia K. Bradley, Ph.D., R.N., associate professor, was appointed secretary of the Pennsylvania Division Board of Directors of the American Cancer Society.

Lynore DeSilets, Ed.D., R.N.,BC, assistant professor, assistant dean and director of the Continuing Education in Nursing and Health Care Program, in fall 2008 was an invited consultant for Singapore's Ministry of Health, for both the National University Hospital and the SingHealth cluster of public health-care institutions. Dr. DeSilets was appointed to the American Nurses Credentialing Center Commission on Accreditation. In May she received the Distinguished Alumna Award from the Frances Payne Bolton School of Nursing at Case Western Reserve University, where she earned her bachelor's degree.

M. Louise Fitzpatrick, Ed.D., R.N., FAAN, Connelly Endowed Dean and Professor, in fall 2008 received a Johns Hopkins University Alumni Association Distinguished Alumna Award for the leadership and vision she demonstrated in her career. A graduate of The Johns Hopkins School of Nursing, she was cited as an

inspiration and a source of great pride to Johns Hopkins.

Also last fall, Dean Fitzpatrick was awarded the St. Francis Medallion from the St. Francis Country House Women's Auxiliary, which honored her dedication, commitment and personal contribution to peace on Earth by helping to ensure a high standard of nursing care for patients in the United States and around the globe.

In December 2008, Dean Fitzpatrick was named one of 25 "Women of Distinction" by *Philadelphia Business Journal* and the National Association of Women Business Owners.

She also served on the Middle States evaluation team for the reaccreditation of the American University of Beirut (AUB). During her visit to Lebanon, she made a presentation to students, faculty and AUB medical center staff on the "Challenges and Opportunities Facing Nursing Practice and Higher Education in a Climate of Economic Exigencies."

Maryanne V. Lieb '85 M.S.N., R.N., clinical assistant professor and coordinator of second degree options, in October 2008 was honored with Pennsylvania's Nightingale Award in Nursing Education for 2008.

Margaret "Peggy" Lyons '87 B.S.N., M.S.N., CRNI, program coordinator of the Continuing Education in Nursing and Health Care Program, presented "Open Access Isn't Here Yet. Navigating Your Way Through Copyright, Fair Use and the TEACH Act" at the Professional Nurse Educators Group conference in Kansas City, Mo., in October 2008. She recently obtained CRNI certification from the Infusion Nurses Society. In May at the Society's meeting in Nashville, she received a grant to develop a PICC insertion course.

Bette Mariani '82 B.S.N., Ph.D., R.N., clinical assistant professor, in January gave a poster presentation on "The Effect of Mentoring on Career Satisfaction of Registered Nurses and Intent to Stay in Nursing" at the National League for Nursing's Faculty Leadership Conference in New Orleans.

Ruth McDermott-Levy '96 M.S.N., '08 Ph.D., R.N., assistant professor, in September 2008 was appointed as a community member of the Main Line Health (MLH) Systems' Healthy Work Environment Council, which addresses issues that influence a healthy workplace for nursing staff within the MLH system. She also presented the following:

■ "The Lived Experience of Arab-Muslim Nurses Living in the United States" at the National American Arab Nurses Association Inaugural Convention in Detroit in October 2008;

- "Unique Needs of International Students," invited speaker, at Drexel University's Nurse Educators Institute in Atlantic City, N.J., in June 2008; and
- "The Nurses' Role in Environmental Health," at the Pennsylvania State Nurses Association District 1 Meeting and Awards Dinner in Bala Cynwyd, Pa., in September 2008.

Dr. McDermott-Levy was a panelist representing the College at Villanova University's Catholic Relief Services' Peace Building Faculty Workshop in September 2008.

Barbara Ott, Ph.D., R.N., associate professor, was among those interviewed by author Susan Trossman for "No Peeking Allowed," an article about electronic medical records and privacy and confidentiality, published in the American Nurses Association's *American Nurse Today*, 4 (2) 31-32.

Elizabeth Petit de Mange, Ph.D., R.N. NP-C, assistant professor, was invited to serve on the Advisory Board for the Pennsylvania Institute of Technology, a two-year independent college in Media Pa. The board is affiliated with the school's Practical Nursing Program.

Bing Bing Qi, Ph.D., R.N., assistant professor, presented a paper, "Self-Efficacy Enhanced Education Program in Preventing Osteoporosis in Asian Older Adults," at the Sigma Theta Tau International 19th International Nursing Research Congress in Singapore in July 2008.

Nancy C. Sharts-Hopko, Ph.D., R.N., FAAN, professor, was elected vice chair of the Certification Commission for the National League for Nursing.

Suzanne C. Smeltzer, Ed.D., R.N., FAAN, professor and director of the College's Center for Nursing Research, has been selected for the Best of JOGNN Award from the *Journal of Obstetric*, *Gynecology and Neonatal Nursing* for her paper "Pregnancy in Women with Physical Disabilities." She was recognized at the 2008 Association of Women's Health, Obstetric and Neonatal Nurses Convention in Los Angeles in June 2008. Her paper was cited for its originality, scholarliness

and potential to significantly affect the care of women and infants, as well as the interdisciplinary importance of the work.

