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I. Purpose

The purpose of this Fall Protection Program is to establish guidelines to protect all students, staff, and employees engaged in activities that expose them to potential falls from elevations.

II. Scope

The scope of this fall protection program also includes all maintenance, custodial employees and contractors who may engage in work activities in the Vasey Hall Theater. It applies particularly to those employees, students and other users whose work activities expose them to potential falls from elevations at heights of 4 feet or more.

III. Definitions

**Anchor Point:** A secure point of attachment for lifelines, lanyards, or deceleration devices. An anchor point must be capable of supporting at least 5000 pounds (3600 pounds if engineered/certified by a qualified person) per person and must be independent of any anchorage being used to support or suspend platforms.

**Authorized Person:** A person trained and assigned by supervision to perform a specific type of duty or duties or to be at a specific location or job site (ex., hanging lights, building maintenance, repair, etc.).

**Competent Person:** A person trained to identify existing and predictable hazards in the surroundings or working conditions, which are hazardous or dangerous to employees, students and other users. A person who has the authorization to take prompt corrective action to eliminate such hazards.

**Connector:** A device which is used to couple (connect) parts of the personal fall arrest system together.

**Deceleration Device:** Any mechanism, such as a rope grab, rip-stitch lanyard, a specially woven lanyard, tearing or deforming lanyard, automatic self-retracting lifeline/lanyard, etc., which serves to dissipate a substantial amount of energy during a fall arrest.

**Deceleration Distance:** The additional vertical distance a falling employee travels excluding lifeline elongation and free fall distance, before stopping, from the point at which the deceleration device begins to operate. It is measured as the distance between the location of a user’s body
harness attachment point at the moment of activation of the deceleration device during a fall, and
the location of that attachment point after the user comes to a full stop.

**Free Fall:** The act of falling before a personal fall arrest system begins to apply force to arrest the
fall.

**Free Fall Distance:** The vertical displacement of the fall arrest attachment point on the user’s
body harness between the onset of the fall and just before the system begins to apply force to
arrest the fall. **Free fall distance must not exceed 6 feet.** This distance excludes deceleration
distance and lifeline/lanyard elongation distance.

**Full Body Harness:** Webbing/straps which are secured about a user’s body in a manner that will
distribute the fall arrest forces over the thighs, pelvis, waist, chest and shoulders; having means
for attaching it to other components of a personal fall arrest system, preferably at the shoulders
and/or middle of the back.

**Guardrail System:** A barrier erected to prevent employees from falling to lower levels. This
system includes a toeboard, midrail and toprail able to withstand 200 pounds of force applied in
any direction.

**Lanyard:** A flexible line of rope or strap that has self-locking snaphook connectors at each end
for connecting to body harnesses, deceleration devices, and anchor points.

**Lifeline:** A component consisting of a flexible line for connection to an anchorage at one end to
hang vertically (vertical lifeline), or for connection to anchorages at both ends to stretch
horizontally (horizontal lifeline). This serves as a means for connecting other components of a
personal fall arrest system to the anchorage.

**Personal Fall Arrest System:** A system used to arrest (catch) a user in a fall from a working
level. It consists of an anchorage location, connectors, a body harness, and may include a lanyard,
deceleration device, lifeline, or any combination of the before-mentioned items.

**Qualified Person:** An individual, who by possession of a recognized degree, certificate, or
professional standing or who by extensive knowledge, training, and experience, has successfully
demonstrated his/her ability to solve or resolve problems relating to the subject matter,
work, or project.

**Rope Grab:** A deceleration device, which travels on a lifeline and automatically, by friction,
engages the lifeline and locks to arrest the fall of an employee.
Snaphook: A connector comprised of a hook-shaped member with a closed keeper which may be opened to permit the hook to receive an object and when released, automatically closes to retain the object. Snaphooks must be self-closing with a self-locking keeper which remains closed and locked until unlocked and pressed open for connection or disconnection, thus preventing the opportunity for the object to “rollout” of the snaphook.

