Meal Plan 101

What's the difference between a Meal Swipe and an MPE?
Where can I use my Meal Plan on campus? What's open?

Meals Swipes

Your Meal Plan comes with a specific number of meals per week or the semester, depending on the Meal Plan you choose.

Meal Swipes can be used in our all-you-care-to-eat dining hall locations, Donahue (South Campus), Dougherty (Main Campus), or St. Mary's (West Campus).

These meals can only be used for yourself. Meal Swipes can be used as frequently as your plan allows. For example, if you have the Any Time 7 Day Plan, you can swipe in and out of any dining hall multiple times per day. Keep in mind that if you have a block of meals or a certain number per week, each meal and MPE you swipe is deducted from your Meal Plan Balance.

Points

Each Meal Plan includes a food points account. Your points account is essentially a debit account that you can spend in any Dining Services location and in vending machines on campus.

Food points can be used to purchase meals, but you should only use points as your first choice of payment if you don't have any meal swipes or MPEs available.

It's best to use points to buy things like toiletries from our convenience stores, or to cover the balance of an MPE swipe. For example, if you purchase food in Cafe Nova that totals $8.50, you will use an MPE swipe valued at $8.25, and then you will use $0.25 in points to cover the difference in price.

Guest Meals

Guest Meals are a separate account of meals, which, unlike regular meal swipes, may be used for visiting friends, guests, or even yourself. You can use your guest meals for yourself in cases where you run out of your regular meal swipes.

Guest Meals may also be used as MPEs in select retail locations and are subject to MPE restrictions.

Parents and siblings under the age of 12 dine for free in our all-you-care-to-eat dining halls. You won't need to use a Guest Meal for these family members.

Meal Periods

Some meal plans have limits to the number of Meals or MPEs that can be used in a “Meal Period.” Each day consists of 4 meal periods: breakfast, lunch, dinner, and late night.

Breakfast | Brunch / Lunch | Dinner | Late Night
---|---|---|---
7:30 am - 10:30 am | 10:31 am - 4:10 pm | 4:11 pm - 10:00 pm | 10:01 pm - 2:00 am

MPE Values

MPEs are able to be used in our Retail Locations with some value & time restrictions.

<table>
<thead>
<tr>
<th>Breakfast</th>
<th>Brunch / Lunch</th>
<th>Dinner / Late Night</th>
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<tbody>
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<td>$7.25</td>
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Accepted at: The Exchange*, Cafe Nova, Belle Air Terrace, The Law School Cafe, Donahue Market, and 2nd Storey Market.

*MPE only accepted in The Curley Exchange and The Recovery Room with the corresponding meal plan upgrade.

Resident Dining Halls

The Court at Donahue

Located inside Donahue Hall on Main Campus, this dining hall features a robust salad bar. Stations include made-to-order omelets, pizza, deli sandwiches, vegan and vegetarian dishes, and traditional foods. A plant forward line is available daily at lunch and dinner, offering fresh, plant-based options.

Specials rotate weekly to bring you fun options like Wing-It Wednesdays and Nacho Fridays. Coffee and espresso drinks to go are included with your meal swipe!

Dougherty Dining Hall

Located inside Dougherty Hall on Main Campus, this dining hall features traditional style foods, fresh fruit and vegetables, soups, and vegan options are always available.

Donahue is known for their selection of fresh fruit as well as their healthy salad bar offerings.

St. Mary's Dining Hall

Located inside St. Mary's Hall on West Campus, our chefs offer a freshly prepared buffet style menu with great daily entrees and made-to-order foods like stir fry and pastas. Made-to-order fajitas and tacos are now available on select evenings.

Healthy options are always available including vegan and vegetarian entrees, fresh fruit, fresh vegetables, and a salad bar with nutrient-dense toppings.
# Retail Dining, Coffee, and Convenience Stores

## Cafe Nova
- MPE is accepted all day.
- MPE Value is $8.25 for Lunch and Dinner.

Cafe Nova features five food platforms offering the best Philly cheesesteaks, grilled chicken, and delectable blended burgers at the grill, a Southwest station for bowls, salads, and burritos, gourmet flatbread pizzas, fresh artisan sandwiches, as well as a gelato station and an espresso bar. Guests can place their customized order at the ordering kiosks!