In Guam, Dr. Smeltzer presented "Improving Nursing Care Through Research" and "Rewards of Research and Evidence-Based Practice" at the Guam Nurses Association/University of Guam Annual Nursing Research Conference on November 22, 2008. On the previous day, she presented "Writing for Publication" at a University of Guam Department of Nursing faculty development program.

Bette Wildgust, M.S., '97 M.S.N., CRNA, clinical associate professor and program director of the Villanova University College of Nursing-Crozer Chester Medical Center School of Nurse Anesthesia, was appointed to a three-year term as an educator representative to the Council on Accreditation of Nurse Anesthesia Educational Programs.

Joyce S. Willens '83 B.S.N., Ph.D., R.N., assistant professor, was appointed chair of the American Nurses Credentialing Center Content Expert Panel on Pain Management.

College Is Well Represented in Scientific Sessions

The following faculty, doctoral students and alumni presented their research at the Eastern Nursing Research Society's 21st annual Scientific Sessions, which took place in Boston in March.

- Linda Carman Copel, Ph.D., APRN,BC, NCC, DAPA, professor: poster presentation on "The Experience of Verbal Abuse for Women with Disabilities."
- Kathy Gray-Siracusa, Ph.D., R.N., CCRN, NEA-BC, assistant professor: poster presentation on "An Intervention Bundle to Prevent Pressure Ulcers in Critical Care."
- Elizabeth Dowdell, Ph.D., R.N., CRNP, associate professor: paper on "Vulnerable Girls and Foster Care Placement Instability" and a poster presentation on "Unsafe Internet Habits: A Survey of Middle School Students."
- Ruth McDermott-Levy '96 M.S.N., '08 Ph.D., R.N., assistant professor: paper on "Back Home My Father Takes Care of Things for Me: The Lived Experience of Female Arab-Muslim Nurses in the United States."

- Sara Reeder, Ph.D., R.N., assistant professor: paper on "The Relationship Between Body Mass Index and Breakfast Consumption, Blood Pressure, Television Viewing, and Physical Activity in African American and Asian American Inner City Children." Also part of the project were Marcia Costello, Ph.D., R.D., assistant professor; Marita Frain '69 B.S.N., M.Ed., R.N., assistant professor; and Dr. Paul Lupinacci.
- Jennifer Specht '98 B.S.N., M.S.N., R.N., second-year doctoral student: poster on "Mentoring in Nursing Education: a Concept Analysis."
- Pennie Sessler Branden, M.S.N., R.N., CNM, first-year doctoral student: poster on "Advocacy: a Concept Analysis."
- Amy McKeever '08 Ph.D., R.N., CRNP: poster on "Female College Students' Self-reported Behavioral Change after an Educational Intervention to Reduce Behaviors Associated with Cervical Cancer Risk."

Michelle Dougherty LaMora '08 M.S.N., R.N.: poster on "The Experiences and Perceptions of Adult Dwarfs about Health Care."



Two Nursing doctoral students, Jennifer Specht '98 B.S.N., M.S.N., R.N. (left) and Pennie Sessler Branden, M.S.N., R.N., CNM, took part in the Eastern Nursing Research Society's Scientific Sessions in March.

Researcher Is Passionate About Perfecting Practice Environments



Translating what has been learned from research about the nursing work environment and outcomes into evidence-based leadership and management is the focus of two studies being conducted by Donna Sullivan Havens '83 M.S.N., Ph.D., R.N., FAAN. She is a professor of nursing at the University of North Carolina at Chapel Hill.

ospitalized patients may not know her name, but in increasing numbers, they will benefit from her work. That's because Donna Sullivan Havens '83 M.S.N., Ph.D., R.N., FAAN is determined to change the practice environment in hospitals.

"I am passionate about improving the work life of nurses and the quality of patient care in hospitals," Dr. Havens affirms. A professor in the School of Nursing doctoral program at the University of North Carolina at Chapel Hill, she has spent more than 20 years as a researcher. She investigates, publishes, presents and consults in the areas of nursing practice and its environment, staff nurse decisional involvement (she created the scale used internationally to measure it), Magnet® hospitals and nurse executive leadership. Her studies and their outcomes are exemplary, translational and influential in affecting policy.

"Many outstanding researchers have provided decades of research findings "My wish is that leaders in health-care organizations would better understand the importance of investing in and sustaining evidence-based nursing practice environments."

—Donna Sullivan Havens '83 M.S.N., Ph.D., R.N., FAAN

telling us that when the practice environment of nurses is characterized by certain organizational features—such as enhanced communication and collaboration—and when staff R.N.s are involved in decisions about nursing practice and patient care, then the outcomes are positive for the patient, the nurse and the organization," explains Dr. Havens. "Generally, we know what the optimal care and practice environment looks like in hospitals, but we haven't been very successful in making it happen on a widespread basis."

Dr. Haven's significant contributions to nursing's body of knowledge, as well as her outstanding reputation as a researcher, were recognized in April when she was presented with the 2009 American Organization of Nurse Executives (AONE) Nurse Researcher Award.

