

Four Distinguished Alumnae to be Honored



The achievements of four distinguished alumnae will be celebrated on April 29 during the College of Nursing's 28th Annual Mass and Alumni Awards Ceremony, to be held in the St. Thomas of Villanova Church. M. Louise Fitzpatrick, EdD, RN, FAAN, Connelly Endowed Dean and Professor, will bestow the College of Nursing Medallion, its highest award, upon:

 Angela R. Coladonato '77 BSN, DNP, RN, NEA-BC: the Medallion for Excellence in the Administration of Health Care Services. She is senior vice president and chief nursing officer for the Chester

County Hospital (part of Penn Medicine), in West Chester, Pa.

- Amy Pelleg '96 MSN, RN, BC-NE, CCRN: the Medallion for Distinguished Leadership in Nursing Practice. She is nurse manager, Intensive Care Unit, at Bryn Mawr Hospital (part of Main Line Health) in Bryn Mawr, Pa.
- Michele "Micki" Ballister '08 MSN, '13 DNP, CRNA: the Medallion for Excellence in Nursing Education. She is assistant professor in the Division of Anesthesia for Nurses at the Medical University of South Carolina in Charleston.

Dean Fitzpatrick will recognize the achievements of **Jennifer Yost '00 BSN**, **PhD**, **RN** with the College's Emerging Scholar Award. As an assistant professor at the School of Nursing at McMaster University in Hamilton, Ontario, Dr. Yost focuses her research on knowledge translation and decision-making.

For more information about the honorees, visit www.villanova.edu/nursing.

Mark your calendar!

May 19: Commencement
May 20: Convocation/
Baccalaureate Mass

June 8-11: Alumni Reunion Weekend

July 1: Application deadlines for MSN and post-master's certificate programs

September 22: Naratil Family Health and Human Values Lecture: Collaborative Care for Immigrants and Refugees

October 17: Graduate and Adult Learner Open House

November 16: Annual Distinguished Lecture

December 1: Application deadline for PhD in Nursing Program

For the full Continuing Education listing, visit www.villanova.edu/nursing/ce.

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On the cover: Among those in the Class of 1957 gaining clinical experience at The Children's Hospital of Philadelphia (CHOP) were Dolores Cofield (Buchanan) (left) and Winifred Daly (right). With them is Helenterese Coffey '58 BSN, RN.

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The heritage and values of

the Order of St. Augustine

connect us to our past and

inspire our vision for the future.

Dear Alumni and Friends of the College of Nursing:

s I write this message, Villanova University is celebrating its 175th Anniversary with a week of festivities. Step back in history and reflect on how much the world has changed since 1842 and how the campus and institution have developed into the iconic center of learning and community life that we know and share. The heritage and values of the Order of St. Augustine connect us to our past and inspire our vision for the future. Many have shaped and nurtured Villanova's growth; many have contributed to its success. Unitas, Veritas, Caritas endures.

Within the University, the College of Nursing and the School of Law share a shorter history than the other academic units on campus, but even within the span of these 64 years, the change and growth within our College and our profession are no less than amazing. To experience this evolution has provided a clear perspective on where we were, where we are and where we must still go. This anniversary provides an opportunity for reflection but also a chance to focus our lens on the challenges for our future. Many have served as architects of our College and its programs and we appreciate the support of many groups over the years. However, the College of Nursing has also provided important contributions that enrich the total University and the Villanova experience.

Our College of Nursing was the first to admit full-time undergraduate women to this campus, the first to initiate women's athletics and to add female voices to the chorus. The late Theresa Christian, MSEd, associate professor of Nursing, was the first African-American faculty member employed at Villanova. Our

College has created strong curricula that reflect the centrality of the liberal arts and sciences within the education of professional nurses. Our College has epitomized the service ideal of the Villanova community through its activities, locally and globally. Our College has sent its faculty and students into diverse communities to learn and improve the care of others by providing critical health services to those who need them. Our College has given special attention to the needs of people with disabilities. Our College has produced a significant number of leaders for the profession in education, clinical practice, research, the military and internationally. Most importantly, through our PhD program, our College has helped the University attain status as a national doctoral institution. Our College has expressed the mission of Villanova in tangible ways that are rooted in the essential elements of a Catholic Augustinian tradition. We are an integral part of Villanova University.



Happy Anniversary, Villanova. Thank you for all you have done to foster the excellence of our College of Nursing. Thank you to the late Rev. Francis X.N. McGuire, O.S.A. and the late

> Rev. Edward J. McCarthy, O.S.A. for their courage in bringing collegiate nursing and undergraduate women to this campus. Thank you alumni who have distinguished us by your performance in clinical and leadership positions. Thank you trustees, administrators, Augustinians and friends who have believed in us and continue to contribute to our

prosperity. Thank you faculty and staff, past and present, for preparing many generations of Villanova nurses who excel and build our reputation of intellectual rigor and clinical competence within a context of compassionate care. In particular, thank you Villanova for the privilege of serving as the Connelly Endowed Dean of the College of Nursing. To all of us, congratulations. We ask for God's blessings for the future of our University and its College of Nursing.

M. Smire Ligaline

M. Louise Fitzpatrick, EdD, RN, FAAN Connelly Endowed Dean and Professor

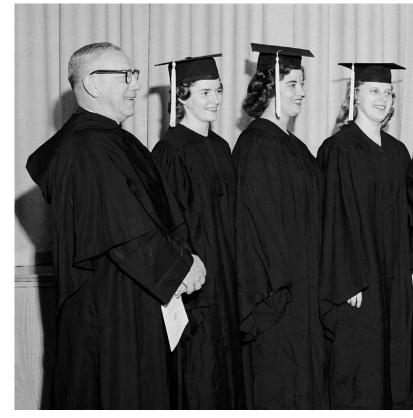
DEDICATION ACR

FROM THE COLLEGE'S SIX
PIONEERING BSN GRADUATES
TO TODAY'S 8,000 ALUMNI,
VILLANOVA NURSES HAVE
APPROACHED THEIR
PRACTICE AS A MISSION
AND A PROFESSION.

his academic year brings many commemorations on campus, including Villanova University's 175th anniversary. In tandem, the College of Nursing celebrates the 60th anniversary of the graduation of our first class. It is an opportunity to recall the College's many contributions to the University and to the nursing profession across the decades and to celebrate the nearly 8,000 alumni who continue to enhance the College's excellent reputation each day.

The six BSN graduates in 1957 were pioneers, the first full-time female students on campus. Until their arrival in 1953, Villanova had been an all-male institution for 111 years. As Mary Buckley Dressler '58 BSN, PhD recalled many years later, veterans were the most welcoming to the early classes of women on campus because "they recognized the value of nurses from their wartime experience." However, the majority of male students did not share that welcoming perspective.

In the 1950s, even taking a patient's blood pressure was usually entrusted to the physician. Since then, the responsibilities and roles of nurses have greatly expanded and become far more complex. Nurses are primary care providers, researchers, doctorally prepared educators, administrators, advanced practice specialists, patient advocates, care coordinators and essential team members in a wide variety of settings. In each decade, the College has educated nurses to assume their expanding place at the heart of health care. Notes Betty Ann Grozier Curran '57 BSN, one of the first six BSN graduates, "I received great values and a wonderful education at Villanova. I was so well-prepared that I felt I could do anything and go anywhere. I have great respect for the program, still." Classmate Rita



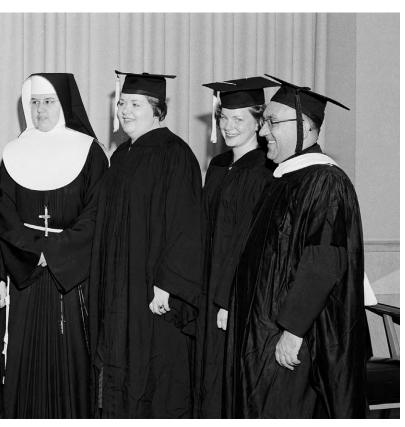
On June 3, 1957, the first graduating class of six students posed with the Rev. Henry Greenlee, O.S.A., Provincial (left) and the Rev. Louis Rongione, O.S.A. (right), who taught at Villanova. The six graduates are

Shigo DeFebo '57 BSN agrees: "I'm so proud to be a Villanovan."

The impetus for a College of Nursing within the University emerged after World War II, during which thousands of women volunteered to care for soldiers overseas, thus gaining valuable nursing skills. As federal support increased for health care, large numbers of nursing education programs nationally were moving into colleges and universities. Two ideas fueled this change. One was that nursing education should be grounded in the liberal arts and sciences and based in institutions of higher education, not hospitals. The other was that hospitals and community-based settings should serve as clinical laboratory settings for practica offered as part of the academic program and taught by nursing faculty.

Since the 1930s in Philadelphia, Villanova had enrolled hospital-trained RNs in courses offered at John H. Hallahan Catholic Girls High School. But the degree awarded was not accredited and was through a division within the College of Liberal Arts and Sciences. Also in Philadelphia, the Sisters of Mercy and the Franciscan Sisters of Glen Riddle, Pa., operated

OSS THE DECADES



(from left): Dolores Cofield (Buchanan); Cecelia DeMuro (Paul); Rita Shigo (DeFebo); Sister M. Theolinda Moore, O.S.F.; Winifred Daly; and Betty Ann Curran (Grozier).

hospitals and hospital-based schools of nursing. Both religious orders understood that nursing education was changing and that a baccalaureate education for nurses was vital. Sisters from these two orders approached the Rev. Francis X.N. McGuire, O.S.A., University president. Father McGuire's vision moved Villanova forward in many ways, including opening the door for Nursing on campus and the enrollment of the first full-time undergraduate women in 1953. He also understood how nursing education could extend the service reach of the Augustinian charism that infuses the College's history.

Under the Rev. Edward J. McCarthy, O.S.A., at the time Villanova's academic dean, the College of Nursing came to life (Father McCarthy later became University president). The College was first directed by sisters from those two orders: Sister M. Margarella O'Neill, O.S.F. and Sister M. Alma Lawler, R.S.M. They were followed by the first two deans, Marion M. Schrum, EdD, RN (1960), who had chaired the nursing program at St. Louis University, and Dorothy R. Marlow, EdD, RN (1968).

Forty years later, on July 30, 2008, Nursing faculty and staff moved into their new facility constructed centrally on campus. At the dedication of Driscoll Hall, M. Louise Fitzpatrick, EdD, RN, FAAN, Connelly Endowed Dean and Professor, noted that "Villanova has built us a home-not our first location, because there have been four—but the first permanent one in our 55-year history....It provides a state-of-the-art environment for advancing nursing education, using technology and the first green building on our campus. Additionally, it creates a welcoming climate that will foster interdisciplinary activities."

ver the years, with trustee and administrative support, the College has developed the reputation it enjoys as a National League for Nursing Center of Excellence in Nursing Education. The College educates nurses to be strong leaders in the areas of clinical practice, innovation, research, education and administration—all exemplified by Catholic Augustinian teaching and values rooted in knowledge, ethics, compassion, social justice and inclusivity.

The College's alumni, administrators and faculty have enhanced this reputation through their untiring efforts and performance. Villanova Nursing graduates are excellent clinicians at the bedside and in the community, as well as leaders in the military, health-care administration and nursing education. They are faculty members, deans and distinguished endowed chair holders at colleges and universities. They are college presidents, entrepreneurs, policy experts and researchers. The College's faculty models the intellectual curiosity, clinical expertise and personal attributes that are reflected in Nursing alumni of both the undergraduate and graduate programs. They and colleagues now deceased have built programs course by course, clinic by clinic, year after year. Similarly, the College's staff has been the dedicated mainstay throughout Nursing's history.

As Dean Fitzpatrick remarked at the Driscoll Hall dedication, "While today's nurses are knowledge workers, an essential part of their practice is to humanize the high-tech world of health care. Our graduates nurse people, not machines. Our students will contribute to the desperately needed changes in health care and will have what it takes to influence health policy decisions that ultimately can improve the quality of patient care. Villanova Nursing students graduate well-prepared for these challenges."

She added, "I assure you that our academic programs continue to reflect the mission and values of this Catholic Augustinian university and that we view nursing as a ministry as well as a profession. As beautiful as Driscoll is, it is not the stone, the brick, the mortar nor the landscaping that matters, as much as what is already happening inside this building."

A SAMPLING OF OUR NURSE LEADERS

Among the College of Nursing's nearly 8,000 alumni and our faculty are countless leaders in the profession. Here we offer just a few examples.



The late Julia Boland Paparella, BSNed, MSEd, MSLS, RN, faculty member, Army Nurse Corps officer and World War II veteran



The late Brig. Gen. Hazel Johnson '59 BSN, PhD, RN, FAAN in 1979 became the first African-American woman to hold two posts: director of the Army Nurse Corps and Army brigadier general; former member of Villanova's Board of Trustees



The late Theresa Christian, MSEd, the College's first African-American faculty member (1958)



Rosalie M. Mirenda '59 BSN, MSN, PhD, president, Neumann University



Walter Knepley '63 BSN, first male BSN student, became a dialysis specialist in the Department of Veterans Affairs.



Gloria Ferraro Donnelly '63 BSN, PhD, RN, FAAN, FCCP, professor and dean emerita, College of Nursing and Health Professions, Drexel University



Mary Duffin Naylor '71 BSN, PhD, RN, FAAN, the Marian S. Ware Professor in Gerontology, director of the NewCourtland Center for Transitions and Health, University of Pennsylvania School of Nursing; member of Villanova's Board of Trustees



Donna L. Torrisi '72 BSN, CRNP, FAAN, executive director, Family Practice and Counseling Network, Philadelphia



Rear Adm. (Ret.) Christine Bruzek-Kohler '74 BSN, EdD, RN, FACHE, former director of the Navy Nurse Corps as well as commander, Navy Medicine West/Naval Medical Center San Diego; currently executive director of Healthcare Operations, Joint Task Force—National Capital Region



Madeline McCarthy Bell '83 BSN, '15 DHL (Hon.), RN, president and chief executive officer, The Children's Hospital of Philadelphia



Jeanne Jellig Alhusen '93 BSN, PhD, CRNP, RN, assistant dean for research and associate professor, University of Virginia School of Nursing



Majid al-Magbali '01 BSN, '05 MSN, director of Nursing and Midwifery Affairs, Ministry of Health, Sultanate of Oman



Raja Jadelhack '02 MSN, '14 PhD, RN, general director of nursing, Ministry of Health, Kingdom of Saudi Arabia



Bridgette Carter Brawner '03 BSN, PhD, APRN, inaugural recipient of the Emerging Scholar Award, assistant professor, University of Pennsylvania School of Nursing



Margaret Hattori-Uchima '13 PhD, RN, dean of the University of Guam School of Nursing and **Health Sciences**



Patrick Smith '16 BSN, RN, the College's first male Presidential Scholar, now a Fulbright Scholar in the Kingdom of Lesotho (see page 15).

HIGHLIGHTS

FROM OUR HISTORY

1930s-40s

Bachelor of Science degrees are awarded to RNs studying at John H. Hallahan Catholic Girls High School in Philadelphia, through the College of Arts and Sciences Division of Nursing.

1953

The first 10 high school students who enroll in Villanova's generic BSN program initiate the education of women as full-time undergraduates on campus. They reside in the Franciscan House of Studies, affectionately called "The Convent."





1951

Sister M. Alma Lawler, R.S.M. (left) and Sister M. Margarella O'Neill, O.S.F. are appointed co-directors to develop the University's Division of Nursing.

⊣ 1957

BSN program receives initial accreditation from the National League for Nursing.

The College's first six students are awarded the BSN degree.



1968

Dorothy R. Marlow, EdD, RN becomes the College's second dean.

Nursing students reside in the first residence hall for women on campus, Good Counsel Hall, called the "New Dorm."

> Expansion to St. Clare Annex (now Stone Hall).



fall during the chapter's 50th Anniversary Celebration.

1966

Installation of Alpha Nu as the 35th chapter of Sigma Theta Tau International, nursing's honor

1960

Marion M. Schrum, EdD, RN, becomes the College's first dean.

The College moves to St. Clare Hall.



+ 1972

The College moves to St. Mary Hall.



1978

M. Louise Fitzpatrick, EdD, RN, FAAN becomes the College's third dean.

The Distinguished Lectureship in Nursing is initiated during the College's 25th Anniversary.

1979

Continuing Education in Nursing and Health Care Program is established with federal funds.



1992 ⊢

Michelle McInerney ('95 BSN) is the first Nursing student to study abroad through an affiliation with Kings College in London.

First international students—from Jordan and the Palestinian West Bank—enroll in the MSN program.

1990 ⊢

First College of Nursing Mass and Alumni Awards Ceremony is celebrated.

1985 ⊢

Nursing Alumni Society established.