Main Campus  
Located inside Dougherty Hall

## Belle Air Terrace
- MPE is accepted all day.
- MPE Value is $8.25 for Lunch, Dinner, and Late Night.

Belle Air Terrace is conveniently located and offers grab-n-go salads and sandwiches, hot food specials, a made-to-order deli, pizza, all-day breakfast, and a 100% organic salad bar. Great spot for late night food Sunday through Thursday, 8pm-11pm.

Main Campus  
Located inside the Connelly Center

## The Curley Exchange
- MPE only accepted at this location with The Exchange Meal Plan Upgrade.
- MPE Value is $7.25 for Breakfast and $8.25 for Lunch and Dinner.

The Curley Exchange is a retail location that features a New York style themed made-to-order Deli and offers fresh, daily hot entree specials, vegetables, and side dishes. Offering fairly traded Equal Exchange coffee and tea.

Main Campus  
Located inside Bartley Hall

## Donahue Market
- MPE is accepted all day for prepared foods only, i.e. salads, smoothies, sandwiches, etc.
- MPE Value is $8.25. MPE is not valid for pre-packaged snacks, beverages, or candy in this location.

Offering convenience store items such as snacks, candy, bottled beverages, and toiletries. Smoothies, salads, and sandwiches can be purchased all day for an MPE. Hot foods like pizza, mac & cheese, chicken tenders and more are available for an MPE starting at 8:45 pm.

South Campus  
Located inside The Court at Donahue

## 2nd Storey Market
- MPE is accepted all day for prepared foods only.
- MPE Value is $7.25 for Breakfast and $8.25 for Lunch, Dinner, and Late Night. MPE is not valid for pre-packaged snacks, beverages, or candy in this location.

Offering a huge variety of convenience store items as well as a made-to-order deli and salad stations. Hot foods and specials are offered daily in addition to nutritious grab-n-go items. Use an MPE on all prepared foods in this location, anytime!

West Campus  
Located inside St. Mary's

## Connelly Convenience
- MPE is not accepted in this location.
- Pay with your Meal Plan Points or your Wildcard (NOVAbucks).

Connelly Convenience is centrally located for all of your quick snack and bottled beverage needs. Featuring a variety of potato chips, pretzels, tortilla chips, and salsa as well as candy and granola bars. Sodas, water, teas, and juices are available as well as plats of ice cream and novelty treats. Toiletries and select necessities can also be found at this location.

Main Campus  
Located inside the Connelly Center

## Law School Cafe
- MPE is accepted; not accepted between 11:15 am and 1:15 pm to avoid overcrowding.
- MPE Value is $7.25 for Breakfast and $8.25 for Lunch.

The Law School Cafe offers daily hot entree specials, fresh vegetables, soups, grill specialties, gourmet brick oven pizzas, grab-n-go options, and a salad bar with a variety of healthy toppings. This location proudly brews Equal Exchange coffee and tea.

West Campus  
Located inside The Law School

## Holy Grounds
- MPE restrictions vary by location - see below for additional details.
- MPE Value is $7.25. MPE is not valid for pre-packaged snacks or candy.
- Limit 1 Bottled Beverage per MPE.

Holy Grounds locations are Villanova’s own coffee concept proudly brewing Peet’s Coffee® and offering Mighty Leaf teas. Serving muffins, bagels, hand fruit, fair trade chocolates and more, Some Holy Grounds locations offer grab-n-go foods such as salads and sandwiches, available for an MPE.

Legal Grounds (located at The Law School) offers Equal Exchange Coffee and Tea.

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## Special Dietary Needs
Villanova Dining Services understands that food allergies, food intolerances, and other special dietary needs can be difficult to manage, especially in a new dining environment.

We gladly work one-on-one with students to provide you with Information to make it easy for you to navigate our dining facilities. Visit our website to access our Special Dietary Request webpage and connect with our Registered Dietitian or Chef Nutritionist. Please ask to speak to a Chef or Manager for questions about specific products or recipes.

**SEE MPE RESTRICTIONS BELOW**

<table>
<thead>
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<th>MPE @ Connelly</th>
<th>MPE @ The Exchange</th>
<th>MPE @ Falvey</th>
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Please refer to our website for a full list of dining hours of operation: [https://www1.villanova.edu/villanova/services/dining/hours.html](https://www1.villanova.edu/villanova/services/dining/hours.html)