OREGON FAMILY LEAVE ACT

You can take time off to take care of yourself or close family members under the Oregon Family Leave Act (OFLA).

- **Parental leave** for either parent to take time off for the birth, adoption, or foster placement of a child. If you use all 12 weeks, you can take up to 12 more weeks for sick child leave.
- **Serious health condition** of your own, or to care for a family member.
- **Pregnancy disability leave** before or after birth of child or for prenatal care. You can take up to 12 weeks of this in addition to 12 weeks for any reason listed here.
- **Sick child leave** for your child with an illness, injury or condition that requires home care but is not serious, or to care for a child whose school or place of care is closed because of a public health emergency.
- **Military family leave** (up to 14 days if your spouse is a service member who has been called to active duty or is on leave from active duty)
- **Bereavement leave** for up to 2 weeks after the death of a family member.

- Your employer must keep giving you the same health insurance benefits as when you are working. When you come back you must be returned to your former job or a similar position if your old job no longer exists.

**CONTACT US**

If your employer isn’t following the law or something feels wrong, give us a call. The Bureau of Labor and Industries is here to enforce these laws and protect you.

Call: 971-673-0761
Email: help@boli.state.or.us
Web: oregon.gov/boli
Se habla español.