

## Preventive medications list

In addition to a healthy lifestyle, preventive medications can help people avoid many illnesses and conditions. A consumer-directed health (CDH) plan that includes preventive medications can help support the goal of ongoing good health.

This list provides examples of commonly prescribed preventive medications. The medications are categorized based on the medical conditions that they are used to prevent. This is not an all-inclusive list; only examples of medicines in each category are listed. Coverage prior to the deductible being met may not be provided for every dosage form of a listed medication.

This list does not indicate coverage. Please check with your plan administrator and/or benefit information materials if you have questions on coverage. Your cost share will be determined by your plan's drug coverage and formulary plan.

This list is periodically reviewed and updated to ensure that the drugs listed meet the criteria for inclusion.

**Medications on this list that are not covered under your plan are not eligible for the preventive medication program.**

# Preventive Medications List

## **ASTHMA/COPD**

---

*ACCOLATE*

ZAFIRLUKAST

*ANORO ELLIPTA*

*ASMANEX*

*COMBIVENT*

IPRATROPIUM/ALBUTEROL

*DULERA*

*INTAL*

CROMOLYN SODIUM

*PROAIR HFA, VENTOLIN HFA*

*PULMICORT*

BUDESONIDE

*QVAR*

*SEREVENT DISKUS*

*SINGULAIR*

MONTELUKAST

*SPIRIVA*

*SYMBICORT*

*ZYFLO CR*

## **BONE DISEASE AND FRACTURES**

---

*ACTONEL*

RISEDRONATE

*BONIVA*

IBANDRONATE

*EVISTA*

RALOXIFENE

*FOSAMAX, FOSAMAX PLUS D*

ALENDRONATE

*RECLAST*

ZOLEDRONIC ACID

## **CAVITIES**

---

STANNOUS FLUORIDE PASTE AND RINSE

*CLINPRO, PHOS-FLUR*

SODIUM FLUORIDE PASTE AND RINSE

## **COLONOSCOPY PREPARATION**

---

*GOLYTELY, SUCLEAR, NULYTELY, MOVIPREP*

POLYETHYLENE GLYCOL

*OSMOPREP, SUPREP*

*PREPOPIK*

## **HEART DISEASE AND STROKE**

---

### **BLOOD THINNER MEDICINES:**

---

ASPIRIN, 81 MG, 162MG OR 325 MG

*AGGRENOX*

*BRILINTA*

*COUMADIN*

WARFARIN

*EFFIENT*

*ELIQUIS*

*PERSANTINE*

DYPYRIDAMOLE

*PLAVIX*

CLOPIDOGREL

*PRADAXA*

*TICLID*

TICLODIPINE

*XARELTO*

*ZONTIVITY*

### **CHOLESTEROL LOWERING MEDICINES**

---

*HMG-COA REDUCTASE*

*INHIBITORS:*

---

*CRESTOR*

*LIPITOR*

ATORVASTATIN

*MEVACOR*

LOVASTATIN

*PRAVACHOL*

PRAVASTATIN

# Preventive Medications List

ZOCOR

SIMVASTATIN

## OTHER AGENTS:

ADVICOR

COLESTID

COLESTIPOL

LOPID

GEMFIBROZIL

NIACOR, NIASPAN ER

NIACIN

PREVALITE, QUESTRAN

CHOLESTYRAMINE

SIMCOR

TRICOR, ANTARA

FENOFIBRATE

TRILIPIX

FENOFIBRIC ACID

WELCHOL

## DIABETES

INSULINS:

HUMALOG, 50/50, 75/25

HUMULIN

LANTUS, LANTUS SOLOSTAR

LEVEMIR

NON-INSULIN MEDICINES:

