MEAL PLAN 101

MEAL SWIPES
Your Meal Plan comes with a specific number of meals per week or the semester, depending on the Meal Plan you choose.

Meal Swipes can be used in our all-you-care-to-eat dining hall locations, Donahue (South Campus), Dougherty (Main Campus), or St. Mary’s (West Campus).

These meals can only be used for yourself. Meal Swipes can be used as frequently as your plan allows. For example, if you have the Unlimited Plan, you can swipe in and out of any dining hall multiple times per day. Keep in mind that if you have a block of meals or a certain number per week, each meal and MPE you swipe is deducted from your Meal Plan Balance.

POINTS
Each Meal Plan includes a food points account. Your points account is essentially a debit account that you can spend in any Dining Services location and in vending machines on campus.

Food points can be used to purchase meals, but you should only use points as your first choice of payment if you don't have any meal swipes or MPE's available.

It's best to use points to buy things like toiletries from our convenience stores, or to cover the balance of an MPE swipe. For example, if you purchase food in Cafe Nova that totals $8.00, you will use an MPE swipe valued at $7.75, and then you will use $0.25 in points to cover the difference in price.

GUEST MEALS
Guest Meals are a separate account of meals, which, unlike regular meal swipes, may be used for visiting friends, guests, or even yourself. You can use your guest meals for yourself in cases where you run out of your regular meal swipes.

Guest Meals may also be used as MPEs in select retail locations and are subject to MPE restrictions.

Parents and siblings under the age of 12 dine for free in our all-you-care-to-eat dining halls. You won't need to use a Guest Meal for these family members.

MPE’S (MEAL PLAN EXPRESS)
MPEs are convenient for you to use your Meal Plan In one of our Retail Locations, select Holy Grounds Coffee Bars, and select Convenience Stores.

Certain locations accept MPEs at specific times. When you swipe your meal plan MPE for payment, a meal is deducted from your Meal Plan Balance. You are given a specific amount to spend on your purchase which is the MPE value.

If you don't have the time to relax and dine in one of our all-you-care-to-eat locations, take advantage of the MPE to get your meal in a different dining location on campus.

MEAL PERIODS
Some meal plans have limits to the number of Meals or MPEs that can be used in a “Meal Period.” Each day consists of 4 meal periods: breakfast, lunch, dinner, and late night.

<table>
<thead>
<tr>
<th>Time</th>
<th>Breakfast</th>
<th>Brunch / Lunch</th>
<th>Dinner</th>
<th>Late Night</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 am - 10:30 am</td>
<td>10:31 am - 4:10 pm</td>
<td>4:11 pm - 10:00 pm</td>
<td>10:01 pm - 2:00 am</td>
<td></td>
</tr>
</tbody>
</table>

MPE VALUES
MPEs are able to be used in our Retail Locations with some value & time restrictions.

<table>
<thead>
<tr>
<th>Meal Period</th>
<th>Breakfast</th>
<th>Brunch / Lunch</th>
<th>Dinner / Late Night</th>
</tr>
</thead>
<tbody>
<tr>
<td>Breakfast</td>
<td>$6.75</td>
<td>$6.75</td>
<td>$6.75</td>
</tr>
<tr>
<td>Brunch / Lunch</td>
<td>$7.75</td>
<td>$7.75</td>
<td>$7.75</td>
</tr>
<tr>
<td>Dinner / Late Night</td>
<td>$7.75</td>
<td>$7.75</td>
<td>$7.75</td>
</tr>
</tbody>
</table>

MPE value at Freshens is $6.75 all day. MPE value at 2nd Storey Market is $7.75 all day. MPE value at Donahue Market is $7.75 from 7:30 pm to midnight.

RESIDENT DINING HALLS

THE COURT AT DONAHUE
Donahue is located on South Campus. This food court style concept includes stations like Auggie’s made-to-order Dell, The Good Earth Stir Fry, Padre’s Pizza and Pasta, Sleepyhead Eternal Breakfast, and more.

Traditional style foods, fresh vegetables, soups, and vegan options are always available.

Donahue is known for their selection of fresh fruit as well as their healthy salad bar offerings.

Monday - Friday: 7:30 am - 8:00 pm
Saturday & Sunday: 8:00 am - 8:00 pm

DOUGHERTY DINING HALL
Located inside Dougherty Hall on Main Campus, this dining hall features one of the longest salad bars on the East Coast, prepared buffet style menu with great daily entrees and made-to-order foods like stir fry and pastas.

Stations include made-to-order omelets, deli sandwiches, pizza, vegan and vegetarian dishes, and traditional foods.

