HOW TO WORK AND LIVE SUSTAINABLY ON CAMPUS

SAFETY FIRST
All of these suggestions take into account all current scientific guidelines and recommendations. Safety is top priority!

COMMUTING

PUBLIC TRANSPORTATION
YES it is still an option
Wear a mask, which is required by SEPTA.
Carry hand sanitizer.
Wash your hands immediately after the ride.

BIKING
Biking to campus is safe and healthy. Make sure you ALWAYS wear a helmet.

RIDE SHARE
Ride share is not encouraged, but can be safe if you AND the driver are wearing a mask.
Avoid the carpool ride option, you don’t want to be in the ride share with another individual.
If possible, roll down the window to provide extra air flow.

LIVING AND WORKING ON CAMPUS

BRING YOUR OWN LUNCH
Avoid the communal refrigerator by bringing your own personal cooler.
Opt for lunch options that don’t require heating, like sandwiches and wraps.
Bonus points if you pack your lunch in a reusable container.

REUSABLE WATER BOTTLES
Great way to stay hydrated and safe.
Take it home every day to clean.
Fill it up at touchless hydration stations or water coolers (use your elbow to avoid touching the buttons with your hands).

BRING REUSABLE UTENSILS
Bringing your own reusable utensils is a great way to always have a safe eating utensil on hand. Clean your utensils at home each day. They fit easily into a purse, backpack, or lunch box.

CAFFEINE
Start the day by bringing your own coffee in a reusable mug.
If you are a two-or-three cups a day drinker, then you may need to refill in the office or your dorm room. Just make sure to wash your hands and disinfect appliances after you are done.

CONSOLIDATE YOUR ORDERS
When ordering from sites like Office Basics, try to consolidate one week’s worth of orders into one.
This will limit the number of people entering your office and reduce congestion on campus.

ALLOW IN FRESH AIR
If your office space or classroom has an operable window with a screen, consider opening it on low humid days.
If it is humid outside, limit the amount of time you have your window open.

GO PAPERLESS
Many of us have adjusted to printing less while working and studying from home, keep up that habit when you return to campus. Fewer trips to the copier or print center means reducing your risk of exposure and the need to sanitize equipment.
PERSONAL PROTECTIVE EQUIPMENT

FACE MASKS

**TYPE**
Reference the sustainable face mask guidelines.
Opt for cloth masks when possible, even better if the mask has a pocket for removable filters.
Cloth masks are reusable, comfortable, and effective.

**SAFE REUSE**
Masks can be safely reused if they are washed and stored properly
- Cloth masks need to be laundered after a single day of use.
- “Disposable” masks can be reused ONCE a week if kept in a brown paper bag between uses.

DISPOSABLE GLOVES

Gloves are not recyclable or reusable and should only be used when necessary.
For most Villanova community members, gloves are not required to keep you safe. Your supervisor will indicate if you do need to wear gloves for safety.
Instead, opt for washing your hands or using hand sanitizer to ensure your safety
Avoid touching your face as much as possible

SANITIZING WIPES

Wipes are not recyclable and should be disposed in the “wipes only” waste bin when in a classroom or lab to avoid contamination.
If you are using wipes in an office or other space, dispose of used wipes in the regular trash bin.

COMMUNITY FIRST:
The CARITAS Commitment