ACTOS, DUETACT, ACTOPLUS MET

PIOGLITAZONE AND COMBINATIONS

AMARYL

GLIMEPIRIDE

AVANDIA

AVANDAMET, AVANDARYL

BYETTA

DIABETA, GLYNASE, GLUCOVANCE

GLYBURIDE AND COMBINATIONS

DIABETIC SUPPLIES

TEST STRIPS, SYRINGES, NEEDLES AND

LANCETS

FORTAMET, GLUCOPHAGE

METFORMIN

GLUCOTROL

GLIPIZIDE AND COMBINATIONS

INVOKANA

JANUVIA, JANUMET

ONGLYZA, KOMBIGLYZE XR

PRANDIN

REPAGLINIDE

STARLIX

NATEGLINIDE

SYMLIN

## HIGH BLOOD PRESSURE

## ACE INHIBITORS:

ACCUPRIL

QUINAPRIL

LOTENSIN

BENAZEPRIL

PRINIVIL, ZESTRIL

LISINAPRIL

UNIVASC

MOEXIPRIL

VASOTEC

ENALAPRIL

## ACE INHIBITORS/DIURETIC

## COMBINATIONS:

ACCURETIC

QUINAPRIL/HCTZ

LOTENSIN HCT

BENAZEPRIL/HCTZ

UNIRETIC

MOEXIPRIL/HCTZ

VASERETIC

ENALAPRIL/HCTZ

ZESTORETIC

LISINAPRIL/HCTZ

# Preventive Medications List

## *ANGIOTENSIN II RECEPTOR ANTAGONISTS:*

---

### *ATACAND*

CANDESARTAN

### *AVAPRO*

IRBESARTAN

### *COZAAR*

LOSARTAN

### *DIOVAN*

VALSARTAN

## *ANGIOTENSIN II RECEPTOR ANTAGONISTS/ DIURETIC COMBINATIONS:*

---

### *ATACAND HCT*

CANDESARTAN/HCTZ

### *AVALIDE*

IRBESARTAN/HCTZ

### *DIOVAN HCT*

VALSARTAN/HCTZ

### *HYZAAR*

LOSARTAN/HCTZ

## *BETA BLOCKERS:*

---

### *BYSTOLIC*

### *INDERAL LA, INNOPRAN XL*

PROPRANOLOL

### *TENORMIN*

ATENOLOL

### *TOPROL XL*

METOPROLOL

### *ZEBETA*

BISOPROLOL

## *BETA BLOCKERS/DIURETIC COMBINATIONS:*

---

PROPRANOLOL/HCTZ

### *CORZIDE*

NADOLOL/BENDROFLUMETHIAZIDE

### *LOPRESSOR HCT*

METOPROLOL/HCTZ

### *TENORETIC*

ATENOLOL/CHLORTHALIDONE

### *ZIAC*

BISOPROLOL/HCTZ

## *CALCIUM CHANNEL BLOCKERS:*

---

### *ADALAT CC, PROCARDIA XL*

NIFEDIPINE

### *CALAN, VERELAN*

VERAPAMIL

### *CARDIZEM, CARDIZEM LA, TIAZAC*

DILTIAZEM

### *NORVASC*

AMLODIPINE

### *SULAR*

NISOLDIPINE

## *DIURETICS:*

---

CHLORTHALIDONE

HYDROCHLOROTHIAZIDE

INDAPAMIDE

### *ZAROXOLYN*

METOLAZONE

## *OTHER HIGH BLOOD PRESSURE MEDICINE COMBINATIONS:*

---

### *AZOR*

### *CADUET*

AMLODIPINE/ATORVASTATIN

### *EXFORGE*

### *EXFORGE HCT*

### *LOTREL*

AMLODIPINE/BENAZEPRIL

### *TARKA*

### *TRIBENZOR*

### *TWYNSTA*

AMLODIPINE/TELMISARTAN

# Preventive Medications List

## **RESPIRATORY SYNCYTIAL VIRUS**

---

*SYNAGIS*

MEASLES, MENINGOCOCCAL,  
MUMPS, PNEUMOCOCCAL,  
POLIOVIRUS, ROTAVIRUS, RUBELLA

## **MALARIA**

---

CHLOROQUINE

MEFLOQUINE

PRIMAQUINE

*MALARONE*

ATOVAQUONE/PROGUANIL

## **VITAMINS OR MINERALS**

---

FOLIC ACID\*

PRESCRIPTION PRENATAL

VITAMINS

PEDIATRIC MULTIVITAMINS WITH  
FLUORIDE\*

## **INFLUENZA**

---

AMANTADINE

*FLUMADINE*

RIMANTADINE

## **OBESITY**

---

DIETHYLPROPION

*ADIPEX-P*

PHENTERMINE

*BELVIQ*

*BONTRIL PDM*

PHENDIMETRAZINE

*QSYMIA*

*XENICAL*

## **SMOKING-CESSATION \***

---

*CHANTIX*

*NICOTROL/NICODERM CQ*

NICOTINE PRODUCTS

*ZYBAN*

BUPROPION SR 150MG

## **IMMUNIZATION: \***

---

DIPHTHERIA, PERTUSSIS, TETANUS,  
HAEMOPHILUS INFLUENZAE B,  
HEPATITIS A AND B, JE-VAX, TYPHIM,  
VARICELLA, ZOSTER, HUMAN  
PAPILLOMAVIRUS, INFLUENZA,

\*Please note that some of these medications are also subject to the Affordable Care Act (ACA) and may be covered by your plan at 100%.

**Express Scripts manages your prescription benefit for your employer, plan sponsor, or health plan. For specific questions on coverage, please call the phone number on your ID card or visit our website [Express-Scripts.com](http://Express-Scripts.com).**

Please note: Brand names are shown in italics in each category. If generic is available, it is listed under the brand name.

All rights in the product names of all third-party products appearing here, whether or not appearing with the trademark symbol, belong exclusively to their respective owners.

PDL3708D 8.14 OPTION 2



\*000000PDL3708D\*