Others also have recognized her scholarship for its significance. For example, Dr. Havens recently was honored with the Edgar C. Hayhow Award by the American College of Healthcare Executives (ACHE) for an article she co-authored with C.B. Jones and P.A. Thompson. The article, "Chief Nursing Officer Retention and Turnover: A Crisis Brewing? Results of a National Survey," was published in ACHE's *Journal of Healthcare Management*, 53 (2), March-April 2008. In 2002, Villanova University's College of Nursing awarded Dr. Havens a Medallion in recognition of her scholarship.

Dr. Havens is the principle investigator in two five-year research initiatives: "Building Capacity for Better Work and Better Care" and "Spiraling Upward for Nurse Retention and Quality Care." Funding for the two studies, totaling almost \$2.3 million, comes from the Health Resources and Services Administration, part of the U.S. Department of Health and Human Services.

"Much of my work is about partnering with staff nurses and leaders to translate

what research tells us about the ideal practice and care environment into practice. I thrive when engaging in this work," Dr. Havens affirms. "My wish is that leaders in health-care organizations would better understand the importance of investing in and sustaining evidence-based nursing practice environments."

The researcher began her career with a diploma in nursing from the Grace-New Haven School of Nursing at the Yale Medical Center in New Haven, Conn., then earned a B.S.N. from Cedar Crest College in Allentown, Pa. After completing the M.S.N. program at Villanova, she earned her Ph.D. in nursing with an emphasis in health services research from the University of Maryland. At the University of Pennsylvania, she completed post-doctoral research on the organization of nursing and outcomes.

"My Villanova Nursing education was an influential factor in my personal and professional development," Dr. Havens says. "First, it was my experience that Dean Fitzpatrick [M. Louise Fitzpatrick] and the faculty have great capacity to mentor, which is an essential component for developing professionals with the knowledge, self-esteem and confidence to assume leadership roles in nursing and health care. Second, the dean and the faculty practiced what they preached—serving as outstanding role models (and as peers at times) for those aspiring to leadership roles. Third, my Villanova Nursing education was rooted in the liberal arts and ethical values that are a critical foundation to understanding the world and those around me. This type of education helps one to understand culture, likenesses and differences, and the Villanova foundation provides a solid base for decision making." The fourth factor, notes Dr. Havens, was "the supportive community within the College, coupled with the planned interaction with students

who were preparing for multiple leadership roles in nursing."

As an example of the support and interaction that Villanova provided, Dr. Havens cites how "the design of my educational program, insight and understanding were nurtured between those preparing for roles in nursing administration and in academe, which is essential to develop successful partnerships to improve practice, education and the quality of health care. While I completed the graduate program focusing on the nurse educator role and adult health, my education prepared me for a career trajectory that has been a rich mix of

roles in academe, administration, practice and research."

In her field, Dr. Havens stays on the cutting edge of scientific inquiry. "My work is influenced by the relatively new discipline of positive organizational scholarship," she observes. "One strategy that I am finding to be particularly effective is 'appreciative inquiry.' Rather than focusing on problems and what's wrong, appreciative inquiry shifts the focus to what is working well as a foundation for change." Another strategy she cites, one that she uses in her current implementation work, "focuses on building upon or enhancing individual and

organizational strengths and past successes as means to implement change." In short, that means finding the "best practices from within." she adds.

Through her teaching, guiding doctoral students and contributing to nursing scholarship, Dr. Havens focuses on designing the systems that bring about the desired outcomes in hospitals—especially patient safety. "My aspiration," she sums up, "is that my work will help to develop knowledge about how to implement the evidence-based organizational features that improve nursing practice, nurse retention and quality of care—and make these changes stick."

Three Alumnae Honored for Excellence



Dean Fitzpatrick (left) and the Rev. Peter M. Donohue, O.S.A., University president, congratulate the three 2009 Medallion recipients. They are (from second to left) Dr. Andrea Olexa Hollingsworth '68 B.S.N., Capt. Maryalice Morro '83 B.S.N. and Jeanne Jackson Venella '82 B.S.N. Father Donohue described them as "the power of Villanova."

n a beautiful spring evening, the College of Nursing honored three alumnae with its highest award, the Medallion, bestowed for distinguished achievement. The 20th Annual Mass and Alumni Awards Ceremony took place on April 18 in the St. Thomas of Villanova Church—an appropriate venue to recognize the accomplishments of these outstanding women. The event is cosponsored by the College and its Nursing Alumni Society.

Dr. Andrea Olexa Hollingsworth '68 B.S.N.

Medallion for Distinguished Contributions to Nursing Education

A genuine commitment to the education of future nurses underscores the life's work of Dr. Andrea Hollingsworth '68 B.S.N. She began her career by caring for mothers and infants in Philadelphia, advocating for those with limited resources and special healthcare concerns. She soon began working toward her lifelong dream of influencing the lives of those who chose nursing as a career. She has taught in several nursing programs in the Philadelphia area, including Holy Family College, the University of Pennsylvania (where she received the Excellence in Teaching Award for her innovative approaches to nursing education) and her alma mater, Villanova University.