Toeboard: A low protective barrier that will prevent the fall of materials and equipment to lower levels, usually 4 inches or greater in height.

Total Fall Distance: The maximum vertical change in distance from the bottom of an individual’s feet at the onset of a fall, to the position of the feet after the fall is arrested. This includes the free fall distance and the deceleration distance.

Unprotected Sides and Edges: Any side or edge of a walking or working surface (e.g., floor, ramp, runway, etc.) where there is no guardrail at least 42 inches high.

IV. Policy Statement

The goal of this Fall Protection Program is to prevent the occurrence of falls from elevations of 4 feet or higher. This goal will be accomplished through effective education, engineering and administrative controls, use of fall protection systems, and enforcement of the program.

V. Procedures

A. Types of Fall Protection Systems
   1) Manually propelled vertical lifts equipped with a guardrail system.
   2) Scaffolding equipped with a guardrail system.
   3) Platform, or work surface equipped with a guardrail system at least 42” high consisting of a toprail, midrail and toeboard.
   4) Personal fall arrest system, consisting of:
      a. Anchor points (rated at 5000 pounds per person).
      b. Full body harness.
      c. Connector and lanyard or restraint line.
   5) The appropriate fall protection will be determined by a pre-job discussion performed before the work is started.
B. Fall Protection Locations
Fall protection is required wherever the potential to fall 4 feet or more exists. The Theater Production Manager in consultation with the Office of Environmental Health & Safety has identified the following places where fall protection must be utilized:

1) All interior equipment platforms, catwalks, elevating lifts and scaffolds.
2) All mezzanine and balcony edges.
3) All tasks requiring use of scaffolds or elevating man lifts.
4) All tasks requiring users to lean outside the vertical rails of ladders (i.e., painting, carpentry, light hanging, etc.).
5) Any task performed from a ladder in which three point contact cannot be maintained.
6) Scaffolding erection – 10 feet in height or greater.

C. Fall Protection Guidelines / Options
1) Engineering / Administrative Controls
   Engineering controls are always the preferred fall prevention option. An engineering control could include, but is not limited to, utilization of remote systems, where practical, to eliminate the need for working from heights.

   Administrative controls can include the use of personal fall restraint systems.

2) Guardrails
   When engineering controls are impractical, guardrails made only from materials capable of carrying the anticipated load will be acceptable. All guardrail systems will comply with the current OSHA standards (i.e., contain a 42” high top rail, a midrail and toeboard, and can withstand 200 pounds of force in any direction). Guardrails shall be placed in the following areas based on work location or requirements:
   a. On all open sided floors.
   b. On all open sided work platforms.
   c. Around all open excavations or pits.
   d. On leading edges of mezzanines.
   e. On all elevating man lifts.

3) Personal Fall Protection Systems
   All employees working on any project that requires the use of a personal fall arrest or restraint system must complete the training mandated in Section (V)(H) of this policy and follow these guidelines:
   a. A full body harness must be used when mandated.
b. Harnesses, and components shall be used only for employee protection (as part of a personal fall arrest system) and not to hoist materials.
c. When required, only self-retracting or shock absorbing lanyards may be used so as to keep impact forces at a minimum on the body.
d. All lanyards must have self-locking snap hooks.
e. The user must inspect all personal fall arrest equipment before each use. Any deteriorated, bent, damaged, or impacted item or harness showing excessive wear must be removed from service.

D. Fall Arrest Equipment Use

1) The buddy system applies – working alone in any application that requires fall protection or any device that elevates a worker to a height greater than 4 feet is strictly prohibited.

2) A pole has been provided to extract the lanyard from the Self-Retracting Lanyard (SRL) housing. Hook the lanyard, pull it down to your level and hook the snap hook into the D ring on the back of the harness.

3) The SRL should be directly overhead at all times to prevent the pendulum swing effect.