1983 ⊢

MSN program receives initial accreditation from the National League for Nursing.

1980



Freshman Mary Alice Rice ('84 BSN) becomes the first Nursing student awarded a Presidential Scholarship from Villanova.

Master's Program in Nursing (MSN) is approved and developed with partial funding from the U.S. Public Health Service. Joan T. Large, EdD, RN is the first director.

1993

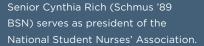
First summer institute for Japanese nursing students (above).

Federal grant initiates the MSN Case Management option.

The Johnson & Johnson Family of Companies provides support to establish the Health and Human Values Lecture Series.

First students from the Sultanate of Oman and China begin the MSN program.

- 1989





1984

CE program receives initial accreditation from the American Nurses Association.



Junior Sandra Myers (Gomberg '85 BSN, '90 MSN, RN) becomes the first Villanova Nursing student elected president of the Student Nurses' Association of Pennsylvania.

1982

First MSN students graduate.

The College's first Medallion, its highest honor, is awarded to Ellen Cooper '82 BSN.

1996

Adult Nurse Practitioner Program established.

1997

The College develops its first distance learning initiative.

Three-year federal grant establishes the MSN Nurse Anesthesia component.



1995



Students from Jordan, Oman (above), Lebanon, the People's Republic of China, Botswana and Taiwan demonstrate the College's appeal internationally.

First summer institute for Korean nurses.

In Irbid, Jordan, the the College of Nursing co-sponsors the fourth Middle East nursing conference.

The College becomes a collaborating center for Operation Smile International.

2000 ⊢

The College is granted preferred status by the U.S. Army ROTC the only non-host school in the country to be so designated.

Continuing accreditation by the National League for Nursing.

BSN and MSN programs granted initial accreditation by the Commission on Collegiate Nursing Education.

1998

MSN Pediatric Nurse Practitioner option established (above).

The College receives three-year grant from the Bristol-Myers Squibb Foundation for the Health Promotion for Women with Disabilities Project.

Students begin practicing health promotion at the Augustinian mission in Chulucanas, Peru.

1999

First 20 RN students from Oman earn their BSN degrees.

In Beirut, Lebanon, the College co-sponsors the first International Nursing Conference.

First students enroll in the graduate option in Health Care Administration.

Junior Jennifer Yost '00 BSN elected president of the Student Nurses' Association of Pennsylvania.

Four Nursing sophomores study in England for a year at the University of Manchester.

MSN Geriatric Nurse Practitioner option established.



2002

Establishment of the PhD in Nursing Program approved, pending funding, by Villanova's Board of Trustees.

2003



During the College's 50th Anniversary celebration, the Connelly Foundation announces a \$4 million endowment, establishing the endowed deanship and providing resources for program and faculty development; teaching technology; and the Connelly-Delouvrier scholarships for students' international and multi-cultural experiences, including in Nicaragua (left).

BSNExpress, the 14-month accelerated second-degree program, admits its first students.



2011

College designated a Stellar School by the National Student Nurses' Association.

MacDonald Center for Obesity Prevention and Education is established.

Students establish Nursing Without Borders to address health-care social injustices.

2009 +

MSN Family Nurse Practitioner option is established.

2008 +

Bonnie Baloga-Altieri '08 PhD, RN, CNAA-BC, becomes the first PhD in Nursing graduate.



Dean Fitzpatrick is celebrated for her 30 years of leadership.

2007 ⊢

On March 1, construction begins on the College's new home.

The College's inaugural Board of Consultors convenes March 24.

The National League for Nursing redesignates the College as a Center of Excellence in Nursing.

2005 +

In Beirut, Lebanon, the College co-sponsors an international scientific nursing conference. 2010

Inauguration of the Center for Global and Public Health.



Jennifer Gunberg Ross '00 BSN, '05 MSN, '11 PhD, RN, CNE, adjunct faculty member and doctoral

student, is named one of the nation's first five National League for Nursing Jonas Scholars. She is now an assistant professor of Nursing.

2006



Twelve BSN students, guided by two faculty members, establish the Theta Delta Beta Chapter of Chi Eta Phi Sorority, Inc.

Center for Nursing Research established.

+ 2012

First cohort begins the new Doctor of Nursing Practice (DNP) Program.

The College and eight other area nursing schools begin a federally-funded, four-year Graduate Nurse Education Demonstration Project to increase the number of advanced practice nurses in primary care as well as access to services for Medicare beneficiaries.

2013



Helene Moriarty '77 BSN, PhD, RN, PMHCNS-BC is appointed to the Diane L. and Robert F.

Moritz, Jr. DDS, '51 VSB Endowed Chair, the College's first endowed chair.

Online RN-to-BSN program option launched through **villanovau.com**.

First DNP cohort graduates.



2004

Inaugural class of 12 begins the new PhD in Nursing Program on June 1.

The College on October 1 becomes one of only three schools in the nation to receive the National League for Nursing's new designation of Center of Excellence in Nursing Education. 2016

In May, the DNP Program receives full accreditation without recommendations from the Commission on Collegiate Nursing Education.





PROTECTING MOTHERS AND BABIES for Healthier Communities

In the United States, approximately 4 million babies are born each year. Yet more mothers are dying while giving birth and 10 percent of babies are preterm. The nation performs worse in maternal health than any other developed country, according to Save the Children. Its 2015 "State of the World's Mothers" report pointed out that the U.S. had slid down to 33rd out of 179 countries ranked on maternal health; children's well-being; and education, economic and political status.

oth inside and outside the walls of Driscoll Hall, faculty and students are conducting critical research and related endeavors that will ultimately influence the country's physical, mental and economic health. At the core? Mothers and babies. In this roundtable, seven faculty members address what motivates them in their field of maternal-child health, and what remains to be done.

"THE WOMEN WHO BIRTH IN OUR NATION FACE FAR WORSE OUTCOMES..."



"MOTHERS REPRESENT the well-being of a society, and their newborns the potential future of that community," notes Assistant Professor Amy E. McKeever '08 PhD, RN, CRNP, WHNP-BC. "If the health and well-being of that community are not addressed, then potential harm may come to that population." Dr.

McKeever studies "models of care and health education that affect childbearing women and women of reproductive age, and ways in which to improve models of care at the community level. This may include women facing obstacles such as mental health issues and substance use disorders, as well as low-income urban women with highrisk complex medical co-morbidities."

What drives Dr. McKeever's work, and the students she mentors, comes from the fact that while the United States is a wealthy nation with vast resources, "the women who birth in our nation face far worse outcomes" than in peer countries. "The U.S. is now one of eight countries where the maternal mortality rate is increasing," she explains—just as in Afghanistan and South Sudan. The United States has not addressed the disparity of African-American women, who are three times more likely to die in pregnancy compared to white women. "Of the 50 cities with the highest infant death rates we [in Philadelphia] are seventh. Poverty, lack of prenatal education and care all have contributed to the high mortality rates."

ENVISIONING THE FUTURE: Dr. McKeever wants to disseminate knowledge and awareness as broadly as the international stage. She seeks to "develop and implement interventions to improve existing models of care," often through creative partnerships with community agencies.

URBAN PUERTO RICAN CHILDBEARING WOMEN "FACE NUMEROUS ISSUES..."



FOR THREE DECADES, Assistant Professor Linda Maldonado, PhD, RN has provided care to childbearing women in various parts of the country. Latina mothers are the crux of her work. She clearly sees the disparities. "We know that of all the Latina subgroups, Puerto Rican women have the highest rates of both poor maternal health and infant

mortality. Understanding the contributing factors will allow innovative interventions to ameliorate this issue," she notes.

Through guiding students in her research projects (her dedicated group is Team Latina), she is "committed to both understanding the phenomena of the poor maternal/infant outcomes within communities of urban Puerto Rican women but also through their voices, building an intervention that will help Latinas have better access and attendance to prenatal care."

During interviews with Puerto Rican mothers, Dr. Maldonado has seen fortitude at its finest. "These women face numerous issues, including housing instability," she points out. "Fear of neighborhood crime and low socioeconomics can be paralyzing to these women and children," she adds. "Despite these and many other complicated facets of their lives, they are able to care for their families, oftentimes at the expense of their own health. My wish for them would be neighborhood communities that band together for wellness."

ENVISIONING THE FUTURE: "Ultimately, the women involved in this research program will help build an intervention that will empower them, as well as communities of Puerto Rican women, to be active change agents for their own maternal/infant health."

"THERE IS GREAT ROOM FOR **IMPROVEMENT...**"



"My work focuses on the idea that healthy babies begin with healthy families," says Assistant Professor Sunny G. Hallowell, PhD, PPCNP-BC, IBCLC, who approaches the subject from a clinical, systems and policy standpoint. "Over 98 percent of infants in the United States are born in a hospital. I explore the relationships

between hospitals and health-care systems on patient outcomes. Nurses play an important role in influencing infant outcomes, especially those related to breastfeeding support and the receipt of human milk in the neonatal intensive care unit" (NICU).

A 2014 Jonas Health Policy Scholar, Dr. Hallowell serves on the American Academy of Nursing Expert Panel on Breastfeeding. As a nurse practitioner who mentors students in scholarly efforts, she notes, "My specific areas of focus include breastfeeding, neonatal intensive care, pediatric and perinatal outcomes, nursing workforce, staffing and work environments." She explains, "We have shown that improved nurse staffing, level of education and NICU work environments are associated with improved outcomes for very low birth weight infants."

Dr. Hallowell observes that the diverse families and healthcare providers with whom she has worked "have taught me the importance of providing good health care that is patient-centered, evidence-based and supported by sound policy. There is great room for improvement in terms of transitioning the patient from the hospital to home. Investments in nursing care would improve patient outcomes both in the hospital and the community."

ENVISIONING THE FUTURE: "Someday I hope to develop models of health-care delivery and interventions that create efficiency in patient care, enhance communication and demonstrate improved outcome for infants and their families."

HER WISH FOR PATIENTS: "Evidence-based information and the empowerment, support when they need it and the way they want it." (See page 27 for her team's innovative project.)

"HAVING STABLE LIVING CONDITIONS, COUPLED WITH ACCESS TO HEALTH CARE, LEADS TO HEALTHY FAMILIES..."



AN ADVOCATE for vulnerable children, Professor Elizabeth Burgess Dowdell, PhD, RN, FAAN describes the face of homelessness: "An estimated 1 million families across the United States are unstably housed." She adds that of nearly a quarter of a million people counted in shelters on a single night in January 2014, more than three-fourths were single female-

headed households with two young children, according to the federal Department of Housing and Urban Development.

As she conducts research with the students she mentors, Dr. Dowdell considers factors like housing, safety and stability. "Interpersonal violence, in particular, remains one of the leading causes of homelessness and housing instability for women and girls, and can prolong or compound the impact of housing instability on vulnerable families," she observes. Therein lies her motivation, since "Mothers influence the health outcomes of their children, and having stable living conditions, coupled with access to health care, leads to healthy families." She adds, "My work with a University of Michigan group is looking at the impact nursing management and care can have on reducing trauma for mothers, which means better outcomes for babies and children." She adds that "Nurses are in an ideal position to work with mothers and their babies through practice at shelters, clinics, hospitals and into homes."

HER WISH FOR PATIENTS: "A future environment where mothers have stable housing so their focus can be on raising healthy and resilient children."

"I ENJOY RAISING AWARENESS ... "



CLINICAL INSTRUCTOR Susan Meyers '92 BSN, MSN, RNC, CRNP, a PhD in Nursing student, builds on her advanced clinical and education practice in obstetric and pediatric hospital settings. As a nurse educator, she was the nurse lead in fall 2015 on the Baby-Friendly Designation Project at Pennsylvania Hospital—the first hospital to be so designated in the Phila-

delphia area. This World Health Organization initiative promotes breastfeeding and healthier feeding for infants and young children.

Meyers' desire for optimal feeding and maternal-child bonding translates into her academic work: Her doctoral research will be on postpartum depression (PPD), which "affects 10 to 15 percent of mothers in the United States," she notes. "PPD is mostly undetected and untreated and can inflict long-term negative consequences on mothers, children and families. I explore nurses' perceptions about caring for mothers at risk."

A certified car-seat technician, Meyers checks car seats and volunteers at hospitals, schools and day care centers to teach parents how to install them. Since more than 90 percent of car seats are installed incorrectly, her initiative is critical for child safety.

HER WISH FOR PATIENTS: As a nurse practitioner in the pediatric setting, Meyers educates not only students but parents. Her goal of safety for children always tops her list. "I enjoy raising awareness and promoting healthy living with new families," she notes.

"MEANINGFUL PREVENTION OF PREMATURITY HAS ELUDED US FOR DECADES..."



NOT EVERY AMERICAN BABY has the ideal birth scenario. Consider those born prematurely. Assistant Professor Michelle M. Kelly '94 BSN, '12 PhD, RN, CRNP, a neonatal and pediatric nurse practitioner, doesn't mince words. "We know that meaningful prevention of prematurity has eluded us for decades and we have pushed the edge of viability to its

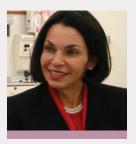
limit. Survival rates for all gestational ages are astounding compared to those of generations past. What we have not done well is impress upon those in the primary care and education systems that those children who did well, who spent just a few weeks in the NICU, continue to face some challenges."

Along with mentoring student research assistants, Dr. Kelly digs deeper in studying babies born prematurely to focus on their educational and functional outcomes throughout childhood, specifically during elementary and middle school. "This is a critical time period, one during which families find it hard to secure educational support services for children with low acuity conditions like speech/language delay or impaired executive function," she explains.

"Most elementary and middle school educators do not know that 10 percent of the children in the U.S. are born prematurely and that the 9 percent born between 32-36 weeks of gestation face a significantly increased risk of neurodevelopmental conditions that will affect their ability to be successful in the classroom," says Dr. Kelly. "My goal is to bridge two very important gaps, the one between the NICU and the primary care providers, and the one between the primary care provider and the education system."

HER WISH FOR PATIENTS: Concerning those born prematurely, "We must first educate the providers, the educators and the family to have a heightened awareness of the risks these children face, because these challenges are surmountable. We just need to be prepared to face them and provide the children with the tools to be successful. Health-care providers, educators and parents need to advocate for them."

DEDICATED TO "THE TEACHING-LEARNING PROCESS"



IN PREPARING NURSES who will be working in local and global settings, Associate Professor Carol Toussie Weingarten, PhD, RN, ANEF studies the art and science of teaching about the nursing care of women and childbearing families. Known for her expertise in maternalchild nursing, health promotion and professional development, she involves

undergraduate and graduate students in conducting research.

Her special interests include teaching strategies, item writing and test construction—key areas of teaching that evolve as times and students change. Students need to pass their courses and later the NCLEX-RN licensure exam, but the process is valuable in other ways. "Testing fosters critical thinking and mastery of content," Dr. Weingarten explains. Her collaboration with fellow educators and her "dream team" of three clinical faculty experts—Meyers and Drs. Maldonado and McKeever-delineates their shared passion "for the science of our content and the teaching-learning process to best prepare our students, our future colleagues."

She understands what a difference funding can make. For example, grants from the Villanova University Institute for Teaching and Learning focusing on studying education have allowed for faculty growth in "translating key clinical concepts into items that evaluate learning" and ultimately produce better nurses, she notes. "Broadening the recognition of nursing education as a specialty of nursing and the importance of investment in nursing education are critical to health care at every level," she believes.

ENVISIONING THE FUTURE: Her broad goals include fostering student success in mastering objectives, preparation for the NCLEX-RN exam and promoting the essential outcome of excellent care for women and childbearing families in every setting in which Villanova nurses practice. •

GAINING INSIGHT, SIDE SIDE

Guided by faculty mentors, many more Nursing undergraduates are pursuing research. Their studies are improving clinical practice and advancing the knowledge base.



Assistant Professor Meredith MacKenzie, PhD, RN, CRNP, CNE (right) mentored senior Emma Max, who last summer was the College's Villanova University Research Fellow.

Senior Catherine DeLuca (right) explains to students her study of risky behavior like sexting among high school students. Her mentor is Professor Elizabeth Burgess Dowdell, PhD, RN, FAAN.

rom enhancing the lives of 1 million Americans struggling with Parkinson's disease to studying critical topics like cyberbullying, elder care and homelessness, the College of Nursing's undergraduates make an impact in the world of nursing research. They are engaging in crucial, in-depth analysis that is providing insight and discoveries benefiting patients, families and communities—locally, nationally and internationally. Undergraduates are learning the intricacies of the research process, becoming involved in scholarly endeavors and contributing to the body of nursing science.

The expanding research and related scholarly pursuits for undergraduates are a culmination of years of stimulation by the College of Nursing and Villanova University.