Dr. Hollingsworth returned to Villanova in 1991 as director of the Undergraduate Nursing Program, and for the next 10 years influenced the direction of this program. She developed a reputation as a master teacher and a role model for faculty and future nurse educators. In 2001, she became dean and professor at Gwynedd-Mercy College's School of Nursing in Gwynedd Valley, Pa., where she continues to have a profound impact on students. She provides leadership in many professional organizations and recently completed a term as president of PHENSA, The Pennsylvania Higher Education Nursing Schools Association.



Capt. Maryalice Morro '83 B.S.N.

Upon receiving the Medallion, Dr. Hollingsworth thanked Villanova and the College for "this education that was the basis for my career and my life."

Capt. Maryalice Morro '83 B.S.N.

Medallion for Distinguished Leadership in Administration of Nursing and Health Care Services

Capt. Maryalice Morro '83 B.S.N., of the Navy Nurse Corps, is a uniquely talented naval officer and nurse. She embodies the values of Villanova University—Veritas, Unitas, Caritas—and the core values of the Navy—Honor, Courage and Commitment. They are seamlessly woven into the fabric of her professional life and her humanity.

Early in her career, Capt. Morro was quickly identified for her leadership and management potential. She served as division officer for the surgical wards aboard the USNS Comfort during Operation Iraqi Freedom, and as special assistant to the commander for Homeland Security in Washington, D.C.

At Naval Hospital Yokosuka in Japan, she demonstrated her leadership as the senior nurse executive for patient services, and at Naval Hospital Lemoore in California, she gained experience as the executive officer. Capt. Morro's leadership skills are epitomized in her current position as commanding officer at Naval Hospital Pensacola in Florida's Panhandle. In June 2008, she became the first Navy Nurse Corps officer to lead that institution, which

has had 71 commanding officers. Founded 182 years ago, the hospital has more than 2,000 staff members and a \$134 million annual budget.

Rear Adm. Christine Bruzek-Kohler '74 B.S.N., Ed.D., R.N., FACHE, director of the Navy Nurse Corps and who this May became commander of Navy Medicine West and Naval Medical Center San Diego, in an earlier comment about Capt. Morro's appointment at Naval Hospital Pensacola, noted that "Her career has well-prepared her to assume the responsibilities of leading one of Navy Medicine's family practice teaching hospitals, and she has already begun to significantly impress the community with her knowledge and experiences. She is truly a tribute to the Navy Nurse Corps!"

Capt. Morro, after receiving the Medallion, called her time at Villanova a "profound life-shaping experience" and thanked Villanova for "preparing me for a career I love and cherish."

Jeanne Jackson Venella '82 B.S.N. *Medallion for Excellence in*

Medallion for Excellence in Clinical Practice

Since its founding in 1953, the College of Nursing has enjoyed a strong and enduring relationship with The Children's Hospital of Philadelphia (CHOP), which consistently is ranked the No.1 pediatric hospital in the country. It is no accident that Jeanne Jackson Venella '82 B.S.N. is such a respected and valuable member of its staff. She helps to put it on the map every day.

As an expert clinician in the emergency department, Venella cares for children in their most tentative moments of illness and injury. A nurse with over 25 years of experience, she is not only responsible for direct patient care, but also precepts and educates a staff of 135. She often is the driving force behind policy development that advances the care of fragile and vulnerable children to whom she has committed her professional life.

In 2006, she was there when the young Amish girls, the wounded victims of the Nickel Mines, Pa., massacre, were brought in. She has been cited for her strength of character, clinical expertise and the team support she provided that day. This is just one dramatic story, but one that captures Venella's ability to respond at the highest level of performance every day. She now shares her knowledge though her national

consulting work to strengthen and raise the quality of emergency departments around the country.

Venella received the Medallion for her devotion to Villanova's mission of service and scholarly nursing practice and for her leadership among the many exemplary Villanova nurses who serve CHOP. She described Villanova's influence on her career, saying it "formed me to recognize the power of critical thinking...inspired me to ask what we can do better."

Read the complete citations of the Medallion recipients by following the links at www.villanova.edu/nursing. To nominate Villanova Nursing alumni for the Medallion, please visit www.villanova.edu/nursing/about/medallion.htm.



Special Recognition

During the Annual Mass and Alumni Awards Ceremony, Carol Rae, who has been the assistant to the dean for 17 years and is retiring in February 2010, was presented with the College of Nursing pin by Dean Fitzpatrick, recognizing her as an honorary alumna. Also given special recognition were two assistant professors—Catherine Todd Magel, Ed.D., R.N.,BC and Belle Erickson, Ph.D., R.N.—for 30 years of service, as well as staff members Marie Paolucci and Barbara Nolan (see page 16).