4) When moving from one SRL to another SRL always come down the ladder onto the floor and unhook. Retrieve the other SRL by using the pole. Hook to the next SRL and return to the desired work location.

   Note: The ONLY exception to this is when an additional SRL needs to be hooked into a trolley. Retrieve the closest SRL by using the pole. Hook into the SRL. Go up the ladder to install the additional SRL. This one exception is made to provide 100% fall protection.

5) To prevent electrical shock, always inspect lights and wiring for any exposed wires and torn, frayed or damaged insulation. Inspection of the lights to be hung should always be done on the ground before hoisting them to installation height to prevent shock while working at a height.

E. Inspection of Fall Protection Systems

The following criteria will be utilized to maintain all equipment in good working condition:

1. Full Body Harnesses

   a. The user shall inspect before each use.

      • Closely examine all of the nylon webbing to ensure there are no burn marks, which could weaken the material.

      • Verify there are no torn, frayed or broken fibers, pulled stitches, or frayed edges anywhere on the harness.
• Examine the D-ring for excessive wear, pits, deterioration, or cracks.
• Verify that buckles are not deformed, or cracked, and that they operate correctly.
• All rivets should be tight and not deformed.
• Check tongue/straps for excessive wear from repeated buckling.
• Assure that the harness is not discolored and weakened from exposure to sunlight.

b. At least quarterly, a Competent Person will complete an inspection of all harnesses utilizing the parameters above. These inspections must be documented in the equipment instruction manual and on the inspection grid label located on the harness.

c. Upon expiration of the manufacturer’s specified service limits (5 years) the harness shall be removed from service and replaced. The harness shall be removed from service earlier than five years if it has been subjected to a fall, damaged, or the manufacturer’s label is not legible or is missing.

d. Storage will consist of hanging in an enclosed cabinet, to protect from damage.

e. All harnesses that are involved in a fall must be immediately removed from service and returned to the manufacturer.

2. Self-Retracting Lanyards (SRL)

a. The user shall inspect before each use.
   • Visually inspect the body to ensure there is no physical damage to the body.
   • Make sure all nuts and rivets are tight.
   • Make sure the entire length of the nylon strap/wire rope is free from any cuts, burns, abrasions, kinks, knots, broken stitches/strands, excessive wear and retracts freely.
   • Test the unit by pulling sharply on the lanyard/lifeline to verify that the locking mechanism is operating correctly.
   • Verify that the coil pin securing the swivel is fully inserted in the SRL housing and the fastening screw is secure.
   • Verify that all required labels are present and fully legible.

b. At least quarterly, a Competent Person will complete an inspection of all self retracting lanyards utilizing the parameters above. These inspections must be documented in the equipment instruction manual and on the inspection grid label located on the self-retracting lanyards.
c. Upon expiration of the manufacturer’s specified service limits (5 years) the self retracting lanyard shall be removed from service and replaced. The self-retracting lanyard shall be removed from service earlier than five years if it has been subjected to a fall, damaged, or the manufacturer’s label is not legible or is missing.

3. Snaphooks

a. The user shall inspect before each use.
   - Inspect snaphook for any hook and eye distortions.
   - Verify there are no cracks or pitted surfaces.
   - The keeper latch should not be bent, distorted, or obstructed.
   - Verify that the keeper latch seats into the nose without binding.
   - Verify that the keeper spring securely closes the keeper latch.
   - Test the locking mechanism to verify that the keeper latch locks properly.

b. All snaphooks involved in a fall must be removed from service and returned to the manufacturer.

4. Tie-Off Anchorages

a. Inspect for integrity and attachment to solid surface.

b. At least annually, the Theater Production Manager shall arrange for a competent vendor to complete an inspection of all ceiling fixed rails and trolleys. Documentation will be maintained by the Theater Department Technical Director for three years. The vendor shall provide written re-certification of the rails and trolleys.

c. Any ceiling rail which has been subjected to a fall incident shall be removed from service until recertified by a competent person.

