Getting the most out of academic support and tutoring

Here are suggestions and additional information to help you make the most of the academic support, tutoring resources and services available to you.

**Course Instructor:** Always speak with your professor and plan to attend his/her office hours at the very first indication that you might be struggling or feel you need additional support; don’t wait until you’re overwhelmed! It’s ok to ask for clarification about assignments, to determine what he/she may be looking for in test responses, how you can approach your studying and test prep more effectively. Keep in mind, more hours reviewing/studying does not necessarily result in better grades – more focused and effective time spent does.

**Electronic Devices:** Turn your phone and other electronic devices off as a courtesy to the instructor or tutor with whom you are meeting and so that you will be distraction free and focused!

**Be prepared:** Whether working with a tutor or seeking advice from your professor, be as specific as you can in identifying the area or concept with which you need help.

**Review & Next Steps:** At the end of the session review the information and discuss or outline next steps.

**Other things to consider**

*Options such as The Writing Center, The Math Learning & Resource Center, and the following can also serve to enhance your academic experience!*

**Your Learning Style:** Check out your learning style and learn how it can impact your approach to class participation, note-taking, study skills and test prep. These resources and information are made available through Villanova University’s Learning Support Services.

**Challenges with time management?** It may not be challenging course material but challenges managing your time that is the real issue. Learning Support Services (LSS) helps you understand what to expect, how to plan and better manage your time.

**Learning Strategies** - LSS provides additional information on learning strategies such as time management, dealing with procrastination, stress management, note taking and study skills. Their services also include video workshops on topics such as Mastering Multiple Choice Tests, Time Management and Prepping for Finals. Links to other external resources such as “Tackling Difficult Reading Material” can be found here.

**Research projects:** Have a project coming up? Research support is available through a team of research librarians dedicated to VSB students.