A Special Reunion in Oman

he warmth of the Sultanate of Oman was matched by the hospitable and enthusiastic atmosphere during the College of Nursing alumni reunion on January 26 in Muscat. Held in the garden of the residence of the U.S. ambassador to

Our Nursing alumni in Oman hold leadership positions in clinical practice, nursing education and health-care administration throughout their country. Some flew from remote regions of Oman to the capital for the reunion, others traveled three to four hours to attend. The reception

hours to attend.
The reception
was a unique
opportunity to
convene and was
one of Villanova's largest
alumni gatherings outside the
United States.
Hosting the
alumni were the

Hosting the alumni were the Rev. Peter M.
Donohue, O.S.A., president of Villanova, and Dr.
M. Louise Fitzpatrick, Connelly Endowed Dean and Professor. In addition to the Omani Nursing

alumni, others attending the event included a number of officials of the Sultanate's Ministry of Health, among them Mohammed al-Afifi, director-general of Education and Training; H.E. Mohammed al-Hassan, undersecretary for Planning Affairs; and the country's minister of Health, H.E. Dr. Ali al-Moosa, to whom Villanova awarded an honorary degree in 2001. Guests of Ambassador and Mrs. Grappo included Sarah Jackson, a representative of AMIDEAST. Also attending were Michael O'Neill, Villanova's vice president for University Advancement, and Michael Gaynor, director of University Admission.

"It was overwhelming and a great gift to see so many of our Omani alumni all together," Dean Fitzpatrick noted. "Visiting our alumni at their work sites is always satisfying and validates the success of our 15-year collaborative project with the Omani Ministry of Health. Seeing them reunited with their classmates from across their country was a special joy. They are deans, clinical experts, faculty in schools of nursing. Majid al-Magbali '01 B.S.N., '05 M.S.N. is the country's chief nursing officer, serving as director of Nursing and Midwifery Affairs in the Ministry of Health. The influence of our partnership is far reaching and mutually rewarding. Villanova's influence on nursing in Oman is palpable and the contributions of Omani students to Villanova have enriched us culturally and intellectually. Our faculty have provided consultation and continuing education in Oman and we have benefited greatly from the professional relationships and the personal friendships that have resulted and that will endure."



The Rev. Peter M. Donohue, O.S.A., talks with alumnae at the College of Nursing reunion on January 26 in Muscat, the capital of the Sultanate of Oman.

Oman, Gary A. Grappo, the reception was Villanova University's first alumni event in Oman. Among the guests were approximately 125 Nursing alumni of the 160 from Oman who have earned their bachelor's and/or master's degrees from Villanova.

Help Us Get in Touch with These Alumni from Oman

To our alumni in the Sultanate of Oman: We are requesting your help in gathering the contact information for the following alumni. This is critical so that we may communicate with all of you. Please e-mail your complete contact information, including home and work mailing address, e-mail addresses, job title and employer to Nancy Wise at *nancy.wise@villanova.edu*. Thank you!

Samra al-Barwani '99 B.S.N. Mabrooka al-Kanbashi '99 B.S.N. Laila al-Maskri '99 B.S.N. Khadija al-Shikeli '99 B.S.N., '04 M.S.N.

Saleh al-Harthy '01 B.S.N. Fatima al-Siyabi '01 B.S.N. Maryam Suwaid '01 B.S.N.

Jamila al-Mabsali '02 B.S.N. Ghada al-Mukhaini '02 B.S.N. Samiya al-Baluchi '04 B.S.N. Hasina al-Balushi '04 B.S.N. Barika al-Hamani '04 B.S.N. Aziza al-Hinaa '04 B.S.N. Fathiya al-Ismaili '04 B.S.N. Ibisam al-Mashikhi '04 B.S.N. Yusra al-Nasseri '04 B.S.N. Amina Mubarak '04 B.S.N.

Salim al-Burtamani '05 B.S.N. Aida al-Hinai '05 B.S.N. Najat al-Sawafi '05 B.S.N.



Guests enjoyed the reunion for Omani Nursing alumni, which took place at the U.S. Embassy in Muscat. (Below) Among the guests were (from left) Mohammed al-Afifi, director-general of Education and Training in Oman's Ministry of Health; H.E. Mohammed al-Hassan, undersecretary for Planning Affairs; and H.E. Dr. Ali al-Moosa, Oman's minister of Health.











Nursing Alumni Notes

1950s

Joan Maguire '56 B.S.N., Ph.D., R.N. is professor emerita at Sage Colleges in New York, where she coordinated the chemical dependency studies program.

Mary Esther "M.E." Screem Clark '59 B.S.N. inspired the Mary Esther Clark Pioneer in Nursing Award, which was inaugurated in May 2008 and awarded during the 26th Annual National Nurses' Week recognition ceremony at the University of Rochester Medical Center in Rochester, N.Y. The award recognizes an entrepreneur or a pioneer who has a career history of developing significant patient care programs in the Rochester community. Clark, a 1980 graduate of the Cleveland Clinic Enterostomal Therapy program, put her new specialty to use in Rochester by teaching patients, nurses and doctors how to care for ostomies and non-healing wounds. In her second retirement, Clark also established wound and ostomy programs in Phoenix, Ariz. Continuing to look for challenges, she developed a parish nurse program for St. Thomas Aquinas Catholic Community in Avondale, Ariz. Her interest in parish nursing was piqued by information in Villanova's Nursing alumni publication.

1960s

Helen Connors '64 B.S.N., R.N., Ph.D., FAAN in October 2008 became the first appointee to the E. Jean M. Hill Endowed Professorship at the University of Kansas School of Nursing, where she is executive director of the KU Center for Healthcare Informatics and associate dean for Integrated Technologies at the School of Nursing. She serves on the Villanova College of Nursing's Board of Consultors and has recently assumed the chairmanship for the 2009-10 academic year.