5. Elevating Man Lift

a. The user shall inspect the lift before each use in accordance with the manufacturer’s placard on the unit.

b. Facilities shall insure the unit is inspected/serviced per manufacturer guidelines quarterly.
6. Guardrails

   a. Temporary systems – The Theater Department Technical Director shall conduct a daily visual inspection of the system.
   b. Temporary systems – The Theater Department Technical Director shall conduct a weekly structural inspection.
   c. Permanent systems – Annual structural inspections will be completed by a competent person designated by the Theater Department Technical Director.

F. Storage and Maintenance of Fall Protection Equipment
   1. Hang equipment in a cool, dry location in a manner that retains its shape.
   2. Always follow manufacturer recommendations for inspections.
   3. Clean with a mild, nonabrasive soap and hang to dry.
   4. Never force dry or use strong detergents in cleaning.
   5. Never store equipment near excessive heat, chemicals, moisture, or sunlight.
   6. Never store in an area with exposures to fumes or corrosive elements.
   7. Avoid dirt or other types of build-up on equipment.
   8. Never use this equipment for any purpose other than personal fall arrest.
   9. Once exposed to a fall, remove equipment from service immediately.

G. Personal Protective Equipment

Employees, students and other users performing a task in which a hazard exists that cannot otherwise be mitigated shall be trained in the use of and must wear the Personal Protective Equipment designated by the Technical Director. Villanova University personnel are not permitted to use contractor personal protective equipment; in addition, contractors’ employees are prohibited from using Villanova University’s Personal Protective Equipment.

H. Training

The Theater Department shall document the attendance of all trainees and retain records for three years.

Prior to engaging in any activity requiring the use of a fall arrest systems, all employees, students and other users exposed to a potential fall from height will be trained and have the knowledge to:
1. Recognize the fall hazards on their job sites.
2. Understand the hazards associated with working near fall hazards.
3. Work safely in hazardous areas by utilizing appropriate fall protection measures.
4. Understand and follow all components of this fall protection program.
5. Identify and understand the enforceable OSHA standards and ANSI standards that pertain to fall protection.
6. Understand how to use the trauma relief straps to reduce the effects of suspension trauma in the event of a fall.
7. Inspect the equipment in accordance with program requirements.

I. Enforcement
   1. All employees, students and other users who fail to adhere to the provision of this program are subject to disciplinary action.
   2. Documentation of any violations by employees will be kept in the employee’s personnel file and the Office of Environmental Health & Safety.

J. Rescue Procedures
This section establishes guidelines for responding to an arrested fall from height. These guidelines should ensure that the fall victim’s health risks are minimized during a fall. The rescue plan shall minimize the at risk behavior of the rescuer during the rescue attempt, and assure that the rescue is conducted in a safe and professional manner.

A rescue plan must be a part of the pre-job discussion for any job that is to be performed that requires work at height. The rescue plan shall include consideration of the following rescue types and circumstances:

1. Self-Rescue.
   If the person working at heights makes proper choices in the equipment to be used and implements that equipment properly, 90% of fallen workers will perform a Self-Rescue which would include:
   a. Worker will climb back up to the level from which he fell (a few inches to 2 or 3 feet).
   b. Worker will return to the floor or ground and be reviewed for possible medical attention.
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<th>Effective Date: 4-1-16</th>
<th>Revised: 1-11-18</th>
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c. Remove all components of his fall arrest system from service and document (bag and tag) the components involved in the fall with name, date and activity at time of fall and return to the manufacturer.

2. Assisted Self-Rescue with hauling/rope system.
   If self-rescue is not possible then an Assisted Self-Rescue will be needed.
   The following guidelines should be used during an aided rescue.
   a. The haul line will be secured to an anchor that is deemed stable and suitable.
   b. The haul line may be swung over or lowered to the worker, who will grab the lifeline hook and secure it to the appropriate body support D-ring. A positive connection to the D-ring must be verified by one of the rescue team members.
   c. The rescue team will raise or lower the fallen employee to the appropriate work platform or ground and determine if the rescued worker requires medical attention.
   d. Remove all components of his fall arrest system from service and document (bag and tag) the components involved in the fall with name, date and activity at time of fall and return to the manufacturer.

