MASK WEARING TIPS

DO:
- Wear a mask when you leave home
- Make sure it covers your nose and mouth
- Be sure that you can breathe through it
- Continue practicing social distancing
- Wash mask after each use
- Wash your hands after removing mask

DON’T:
- Touch mask while wearing it
- Touch the front of mask when removing it
- Use on children under the age of 2
- Wear if you have trouble breathing
- Purchase N95 or surgical mask

COMMUNITY FIRST: The CARITAS Commitment