1970s

Gloria J. McNeal '70 B.S.N., Ph.D., APRN,BC, FAAN in January became

editor of *The ABNF Journal*, published by the Association of Black Nursing Faculty.

Carol Quinn '70 B.S.N. in November 2008 was named CEO of Mercy Home and Community Health Services (MHCHS), a new combined unit of the Mercy Health System, which is based in Conshohoken, Pa. She retains her current responsibilities for leadership of Mercy Home Health Services (MHH) and in her new position adds accountability for the Mercy LIFE (Living Independently for Elders) Program.

Mary D. Naylor '71 B.S.N., Ph.D., **R.N., FAAN**, the Marian S. Ware Professor in Gerontology and director of the Center for Health Transitions, School of Nursing, University of Pennsylvania, was selected as the first recipient of the Friends of the National Institute of Nursing Research (FNINR) Frances Payne Bolton Award. It is given to an outstanding scholar who has made a difference in the discipline of nursing and in the quality of health care for patients now and in the future. The honor reflects Dr. Naylor's nationally and internationally recognized program. She received her award at the FNINR Gala in October 2008 in Washington, D.C.

Dorrie K. Fontaine '72 B.S.N., Ph.D., FAAN in August 2008 became dean of the University of Virginia's School of Nursing. She had served as associate dean for academic programs at the University of California, San Francisco School of Nursing. Dr. Fontaine is the principal investigator of a \$9.7-million grant to implement an accelerated doctoral program in nursing.

Deborah Cook Altonji '79 B.S.N., '85 M.S.N. is a nurse sales consultant with Health Advocate's new direct-to-consumer health advocacy program called Health Proponent in Plymouth Meeting, Pa.

1980s

Madeline McCarthy Bell '83 B.S.N. is executive vice president and chief operating officer of The Children's Hospital of Philadelphia.

Maureen Major Campos '83 B.S.N., M.S., R.N. of Norwalk, Conn., a nation-

ally recognized oncology nurse, has been named the breast health navigator for the Smilow Family Breast Health Center at Norwalk Hospital.

Kathleen Connors Reid '83 B.S.N., M.S., CCRP recently was presented with the American Society of Clinical Oncology Community Research Award for outstanding contributions to cancer research. Director of clinical oncology research for Wake Forest University Health System at High Point Regional in High Point, N.C., she is the founder of a community cancer clinical trial program that has enrolled more than 500 patients over the past four years. Reid was also named a "Great 100 Nurse" in North Carolina, recognizing her significant contributions to the profession and the state.

Patricia Shane Snyder '84 B.S.N., R.N., CAPA earned certification as an ambulatory perianesthesia nurse. She is the quality assurance representative in the post-anesthesia care unit at Bryn Mawr Hospital in Bryn Mawr, Pa., where she has been employed for 32 years.

Mary Ann Lush '87 M.S.N., assistant professor at Wesley College in Dover, Del., traveled to Beijing, China, as an ambassador with the People to People program sponsored by Sigma Theta Tau International Nursing Honor Society.

Jill Salutric Mortimer '89 B.S.N. is a surgical case manager at St. Joseph Medical Center in Reading, Pa.

1990s

Mark C. Crider '93 M.S.N., Ph.D. in June 2008 successfully defended his dissertation, "Managing Professional and Labor Interests Through Organizational Change in the American Nurses Association: A Professional Society Case Study." Dr. Crider earned his doctorate in nursing from the Health Policy Program, Department of Social and Behavioral Sciences, School of Nursing, University of California, San Francisco. He is an assistant professor at San Jose State University's School of Nursing.

Cmdr. Marie Bridy-Casey '94 B.S.N. was awarded two outstanding unit citations: the Unit Commendation and the Public Health Service Achievement Medal. She also received the Commissioned Officers Field Medical Readiness Badge. Cmdr. Bridy-Casey recently was transferred from the Division of Medical Review to the Division of Recovery Audit Operations, where she is a program evaluation officer for the Centers for Medicare and Medicaid Services.

Nicole Gamba '94 B.S.N. is nurse manager for inpatient and outpatient pediatrics at the National Institutes of Health, the U.S. research hospital, in Bethesda, Md.

Eden Zabat-Kan '94 M.S.N., R.N. and Susan Stabler-Haas '80 B.S.N., '85 M.S.N., LMFT, CNS co-authored Fast Facts for the Clinical Nursing Instructor: Clinical Teaching in a Nutshell (September 2008, Springer Publishing Co.). Dr. Susan Chianese Slaninka '69 B.S.N., Ed.D., R.N. wrote the foreword for their book.

Michelle A. Young '95 B.S.N. was promoted to director of nursing at Bryn Mawr Terrace in Bryn Mawr, Pa. She was formerly assistant director of this skilled nursing, rehabilitation and assisted living community for older adults. Her career focus has been in rehabilitation and long-term care.