3. Assisted Rescue with mechanically aided aerial lift.
   Another means to perform an Assisted Rescue is with a man-lift using the following guidelines:
   a. A rescuer will move the aerial lift to the site and make sure there is a second fall protection device such as shock absorbing lanyard or self-retracting lifeline available for the rescued worker.
   b. The aerial lift will be maneuvered into position (raise up under the employee to be rescued) to perform the rescue.
   c. Attach the second lanyard or self-retracting lifeline in the aerial lift to the employee being rescued.
   d. Disconnect the rescued employee from the impacted fall arrest equipment.
   e. Lower the employee to the ground and determine if the rescued worker requires medical attention.
   f. Remove all components of his fall arrest system from service and document (bag and tag) with name, date and activity at the time of fall and return to the manufacturer.
4. Fully Assisted Rescue
   If the workers injuries prevent them from attaching themselves to the rescue system, and both self-rescue and assisted self-rescue are not options, a Fully Assisted Rescue is necessary.

   The services and expertise of the Bryn Mawr Fire Department will be utilized to accomplish a fully assisted rescue.

5. Suspension Trauma
   This phenomenon may be experienced by workers who fall while using a fall arrest system. Following a fall, a worker may remain suspended in a harness. Depending on the length of the time the worker remains suspended, physical trauma may result. Ideally an employee who has fallen can rescue him/herself. Villanova must provide for the prompt rescue of employees in the event of a fall should self-rescue not be possible. Rescue procedures must be pre-planned and address the potential for suspension trauma.

6. Rescue Drill
   At least annually, the Theater Technical Director shall assure that a rescue drill is conducted. This drill may be included in the training mandated in Section (V) (H) of this policy.

7. Communication
   In the event of a fall a co-worker shall make the following contacts immediately:
   a. Public Safety Dispatcher at 4444 or 610-519-4444.
      Provide the Public Safety Dispatcher with as much relevant information as possible. This should include the time and location of the incident, the number of employees involved and the urgency. If indicated, Public Safety will request assistance from the Bryn Mawr Fire Department.
   b. The appropriate Departmental Safety Contact:
      Production Manager, Parris Bradley at 9-4762 or 484-437-9276.
      Technical Director, Jacob Rothermel at 9-8043 or 240-274-5807.
      Business Manager, Villanova Theater at 9-4897.
      The Facilities Work Control Coordinator at 9-7893.
   c. The Director of Environmental Health & Safety:
      Alice Lenthe 9-7838 or cell - 610-316-2180.
K. Fall Investigation

All fall investigations will be conducted by the employees’ or students’ immediate supervisor in conjunction with the office of Environmental Health and Safety.

1. The following documentation will be completed as part of the fall investigation:
   a) Interviews with co-workers and witnesses.
   b) Supervisor injury/accident report.

2. Copies of the accident reports must be sent to the Director of Insurance & Risk Management and the Theater Department Business Manager.

VI. Contractors and Student Non-Employees Use of Fall Arrest System

All outside contractors working in or on the premises of Villanova University will be required to follow the guidelines set forth in this Fall Protection Program. Contractors in the pre-job meeting will be informed of these requirements by the Theater Technical Director as well as the on-site work rules that apply.