Villanova's Strategic Plan calls for a greater emphasis on undergraduate research. Nursing faculty members guide students to pursue research scholarships and awards, present at national conferences and play a role in shaping the field of nursing through evidencebased practice. Established in 2006, the College's Center for Nursing

Research has become a hub of scholarly pursuits and information. It continues to grow and develop commensurate with the profession's response to the need to improve patient care.

Observes Professor Elizabeth Burgess Dowdell, PhD, RN, FAAN, "Nursing students who work with faculty on research or evidence-based practice projects or have developed their own independent studies are developing new skills and competencies that are demanded by an evolving healthcare environment. Through Villanova and Nursing research opportunities, our students are learning to understand the critical link between the bench and the bedside as well as developing enthusiasm and skills necessary for the nursing workforce of the future. They are making a difference in and out of the classroom by moving from dependent to independent roles within studies, as well as the power of dissemination."

Nursing research can be traced back to Florence Nightingale. In 1856, she returned to Britain as a hero after caring for soldiers in the Crimean War. She pioneered not only patient care but the collection and analysis

of data and the development of survey instruments like colored pie charts to make her findings clear to those in power. "To understand

God's thoughts we must study statistics, for these are the measure of his purpose," Nightingale noted. Over the past 50 years, nursing research has emerged as a dominant force within health care and nursing education.

Through the Center for Nursing Research, undergraduate and graduate students receive help with grant writing, the research process, developing skills critical to professional writing, and more. This center assists students and faculty who study a vast array of topics, from childhood obesity prevention to the psychosocial effects of breast cancer on African-American women survivors. It serves as a clearinghouse for funding opportunities and dissemination of research outcomes and activities.

While research has long been a cornerstone of the College's graduate programs, particularly the PhD in Nursing Program, undergraduates have increasingly emerged as visible and capable participants in research endeavors. Dr. Dowdell points out that in 2011 Villanova's Center for Undergraduate Research and Fellowships (CURF) expanded its Undergraduate Research Fellows Program. This led to Nursing students receiving internal funding to support their research. In 2012, CURF piloted its Villanova Freshman Match Research Program to provide first-year students with stipends to participate in the research of faculty mentors. Nursing students also take part in professional development seminars on writing résumés, cover letters, oral presentations and grant proposals.

In 2014, the Davis Family Undergraduate Summer Scholars Research Fund was established at the College through the generosity of Hugh M. Davis '83 MS, '85 PhD; his wife, Pamela S. Davis; and their daughter, Olivia M. Davis '13 BSN. The Davis fund supports undergraduate participation in faculty-guided research.

All of these endeavors have led to a significant spike in the number of undergraduates taking part of the College's nursing research agenda. In August 2015, there were 10 Nursing students conducting research with faculty. In November 2015, Dr. Dowdell held the first Research Information Session, which attracted 30 undergraduates. Last spring, 33 undergraduates were collaborating with faculty on a research or scholarly project—more than three times as many as in 2015.

Accolades from Presentations to Publications

n recent years, Nursing students, guided by faculty mentors, have studied, published about and presented on an array of topics. During 2015-16, for example, Clinical Associate Professor Theresa "Teri" Capriotti '95 MSN, DO, RN, CRNP and senior Kristina Terzakis, a Presidential Scholar, published "Parkinson's Disease for the Home Health Care Clinician" in Home Healthcare Now. Their aim is to enhance the quality of life for patients and their caregivers who struggle daily with this progressive neurodegenerative disease. Other students and faculty mentors published works addressing LGBT health-care issues, the health needs of Philadelphia's Arab-American communities and the impact of hydraulic fracturing on health.

Among those who have received major accolades for their research are Davis Scholar/Fulbright Scholar Patrick Smith '16 BSN, RN (see page 15), junior Carolyn Astrup and senior Catherine DeLuca.

"Nurses and other professionals are in key roles to screen, identify and assess online risk behaviors in adolescents."

-CATHERINE DELUCA, SENIOR

Astrup works with Assistant Professor Melissa O'Connor, PhD, MBA, RN, COS-C on "Fuel for Life: A Literature Review of Nutrition Among Older Adults Receiving Home Health." Astrup observes that "The standard home health assessment does not contain information about a patient's nutritional status. In the popular and empirical literature there is a plethora of knowledge on what older adults should be eating, and what health-care professionals should do to help them maintain good nutrition. However, it is unknown whether or not this information is being shared with older adults who are receiving home health, and whether or not older adults are truly getting the support they need to be consuming a nutritionally sufficient diet." Astrup says she has gained "much more respect for the many scholars and researchers of the nursing world who commit their time to their patients, as well as the science of nursing. I now hope to be able to do the same in my nursing career!"

Dr. Dowell is mentoring DeLuca for their project on "High School Students and Risk Taking Behaviors: Is There a Relationship between Health Risks and Online Risks?" Through their data analysis, DeLuca says, "...findings from this study suggest that sexting is related to other risky Internet behaviors such as cyberbullying and drug use. Nurses and other professionals are in key roles to screen, identify and assess online risk behaviors in adolescents. Focused nursing interventions and educational programs that emphasize prevention, risk reduction and safety are imperative."

Assistant Professor Meredith MacKenzie, PhD, RN, CRNP, CNE has mentored several undergraduates, including senior Emma Max, who was Nursing's Villanova University Research Fellow last summer. Max received funding for a strong proposal she submitted: "Just in KASE: Evaluating Nursing Students'

Knowledge, Attitudes and Self-Efficacy to Care for the Dying Patient." The senior developed a data-based (co-authored) abstract and poster, which she presented at the 2016 Villanova Undergraduate Research Poster Session and was accepted for the Eastern Nursing Research Society's 2017 Scientific Sessions.

Seniors Annabel Anderson and Margaret "Maggie" Coleman collaborated with Dr. Dowdell in spring 2016 on a project titled "You Don't Know Unless You Ask: School Nurses' Role in Identifying Homelessness." As Dr. Dowdell explains, Anderson worked tirelessly to identify states and school districts that have developed programs to address homelessness among children, contacting school nurses across the country via e-mail, Skype and telephone. Anderson notes that she spoke with "school nurses in lower-income communities [who] created entire programs to help students because homelessness had become a significant problem." Coleman, for her part in the project, conducted multiple literature reviews across eight professional disciplines and synthesized state and federal laws specific to homelessness and children throughout the country. Together, they identified laws that applied to nurses or other health-care providers. The abstract and poster the two seniors produced were presented at the College's Scholar's Day and Villanova's Undergraduate Research Poster Session.

A Future of Opportunities

hese examples are merely a glimpse of the scholarly work Nursing undergraduates are conducting as they learn from faculty mentors. As the College continues its efforts to develop and support research at the undergraduate level, such skill-building will strengthen the meaningful link between research and clinical practice, a link crucial to the students' career development and ultimately their ability to provide quality care based on evidence. •



Senior Kristina Terzakis, a Villanova Presidential Scholar, published with Clinical Associate Professor Theresa "Teri" Capriotti '95 MSN, DO, RN, CRNP an article on Parkinson's disease.

AMBASSADOR FOR HEALTH ACCESS

IN SUB-SAHARAN **AFRICA**

uring his senior year, Patrick Smith '16 BSN, RN was awarded a Fulbright research grant to conduct a nine-month health reform project in the Kingdom of Lesotho, which is encircled by South Africa. The economy of this constitutional monarchy is based on agriculture, mining, manufacturing and subsistence farming. Forty percent of its population live below the international poverty level line of \$1.25 a day. Life expectancy averages 49 years.

Working with staff from Partners In Health-Lesotho, Smith developed a proposal to investigate public perceptions of Lesotho's Primary Healthcare (PHC) Reform. Implemented in 2014, the reform aims to increase health-care access and quality nationwide through empowering district health-management teams, nurses and village health workers.

"My background as a nurse underlies everything I do here," Smith says, including his "understanding of the challenges of providing care in diverse settings, communication skills and exposure to research." He channels his energies into assessing the impact of village health workers on access to and quality of care. Using mixed-

"I have grown to more fully understand and appreciate manifestations of global poverty, the inspiring resilience of the human spirit and the need for us all to work towards socially just living conditions for all."

-Patrick Smith '16 BSN

methods research to investigate their key successes and challenges with patients, he aims "to provide useful programmatic feedback; to further global understanding of the human experience of people living in mountain-



Last December, Patrick Smith '16 BSN, a Fulbright researcher (left), joined other Partners In Health-Lesotho staff in attending the World AIDS Day commemoration in Maseru, the capital and largest city in the Kingdom of Lesotho.

ous Lesotho; and to draw attention to global health practices that are measurably transforming health outcomes for populations in last-mile communities."

Based on his site visits and conversations with nurses at 25 health centers throughout the kingdom, Smith observes, "I've seen firsthand that nurses are also primary-care providers, 24/7 on-call skilled birth attendants, pharmacy technicians and data clerks whose dedication is profound and readily apparent in the way they speak of their daily challenges." He shares his experiences through his blog, "One Foot Forth" (pd94smith.wordpress.com).

Smith, who is from Melrose, Mass., was the College of Nursing's first male Presidential Scholar. At Villanova, his interests in international development, global health equity and social justice flourished and were nourished through his participation and leadership in such groups as Catholic Relief Services Ambassadors. For two years, he chaired Villanova's Hunger and Homelessness Awareness Week. As a sophomore and junior, through the federal Centers for Disease Control and Prevention, he led two studies in Baltimore examining innovative health-care delivery to lowincome, functionally challenged older adults.

In 2015, Smith served during the summer in Ghana with Unite For Sight, supporting health-care delivery in resourcelimited settings. He blogged that "in adapting to changes in lifestyle and closely observing examples of scarcity, I have grown to more fully understand and appreciate manifestations of global poverty, the inspiring resilience of the human spirit and the need for us all to work towards socially just living conditions for all."

Support and guidance for his Ghana project came from the Villanova School of Business' Center for Global Leadership; Villanova's Center for Undergraduate Research and Fellowships; the College's Davis Family Undergraduate Summer Scholars Research Fund; and Professor Elizabeth Burgess Dowdell, PhD, RN, FAAN and Associate Professor Ruth A. McDermott-Levy '96 MSN, MPH, '08 PhD, RN.

Smith notes how his experience with direct patient care heightened his sensitivity to patients' holistic needs and strengthened his awareness of the many factors—biologic, social and environmental, among others—that can influence their health. He plans to pursue post-graduate studies on locally driven health system innovations in sub-Saharan Africa. •

Choosing to LEAD in Building Skills

New professional development program enhances student readiness for the marketplace.

or 60 years, the College of Nursing has taken pride both in educating students and in their performance as professionals after graduation. The College prepares excellent clinicians and has produced many fine leaders. Yet, there is always more to do and new opportunities to improve students' overall education.

Fledgling students, in particular, need additional support to build their confidence and hone their professional skills for today's marketplace. A pilot program to do just that is under way for seniors and freshmen. Known as LEAD (Learn, Engage, Advance, Develop), the program has a goal of enhancing students' total performance as they prepare to take on more responsibility and accountability for their own professional growth upon graduation and employment.

LEAD emphasizes building skills such as networking, professional etiquette, mentoring, negotiation, financial planning, and appropriate professional dress and demeanor.

Villanova University's other colleges also have recognized the value in extending students' experience beyond the classroom and laboratory to better prepare them for the professional arena. Villanova offers career development workshops, and many Nursing courses integrate aspects of professional development, such as accountability, appropriate communications using a variety of outlets, and strategies for working with intraprofessional and interdisciplinary teams.

Members of Nursing's Board of Consultors (BOC), alumni and faculty agreed that given the diverse environment in which health care and nursing are practiced,

Nursing students could also benefit from a deliberate set of experiences that would parallel their development as clinicians. To provide them with this value-added experience over their four years, the College will further design and develop LEAD, guided by a subcommittee of faculty, staff, alumni and BOC members.

LEAD's initial events, including the inaugural one on October 28, 2016, in Driscoll Hall brought together alumni, BOC members and key individuals from clinical partner agencies to interact with Nursing students. The events yielded a highly positive response and evaluation. Observes senior Margaret "Maggie" Coleman, "For me, the event was a great opportunity not only to hone my networking skills but to appreciate the depth of the Villanova network as well."

Nursing exists in a highly competitive, diverse and complex marketplace. Competence, ethical and professional behaviors, compassion and a spirit of service have long characterized Villanova nurses and their performance. The College's expectations of its graduates are high. The LEAD experience expands this opportunity to contribute to the education of Nursing students and to distinguish the College's graduates.•



As part of their first LEAD event, held in Driscoll Hall last October, seniors networked with clinical partner agencies and key individuals from Boston to Philadelphia, following a session on interviewing skills.



Tyonne Hinson '01 MSN, DPH, RN, NE-BC, director of Nursing, International Medicine and Global Health at The Children's Hospital of Philadelphia, offered career advice during the networking session.

What Matters Most

usan Hassmiller, PhD, RN, FAAN, senior advisor for Nursing for the Robert Wood Johnson Foundation (RWJF), has spoken countless times about the vital role of nurses. She has shaped and led RWJF's nursing strategies to create a higher quality of care in the United States. But on the evening of November 21, 2016, Dr. Hassmiller, who had been invited to give the College of Nursing's 38th Annual Distinguished Lecture in Nursing, instead found herself offering a personal perspective. A little more than a month prior, she had lost her husband, Bob, due to a biking accident. As she spoke of this tragedy and loss, she brought a very special message about the value of the care provided from many compassionate nurses.

Drawing parallels from her longstanding career of fostering nursing leaders, Dr. Hassmiller said she remains humbled by the irreplaceable care Bob received during such a difficult time. She recapped how a nurse's ability to just be there for patients and their families and provide support



Beth Ann Swan, PhD, CRNP, FAAN (right) assisted Susan Hasmiller, PhD, RN, FAAN (left) in giving the Naratil lecture last November. They are colleagues at the Robert Wood Johnson Foundation.

goes beyond words in this profession. She concluded with a charge to the Nursing students transfixed by her words: "My message for you is to go forward with care and compassion because care and compassion are what matter the most."

Her RWIF colleague, Beth Ann Swan, PhD, CRNP, FAAN, dean and professor of the Jefferson College of Nursing at Thomas Jefferson University in Philadelphia, then

stepped in for her to deliver the lecture in the Connelly Center. Dr. Swan addressed nursing's role in a culture of health. She advised nurses to "be present, intentional and thoughtful with your care, for each increment of time impacts the patient and family you're caring for in profound ways."

The lecture is part of the College of Nursing's Naratil Family Health & Human Values Lecture Series. •

Community Partners Envision the Future



The Center of Global and Public Health inaugurated its Strengthening Partnerships Workshop, held in the Idea Accelerator in Falvey Memorial Library, on September 30, 2016. Twenty-five people representing Villanova University, Nursing faculty and four community organizations participated in this workshop to enhance existing relationships. The community agencies were Catholic Social Services, Nationalities Services Center, the School District of Philadelphia and Unity Clinic. The workshop was well-received and each group and faculty partner took away strategies for future initiatives. Ruth McDermott-Levy '96 MSN, '08 PhD, MPH, RN directs the center. •

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Four PhD Students Named as Scholars

C tudents in the PhD in Nursing Program who have been selected as scholars this past academic year include:

Carlene McLaughlin '09 MSN, CRNA, a National League for Nursing (NLN) Jonas Scholar. Her dissertation is "The Effect of Debriefing with



Good Judgment on Nurse Anesthesia Students' Critical Event Recognition, Response and Treatment."

Amanda Kirkpatrick, MSN, RN-BC, a College of Nursing Jonas Scholar. Her study will focus on simulation to increase undergradu-



ates' competence in palliative care.

Tara Sacco, MS, RN, CCRN-K, AGCNS-BC, ACCNS-AG, also a College of Nursing Jonas Scholar. Her area of study is the relationship of work environment factors to compassion satisfaction and compassion fatigue among critical care nurses.





Blue Cross Foundation in Philadelphia. Her area of research is health promotion and disease prevention behaviors among millennials. •

Dietitians Highlight Best Practices

n finding solutions to the obesity epidemic, there's no one-size-fits-all approach. At the Breakfast Series in Driscoll Hall on September 14, 2016, "Sharing Secrets and Successes: Best Practices in Weight Management," a panel of registered dietitians discussed the inroads they have made. The dietitians related the variety of approaches and evidence-based practices they use with their bariatric patients, low-income children in Philadelphia and their Main Line clientele. Thus the discussion remained dynamic and engaging for the more than 40 dietitians and health professionals attending the program, which was sponsored by the College's MacDonald Center for Obesity Prevention and Education (COPE).

Despite the differences in the populations served, the dietitians found common themes in helping their patients and clients:

- setting small, realistic and attainable goals;
- focusing on positive behavior (i.e., eating smaller portions) rather than the outcome (losing 10 pounds);
- increasing "touch points" (in-person contact, phone calls, e-mails);
- building a strong rapport; and
- understanding the complex nature of weight management.