Specials rotate weekly to bring you fun action stations like Taco Tuesdays, Wing-It Wednesdays, Nacho Fridays, and more.

Monday - Thursday: 7:00 am - 8:00 pm
Friday: 7:00 am - 3:00 pm
Saturday & Sunday: 8:00 am - 8:00 pm

ST. MARY’S DINING HALL
Located inside St. Mary’s Hall on West Campus, our chefs offer a freshly prepared buffet style menu with great daily entrees and made-to-order foods like stir fry and pastas.

A made-to-order fajita and taco bar are now available on select evenings.

Healthy options are always available including vegan and vegetarian entrees, fresh fruit, fresh vegetables, and a salad bar with nutrient-dense toppings.

Monday - Friday: 7:30 am - 8:00 pm
Saturday & Sunday: 10:30 am - 8:00 pm
### Retail Dining, Coffee, and Convenience Stores

#### Cafes
- **CAFE NOVA**
  - Main Campus
  - Located inside Dougherty Hall
  - Monday - Friday 10:45 am - 7:00 pm

- **BELLE AIR TERRACE**
  - Main Campus
  - Located inside the Connelly Center
  - Monday - Thursday 8:00 am - 1:00 am
  - Friday 8:00 am - midnight
  - Saturday 11:00 am - midnight noon - 1:00 am

- **THE CURLEY EXCHANGE**
  - Main Campus
  - Located inside Bartley Hall
  - Monday - Thursday 7:30 am - 8:15 pm
  - Friday & Saturday 7:30 am - 2:30 pm

#### Freshens / Gluten Freeze Zone
- **FRESHENS / GLUTEN FREEZE ZONE**
  - Main Campus
  - Located inside the Connelly Center
  - Sunday - Friday 11:00 am - 10:00 pm noon - 10:00 pm

#### Law School Cafe
- **LAW SCHOOL CAFE**
  - West Campus
  - Located inside The Law School
  - Monday - Friday 7:30 am - 2:30 pm

#### Connelly Convenience
- **CONNELLY CONVENIENCE**
  - Main Campus
  - Located inside the Connelly Center
  - Monday - Sunday noon - 11:00 pm

#### Donahue Market
- **DONAHUE MARKET**
  - South Campus
  - Located inside The Court at Donahue
  - Monday - Friday 11:00 am - 1:00 am 1:00 pm - 1:00 am
  - Saturday & Sunday 11:00 am - 10:00 pm noon - 10:00 pm

#### 2nd Storey Market
- **2ND STOREY MARKET**
  - West Campus
  - Located inside St. Mary’s
  - Monday - Friday 8:30 am - 2:00 am noon - 2:00 am
  - Saturday & Sunday 11:00 am - 2:00 am noon - 2:00 am

#### Holy Grounds
- **HOLY GROUNDS**
  - Legal Grounds locations are Villanova's own coffee concept proudly brewing Peet's Coffee* and serving Mighty Leaf teas. Serving muffins, bagels, hand fruit, fair trade chocolates and more, some Holy Grounds locations offer grab-n-go foods salads and sandwiches, available for an MPE.

*Legal Grounds (located at The Law School) offers Equal Exchange Coffee and Tea.

**SEE HOURS & MPE RESTRICTIONS BELOW**

<table>
<thead>
<tr>
<th>HG @ Connelly</th>
<th>HG @ The Exchange</th>
<th>HG @ Falvey</th>
<th>HG @ CEER</th>
<th>Legal Grounds</th>
<th>Commons @ Driscoll</th>
</tr>
</thead>
<tbody>
<tr>
<td>MPE accepted all day</td>
<td>MPE accepted all day</td>
<td>MPE not accepted Use Points or NOVABucks</td>
<td>MPE accepted except between 11:15am-1:30pm</td>
<td>MPE not accepted Use Points or NOVABucks</td>
<td>MPE accepted only with The Commons Meal Plan Upgrade</td>
</tr>
<tr>
<td>8:00 am - mknignt</td>
<td>8:00 am - 11:00 pm</td>
<td>8:00 am - midnight</td>
<td>7:30 am - 8:00 pm</td>
<td>8:00 am - 9:00 pm</td>
<td>8:00 am - 7:00 pm</td>
</tr>
<tr>
<td>8:00 am - 10:00 pm</td>
<td>8:00 am - 3:00 pm</td>
<td>8:00 am - midnight</td>
<td>7:30 am - 2:30 pm</td>
<td>8:00 am - 4:00 pm</td>
<td>8:00 am - 23:00 pm</td>
</tr>
</tbody>
</table>

**REGULAR HOURS OF OPERATION - SUBJECT TO CHANGE**