Contractors or their subcontractors are prohibited from performing any tasks requiring the use of fall arrest equipment unless their organization has executed an addendum to their contract with Villanova University in the form of Appendix 1, attached hereto, and provided Villanova University’s Director of Insurance and Risk Management with a certificate of insurance naming Villanova University as an additional insured and evidencing their general liability, automobile liability and workers compensation insurance coverage. In addition, prior to any such use, employees of such contractors, or their subcontractors, must provide proof of acceptable current fall protection training and execute the Release attached hereto as Exhibit A to Appendix 1. These documents must be retained by the Theater Department Business Manager for a period of three (3) years after such use.
VII. Policy Evaluation
This Fall Protection Policy will be jointly evaluated periodically by the Theater Technical Director and the Department of Environmental Health and Safety to determine its effectiveness. The following criteria will be used to evaluate its performance:
1. Accident reports.
2. Number of accidents and/or “near misses”.
4. Periodic on-site audits.
5. Employee feedback and interviews.

VIII. Related Information
References:
Villanova Fall Protection Policy
OSHA Regulations – http://osha.gov
   29 CFR 1910 Subpart D – Walking-Working Surfaces
   29 CFR 1926 Subpart M – Fall Protection
Villanova University Scaffolding Safety Policy

IX. History – Issued 4-1-16, Revised 5-27-17, 1-11-18

X. Responsible University Division Department
Production Manager
Theater Department
800 Lancaster Avenue
Villanova, PA 19085
610-519-4589

XI. Responsible Administrative Oversight
Department Chair
Theater Department
800 Lancaster Avenue
Villanova, PA 19085
610-519-4530
Appendix 1

CONTRACT ADDENDUM

This Addendum dated this _____ day of ________________, 20__, amends the Agreement (“Agreement”) dated ______________________ between Villanova University (“Villanova”) and ___________________________________ (“Contractor”).

In connection with the performance of services under the Agreement, Contractor desires to have its employees or approved subcontractors (collectively the “Workers”) perform work that requires the use of a Personal Fall Arrest System. Villanova consents to such work on the terms and conditions set forth herein.

Intending to be legally bound hereby, the parties agree as follows:

1. Villanova may permit in its sole discretion, which permission may be withdrawn by Villanova at any time and for any reason, Contractor and its Workers to perform work at heights in accordance with these terms.

2. All such work shall be in accordance with the Villanova Theater Department Program for Fall Protection (the “Program”), attached hereto and incorporated herein. Contractor acknowledges receipt of the Program and agrees to require its Workers to abide by all rules specified therein. Contractor acknowledges that compliance with such Program does not serve as a guarantee of Contractor or its Workers’ safety while performing work at heights. Contractor understands that if he/she or its Workers fail to abide by all prescribed rules or engages in conduct deemed unacceptable in the sole discretion of Villanova University, Villanova University may immediately terminate Contractor’s and such Worker’s permission to work at Villanova University.

3. No Worker shall be permitted to work at heights unless they have provided to Villanova (i) proof of acceptable current training for such Worker, and (ii) a signed Release in the form of Exhibit “A” to this Addendum.

4. Contractor acknowledges that work performed at heights could expose Contractor Workers to hazardous conditions that may constitute an extreme risk to their personal health and safety. These hazardous conditions include the possibility of falling from a great height. Contractor acknowledges that assumption of these risks could result in severe personal injury to Contractor or its Workers, including death. Contractor hereby expressly and voluntarily assumes all such risks incurred by Contractor or its Workers.
5. Contractor shall evidence Comprehensive General Liability Insurance at the minimum of $3,000,000 per occurrence. If driving automobiles onto campus in association with work, evidence of Automobile Liability Insurance at a minimum of $3,000,000 each accident is required. Note both Comprehensive General Liability and Automobile Liability Insurance coverage limits may be reached via an Excess or Umbrella Liability policy. In addition, Contractor shall evidence Workers Compensation and Employers Liability coverage as required by law. A Certificate of Insurance, naming Villanova University as Additional Insured evidencing the aforementioned coverage, shall be issued to Villanova University prior to the commencement work by the Contractor or its Workers.