Bridget LeGrazie '96 B.S.N., APNG was awarded the Advanced Practice Nurse in Genetics credential by the Genetic Nursing Credentialing Commission. There are fewer than 40 nurses nationwide with this credentialing and only two in New Jersey. Applicants are required to demonstrate the skill level and experience in advanced practice genetic nursing in portfolio form, and then their portfolio is reviewed and scored by a panel of experts. LeGrazie was presented with her certificate at the International Society of Nurses in Genetics Conference, held in Philadelphia in November 2008.

Jennifer Graeke '97 B.S.N. is clinical educator/manager in the emergency department at Georgetown University Hospital in Washington, D.C. She is a

candidate for an M.B.A. degree at The Johns Hopkins University and is a member of the Washington, D.C. Metro Emergency Nurses Association.

Lt. Cmdr. Kim Shaughnessy '97 B.S.N. has been in the Navy Nurse Corps for nearly 12 years. She is a nurse midwife at Naval Hospital Yokosuka in Japan. On January 25, she was featured on the front page of the *Stars and Stripes* newspaper in an article headlined "Midwives in the military offer extra level of care."

Megan Quick '98 B.S.N., M.P.H. this spring returned from Bolpur, India, where she joined an Operation Smile team that did 56 surgeries in four days (mostly cleft lips and cleft palates.) It was her 10th mission with Operation Smile.

Jennifer Yost '00 B.S.N., M.A., Ph.D., R.N., a doctoral student at New York University College of Nursing, on April 9 successfully defended her dissertation on "Weight Perception, Actual Weight, and Physical Activity: Is There a Relationship in U.S. Female Adolescents?" She is a senior nurse clinician at NYU's Langone Medical Center and an adjunct faculty member at NYU.

2000s

Kate Loper McDonald '00 B.S.N., a doctoral student at the University of Pennsylvania, has received a Ruth L. Kirschstein National Research Service Award for Individual Predoctoral Fellows in Nursing for her project, "Community Violence Exposure and Positive Youth Development in Urban Adolescents." Her study uses a quantitative cross-sectional research design to examine the effects of post-traumatic stress in the relationship between community violence exposure and positive youth development in 110 community-dwelling urban adolescents, ages 13-17.

Majid al-Maqbali '01 B.S.N., '05 M.S.N. has been appointed director of Nursing and Midwifery Affairs in the Ministry of Health in the Sultanate of Oman.

Jennifer Shore '02 B.S.N. received the Excellence in Nursing Practice Award at



Do You Have News to Share?

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the Medical College of Virginia Cardiac Catheterization Laboratory, where she has been working since 2006. She formerly practiced in critical care at Georgetown University Hospital and also spent a year as a travel nurse in the Virgin Islands.

Ph.D., R.N. in May was awarded the Ph.D. from the University of Pennsylvania.

Helene M. Burns, M.S.N., R.N., NEA-BC has been named assistant vice president of clinical services at Kennedy Memorial Hospitals-University Medical Center in Stratford, N.J. She directly oversees nurse management and is responsible for all aspects of nursing and clinical care at the 183-bed acute-care hospital, one of three hospitals in the Kennedy Health System. In 2005, she received a post-master's Certificate in Nursing Administration from Villanova's College of Nursing.

Jennifer Foster '06 B.S.N. in July 2008 received the Daisy Award for Extraordinary Nurses at The Children's Hospital of Philadelphia. Sponsored by the Daisy Foundation, it is awarded each month to outstanding nurses in hospitals and medical facilities nationwide.

Megan Davenport '06 B.S.N. practices on the Bone Marrow Transplant

Greetings from the Nursing Alumni President

Dear Fellow Nursing Alumni:

What a wonderful time for Villanova University and the College of Nursing! Under sunny blue skies, I had the pleasure of representing you at the Driscoll Hall Dedication ceremony on October 6, 2008. While celebrating this new state-of-the-art facility, I thought about the rich Villanova history of nursing excellence and achievement. As I looked around the large crowd at the ceremony, I realized how fortunate the Nursing students are now to call Driscoll Hall home. Almost simultaneously, I thought about us, the alumni, and how fortunate we are to have had the benefit of a Villanova education, regardless of where the College resided.

Of course, it's great to have all of the most current technology available (and be able to buy a cup of coffee between classes), but despite the move, some things will never change. Every Nursing graduate leaves campus as a highly educated, compassionate and empowered health-care professional.

If you have not had a chance, I encourage you to literally or virtually visit the campus. You will be as impressed as I am.

Kind regards,

Margaret M. Hannan '84 B.S.N., M.S., R.N.

Margaret M. Hannan

President, Nursing Alumni Society HannanMM@aol.com Unit as well as the Oncology Unit at The Children's Hospital of Philadelphia, where she chairs her unit's Quality Practice and Patient Safety Committee. She looks forward to a future career as a pediatric nurse practitioner.

Carol Proud '07 M.S.N., CRNP published "Opioid Therapy for Chronic Pain: Risk Management Strategies" in *The Journal for Nurse Practitioners*, 5 (11), 47-52.

Eileen Condon '08 B.S.N. published an article on socialization among Japanese nursing students and faculty in the May/June issue of the National League for Nursing's *Nursing Education Perspectives*. (See the Spring 2008 *Villanova Nursing* for an article on her fellowship experience in Tokyo as a student.)

