

## **COMPLETE PRIOR TO NUTRITION COUNSELING**

## **VIRTUAL NUTRITION COUNSELING**

Independence Blue Cross is now covering telemedicine with your Villanova University Registered Dietitian by real-time two-way video communication.

By signing below, you agree to this alternative form of Nutrition Counseling.
Print your name:
Sign your name:
Date:
INSURANCE INFORMATION
Provider:
ID number:
DOB:
AGREEMENT
I, agree to allow COPE to design a health program for me to enhance my health & fitness goals. I will follow that program to the best of my ability, and I will not hold COPE personally liable for any problems, illnesses or injuries that might occur due to a sudden change in my eating habits. I understand that the use of telehealth applications potentially introduces privacy risks, but COPE will follow all best practices related to the good faith provision of telehealth. I acknowledge that this program does not replace the expert advice or medical treatment of my own private doctor. I have given COPE all necessary information about myself to prevent any possible complications.
Sign your name:
Date: