



"THE BEST, SERVING THE BEST"

MEAL PLAN 101

LEARN MORE ABOUT HOW TO USE YOUR MEAL PLAN

What's the difference between a Meal Swipe and an MPE? Where can I use my Meal Plan on campus? What's open?

MEAL SWIPES

Your Meal Plan comes with a specific number of meals per week or the semester, depending on the Meal Plan you choose.

Meal Swipes can be used in our all-you-care-to-eat dining hall locations, Donahue (South Campus), Dougherty (Main Campus), or St. Mary's (West Campus).

These meals can only be used for yourself. Meal Swipes can be used as frequently as your plan allows. For example, if you have the Any Time 7 Day Plan, you can swipe in and out of any dining hall multiple times per day. Keep in mind that if you have a block of meals or a certain number per week, each meal and MPE you swipe is deducted from your Meal Plan Balance.

POINTS

Each Meal Plan includes a food points account. Your points account is essentially a debit account that you can spend in any Dining Services location and in vending machines on campus.

Food points can be used to purchase meals, but you should only use points as your first choice of payment if you don't have any meal swipes or MPEs available.

It's best to use points to buy things like toiletries from our convenience stores, or to cover the balance of an MPE swipe. For example, if you purchase food in Cafe Nova that totals \$9.00, you will use an MPE swipe valued at \$8.50, and then you will use \$0.50 in points to cover the difference in price.

GUEST MEALS

Guest Meals are a separate account of meals, which, unlike regular meal swipes, may be used for visiting friends, guests, or even yourself. You can use your guest meals for yourself in cases where you run out of your regular meal swipes.

Guest Meals may also be used as MPEs in select retail locations and are subject to MPE restrictions.

Parents and siblings under the age of 12 dine for free in our all-you-care-to-eat dining halls. You won't need to use a Guest Meal for these family members.

MPE'S (MEAL PLAN EXPRESS)

MPEs are a convenient way for you to use your Meal Plan in one of our Retail Locations, select Holy Grounds Coffee Bars, and select Convenience Stores for prepared foods and select beverages.

Certain locations accept MPEs at specific times. When you swipe your meal plan MPE for payment, a meal is deducted from your Meal Plan Balance. You are given a specific amount to spend on your purchase which is the MPE value.

If you don't have the time to relax and dine in one of our all-you-care-to-eat locations, take advantage of the MPE to get your meal in a different dining location on campus.

SEE BACK PAGE FOR LOCATIONS ACCEPTING MPES

MEAL PERIODS

Some meal plans have limits to the number of Meals or MPEs that can be used in a "Meal Period." Each day consists of 4 meal periods: breakfast, lunch, dinner, and late night.

Breakfast	Brunch / Lunch	Dinner	Late Night
7:00 am - 10:58 am	10:59 am - 4:10 pm	4:11 pm - 8:29 pm	8:30 pm - 1:00 am

MPE VALUES

MPEs are able to be used in our Retail Locations with some value & time restrictions.

Breakfast \$7.50 Brunch / Lunch \$8.50 Dinner / Late Night \$8.50	\$7.50 Breakfast \$7.50 Brunch / Lunch \$7.50 Dinner / Late Night
Accepted at: The Exchange*, Cafe Nova, Belle Air Terrace, The Law School Cafe, Donahue Market, and 2nd Storey Market.	Accepted at: Holy Grounds Locations, The Gluten Freeze Zone, and The Recovery Room (Driscoll)*

*MPE only accepted in The Curley Exchange and The Recovery Room with the corresponding meal plan upgrade.

RESIDENT DINING HALLS

Our resident dining halls are our all-you-care-to-eat dining locations. Use meal swipes in these locations.

DOOR PRICES	Breakfast	\$12.50
	Brunch / Lunch	\$12.50
	Dinner	\$16.50

THE COURT AT DONAHUE

Donahue is located on South Campus. This food court style concept includes stations like Auggie's made-to-order Deli, The Good Earth stir fry, Padre's Pizza and Pasta, The Fryery grill station, and more.

Traditional style foods, fresh fruit and vegetables, soups, and vegan options are always available.

Donahue is known for their selection of fresh fruit as well as their healthy salad bar offerings.

DOUGHERTY DINING HALL

Located inside Dougherty Hall on Main Campus, this dining hall features a robust salad bar. Stations include made-to-order omelets, pizza, deli sandwiches, vegan and vegetarian dishes, and traditional foods. A build-your-own Market Bowl line is available daily, offering healthy grains with various veggie and protein toppings.

Lunch stations rotate throughout the week to bring you fun options like Taco Tuesdays. Coffee and espresso drinks to go are included with your meal swipe!

ST. MARY'S DINING HALL

Located inside St. Mary's Hall on West Campus, our chefs offer a freshly prepared buffet style menu with great daily entrees and made-to-order foods like stir fry and pastas. Made-to-order fajitas and tacos are now available on select evenings.

Healthy options are always available including vegan and vegetarian entrees, fresh fruit, fresh vegetables, and a salad bar with nutrient-dense toppings.