Panel members discussed other approaches they often use, such as mobile fitness and food apps and motivational interviewing techniques, to help their clients and patients achieve lasting lifestyle changes. A Q&A session rounded out the two-hour program. •



The panel at COPE's Breakfast Series last September featured (from left) Lisa K. Diewald, MS, RD, LDN, program manager of COPE; Colleen Tewksbury, MPH, RD, LDN, bariatric program manager at Penn Medicine/University of Pennsylvania Health System; Sharon Howard, MS, RD, LDN, CDE, FAND, owner of Nutrition for Living Counseling and Coaching Services; John Rickards, RD, LDN, managing partner, The Charge Group Corporate/Individual Health Solution Management; Brenda Lazin, MS, RD, LDN, pediatric nutritionist, Philadelphia Department of Public Health's City Health Centers; Ashvini Mashru, MA, RD, LDN, owner of Wellness Nutrition Concepts, LLC and author of Small Steps to Slim; and Rebecca Shenkman, MPH, RDN, LDN, director of COPE.

A Major Switch to the ICU

hifting from managing lavish fine dining experiences at the Ritz-Carlton to caring for post-operative surgical patients may not seem like a traditional career path. However, Lauren Ziemba '16 BSN, RN easily traded in her business suits for hospital scrubs. With the help of a Helene Fuld Health Trust grant, she gave up her career in hospitality management to enroll in the College of Nursing's second-degree accelerated BSN program. Within 14 months, last September she began practicing as a Clinical Nurse I at the Hospital of the University of



Hospitality management was her previous career, but now Lauren Ziemba '16 BSN, RN cares for patients who have undergone such procedures as heart and lung transplants, coronary artery bypass grafts and transcatheter aortic valve replacement.

Pennsylvania's Heart and Vascular ICU.

"It is surprising how many core skills from hospitality management transfer over to nursing," notes Ziemba. "It is very much problem-solving on the spot, with a far greater impact." While holding a very positive regard for her previous field, she knew it was not her calling. In her late teens, she lost her father to pancreatic cancer. She recalls the positive impact the health-care staff had on her during this heartbreaking period. From this loss, she learned that she "wanted to make more of a difference in the lives of others during their most trying times." She applied her "love for science and interactions with others" to becoming a nurse to help have that same impact on her patients.

Being educated as a nurse with a focus on patient-centered care has made Ziemba's transition into her fast-paced job feel very natural. She reflects that while she "thrives on intensity," keeping the patients' needs at the forefront is critical to their care. Ziemba explains that many patients arrive critically ill, with multiple co-morbidities, and post-operatively the nursing staff is able to guide them through the beginning steps of their journey towards recovery. "Seeing a positive progression in patients is my favorite part of the job," she says. She is reminded daily that her career change was indeed the right choice. •

PNP Students Present at NAPNAP



At a meeting of the Delaware Valley Chapter of the National Association of Pediatric Nurse Practitioners (NAPNAP), Lisa Garber '16 MSN, RN (left), then a student, discussed with fellow PNP student Caroline Shane, BSN, RN her poster related to the effect of education on how sex trafficking victims are viewed. They were among the Villanova Nursing students who attended and presented last September in Valley Forge, Pa. Assistant Professor Michelle M. Kelly '94 BSN, '12 PhD, CRNP, RN is the chapter's president-elect and Assistant Professor Sunny G. Hallowell, PhD, PPCNP-BC, IBCLC is the immediate past-president. •

Fuld Scholars Accelerate to Their Careers



Thanks to a grant from the Helene Fuld Health Trust, 28 students in the second-degree accelerated BSN program were offered the opportunity to pursue their dreams of becoming a nurse. The funding supports academically qualified students with financial need. Recipient Siana Minucci (back right) notes: "I was a full-time student and working full time as a patient care assistant in a busy PACU. I was inspired by the nurses with whom I worked and the superior nursing care they gave their patients. I soon had the desire to evolve and reach my full potential. The Helene Fuld Scholarship is helping me accomplish what I set out to do: to become a Villanova Nursing graduate and have meaning in my career as an RN." •

Evidence-based Practice for Nurse Leaders

ew graduates bring knowledge of evidence-based practice and projects to their first professional positions—often surpassing that of their more seasoned nurse leaders. To address the gap that may exist in the understanding and creative application of scientific evidence to their practice, the Continuing Education in Nursing and Health Care Program (CE) offered a day-long Evidence Based Practice (EBP) Seminar for Nurse Leaders. This seminar, held last October in Driscoll Hall, assisted each participant in developing ways to access and evaluate clinical evidence while considering its applicability to day-today operations and strategic planning.

Nurse leaders explored the differences between research, EBP and quality improvement. Using a mix of small and large group discussions, everyone had a chance to consult with expert faculty. Each nurse was assigned a mentor for a onetime consultation to provide guidance in achieving personal EBP goals and objectives.



Professor Mary Ann Cantrell '89 MSN, PhD, RN, FAAN (right) and Barbara Quintiliano (back right), the College's Falvey Memorial Library liaison, assist two nurse leaders with their evidencebased practice initiatives during last fall's inaugural Continuing Education seminar on that topic.

"It was very exciting to provide one-onone instruction that helped each leader formulate a clinical question, and learn how to access and appraise relevant studies. Comments from the participants were very positive," says Evelyn Lengetti, PhD, RN-BC, assistant dean and director of the CE

Program. To address the more widespread need, she notes, "Our next venture is to explore hosting this program online for all health-care leaders. They can join this team of experts in the virtual classroom, accessing the class from their personal computer anywhere in the country." •

Theta Delta Beta Chapter Celebrates First Decade



On April 1, 2006, dedicated to its mission of "Service for Humanity," 12 College of Nursing students launched the Theta Delta Beta Chapter of Chi Eta Phi Sorority, Inc. This national professional organization for registered professional nurses and student nurses (male and female) represents many cultures and diverse ethnic backgrounds.

Support from its national and regional leadership, as well as from two Nursing faculty advisors—associate professors Patricia K. Bradley, PhD, RN, FAAN and Sara J. Reeder, PhD, RN-led to the success of the chapter's chartering and longevity.

In Driscoll Hall, supporters and charter members joined in the chapter's 10th Anniversary Celebration on September 17, 2016. Pictured here are (front row, from left): Dr. Bradley, faculty advisor; M. Louise Fitzpatrick, EdD, RN, FAAN, Connelly Endowed Dean and Professor; Lillian Stokes, PhD, RN, FAAN, past national president of Chi Eta Phi; and Constance Sumner, MSN, CMSRN, OCN, past director of the Northeast Region. Students and alumni who returned for the festivities included (second row) Rasheeda Thomas '13 BSN: Geena George '08 BSN; Patricia Harris '92 BSN, '01 MSN, the first Beta sponsor; Marta Tikabu '09 BSN, charter member (third row) Ava Phipps '11 BSN; Lillie Manon '06 BSN, charter member; Jazmin Russell, senior (fourth row) Sherrieka Bryan '15 BSN; Rachel Watkins '08 BSN, charter member; NyAsia White '16 BSN (fifth row) Danielle Wallace '12 BSN, Nurse Anesthesia student; Ugochi Onwuzurike, senior: and Terry Ravello '16 BSN. •

Standard of Care Model Takes Wing

urner syndrome (TS) is a genetic condition in females where the X chromosome is missing or partially missing, resulting in a variety of medical issues-most commonly short stature and pubertal delay. Cardiac defects, renal anomalies, hearing issues and higher incidence of autoimmune disorders can also occur. That can be frightening for families whose daughters may be diagnosed anywhere from the prenatal period to the teen years. TS patients require ongoing care from a team of providers to promote their health and independence. That's where Denise Gruccio Paolucci '16 DNP, CRNP, PNP-BC comes in.

An expert in growth and pubertal disorders of childhood, she has 26 years of experience working with patients and families confronted with chronic illness and the challenges that presents. A nurse practitioner at The Children's Hospital of Philadelphia (CHOP), she practices in the Division of Endocrinology and Diabetes, Diagnostic and Research Growth Center and the Turner Syndrome Program. Each day she advocates for, supports and educates patients and families in the management of their chronic illness.

Families see her passion. What they might not know is that she has published

extensively on growth disorders in pediatrics, including journal articles, book chapters and manuscripts. She speaks regionally and nationally and received CHOP's 2010 Caroline Langstader Advanced Practice Award for Excellence in Clinical Practice.

She believes strongly in creating the ideal patient experience and holds fast to her longstanding commitment to improving the care of children and adolescents. In 2011 she co-launched and developed CHOP's WINGS (Wellness in Growth and Spirit) program, designed to meet the needs of girls with TS. WINGS brings together an interdisciplinary team of experts to provide the best care to TS patients of all ages through prenatal visits as well as care to children from birth to late adolescence and young adulthood. "The program has met with much success and includes multi-state patient referrals," notes Dr. Gruccio Paolucci.

Recognizing the challenges and complexity of health-care delivery, she decided to pursue her Doctor of Nursing Practice (DNP) degree at the College of Nursing. While girls and adolescents with TS face many health challenges, two of the biggest



Denise Gruccio Paolucci '16 DNP, CRNP, PNP-BC guides families and patients through the challenges of chronic illness.

are growth and pubertal development. Most patients will require hormone therapy. Recognizing that the best standardized approach had not been identified, Dr. Gruccio Paolucci in her DNP scholarly work created and implemented a clinical practice guideline to a standard treatment approach. The implementation of a standardized care model improves both the quality of care delivered as well as patient outcomes.

In April, she will give a podium presentation on "The Development and Implementation of a Clinical Practice Guideline for Feminization of Girls with Turner Syndrome" at the Pediatric Endocrine Nursing Society, as well as a poster presentation at the Eastern Nursing Research Society's Scientific Sessions. •

Alpha Nu Prepares for Next 50 Years

ight years in the making, the Alpha Nu Chapter of Sigma Theta Tau ■ International (STTI)—nursing's honor society-culminated in 1966 with its chartering on May 15 that year at a dinner in Dougherty Hall.

Fifty years later, in her keynote address at Alpha Nu's annual induction ceremony and 50th Anniversary Celebration, Nancy C. Sharts-Hopko, PhD, RN, FAAN, observed "But Sigma Theta Tau International, while appreciating our past, stands for preparing for our future." She is a professor of Nursing and director of the PhD in Nursing Program. The celebration took place on October 30, 2016, in the St. Thomas of Villanova Church.

"The values that [the Alpha Nu founders] were committed to celebrating-love, courage, honor-have endured, and will guide us into the future if we maintain focus," added Dr. Sharts-Hopko.

That future lies with the 125 Nursing undergraduates, 15 graduate students and four nurse leaders from the community who were inducted into Alpha Nu.

In recognition of its milestone, the chapter also made a donation to the College's Building Enhancement Fund and presented Dean Fitzpatrick with a replica of the wording that will appear on a paver on the patio outside Driscoll Hall. •



Four charter members of Alpha Nu who attended the October 30, 2016, induction and 50th Anniversary Celebration were acknowledged during the ceremony and presented with a gift recognizing their leadership and service to nursing. They are (from left) Marguerite "Margie" Aromando '65 BSN, Margaret "Peg" Griffiths '62 BSN, Barbara Park Drake '66 BSN and Eileen Walter Ferdinandsen '65 BSN.

Innovative Program Receives AACN Award

Students learn from trained "patients" how to interact with and improve care for people with disabilities.

hile at least one-fifth of the United States' population lives with one or more disabilities, these 60 million people across all age groups face significant barriers to accessing health care. Faculty members at the College of Nursing are successfully helping students learn to provide care to these patients and help them overcome barriers.

In 2011-2012, faculty and staff launched the College's Standardized Patients with Disabilities Program (SPWD), which gives students the opportunity to experience what it is like to work with a long-marginalized population-individuals with disabilities-and learn about the health issues that affect them. Standardized patients (SPs) are individuals trained to simulate health conditions accurately in a systematic way. In clinical scenarios, SPs mimic the appearance, behavior, tone and language of an actual patient, becoming part of students' simulation experience.

The SPWD program has been successful in improving students' clinical skills and reshaping the health-care landscape to be far more inclusive of people with disabilities. This success led to the College's receiving the American Association of Colleges of Nursing (AACN) 2016 Innovations in Professional Nursing Education Award.

The AACN Award recognizes the extensive, and life-changing, work being done by faculty and staff assisting the SPWD program, including Suzanne C. Smeltzer, EdD, RN, ANEF, FAAN, professor and director of the Center for Nursing Research; Assistant Professor Bette A. Mariani '82 BSN, PhD, RN; Colleen H. Meakim '84 MSN, RN, CHSE, director of the Simulation and Learning Resource Center (SLRC); Assistant Professor Jennifer Gunberg Ross '00 BSN, '05 MSN, '11 PhD, RN, CNE; Clinical Assistant Professor Elizabeth A. Bruderle '90 MSN, PhD, RN;



At the Association of Colleges of Nursing (AACN) semiannual meeting last fall in Washington, D.C., (from left) Suzanne C. Smeltzer, EdD, RN, ANEF, FAAN, professor and director of the Center for Nursing Research, and M. Louise Fitzpatrick, EdD, RN, FAAN, Connelly Endowed Dean and Professor, accepted AACN's 2016 Innovations in Professional Nursing Education Award from Juliann Sebastian, PhD, RN, FAAN, chair of AACN's Board of Directors, and Deborah Trautman, PhD. RN. FAAN, who is AACN's president and CEO. The College, one of three honored nationally with this award, was the winner in its category of school.



During a clinical scenario, Clinical Assistant Professor Elizabeth A. Bruderle '90 MSN, PhD, RN oversees sophomores learning from a standardized patient (SP) with a disability. Here, they transfer him from bed to wheelchair. Afterwards, the group debriefs together and the SP shares his perspective with students about what they did well and where they could improve.

Assistant Professor Elizabeth Petit de Mange, PhD, NP-C, RN; Serah Nthenge '04 MSN, a PhD in Nursing student; Associate Professor Carol Toussie Weingarten, PhD, RN, ANEF; and Susan Markert, SLRC assistant.

Notes Dr. Smeltzer, "Our faculty and superb standardized patients deserve a huge thank-you for their support of this effort to improve health care and to make healthcare settings a better place for individuals with disabilities."

Studies by Nursing faculty have shown that most U.S. nursing programs do not address disability, that textbooks do not sufficiently incorporate disability and that people with disabilities receive compromised care when hospitalized. Such research prompted the College to create the SPWD program, which not only changes the way Nursing students interact with people with

disabilities but is poised to improve significantly nursing education across the nation.

The program heeds calls from the U.S. Surgeon General's Office and the International Council of Nurses to remove barriers to health care. It ensures that students gain experience in, and become comfortable with, communicating with people with disabilities. Additionally, it prepares them to provide comprehensive, sensitive and appropriate care to this population that the U.S. Centers for Disease Control and Prevention notes faces a myriad of problems with accessing health care. Individuals with disabilities, for example, are more likely to not have had an annual dentist visit, not have had a mammogram in the past two years, not engage in fitness activities, be overweight or obese, have high blood pressure and receive less socialemotional support.

Faculty developed and innovated creative teaching strategies using videos and scenarios featuring SPs with disability. Faculty teach these strategies beginning with the undergraduates' first semester and extending through their home health care experiences in their final semester. Graduate students in the Nurse Practitioner Program also interact with SPs with disability in the simulation environment to ensure that they are able to communicate effectively with them and are skilled in addressing the interaction of disability with managing primary health-care issues and modifying care as needed.

Over the past five-plus years, the program has educated students in how to comfortably and effectively provide care to individuals with a wide variety of disabilities. Program evaluations have shown that students not only can provide better care but have increasingly positive attitudes about interacting with these patients.

With this positive feedback, faculty members who created the program are developing materials that will form the basis for incorporating disability into nursing education across the country. As part of this effort, they have spoken at national and regional conferences—and this summer internationally, in Dublin, Ireland. They also encourage nursing educators throughout the United States to embrace improving health care for this population. \bullet

Lecture Series at Bryn Mawr Hospital Honors Dean Fitzpatrick



Following the inaugural Dr. Louise Fitzpatrick Lecture last November, these individuals gathered for a photo before the reception. They are (from left) donors J. Brien Murphy, MD, and his wife, Maggie; the lecturer, Dr. Kathryn H. Bowles '90 MSN, PhD, RN, FAAN, FACMI; honoree M. Louise Fitzpatrick, EdD, RN, FAAN, Connelly Endowed Dean and Professor; Andrea Gilbert, president of Bryn Mawr Hospital; and Marianne Harkin, vice president of Patient Care Services.

hanks to the generosity of J. Brien Murphy, MD, and his wife, Maggie, on November 7, 2016, nurses and colleagues from Bryn Mawr Hospital, other Main Line Health institutions and the College of Nursing enjoyed the inaugural Dr. Louise Fitzpatrick Lecture. They gathered to hear Kathryn H. Bowles '90 MSN, PhD, RN, FAAN, FACMI speak on "Innovations in Discharge Planning: The Three Rights of Post-acute Care" in the hospital's Pennypacker Auditorium. The Murphys established the lecture series to recognize M. Louise Fitzpatrick, EdD, RN, FAAN, Connelly Endowed Dean and Professor.