Marie DeFrancesco Loukas, M.S.N., CRNP, CRNA received the Student of the Year Award from the Pennsylvania Association of Nurse Anesthetists during its October 2008 meeting in Pittsburgh. In 2008 she completed the post-master's certificate in Nurse Anesthesia at Villanova's College of Nursing.

Karen Korfmann '08 B.S.N. published "Volunteer Work on a Palliative Care Unit: A Personal Reflection" in the Summer 2008 issue of *The Student Voice*, an online newsletter for students published by the Oncology Nursing Society. The article was about her volunteer experience at the Pennsylvania Veterans Affairs Medical Center.

Anne Vitale '08 Ph.D., APRN,BC has been appointed to a full-time faculty position at Florida Atlantic University as

visiting assistant professor in the Christine E. Lynn College of Nursing. Dr. Vitale is predominantly teaching online, using her expertise in distance education. She teaches across divisions, in the R.N.-B.S.N. program, the graduate advanced practice tracts and the Clinical Nurse Leader tract. Her courses are undergraduate and graduate geriatric nursing, community nursing-undergraduate and healthcare delivery systems for the Clinical Nurse Leader tract. She presented her doctoral research, "Nurses' Lived Experience of Reiki for Self-Care," at the Connect the Dots Nursing Research Conference that Florida Atlantic sponsored in October 2008.

In Memoriam: Alumni

Catherine Buffington '64 B.S.N. died on November 4, 2007.

Florence E. Galotta '64 B.S.N. died on April 17, 2007.

Norma White '70 B.S.N. died on December 12, 2007.

Barbara Pierzinkowski Paparozzi '72 B.S.N., of Parsippany, N.J., died on May 4 from breast cancer.

Cindy Stetz '81 B.S.N., of Kingston, Pa., died in June 2008.

Sheryl Graham Monkemeyer '84 B.S.N., of Newtown Square, Pa., died on April 6.

Jane L. Robinson '88 B.S.N. died on November 13, 2007.

Vicki Afum '03 M.S.N., of Philadelphia, died in May 2008 of breast cancer at age 37.

Don't Miss Out on News and Updates from the College

The College of Nursing is moving more and more to electronic communications. Without your e-mail address, we cannot provide you with important information about your alma mater. The College uses the Villanova University alumni database, so your update will go to that office.

It's quick and easy by any of these methods:

- Call 1-800-VILLANOVA (1-800-845-5266).
- Send an e-mail to *alumni@villanova.edu*.
- Or simply update your information in your Nova Network profile online at www.villanova.edu/advance/alumni/vuonline.htm.
 We look forward to staying in touch with you!

College Launches Campaign Promoting Nursing

This is a very special year for the College of Nursing. Our new building, Driscoll Hall, is beautiful as well as cutting-edge in its technology. The Dedication on October 6, 2008, was a great day of celebration, and we thank many of you for being here to participate in it. You have all been important in developing our reputation of excellence over the years. Now, there is even more excitement to share.

In the Spring 2008 issue of the College's magazine, we featured James V. O'Donnell '63 VSB, a member of the College's Board of Consultors and a great friend of Nursing at Villanova University. It is his wish to increase public awareness about nursing and in particular the excellence of our College. His very generous gift is making possible a promotional campaign that is showcasing some of our graduates who reflect the qualities, achievements and professionalism of all of you.

On Sunday, October 19, 2008, the first spot appeared in the *Boston Globe*. Similar pieces appeared in the *New York Times*, starting Sunday, October 26, as well as in the November issue of *Philadelphia* magazine and have appeared in the *Washingtonian* magazine and on billboards in the Philadelphia area through June.

This is a time when we have an abundance of applications and excellent students, so why are we doing this? The answer reflects Jim O'Donnell's desire, and supports our belief that Villanova's College of Nursing has grown in stature. We have developed a national reputation and a growing international presence. The gift that will support this promotional project creates even greater opportunities. It will gain attention for our College and University, but most of all, it will promote our profession and will honor you.

We thank you for your continuous, enthusiastic support and your pride in being Villanova nurses.





Villanova University

College of Nursing 800 Lancaster Avenue Villanova, Pennsylvania 19085-1690 Nonprofit organization U.S. Postage PAID Villanova, PA Permit No. 5



Find out more about our programs by following the links at **www.villanova.edu/nursing/programs** or through the information below:

Traditional Bachelor's Degree Program

angela.heinbach@villanova.edu (610) 519-4900

B.S.N./M.S.N. Gateway Program for R.N.s

angela.heinbach@villanova.edu (610) 519-4900

Accelerated B.S.N. Program for Second Degree Students

(adults with a bachelor's degree in another discipline) susan.leighton@villanova.edu (610) 519-7137

Master's and Post-master's Certificate Programs

denise.meikle@villanova.edu (610) 519-4934

Ph.D. Program

christine.gadonas@villanova.edu (610) 519-4914

Continuing Education Program

louisa.zullo@villanova.edu (610) 519-4390

There is an information session for high school students on October 4 and for all other programs on October 20.