6. In addition to any indemnification obligation in the Agreement, Contractor agrees to release, indemnify and hold harmless Villanova University, its agents, servants, students, officers, trustees and employees from and against any and all loss, damage, liability or expense, including attorney’s fees, including but not limited to all claims for damages on account of or by reason of bodily injury, including death, which may be sustained or claimed to be sustained by Contractor or its Workers or any third party, and all damages to property, caused by or arising out of or claimed to have been caused by or to have arisen out of work performed at heights by Contractor or its Workers, whether or not caused by the negligence of Villanova University, its agents or employees. Further, Villanova University will not be responsible for any physical damage occurring to property owned by Contractor or its Workers in connection with the use of the said work.

7. In the event of any conflict between the indemnification terms of the Agreement and this Addendum, the terms of this Addendum shall prevail.

The parties agree to this Addendum as of the date set forth below.

CONTRACTOR: VILLANOVA UNIVERSITY

__________________________________________                  By: _____________________________
By: _______________________________
Title: _______________________________
Date: _______________________________

Elisa L. Hibbs, Business Manager
Villanova University Theater Dept.
Exhibit A

USE OF PERSONAL FALL ARREST SYSTEM

ACKNOWLEDGEMENT AND ASSUMPTION OF RISKS AND RELEASE

Villanova University

User: _________________________________

User desires to perform work requiring the use of a Personal Fall Arrest System on the property of Villanova University. Certain potential risks to personal health and safety are associated with said work. You should not perform work requiring a Personal Fall Arrest System unless you are willing to accept the associated risks.

1. Acknowledgment and Assumption of Risks; Health and Safety.

I understand and hereby acknowledge that my use of fall arrest equipment on Villanova University’s campus could involve exposure to hazardous conditions that may constitute an extreme risk to my personal health and safety. These hazardous conditions include the possibility of falling from a great height. I acknowledge that my assumption of these risks could result in severe personal injury to me, including death. I hereby expressly and voluntarily assume all such risks incurred by my performing such work.

2. Agreement to Abide by All Rules.

I understand that Villanova University has specified rules regarding the use of Fall Arrest Systems on its campus. I agree to abide by all rules specified, but I also acknowledge that compliance with such rules does not serve as a guarantee of my safety while using this equipment. I understand that if I fail to abide by all prescribed rules or engage in conduct deemed unacceptable in the sole discretion of Villanova University, Villanova University may immediately terminate my ability to perform work on its campus.
3. **Training Certification.**

I understand Villanova University requires all persons using fall arrest equipment document current training. I certify that I hold a current training in the use of fall arrest equipment.

4. **Release.**

IN CONSIDERATION OF BEING ALLOWED TO UTILIZE THE FALL ARREST SYSTEM AND EQUIPMENT ON THE PROPERTY OF VILLANOVA UNIVERSITY, THE UNDERSIGNED HEREBY RELEASES VILLANOVA UNIVERSITY, TOGETHER WITH ITS BOARD OF TRUSTEES, OFFICERS, AGENTS AND EMPLOYEES, (COLLECTIVELY THE “RELEASED PARTIES”) FROM ANY AND ALL CLAIMS AGAINST EACH OF THE RELEASED PARTIES ARISING OUT OF OR IN ANY WAY CONNECTED WITH MY USE OF FALL ARREST EQUIPMENT, INCLUDING, BUT NOT LIMITED TO, LOSS OR DAMAGE TO PERSONAL PROPERTY AND ANY PERSONAL INJURY, INCLUDING DEATH. I RECOGNIZE THAT THIS RELEASE MEANS I AM GIVING UP, AMONG OTHER THINGS, RIGHTS TO SUIT THE RELEASED PARTIES FOR INJURIES. I ALSO UNDERSTAND THAT THIS RELEASE BINDS MY HEIRS, EXECUTORS, ADMINISTRATORS AND ASSIGNS, AS WELL AS MYSELF.

I agree that this document is to be construed under the laws of the Commonwealth of Pennsylvania. I acknowledge that I have read and understood the entire document and I have signed it knowingly and voluntarily.

____________________  ______________________  ________________
Signature of User      Name (Printed)             Date