Dr. Bowles discussed her nearly 20-year research journey. It began with a clinical question and led to launching a business to ensure that hospitalized patients are properly identified and referred for post-acute care to avoid poor discharge outcomes. At the University of Pennsylvania School of Nursing, Dr. Bowles is the vanAmeringen Professor in Nursing Excellence and director of the Center for Integrative Science in Aging. She also is vice president and director of the Center for Home Care Policy and Research for the Visiting Nurse Service of New York.

Dr. Murphy was a surgeon at Bryn Mawr Hospital for many years and is a member of its Gerhard Society Committee as well as a former member of the College of Nursing's Board of Consultors. In 2016, he and his wife established the Dr. Louise Fitzpatrick Lecture in Nursing Endowment Fund to honor Dean Fitzpatrick and her "extraordinary career in nursing education." The annual lecture will be of benefit to nursing staff, nurse leaders and guests.

TRANSITIONS

Anne M. Fink '12 PhD. RN, CNE in August 2016 joined Villanova Nursing as assistant dean for College and Student Services. Dr. Fink served as the assistant dean for Curricular Activities at the University of Pennsylvania. She also taught



undergraduate nursing students at Alvernia University and the Reading Hospital School of Nursing. Her diverse nursing background includes home care, hospice, university health center, pediatrics and maternal child nursing. The PhD alumna received her BSN from Thomas Jefferson University and her MSN from DeSales University.

Evelyn "Evie" Lengetti, PhD, RN-BC joined the faculty in June 2016 as assistant dean and director of Continuing Education (CE) in Nursing and Health Care Program and clinical assistant professor. She has been a part of the Villanova Nursing



community as a CE associate since October 2015. She spent 11 years at The Children's Hospital of Philadelphia in various educational roles, including director of Nursing Education. She earned her BSN at The Catholic University of America, her MSN at the University of Pennsylvania and her PhD at Duquesne University.

James "Jim" Mendez '15 PhD, CRNP, ANP-BC joined the faculty as assistant professor in August 2016. He has been part of the Villanova Nursing community for many years as parttime pharmacology instructor. Dr. Mendez



has a wealth of knowledge in cardiothoracic surgery and organ transplantation. He teaches Basic Concepts of Pharmacology and serves as an undergraduate clinical instructor. The PhD alumnus received his ANS in Nursing from Delaware County Community College, his BSN from Wilmington University and his MSN from the University of Pennsylvania.

Tracy Oliver, PhD, RDN, LDN joined the faculty as an associate professor in August 2016. The registered dietitian received her undergraduate degree from the University

of Pittsburgh and her master's degree and PhD from Temple University. Dr. Oliver's areas of expertise include nutrition, obesity, weight management and behavior modification strategies. Certified in adult weight management, she teaches Principles of Nutrition.

Maria Pavelsky '08 MBA was named the College's full-time director of Finance and Administration in June 2016 after six vears as part-time financial manager. In her new role, she is responsible for all financial, facili-



ties and staff administrative-related duties. The Villanova MBA alumna holds a BBA in International Business from The George Washington University.

CHANGE IN PHD PROGRAM LEADERSHIP



Nancy C. Sharts-Hopko, PhD, RN, FAAN (left) will continue to teach but has decided to relinquish her responsibilities as director of the PhD in Nursing Program. Notes Dean Fitzpatrick, "From its establishment in 2002, Nancy has guided its development and has contributed to its continuous improvement. Her colleagues and I applaud and thank her for her outstanding service to the College."

Succeeding Dr. Sharts-Hopko as director in August will be Mary Ann Cantrell '89 MSN, PhD, RN, CNE, FAAN (right), a faculty member for 25 years. An expert in pediatric nursing and teaching methods, Dr. Cantrell has taught in both the undergraduate and graduate programs. She is a tenured professor with excellent research acumen and significant scholarly production. The MSN alumna earned her BSN from Duquesne University and her PhD from the University of Maryland.

FACULTY PUBLICATIONS

Our faculty share their expertise broadly, as noted by these selected publications, presentations and achievements, which may include colleagues, alumni and students from the College.

Elizabeth M. Blunt, PhD, RN, APN-BC, FNP-BC, coordinator of the Nurse Practitioner Programs and assistant professor, edited Chapter 2, "Important Factors Influencing the Nurse Practitioner Role," in the Family Nurse Practitioner Review and Resource Manual, C. Reinish (ed.).

Sherry A. Burrell '15 PhD, RN, CNE, ACNS-BC, assistant professor, published:

- with Oertle, S. and Pirollo, M., "Evaluating the Effects of a Physician Referred Exercise Program (PREP) on Cancer Related Fatigue and Quality of Life Among Early Cancer Survivors," in the Journal of Oncology Navigation & Scholarship, 7 (2), 15-21;
- Chapter 46, "Management of Patients with Gastric & Duodenal Disorders," in Brunner and Suddarth's Textbook of Medical-Surgical Nursing, 14th edition, J. Hinkle and K.H. Cheever (eds.), in press; and
- with Jerome-D'Emilia, B. and Suplee, P.D., "Primary Care Expectations in an Underserved Population," in the Journal of Community and Public Health Nursing, 2 (4), 145-150.

Mary Ann Cantrell '89 MSN, PhD, RN, CNE, FAAN, professor, published:

- with Conte, T.M.; Hudson, M.M.; Ruble, L.; Herth, K.; and Canino, A., "Developing the Evidence Base in Pediatric Oncology Nursing Practice for Promoting Health-Related Quality in Pediatric Oncology Patients," in The Journal of Pediatric Oncology Nursing (Epub. September 25, 2016). (doi:10.1177/1043454216669678);
- with Posner, M.A., "Engagement in High-risk Behaviors Among Survivors of Childhood Cancer and Matched Cohorts Surveyed in the Adolescent Health Study," in the Journal of Adolescent and Young Adult Oncology, 5 (2), 146-151; and
- with Conte, T.M. and Suter, J., "From Chemo to College: The College Experience for Childhood Cancer Survivors," in The Journal of Pediatric Oncology Nursing, 33 (5), 329-338.

Theresa "Teri" Capriotti '95 MSN, DO, RN, CRNP, clinical associate professor, published the book Pathophysiology Made Incredibly Visual, 3rd edition. She also published

articles with three Nursing seniors:

- with Alexandra Gillespie, "Health Care Issues of the LGBT Population: What the Primary Care Clinician Should Know," in Clinical Advisor, August 2016, 1-9 (Epub. July 14, 2016);
- with Teresa Murphy, "Ischemic Stroke," in Home Healthcare Now, 34 (5), 259-266; and
- with Kristina Terzakis, "Parkinson Disease," Home Healthcare Now. 34 (6), 300-307.

Diane M. Ellis '84 BSN, '92 MSN, RN, CCRN, clinical assistant professor, published with Vernon, G., Section III, "The NLN Center for Excellence in the Care of Vulnerable Populations: The Edmund J. Safra Visiting Nurse Faculty Program," in Building the Future of Nursing, vol. 3, L. Caputi (ed.), part of the Innovations in Nursing Education series.

Sunny G. Hallowell, PhD, PPCNP-BC, IBCLC, assistant professor, published:

 with Darcy-Mahoney, A.E., "Leveraging the Skills of Nurses and the Power of Language Nutrition," in Advances in Neonatal Care, 17 (1), 45-52;

"Early language exposure is critical for language acquisition and significantly influences a child's literacy skills. However, preterm infants may experience language deprivation in the neonatal intensive care unit. Nurses are vital to helping parents understand their critical role in early language development."

-from the abstract of the article in Advances in Neonatal Care, published by Sunny G. Hallowell, PhD, PPCNP-BC, IBCLC, and Darcy-Mahoney, A.E.

- with Froh, E.B.; Spatz, D.L. and the American Academy of Nursing Expert Panel on Breastfeeding, "Human Milk and Breastfeeding: An Intervention to Mitigate Toxic Stress," in Nursing Outlook (Epub. ahead of print July 14, 2016). (doi: 10.1016/j.outlook.2016.07.007);
- with Hatfield, L.A.; Kutney Lee, A.; Del Guidice, M.; Ellis, L.N.; Verical, L.; and Aiken, L.H., "Fostering Clinical Nurse Research in a Hospital Context," in the Journal of Nursing Administration, 45 (5), 245-249.

Tamara M. Kear '09 PhD, RN, CNS, CNN, assistant professor, published two articles in the Journal of Nephrology Nursing:

- "Patient Handoff in Nephrology Nurse Practice Settings: A Safety Study," 43 (5), 379-386, 400; and
- "Patient Handoffs: What They Are and How They Contribute to Patient Safety." 43 (4), 339-341.

Michelle M. Kelly '94 BSN, '12 PhD, CRNP, assistant professor, published "National Perspective of Health Outcomes of 8- to 11-Year-old Children Born Prematurely and Their Full-term Peers," in the Journal of Pediatric Nursing, 31 (4), 422-429.

Bette A. Mariani '82 BSN, PhD, RN, assistant professor, published:

 with Doolen, J.; Atz, T.; Horsley, T.L.; O'Rourke, J.; McAfee, K.; and Cross, C.L.,

- "High-fidelity Simulation in Undergraduate Nursing Education: A Review of Simulation Reviews," in Clinical Simulation in Nursing, 12 (7), 290-302;
- with Doolen, J., "Nursing Simulation Research: What Are the Perceived Gaps?," in Clinical Simulation in Nursing, 12 (1), 30-36;
- with Mary Ann Cantrell '89 MSN, PhD, RN, CNE, FAAN, professor, and Colleen H. Meakim '84 MSN, RN, CHSE, director of the Simulation and Learning Resource Center, "An Innovative Approach Using Clinical Simulation to Teach Quality and Safety Principles to Undergraduate Nursing Students," in Nursing Education Perspectives, 37 (4), 236-238.

E-textbook Helps Nurses Respond to **Environmental Risks**

When the Alliance of Nurses for Healthy Environments (ANHE) was formed in 2008, its founders conceptualized an e-textbook. That came to pass on November 11, 2016, when ANHE's free, open-access textbook, Environmental Health in Nursing, went live on its website. Ruth McDermott-Levy '96 MSN, MPH, '08 PhD, RN, associate professor of Nursing and director of the Center for Global and Public Health, is an inaugural member of the group, chair of the education workgroup and co-editor of this e-textbook, along with J. Leffers, C. Smith, K. Huffling and B. Sattler. Dr. McDermott-Levy contributed sections on faith communities, immigrants and refugees as a vulnerable population, the federal website ToxTown and her own research on fracking.

"As front-line health-care providers, nurses can make a difference in identifying and responding to environmental health risks and exposures," Dr. McDermott-Levy notes. The e-text will "help nurses, nursing students and nursing faculty be prepared to address those risks and exposures within their practice settings." She explains that the e-text was based on recommendations of the 1995 Institute of Medicine report, Nursing, Health and the Environment: Strengthening the Relationship to Improve the



"As front-line health-care providers, nurses can make a difference in identifying and responding to environmental health risks and exposures."

- Ruth McDermott-Levy '96 MSN, MPH, '08 PhD, RN

Public's Health, which reported that nurses needed more education and preparation to assess environmental risks and exposures and "to make appropriate referrals" related to those risks.

Providing nurses with this knowledge is critical for holistic care, she believes. "There are communities and specific populations across the lifespan that are at greater risk of environmental exposures that effect their health," she says. "Flint, Michigan's water crisis is just one example. There are other cities and communities at risk of environmental exposures every day." •

Meredith A. MacKenzie, PhD, RN, CRNP, CNE, assistant professor, published:

- with Buck, H.G.; Meghani, S.H.; and Riegel, B., "Unique Correlates of Heart Failure and Cancer Caregiver Satisfaction with Hospice Care," in the Journal of Pain and Symptom Management, 51 (1), 71-78;
- "Magical Thinking Around End of Life: An Editorial on 'Implantable Cardioverter Defibrillator Deactivation Discussions: Reality vs. Recommendations," in the European Journal of Cardiovascular Nursing, 15 (1): 8-9.

"Our training has often prepared us for roles and identities as healers and fixers and left us unprepared for the unfixable, for mortality."

- Meredith A. MacKenzie, PhD, RN, CRNP, **CNE**, from her editorial in the *European* Journal of Cardiovascular Nursing

Linda Maldonado, PhD, RN, assistant professor, published "Latinas and Intergenerational Caregiving: An Integrative Review," in the Journal of Transcultural Nursing, 28 (2), 203-211. (Epub. Dec. 27, 2015).

Ruth McDermott-Levy '96 MSN, '08 PhD, RN, associate professor and director of the Center for Global and Public Health, published with Victoria Garcia '09 BS, '15 BSN, "Health Concerns of Northeastern Pennsylvania Residents Living in an Unconventional Oil and Gas Development County," in Public Health Nursing, 33 (6), 502-510.

Amy E. McKeever '08 PhD, RN, CRNP, WHNP-BC, assistant professor, published:

- "Achieving Safe Motherhood: Addressing the Healthcare and Education Needs of Mothers with Comorbidities: Re-envisioning Prenatal Care and Education," in Clinic in Mother and Child Health, 12 (4), (doi: 10.4172/2090-7214.1000211);
- with Sue Ellen Alderman, MSN, RN, **PMHCNS.** clinical assistant professor: Stephanie Luff '14 BSN and Brian De Jesus '14 BSN, "Assessment and Care of Childbearing Women with Severe and Persistent Mental Illness," in Nursing for Women's Health, 20 (5), 484-499; and
- with Bloch, J.R.; Zupan, S.; and Barkin, J.L., "Perinatal Nurse Home Visiting Referral Patterns Among Women with Diabetes and Hypertension in Philadelphia," in JOGNN, 46 (1), 29-29.

Helene Moriarty '77 BSN, PhD, RN, PMHCNS-BC, FAAN, professor and the Diane L. and Robert F. Moritz Jr. Endowed Chair in Nursing Research, published the following articles:

- with Winter, L. and Short, T., "Self-reported Driving Difficulty in Veterans with Traumatic Brain Injury: Its Central Role in Psychological Well-being," in Physical Medicine & Rehabilitation (Epub. Feb. 3);
- with Winter, L.; Robinson, K.E.; and Newhart, B., "Rating Functional Capabilities of Veterans with Traumatic Brain Injury by Family Members and Veterans," in the International Journal of Therapy and Rehabilitation, 23 (6), 259-268;
- with Winter, L.; True, G.; Robinson, K.; and Short, T., "Depressive Symptomatology Mediates Associations with Community Reintegration in Veterans with TBI," in Military Psychology, 86 (6), 376-389;
- with Winter, L.; Robinson K.E.; Piersol, C.V.; Vause-Earland, T.; Iacovone, D.B.; Holbert, L.; Newhart, B.; Fishman, D.; Hodgson, N.; and Gitlin, L.N., "Effectiveness and Acceptability of a Home-based, Family-inclusive Intervention for Veterans with TBI: A Randomized Controlled Trial," in Brain Injury, 30 (4), 373-387;
- with Bunting-Perry, L.; Robinson, J.P.; and Bradway, C.W., "The Experience of Women Who Care for Spouses with Parkinson's Disease and Lower Urinary Tract Symptoms," in the Journal of Obstetric, Gynecologic, and Neonatal Nursing, 45 (5), 737-748;
- with Birchoff, S., "Interventions Using Smartphone Health Apps Across Various Populations: An Integrative Review of the Literature," in the Journal of Informatics Nursing, 1 (1), 13-24; and
- with McKinley, L.; Beccerra, B.; Short, T.H.; Hagle, M.; Reymann, A.; Valentine, S.; Duster, M.; Warrack, S.; and Safdar, N., "Vancomycin-resistant Enterococcus Co-colonization Rates with Methicillinresistant Staphylococcal aureus and Clostridium difficile in Critically III Veterans," in the American Journal of Infection Control, 44 (9), 1047-1049.