RETAIL DINING, COFFEE, AND CONVENIENCE STORES

CAFE NOVA

- MPE is accepted all day.
- MPE Value is \$8.50 for Lunch and Dinner.

Cafe Nova features four queue-through food platforms offering the best Philly cheesesteaks, grilled chicken, and delectable blended burgers at the grill, a Southwest station for bowls, salads, and burritos, gourmet flatbread pizzas and the famous chicken parm sandwich at the Italian Kitchen, and fresh artisan sandwiches at the Deli.



Main Campus
Located inside
Dougherty Hall

BELLE AIR TERRACE

- MPE is accepted all day.
- MPE Value is \$8.50 for Lunch, Dinner, and Late Night.

Belle Air Terrace is conveniently located and offers grab-n-go salads and sandwiches, hot food specials, a made-to-order deli, pizza, and a crowd favorite, the grilled chicken combo. Great spot for late night food Sunday through Thursday, 8:30pm - 10:00pm.



Main Campus
Located inside the
Connelly Center

THE CURLEY EXCHANGE

- MPE only accepted at this location with The Exchange Meal Plan Upgrade.
- MPE Value is \$7.50 for Breakfast and \$8.50 for Lunch and Dinner.

The Curley Exchange is a retail location that features a New York style themed made-to-order Deli and offers fresh, daily hot entree specials, vegetables, and side dishes. Offering fairly traded Equal Exchange coffee and teas.



Main Campus
Located inside
Bartley Hall

DONAHUE MARKET

- MPE is accepted all day for prepared foods only, i.e. salads, smoothies, sandwiches, etc.
- MPE Value is \$8.50. MPE is not valid for pre-packaged snacks, beverages, or candy in this location.

Offering convenience store items such as snacks, candy, bottled beverages, and toiletries. Smoothies, salads, and sandwiches can be purchased all day for an MPE. Hot Foods like pizza, mac & cheese, chicken tenders and more are available for an MPE starting at 9:00 pm.



South Campus
Located inside The
Court at Donahue

2ND STOREY MARKET

- MPE is accepted all day for prepared foods only.
- MPE Value is \$7.50 for Breakfast and \$8.50 for Lunch, Dinner, and Late Night. MPE is not valid for pre-packaged snacks, beverages, or candy in this location.

Offering a huge variety of convenience store items as well as a made-to-order deli and salad stations. Hot foods and specials are offered daily in addition to nutritious grab-n-go items. Use an MPE on all prepared foods in this location, anytime!



West Campus
Located inside
St. Mary's

CONNELLY CONVENIENCE

- MPE is not accepted in this location.
- Pay with your Meal Plan Points or your Wild-card (NOVAbucks).

Connelly Convenience is centrally located for all of your quick snack and bottled beverage needs. Featuring a variety of potato chips, pretzels, tortilla chips, and salsa as well as candy and granola bars. Sodas, water, teas, and juices are available as well as pints of ice cream and novelty treats. Toiletries and select necessities can also be found at this location.

Main Campus
Located inside the Connelly Center

LAW SCHOOL CAFE

- MPE is accepted; not accepted between 11:15 am and 1:15 pm to avoid overcrowding.
- MPE Value is \$7.50 for Breakfast and \$8.50 for Lunch.

The Law School Cafe offers daily hot entree specials, fresh vegetables, soups, grill specialties, gourmet pizzas, grab-n-go options, and their famous burger and fries. This location proudly brews Equal Exchange coffee and teas.



West Campus
Located inside
The Law School

HOLY GROUNDS

- MPE restrictions vary by location - see below for additional details.
- MPE Value is \$7.50. MPE is not valid for pre-packaged snacks or candy.
- Limit 2 Bottled Beverages per MPE.

Holy Grounds locations are Villanova's own coffee concept proudly brewing Peet's Coffee* and offering Mighty Leaf teas. Serving muffins, bagels, hand fruit, fair trade chocolates and more. Some Holy Grounds locations offer grab-n-go foods such as salads and sandwiches, available for an MPE.



*Legal Grounds (located at The Law School) offers Equal Exchange Coffee and Tea.

SEE MPE RESTRICTIONS BELOW

SPECIAL DIETARY NEEDS

Villanova Dining Services understands that food allergies, food intolerances, and other special dietary needs can be difficult to manage, especially in a new dining environment.

We gladly work one-on-one with students to provide you with information to make it easy for you to navigate our dining facilities. Visit our website to access our Special Dietary Request webpage and connect with our Registered Dietitian or Chef Nutritionist. Please ask to speak to a Chef or Manager for questions about specific products or recipes.

HOLY GROUNDS

HG @ Connelly	HG @ The Exchange	HG @ Falvey	HG at The Commons	The Recovery Room	Legal Grounds
MPE accepted all day	MPE accepted all day	MPE not accepted Use Points or NOVAbucks	MPE accepted all day	MPE accepted only with The Driscoll Meal Plan Upgrade	MPE not accepted Use Points or NOVAbucks

PLEASE REFER TO OUR WEBSITE FOR A FULL LIST OF DINING HOURS OF OPERATION

<https://www1.villanova.edu/villanova/services/dining/hours.html>