Melissa O'Connor, PhD, MBA, RN, COS-C, assistant professor, published:

with Helene Moriarty '77 BSN, PhD, RN, PMHCNS-BC, FAAN, professor and the Diane L. and Robert F. Moritz Jr. Endowed Chair in Nursing Research; Madden-Baer, R.; and Kathryn H. Bowles '90 MSN, PhD, RN, FAAN, FACMI, "Identifying Critical Factors in Determining Discharge Readiness from Skilled Home Health: An Inter-

- professional Perspective," in Research in Gerontological Nursing, 9 (6), 269-277;
- with Sefcik, J.S.; Petrovsky, D.; Streur, M.; Toles, M.; Ulrich, C.; Marcantonio, S.; Coburn, K.; Mary Duffin Naylor '71 BSN, PhD, RN, FAAN; and Dr. Moriarty, "In Our Corner: A Qualitative Descriptive Study of Patient Engagement in a Community-based Care Coordination Program," in Clinical Nursing Research, (Epub. December 30, 2016) (doi: 10.1177/1054773816685746);
- with Angelina Arcamone '82 BSN, '86 MSN, PhD, RN, CCE, assistant dean and director of the Undergraduate Program; Frances Amorim, MSN, RN, CCE, coordinator for Clinical Education: Mary Beth Hoban '77 BSN, '10 MSN; Boyd, R.M.; Fowler, L.; Marcelli, T.; Smith, J.; Nassar, K.; and M. Louise Fitzpatrick, EdD, RN, FAAN, Connelly Endowed Dean and Professor, "Innovations in Gerontological Nursing Education: Exposing Baccalaureate Nursing Students to Transitional Care," in Home Healthcare Now, 34 (9), 491-499; and
- with Asdornwised, U.; Dempsey, M.L.; Huffenberger, A.; Jost, S.; Flynn, D.; and Norris, A., "H3IT Special Topic: Using Telehealth to Reduce All-cause 30-day Hospital Readmissions Among Heart Failure Patients Receiving Skilled Home Health Services," in Applied Clinical Informatics, 7 (2), 238-247.

Jennifer Gunberg Ross '00 BSN, '05 MSN, '11 PhD, RN, CNE, assistant professor, published:

- with Elizabeth A. Bruderle '90 MSN, PhD, RN, clinical assistant professor, "Studentcentered Teaching Strategies to Integrate the Quality and Safety Education for Nurses Competency, Safety, into a Nursing Course," in Nurse Educator 41 (6), 278-281; and
- with Dr. Bruderle; Colleen H. Meakim '84 MSN, RN, CHSE, director of the Simulation and Learning Resource Center; Joyce S. Willens '83 BSN, PhD, RN-BC, assistant professor; and Joyce Holmwood '14 MSN, "The Development and Implementation of Formative Capstone Simulation Scenarios to Prepare Novice Nursing Students for Initial Clinical Practicum," in the Journal of Nursing Education, 55 (10), 587-589.

Nancy C. Sharts-Hopko, PhD, RN, FAAN, professor and director of the PhD in Nursing Program, published:

with Nada Hussain Al Moosa '99 BSN, '03 MSN. '14 PhD. "Using Change Management to Redesign Oman's Health Professions Education Sector," in Health Professions Education, (Epub. September 29, 2016). (doi: 10.1016/j. hpe.2016.09.001); and

 with Katie Hooven '16 PhD, "Learning to Teach: When Should the Socialization Begin?," in the Journal of Nursing Education and Practice, 6 (1), 16-22.

Suzanne C. Smeltzer, EdD, RN, ANEF, FAAN, professor and director of the Center for Nursing Research, published:

- with Mary Ann Cantrell '89 MSN, PhD, RN, CNE, FAAN, professor; Nancy C. Sharts-Hopko, PhD, RN, FAAN, professor and director of the PhD in Nursing Program; Mary Ann Heverly, PhD, associate adjunct professor; and PhD students Amanda Jenkinson, MSN, RN and Serah Nthenge '04 MSN, "Assessment of the Impact of Teaching Demands on Research Productivity Among Doctoral Nursing Program Faculty," in the Journal of Professional Nursing, 32 (3), 180-192; and
- with Mitra, M.; Long-Bellil; L.; lezzoni, L.I.; and Smith, L.D., "Pregnancy Among Women with Physical Disabilities: Unmet Needs and Recommendations on Navigating Pregnancy," in the *Disability and Health Journal*, 9 (3), 457-463; and also with those co-authors, "Perinatal Experiences of Women with Physical Disabilities and Their Recommendations for Clinicians," in the *Journal of Obstetric, Gynecology, and Neonatal Nursing*, 45 (6), 781-789.

LEADERSHIP AND ACHIEVEMENTS

Elizabeth M. Blunt, PhD, RN, APN-BC, FNP-BC, coordinator of the Nurse Practitioner Programs and assistant professor:

- gave two workshops on minor procedures at the Pennsylvania Coalition of Nurse Practitioners' annual conference, in Mount Pocono, Pa., last November;
- presented on "Inexpensive Simulations for Teaching Minor Procedures," at the Networking Conference for Healthcare Education, in Cambridge, England, last September; and
- gave the keynote, "The Imperative for Multicultural Education in Health Care," at the 4th International Conference on "Interdisciplinary Aspects of Beauty, Health and Disease," in Jaroslaw, Poland, May 2016.

Sherry A. Burrell '15 PhD, RN, CNE, ACNS-BC, assistant professor, gave:

 a podium presentation, "Clinical Outcomes Associated with Increased Symptom Cluster Severity in Patients Undergoing Surgery for Pancreatic Cancer," at the Sigma Theta Tau International's 27th Annual Research Congress, in Cape Town, South Africa, last July; and

PING Aims to Connect Breastfeeding Mothers with Lactation Consultants in Philadelphia

renatal care and delivery options have been steadily shrinking in Philadelphia for the last 15 years," notes a publication outlining PING (Patient Information Networking Group). The founder and president of PING, a nonprofit, is Sunny G. Hallowell, PhD, PPCNP-BC, IBCLC, assistant professor of Nursing and a lactation consultant.

Dr. Hallowell and her group, including **Angela Pisarra**, a senior in the College of Nursing, describe PING as a mobile platform that adds in a key component to the nurse-family relationship: partnering with lactation agencies to help new mothers and their babies bridge the transition gap from hospital to home. At 2 a.m., when baby won't breastfeed, the mother can find help via her smart phone.

The group is especially concerned about the 1,500 infants born "in the poorest, most vulnerable neighborhoods in North Philadelphia," according to the PING publication. The two hospitals there have the city's lowest breastfeeding rate (45 percent).

Dr. Hallowell, joined by Pisarra, presented the PING concept to entrepreneurs and philanthropists at the Philadelphia Social Innovations Lab's Nursing and Community Health Innovation Competition in April 2016 (view her



Sunny G. Hallowell, PhD, PPCNP-BC, IBCLC (left), assistant professor, and Angela Pisarra, at the time a Nursing junior, pitched the PING mobile platform concept at an innovation competition last spring in Philadelphia. It took first place.

convincing pitch at www.socialinnovation-slab.org/?portfolio=ping). PING took first place for "Best Nursing and Community Health Innovation." The lab was hosted by the National Nurse-Led Care Consortium, an affiliate of the Philadelphia Health Management Corporation.

In January, PING was named a finalist (from 3,000 nominated for the regional competition) at the Philadelphia Social Innovations Journal Awards ceremony.

 an e-poster and oral presentation, "Symptom Clusters and Clinical Outcomes in Patients Undergoing Surgery for Pancreatic Cancer," at the Oncology Nursing Society's 41st Annual Congress, in San Antonio, Texas, April 2016.

Linda Carman Copel, PhD, RN, PMHCNS-BC, CNE, NCC, FAPA, ANEF, professor:

- presented a poster, "Joining Forces Beyond War: Teaching Nursing Students About Behavioral Health Issues of Military Families," at the National League for Nursing Summit, in Orlando, Fla., last September; and
- gave a podium presentation with Khamis Al-Mamari '01 BSN, '06 MSN,

"Self-Stigma in Women with Disabilities Who Have Experienced Intimate Partner Violence," at the Eastern Nursing Research Society's 28th Annual Scientific Sessions, in Pittsburgh in April 2016.

Diane M. Ellis '84 BSN, '92 MSN, RN, CCRN, clinical assistant professor, presented a poster with G.M. Vernon, "Improving Nursing Education on Parkinson's Disease," at the 4th Annual World Parkinson's Congress, in Portland, Ore., last September.

Anne M. Fink '12 PhD, RN, CNE, assistant dean for College and Student Services, gave a podium presentation with K.Z. Wisser, "Becoming an Authentic Leader as a New

DNP or PhD Young-in-Age Nurse," at the Sigma Theta Tau International Leadership Connection, last September in Indianapolis.

M. Louise Fitzpatrick, EdD, RN, FAAN, Connelly Endowed Dean and Professor, presented a paper, "Evolution and Revolution in Nursing Education: A Global Perspective." last October at the American University of Beirut (AUB) Hariri School of Nursing (HSON) international conference, "Development of Evidence-Based Nursing in an Interdisciplinary Era: Achievements and Prospects." The conference in Lebanon celebrated AUB's 150th and HSON's 110th anniversaries. A member of HSON's Advisory Committee. Dean Fitzpatrick serves as an external evaluator for the school's PhD proposal.



"I view the future of nursing and nursing education as positive and I do know-having lived in the profession a long time-that we are now in a time of major transition and the lens that captures the future is not clear or definite. We have to live with a certain amount of ambiguity, but I am hopeful, as has been our history and tradition, that the profession will make choices that are not professionally self-serving but that will translate into competent, compassionate and ethical decisions and clinical practice that improve the health, well-being and safety of recipients of our care and that the personal and humane qualities and character of our profession will endure."

-Dean Fitzpatrick, from her paper last October at an international conference in Lebanon, sponsored by the American University of Beirut Hariri School of Nursing Sunny G. Hallowell, PhD, PPCNP-BC, IBCLC, assistant professor, lectured on:

- "Human Milk More Than Mere Nutrition: Health Policy, Advocacy and Outcomes," at the Nursing Grand Rounds, Nemours/ Alfred I. duPont Hospital for Children, in Wilmington, Del., last September;
- "Breastfeeding: An Evidence-Based Intervention to Mitigate Toxic Stress?," at the Alaskan Native Medical Center in Anchorage last July; and
- with B.L. Cassidy, "Links and Apps for Clinicians Caring for Children and Adolescents," at the Pennsylvania Coalition of Nursing Practitioners Conference, in Pocono Manor, Pa., last November.

Tamara M. Kear '09 PhD, RN, CNS, CNN, assistant professor, gave two podium presentations:

- "Fluid and Electrolyte Balance Across the Ages," at the annual meeting of the Infusion Nurses Society, in Fort Lauderdale, Fla., in May 2016; and
- "To Error Is Human: To Improve Safety and Care Is Humane," at the American Nephrology Nurses Association's 47th National Symposium, in Louisville, Ky., in May 2016.
- Also last May, Dr. Kear, a board member of the American Nephrology Nurses Association (ANNA), was invited to represent ANNA on the federal Centers for Disease Control and Prevention (CDC) Making Dialysis Safer for Patients Stakeholder's Coalition.



 In September 2016. Dr. Kear presented on "American Nephrology Nurses Association's Partnership with the CDC Foundation" at the CDC on behalf of ANNA.

Michelle M. Kelly '94 BSN, '12 PhD, CRNP, RN, assistant professor, delivered a podium presentation, "Facilitating Genomics Content in Curriculum: Be a Tour Guide," at the International Society of Nurses in Genetics Conference, in Dublin, Ireland, last August.

Bette A. Mariani '82 BSN, PhD, RN, assistant professor, gave three presentations at the 15th Annual International Nursing Association for Clinical Simulation and Learning Conference, in Grapevine, Texas, in June 2016:

- with J. Doolen, T. Atz, T.L. Horsley, K. McAfee and J. O'Rourke. "High-Fidelity Simulation in Undergraduate Nursing Education: A Review of Simulation Reviews";
- with Jennifer Gunberg Ross '00 BSN, '05 MSN, '11 PhD, RN, CNE, assistant professor, and Susan Paparella '86 BSN, '02 MSN, "Improving Medication Safety Through Simulation"; and
- with M. Fey and D. Gloe, "Simulation Research Rubric: An Instrument to Rate the Quality of Simulation Research Manuscripts."

Linda Maldonado, PhD, RN, assistant professor, last August was selected as a 2016 National Institute of Minority Health and Health Disparities' Health Disparities Research Institute Scholar. Last October, she presented a poster, "Exploration of Intergenerational Caregiving Related to Puerto Rican Women's Pregnancy Outcomes," at a Pennsylvania Action Coalition Conference in Pittsburgh.

Ruth A. McDermott-Levy '96 MSN, MPH, '08 PhD, RN, associate professor and director of the Center for Global and Public Health, took part in a roundtable discussion, "Evaluation of Environmental Health Education Resources for Residents of Unconventional Oil and Gas Development Communities in Pennsylvania," at the annual meeting of the American Public Health Association last October in Denver, Colo.

She also delivered two podium presentations:

- "Some People Build Walls, Others Open Doors: Health Barriers and Access for Immigrants and Refugees" at the International Policy Conference: "Justice for All?," at Millersville University, in Millersville, Pa., last October; and
- "Voices from the Community: Environmental Health Concerns of Residents in Northeast Pennsylvania," at the Southwest Environmental Health Project's Medical Conference, in Pittsburgh in June 2016.

Amy E. McKeever '08 PhD, RN, CRNP, WHNP-BC, assistant professor, presented "Not Just About NAS Anymore: Best Practices in the Care of Women with Substance Abuse Disorder in Pregnancy" at the Association of Women's Health, Obstetric and Neonatal Nurses Conference, in Grapevine, Texas, in June, 2016. She also presented two talks at the CityMatCH Leadership and MCH Epidemiology Conference in Philadelphia last September:

- with Y. Brown, J.B. Bloch, S. Zupan, J. Barkin and M. Gallagher-Gordon,
 "Discordance Between Perinatal Nurse Home Visitors and Pregnant Women's Health Concerns During Pregnancies," and
- with J.B. Bloch, S. Zupan and J. Barkin, "Perinatal Nurse Home Visiting Referral Patterns for Diabetes and Hypertension."

Helene Moriarty '77 BSN, PhD, RN, PMHCNS-BC, FAAN, professor and the Diane L. and Robert F. Moritz Jr. Endowed Chair in Nursing Research, presented:

- two sessions at the Eastern Nursing Research Society's 28th Annual Scientific Sessions, in Pittsburgh in April 2016: with L. Winter, "Patient-centered and Familycentered Outcomes in Intervention Research: Use of Target Outcomes in a Study with Veterans with Traumatic Brain Injury and Their Family Members," and with K. D'Alonzo, S. DeSanto-Madeya and J. Horowitz, "Think Like a Reviewer: How to Create an Effective and Efficient Aims Page";
- with L. Winter, "Randomized Controlled Trial of a Home-Based, Family-Inclusive Intervention for Veterans with TBI: Moderator Effects," at the 40th Annual International Brain Injury Rehabilitation Conference, in Williamsburg, Va., in May 2016; and
- two sessions at the National Conference for the Association of Rehabilitation Nurses, in Philadelphia last September, with L. Winter, D. Fishman, B. Newhart and K. Robinson, "Concurrent TBI and PTSD in Veterans: Relationship with Psychological Functioning and Wellbeing," and with L. Winter, K. Robinson and T. Short, "The Central Role of Driving in the Psychological Wellbeing of Veterans with Traumatic Brain Injury."

Dr. Moriarty was an invited presenter for "Evaluating and Treating Veterans with TBI" at the "Mind Your Brain @ Penn Medicine" conference, sponsored by the University of Pennsylvania Center for Brain Injury and Repair, in Philadelphia in March 2016.

In May 2016 Dr. Moriarty received the Achievement Award from Philadelphia's Corporal Michael J. Crescenz VA Medical Center in recognition of "outstanding performance, improving nursing care as a nurse researcher and nurse leader." Since 2015, she has served on the American Academy of Nursing's Expert Panel on Military & Veterans' Health.

Melissa O'Connor, PhD, MBA, RN, COS-C, assistant professor, served on an expert panel on "Modernizing Medicare Home Health Care" for the AARP Public Policy Institute, held last July in Washington, D.C. Last November, at The Gerontological Society of America's 69th Annual Scientific Meeting in New Orleans, she presented "Tools for Building a Solid Career in Gerontology Leadership" for the Emerging Scholars Professional Organization Pre-Conference Workshop and also presented two papers:

- with M.L. Dempsey, A. Huffenberger,
 S. Jost, D. Flynn, N. Brennan and A. Norris,
 "Using Telehealth to Reduce All-Cause
 30-Day Hospital Readmissions Among
 Heart Failure Patients" and
- with Helene Moriarty '77 BSN, PhD, RN, PMHCNS-BC, FAAN, professor and the Diane L. and Robert F. Moritz Jr. Endowed Chair in Nursing Research; Mary Beth Hoban '77 BSN, '10 MSN; and Kathryn H. Bowles '90 MSN, PhD, RN, FAAN, FACMI, "How Do We Know They Are Ready? Determining Readiness for Discharge from Skilled Home Health Services."

Dr. O'Connor is co-investigator on the grant awarded to principal investigator Usavadee Asdornwised, PhD, associate professor in the Department of Surgical Nursing at Mahidol University in Thailand. Dr. Asdornwised was a 2015-2016 Fulbright Visiting Scholar at the College of Nursing. They will study "Venous Thromboembolism Prevention Guideline Use in Perioperative Nurses in Asian Countries." The research grant was awarded by the Association of periOperative Registered Nurses/Sigma Theta Tau International. Last fall, Dr. O'Connor was honored with the Excellence in Research Award from the Alpha Nu Chapter of Sigma Theta Tau International.

Jennifer Gunberg Ross '00 BSN, '05 MSN, '11 PhD, RN, CNE, assistant professor, gave a podium presentation with Elizabeth A. Bruderle '90 MSN, PhD, RN, clinical assistant professor, "Enhancing Active Learning Through the Application of Studentcentered Teaching Strategies Related to the QSEN Competency, Safety" at Duke University School of Nursing's Institute for Educational Excellence 2016 National Conference on Radical Transformation of Nursing Education, in Durham, N.C., in April 2016.

Dr. Ross presented two posters:

 with Hannah Carney '16 BSN, "The Effect of Formative Capstone Simulation Scenarios on Novice Nursing Students' Anxiety and Self-Confidence Related to Initial Clinical Practicum," at the 43rd Annual Professional Nurse Educators Group Conference, "Infusing Creativity and Collabo-

- ration into Professional Development," in Columbus, Ohio, last October; and
- with **Dr. Bruderle,** "Integrating the QSEN Competency, Safety, into an Essentials of Nursing Practice Course," at the 2016 QSEN Forum: "The New Frontier: Forging Partnerships for Lifelong Learning in Quality and Safety," in San Antonio, Texas, in May 2016.

Nancy C. Sharts-Hopko, PhD, RN, FAAN, professor and director of the PhD in Nursing Program, in September was appointed lead faculty for the Early Educational Administrator Institute of Sigma Theta Tau International. She presented "Reflections on the Emergence of Alternative Healing in the U.S.: History as Helicy" to a meeting of the Main Line Chapter of the American Holistic Nurses Association, in Wynnewood, Pa., in November 2015. She obtained \$569,205 from the Nurse Faculty Loan Program of the federal Health Resources and Services Administration to support PhD in Nursing students' course work and research from July 2016 through this June.

Suzanne C. Smeltzer, EdD, RN, ANEF, FAAN, professor and director of the Center for Nursing Research, gave the keynote, "Why People with Disability Matter," at the McGinley-Rice Symposium on Justice for Vulnerable Populations: "The Face of the Person with a Disability," at Duquesne University in Pittsburgh last October.

Carol Toussie Weingarten, PhD, RN, ANEF, associate professor, last November was honored with the 2016 Advisor of the Year award from the Student Nurses' Association of Pennsylvania. In June 2016 she was elected president of the Board of Trustees of the Foundation of the National Student Nurses' Association (NSNA). She represented NSNA in Washington, D.C., at the national meeting of the Nurses on Boards Coalition last November. ●

Happy Retirement!



The College of Nursing congratulates our longtime colleague, Henry Ramsey, on his retirement in 2016 after 38 years of custodial service with Villanova University. Always friendly and a wise counselor, he was celebrated at an October 14 party. We wish him well in his retirement.

SCHLEY SCHOLARSHIP RECIPIENT FOLLOWS HER DREAM

rin Ferraro, a senior from Southwick, Mass., last spring became the first recipient of the Doris Clark Schley Scholarship. Jenkins L. "Mike" Schley, MD established it in honor of his late wife, a 1957 alumna of the then-new College of Nursing. Ferraro notes how honored she was to receive this gift, especially after hearing Dr. Schley speak on the impact his late wife had not only on her classmates but the nursing profession as a whole. "It's not just the scholarship that meant so much, it was the honor of receiving this gift, knowing what an amazing reputation Mrs. Schley had," Ferraro observed. "I feel extremely blessed to be a student in the College of Nursing, and I definitely appreciate Dr. Schley and his generosity."

Ferraro's interest in nursing stems from her passion for holistic care. To her, caring for a patient is not only about a patient's physical needs, rather that the needs are equal parts physical, emotional and spiritual. By forming a deeper connection with patients and providing care to the individual as a "whole," Ferraro is confident she will be able to care for them in every facet of their treatment experience.

Villanova University was the perfect choice for Ferraro to develop her passion for nursing. She remembers the feeling of community and acceptance from the moment she first stepped foot on campus.

Last summer, she had an externship in Washington D.C., at MedStar Georgetown University Hospital's cardio-thoracic step-down unit, where she could put into practice caring for the "whole person." "The acuity of the patients and the variety of diagnoses I saw on my unit are exactly what I am looking for in my first job as a nurse," she explained. Her interests lie in cardio-thoracic care and critical care.

"I've always had a little bit of wanderlust, so it wouldn't surprise me at all if I end up in a new city or state," Ferraro predicted. "If there's one thing Villanova has taught me, it's that there are so many opportunities to continue to grow as a nurse."



During her externship last summer in Washington, D.C., Erin Ferraro, now a senior, provided intermediate care on a cardio-thoracic step-down unit.

PITEK SCHOLAR'S PROJECT BENEFITS VULNERABLE NEWBORNS

t The Children's Hospital of Philadelphia (CHOP), Tracy Widmer, MSN, RN, CRNP, PNP, NNP-BC, a student in the College of Nursing's Doctor of Nursing Practice (DNP) Program, manages a group of 23 surgical nurse practitioners (NPs) dedicated to providing expert care to neonates. A certified pediatric and neonatal NP, she is a surgical NP in the Neonatal Infant Intensive Care Unit (N/IICU).

Widmer is the 2016 Ashley Rose Pitek Scholar. The Ashley Rose Pitek Nurse Scholars Fellowship supports DNP study at the College for advanced practice nurses committed to the care of children with spina bifida. Each DNP student completes a scholarly project focusing on clinical issues and/or organizational systems. Her project is "Improving Knowledge and Confidence of Frontline Clinicians Caring for Newborns with Spina Bifida."

In CHOP's N/IICU, which has 1,200 admissions a year, only about 20 are babies born with spina bifida. They require repair of their spinal defect after birth. This can present clinical challenges for the unit's medical team, which has more than 450 nurses and 40 nurse practitioners and physician assistants. "Given that babies with spina bifida comprise about 2 percent of our annual admissions, there is a good chance that many care providers have never taken care of a baby with spina bifida or that they provide care to this population infrequently," Widmer explains.

That's why her DNP project focuses on "just-in-time training" of the front-line clinicians. Using an educational DVD on spina bifida (developed by Lori Howell '15 DNP, RN, the previous Pitek Scholar) and a pre-test and post-test, Widmer aims for an outcome of increasing the knowledge base



Tracy Widmer, MSN, RN, CRNP, PNP, NNP-BC seeks to give a N/IICU team more expertise and confidence in caring for infants with spina bifida.

of this provider group. That will strengthen their ability to hold meaningful conversations with parents of neonates regarding N/IICU expectations and bring about enhanced knowledge for these parents as well. •

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Lisa Thiemann Restricted PhD Nursing Scholarship

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he Dumais Family Scholarship was established by Rich and Nicole Dumais, parents of Sarah Pompey '11 BSN, for academically talented Nursing majors from inner cities who have significant financial need, with preference given to graduates of Cristo Rev Network high schools, which serve low-income students in 21 states and Washington, D.C.

Initiated by an anonymous donor, the Dean M. Louise Fitzpatrick Endowed Nursing Scholarship has since received additional donations from friends, faculty and staff of the College of Nursing. It provides financial support to academically talented full-time Nursing undergraduates with demonstrated financial need who are from the Northeastern region of the United States.

The Lisa Smith Freer & Bradford Freer College of Nursing Scholarship was endowed by Lisa Freer '91 BSN and her husband. It provides financial support to academically talented full-time Nursing undergraduates with demonstrated financial need.

An anonymous donor established the Jeanne Gallagher Endowed Scholarship in Nursing to be awarded to academically talented full-time Nursing undergraduates with financial need.

The John and Maureen Lloyd '84 Nursing Scholarship was endowed by the BSN alumna and her husband to provide supplemental financial support to academically talented Nursing undergraduates with demonstrated financial need from Pennsylvania, New Jersey or New York.

The Lisa Thiemann Restricted PhD Nursing Scholarship, established by Lisa Thiemann '12 PhD, CRNA, a PhD alumna who serves on the College's Board of

Mr. and Mrs. Edward J. Barrett

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Consultors, is awarded to an academically talented PhD in Nursing candidate with demonstrated financial need. •

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The College's Campaign Priorities

The campaign priorities for the College of Nursing are:

- scholarship assistance for all programs, including the Doctor of Nursing Practice (DNP) Program,
- endowment of two College centers: The MacDonald Center for Obesity Prevention and Education and the Center for Global and Public Health,
- · endowed chairs and professorships,
- expansion of the Connelly-Delouvrier International Scholars program,
- · career development and alumni projects and
- · funding for fellowships in oncology for Nursing students.

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Let the Sparks Fly in Nursing Innovation

othing makes Kelly Reilly '16 PhD, RN-BC happier than helping to coach, mentor and guide nurses to lead from wherever they are. Her passion is palpable and her self-described mission is to help people achieve their goals, to selfactualize. In New York City, as senior director of Nursing, Education, Innovation and Research at Brooklyn's Maimonides Medical Center (MMC), she collaborates and designs purposeful programs and situations that allow the nurses to create, succeed and improve patient care and nursing practice.

Before she could help nurses, she knew she had to invest further in herself, to better understand how people learn in order to tailor learning to their needs. At Villanova University, she earned her postmaster's certificate in Nursing Education, then soon after rolled into the PhD in Nursing Program, building a foundation in research and leading the way to perhaps a future in academia. Dr. Reilly notes that "Villanova's PhD in Nursing has afforded me tremendous opportunities to grow and develop as an educator and scholar."

Before nursing, Dr. Reilly studied evolutionary biology and discovered a new species of fish that lived 350 million years ago. Her deep knowledge of evolution has helped her to understand the inherent need to adapt and change to survive and thrive—concepts easily applied to the health-care environment. She is there to create environments in which nurses may think, innovate and achieve. "I love to see the spark," she says with evident excitement for her work.

To encourage innovation, Dr. Reilly considers "How do we get to the next level to advance nursing practice or improve patient outcomes?" At MMC, she created an annual nursing research conference and redesigned the Nursing Research Committee into a Community of Nurse Scholars that includes a broad range of scholarship such as performance improvement, evidence-based practice and research. She fosters inter-professional learning opportunities and uses simulation to test new technologies and clinical platforms to ensure safe and effective implementation.

MMC supports its nurses in advancing their education, from full support from the chief nursing officer to generous tuition reimbursement. Dr. Reilly has developed strong academic partnerships and internal processes to help nurses implement and complete their studies or capstone projects.

To foster creativity, in partnership with the Massachusetts Institute of Technology and the Robert Wood Johnson Foundation, Dr. Reilly developed and implemented the first mini Maker Faire offered in a hospital setting. MMC provided "a community of inventive nurses who are creating solutions to improve patient care every day," notes its website. She developed

"How do we get to the next level to advance nursing practice or improve patient outcomes?"

> - Kelly Reilly '16 PhD. RN-BC

a maker space during the Community of Nurse Scholars meetings for nurses to brainstorm and prototype new devices and care delivery inventions, which they can test in a simulated environment she developed. Some examples of their work include testing conductive materials, programming apps and generating a "patient gown 2.0" that monitors and reports vital signs.

All the while, Dr. Reilly keeps in mind the "science of improvement," advising nurses when to be relentless and when to "take their foot off the gas" to hold or look at their ideas a second time to refine them.

Dr. Reilly has partnered with the Nightingale Initiative for Global Health, linking scholarship at MMC to the global nursing community. In March 2016 she was a panelist at the United Nations (U.N.) Commission on the Status of Women's



Setting up the first mini Maker Faire in a hospital setting gave Kelly Reilly '16 PhD, RN-BC a chance to let her creative nurses showcase their innovative solutions.

60th Session, presenting on empowering nurses to participate at the U.N. through non-governmental organizations.

Because moving out of one's usual environment introduces learners to new ideas and opportunities, Dr. Reilly created a day during which 40 nurses, from the CNO to staff nurses, attended two U.N. briefings on sex trafficking and ebola. The MMC nurses are now adding trafficking-related questions to patient history forms in pediatrics and the emergency department. They are also taking a look at "just-in-time feedback" from the ebola crisis as a method to inform responses to evolving situations. She wants to see the nurses' global citizen philosophy instilled in their practice model and has made the U.N. visit an annual event.

Among MMC's on-going innovative initiatives, trauma nurses are advancing palliative care in their specialty as well as examining car seat safety in their neighborhoods. Nurses in the surgical ICU journal with families. Dr. Reilly continues to construct the foundation for creativity in nursing. She marches on, she explains, because "I want nurses to know how their power can impact the world." •

GREETINGS FROM THE NURSING ALUMNI ASSOCIATION PRESIDENT

Dear Fellow Alumni,

As we reflect on the 60th anniversary of the graduation of our six pioneering Villanova nurses, the Nursing Alumni Association (NAA) extends warmest congratulations to our fellow alumnae being honored on April 29 at the College of Nursing's 28th Annual Mass and Alumni Awards Ceremony. They truly represent the mission of our College and show that Villanova nurses are leaders in many arenas.

We thank Michelle "Micki" Ballister '08 MSN, '13 DNP, CRNA, one of this year's Medallion recipients, for being part of the safety and quality panel at the Villanovans in Healthcare breakfast for alumni, held last November before the Gildan Charleston (S.C.) Classic men's

basketball tournament. She is a terrific representative of nursing.

As we work more closely with the Villanova University Alumni Association and our College to further engage alumni and assist with professional development efforts, watch for changes to our NAA Facebook page and do join us on LinkedIn through our Villanovans in Nursing group. Through LinkedIn you not only may network with other alumni but become a resource for Nursing students and new graduates seeking advice, externships, residencies or information on what it's like to launch a career at your institution. Post your institution's opportunities and share your wisdom. The students love connecting with you!

Are you open to becoming an NAA ambassador for your organization to help students learn more from a fellow Villanova nurse? Please e-mail your name, employer, role and contact information to ann.mckenzie@villanova.edu so we can link them to you.

We encourage you to stay in touch. Visit villanova.edu/nursing frequently, e-mail us at villanova.nursing.alumni@villanova.edu and engage with us on social media (@VillanovaNursingAlumni on Facebook and @VUNursing on Twitter).

See you June 8-11 for Alumni Reunion Weekend!

May Ellen downz

Mary Ellen Boyle Lorenz '83 BSN Interim President, Nursing Alumni Association

Nursing Alumni Gather in New York City



Thanks to (on the right) Theresa '74 BSN and Gerald "Gerry" '74 CLAS Bernaz, who hosted Nursing alumni at their Manhattan restaurant, Rossini's, on November 15, 2016. Among those present were (on the left) Rose O'Driscoll '64 BSN, MSN, RN, who retired as assistant dean for Administration and assistant professor last year, and M. Louise Fitzpatrick, EdD, RN, FAAN, Connelly Endowed Dean and Professor.



Dean Fitzpatrick and young alumnae show their Wildcat pride at Rossini's.

> Members of the Nova Nursing Nation gathered at this Northern Italian restaurant founded by the Bernaz family in 1978.

NURSING ALUMNI NOTES

1950s

Rosalie Mirenda '59 BSN, PhD, RN retires June 30 as president of Neumann University, a position she has held since 1996. Under her leadership, the college in Aston, Pa., achieved university status in 2009. Dr. Mirenda arrived at Neumann in 1973 as a nursing instructor, later becoming dean of the nursing division and vice president for Academic Affairs before her appointment to the presidency. She has been widely recognized for her leadership in Catholic education.

1960s

Gloria Ferraro Donnelly '63 BSN. PhD. RN. FAAN, FCPP, professor and dean emerita of Drexel University's College of Nursing and Health Professions, in August 2016 stepped down as the founding dean, a position she had held since 2002. An expert in psychiatric-mental health nursing, she will continue to teach and strengthen online education at Drexel. As Drexel unveiled her portrait during a tribute ceremony, it was noted that she is portrayed wearing her Villanova Nursing Medallion.



1970s

Mary Duffin Naylor '71 BSN, PhD, RN, FAAN was recognized for her significant contributions to health services research with the AcademyHealth 2016 Distinguished Investigator Award at its Annual Research Meeting last June 27 in Boston. She is the Marian S. Ware Professor in Gerontology and director of the NewCourtland Center for Transitions and Health at the University of Pennsylvania School of Nursing. Dr. Naylor is the architect of the Transitional Care Model, an evidencebased care management approach designed to improve the quality of care, decrease unnecessary hospitalizations and reduce health-care costs for vulnerable communitybased older adults.

AnnMarie Young Papa '77 BSN, '95 MSN, DNP, RN, CEN, NE-BC, FAEN, FAAN, vice president and chief nursing officer for Einstein Medical Center Montgomery in East Norriton, Pa., was honored by the Emergency **Nurses Association** (ENA) with the Lifetime Achievement Award at the Awards Gala during **ENA's Emergency** Nursing Conference, held last September in Los Angeles.



1980s

Jocelyn Bessette Gorelin '80 BSN, PhD, RN is an assistant professor of nursing at St. Catherine University in St. Paul, Minn.

Mary Myers '81 BSN, MS, RN last July became president/CEO of the Johns Hopkins Home Care Group in Baltimore. Over the past 12 years, she has held several leadership roles there, most recently as vice president and chief operating officer, as well as senior director of Quality and Safety.

Kathleen M. Carletta '84 BSN, DNP, PMHNP, PMHCNS, APRN-BC graduated in May 2016 from Rutgers University with her Doctor of Nursing Practice degree. She is a member of Sigma Theta Tau International Honor Society. A nurse practitioner, Dr. Carletta treats children and adolescents with behavioral health challenges and autism. In addition, she works with mentally ill chemically addicted adults and has a private practice. Her capstone project, "STRIVE: Success for Teens Residing in Violent Environments," resulted in clinically significant outcomes.

Sandra Myers Gomberg '85 BSN, '90 MSN, RN last summer was appointed president of Philadelphia's Aria Health. She was previously COO for the system that merged with Jefferson Health.

Mary Dressler-Carre '86 BSN, MSN, CRNP received the Outstanding Preceptor Award from the Department of Family and Commu-



nity Health at the University of Pennsylvania School of Nursing. She is program coordinator and a pediatric nurse practitioner at the Abington-Jefferson Health Children's Clinic. a nurse-managed pediatric primary care practice in Lansdale, Pa.

Jill Cobb '89 BSN, RN, CCM is the director of Case Management at LifeCare LTAC Hospital in West Chester, Pa.

Nancy Camp '89 MSN, PhD, RN earned her PhD at Loyola University Chicago School of Nursing. She is an assistant professor at the School of Nursing at Georgia Gwinnett College in Lawrenceville, Ga.

1990s

Kathryn H. Bowles '90 MSN, PhD, RN, FAAN, FACMI, the van Ameringen Chair in Nursing Excellence and a professor in the Department of Biobehavioral Health Sciences at the University of Pennsylvania School of Nursing, has been appointed to the National Advisory Council for Nursing Research (NACNR). As the National Institute of Nursing Research's principal advisory board, the NACNR reviews grant applications and the institute's extramural programs.

Jeanne Jellig Alhusen '93 BSN, PhD, CRNP,

RN received the Association of Women's Health. Obstetric and Neonatal Nurses Excellence Award for research, presented at its annual conference last June in Grapevine, Texas. At the University



of Virginia School of Nursing, she is assistant dean for research, an associate professor, principal investigator (PI) on six grants and co-PI on two others. She received Villanova Nursing's Emerging Scholar Award in 2014.

Mark Crider '93 MSN, PhD, RN is president of the Pennsylvania State Nurses Association (PSNA), which represents more than 217.000 registered nurses. At Duguesne University School of Nursing in Pittsburgh, he is assistant dean for Administration and Special Projects and director of the Veterans to BSN Program.

Elizabeth Galik '94 MSN, PhD, CRNP, FAAN, FAANP in October 2016 was inducted as a fellow into the American Academy of Nursing. She is an associate professor, Department of Organizational Systems and Adult Health, at the University of Maryland School of Nursing in Baltimore. Theresa Adams '95 MSN, PhD, RN, CSN, associate professor of nursing at Alvernia University in Reading, Pa., in March 2016 received the Pennsylvania League for Nursing's annual Nursing Education Award.

Jennifer A. Specht '98 BSN, '10 PhD, RN

in October 2015 co-presented a poster, "Finding a New Normal," at the American Psychiatric Nurses Association's 29th Annual Conference, held in Lake Buena Vista, Fla., and in April 2016 presented an oral poster, "Cultivating Mentoring Relationships Among Nursing Faculty," at the 6th International Nurse Education Conference in Brisbane, Australia. She is director of the Aria Health School of Nursing in Trevose, Pa.

Nada Hussain Al Moosa '99 BSN, '03 MSN,

'14 PhD received the Distinguished Oral Presentation award for her paper, "The Role of Change Management in Sustaining a Culture of Quality Improvement," at Sultan Qaboos University's 4th International Conference of the College of Education, "Academic Accreditation: the Road to Sustainable Quality Education." She delivered the paper last November.

2000s

Tyonne Hinson '01 MSN, DrPH, MSN, RN, NE-BC last September successfully defended her dissertation, "Perceptions of the Facilitators and Barriers of Breastfeeding Initiation: Increasing Initiation Through a Tailored, Multi-Level Approach for African-American Mothers and the Community," at the Gillings School of Global Public Health, University of North Carolina at Chapel Hill. Last July she began a new role



Capt. (Ret.) Colleen Gallagher, USN, NC, '86 BSN, MSN, MPH, RN retired from the U.S. Navy on October 1, 2016, after 30 years of service. She was honored on July 29 at a ceremony in the famed Bancroft Hall at the U.S. Naval Academy (USNA) in Annapolis, where she gave her final salute. In her most recent position, Capt. Gallagher served as director of Medical Services

at the USNA. During her naval career, she was department head in a primary care clinic and for population health and was selected as the first Navy liaison to the U.S. Agency for International Development. A family nurse practitioner with a passion for health promotion and wellness, in her civilian career she hopes to be involved in education and international health.

at The Children's Hospital of Philadelphia: director of Nursing, International Medicine and Global Health. Dr. Hinson is a member of Villanova Nursing's Board of Consultors.

Bridgette Carter Brawner '03 BSN, PhD,

APRN, assistant professor at the University of Pennsylvania School of Nursing, in January began a one-year term as vice chair of the Minority Fellowship Program National Advisory Committee. "As vice chair of this amazing group, I look forward to having

a hand in preparing the next generation of psychiatric/mental health scholars," Dr. Brawner stated.

Teresa Conte '03 MSN, '11 PhD, CRNP in February 2016 was promoted to associate

professor at the University of Scranton College of Nursing.

Brian C. Peach '04 BSN, '10 MSN, RN, CCRN,

a PhD student at the University of Florida, had his first manuscript. "Risk Factors for Urosepsis in Older Adults: A Systematic Review," published in the April 2016 Gerontology and Geriatric Medicine.

Tama Berman '06 BSN, RN is a nurse manager at Bryn Mawr Rehabilitation in Malvern. Pa.

Kelly A. Gallagher '08 BSN, MSN, RN in March 2016 became Penn Medicine's director of the Nurse Residency Program.

Jennifer Janniello Ramsey '08 BSN, MSN, FNP-BC, RN is senior accreditation analyst for the American Nurses Credentialing Center.

2010s

Najeem Al Balushi '11 BSN, MPH last July became a research associate in the Directorate General of Nursing Affairs, Ministry of Health in Muscat, Sultanate of Oman.

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Stephanie Jeffers '11 PhD, RN is a 2016-2017 participant in the Nurse Faculty Leadership Academy (NFLA) of Sigma Theta Tau International. Dr. Jeffers is an assistant professor at the Widener University School of Nursing in Chester, Pa.

Katy Flannery '12 BSN, RN and Gwen Burlingame '12 VSB, friends since their Villanova days, in 2015 founded Minus the Moo (minusthemoo.com) to produce a dairy ice cream for the lactose-intolerant. A year later, their Boston-based company won the 2016 Samuel Adams Brewing American Dream Pitch Room competition, which helps small business owners in the food, beverage, hospitality and craft brewing industries. They received \$10,000 and a year's worth of mentoring from key executives at the brewery. They hope to grow their business.

Haley B. Hlela '12 BSN, RN is the quality and patient safety coordinator for a pulmonary/general pediatric unit at The Children's Hospital of Philadelphia (CHOP). In 2016, she presented two posters: "Changing the Conversation: Harm Prevention Data Infrastructure at CHOP" at the Institute for Healthcare Improvement's 28th Annual National Forum last December in Orlando. and "A Nurse Walks into a...Bundle Compliance for CLABSI Prevention" at the Society of Pediatric Nurses Nursing of Children Network's 13th Annual Regional Pediatric Nursing Conference, held last October in Wilmington, Del. Also in October, she gave a podium presentation, "Breathing Better: Creating Developmentally Appropriate Literature for Children with Cystic Fibrosis," at CHOP's "It Takes a Village: Comprehensive Collaborative Care" meeting in Philadelphia.

Hamed Al Battashi '12 MSN contributed to the 2015 book *Psychology for Nursing and Healthcare Professionals: Developing Compassionate Care.* He is in the PhD program at Case Western University.

Linda B. Borenstein '13 MSN, CRNP, FNP-BC was a finalist for the Nightingale Awards of Pennsylvania in the Nursing Education-Staff Development category. She is a staff educator for Main Line Health HomeCare and Hospice, as well as a practicing family nurse practitioner at Hatboro Medical Associates. She plans to complete her DNP degree this August at Misericordia University.

Margaret Hattori-Uchima '13 PhD, RN received a 2016 State Award for Excellence (Advocate) for the Pacific U.S. Territories from the American Association of Nurse Practitioners. She was also recognized as

one of 60 University of Hawaii at Manoa Outstanding Nursing Alumni at the School of Nursing and Dental Hygiene's 60th Anniversary celebration last June. This March, she gave a podium presentation, "Chuukese Migrant Women in Guam: Barriers to Health Seeking," at the Asian American Pacific Islander Nurses Association's 14th Annual Conference, held in Honolulu. Dr. Hattori-Uchima is dean of the School of Nursing and Health Sciences in Mangilao, Guam.

Colleen Connor '14 BSN received the 2016 Surgical Nurse of the Year Award at the Norristown (N.J.) Medical Center.

Rebecca Horton '14 BSN, RN last summer received a DAISY Award® for Extraordinary Nurses from The Children's Hospital of Philadelphia.

Pamela E. Conner '15 MSN, CRNP joined Einstein Healthcare Network last fall at its Family Practice Associates of King of Prussia, Pa.

Molly Purnell '16 BSN, RN published in 2016, with her faculty mentor, Meredith MacKenzie, PhD, RN, CRNP, CNE, assistant professor of Nursing, "The Intergenerational Cycle of Obesity: Nursing Implications and Interventions," in Nursing for Women's Health, 20 (3), 289-297. Purnell won the Falvey Scholars Award for this research project.

Christina Whitehouse '16 PhD last June began a fellowship sponsored by the National Institute of Nursing Research, the Ruth L. Kirschstein National Research Service Award (NRSA), for the training program "Individualized Care for At Risk Older Adults." She will continue her dissertation research. Kathryn H. Bowles '90 MSN, PhD, RN, FAAN, FACMI is her mentor at the University of Pennsylvania School of Nursing. In December 2016, Dr. Whitehouse won the Outstanding Poster Presentation award at the 5th Annual Penn Medicine Nursing Research Conference in Philadelphia for "From Hospital to Home: Aiding in Patient Transition Through Education for Obese Older Adults with Type 2 Diabetes Mellitus," the topic of her dissertation.

In Memoriam: Alumni

Arlene E. "Lisa" Gray '56 BSN, of Poland, Maine, died March 9, 2016, at age 87. She was a nurse educator who later retired as chief editor for the *Merck Medical Manual*.

Theresa St. Leger '58 BSN, of Media, Pa., died on January 3 at age 89. She was a professor of nursing at Delaware County Community College in Media, Pa., from 1970 to 1984.

Sister Anna Donofry, R.S.M., '59 BSN, formerly Sister Mary Joachim, died February 25, 2016, in Merion Station, Pa., at age 89. An operating room nurse, she was later a nursing educator.

Catherine Phillips '59 BSN, of West Chester, Pa., died at home on November 7, 2016, at age 89. She was a former nurse anesthetist.

Marcia A. Starbecker '59 BSN, of Silver Spring, Md., died on February 8 at the age of 78. Her career included serving as a nurse consultant at the U.S. Department of Health and Human Services' Health Resources and Services Administration.

Angela DiCarlo Giovonizzi '71 BSN, of Harleysville, Pa., died on February 19, 2016, at her home, at age 66. She most recently worked for Independence Blue Cross as a manager in Quality Assurance.

Barbara Tobin Hartnett '74 BSN, of Jenkintown, Pa., died on December 11, 2016, at age 64. She enjoyed a long career at nearby Abington Memorial Hospital.

Anne L. Budnicki Cruz '79 BSN, of Lanoka Harbor, N.J., died May 22, 2016, at age 58. She was a psychiatric-mental health nurse.

Sister Mary Eileen Hegarty, SNDdeN (**Eileen Patricia Hegarty '87 BSN**), a former nursing assistant and school teacher, died November 20, 2016 in Ohio at age 84.

Linda M. Brumbach '87 BSN, of Mount Laurel, N.J., died May 8, 2016, at age 64. She practiced nursing in both Philadelphia and Camden. N.J.

Faculty and Friends

Mary Kay Schubert Denny died on November 25, 2016, at age 96, in Haverford, Pa. A good friend of the College of Nursing, she was a former member of the Villanova University Board of Trustees, a member of the honorary committee for the College's 50th Anniversary and an active member of the community. Her son, the Rev. John Denny, O.S.A., who had taught theology at Villanova University and was a chaplain at the School of Law, predeceased her.

Mary Jane Holcomb Trautman, who taught psychiatric-mental health nursing in the College of Nursing for many years, died January 12 at age 92 at her home on Orrs Island, Maine.

Her Path to Professionalism Began with Chi

t's no surprise that Megan Daven-port Nghe '06 BSN, MSN, RN as a College of Nursing senior received The Hazel Johnson Leadership Award at Convocation or that she was one of the driving forces in establishing the College's Theta Delta Beta Chapter of Chi Eta Phi Sorority, Inc. (see page 20). A nurse for a decade, the Lansdale, Pa., resident and married mother of three young children is now nurse manager of the Inpatient Oncology and Bone Marrow Transplant Unit at The Children's Hospital of Philadelphia (CHOP).

Nghe enjoys "the challenge and privilege of being a working mother." As such, she sent video greetings to those attending the Theta Delta Beta Chapter's 10th Anniversary celebration last September, since she had recently given birth to her daughter.

After receiving scholarships from the Philadelphia Chi graduate chapter, she and classmate Lena Congo Dailey '06 BSN, '11 MSN, CRNA worked with two faculty members to launch the chapter on campus. Nghe recalls, "As a Nursing student I felt strongly that nurses were professionals and that they should act as such, but more importantly be seen as professional members of the care team. I was interested in being a part of an organization that strived to deliver that message through its work. Chi has empowered me as a professional nurse and a woman of color, allowing me to see people who look like me in my profession, setting and accomplishing career goals."

In 2015, her longstanding interest in leadership and desire to further her education led her to Drexel University for an MSN degree in Nursing Leadership and Health Systems Management.

At CHOP, for Nghe, the most exciting part of overseeing her 50-bed unit and its staff is that it is different every day. "I am

able to help mentor and coach nurses in different parts of their careers, interact with patients and families and manage the financial aspect of running a nursing unit, as well as collaborate with my interdisciplinary colleagues to focus on the best outcomes for patients," she explains.

"I want nursing students to know that the profession of nursing is exciting and dynamic."

-Megan Davenport Nghe '06 BSN, MSN, RN

Excellence in nursing is critical, Nghe believes. "My wish for the nurses that I serve is that they view themselves as competent and capable professionals who are an integral part of the care team," she says. "My wish for our patients is that they feel safe and at ease when they see their nurse walking into their room, knowing that he or she is highly trained and professional, and that we are working to help foster their healing."

Her advice for new graduates would be "to take advantage of as many experiences and enrichment opportunities as they can. They should not be afraid to become involved on their units, and to challenge themselves." The nurse manager shares this final thought: "I want nursing students to know that the profession of nursing is exciting and dynamic. Whether they are at the bedside, or away from it, their voice is important and they should strive to always make sure that it is heard." •



In managing a 50-bed unit at The Children's Hospital of Philadelphia, Megan Davenport Nghe '06 BSN, MSN, RN says she has been inspired by Chi Eta Phi "to set and accomplish my own goals related to my education and professional growth."



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