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After an interesting winter of 2013 with multiple University closures, record snowfalls and reports of “snowmagedon” on television it is wonderful to finally see the spring. Just like the seasons, things move in a cyclical pattern here at the Alpha Nu chapter. You will see an article about the recent Sigma Theta Tau International biennium meeting, some news from national headquarters, and a brief recap of the 2013 induction ceremony with keynote by our BSN Express graduate Mathew Licketto. Alpha Nu members and friends again participated in Villanova Day of Service by spending time at Mission Relief Services in Coatesville sorting and packing supplies for clinics and health care facilities all over the world and within the last month Alpha Nu co-sponsored the College of Nursing Research Day which was once again very well attended. You will also read about the 7 BSN Express students who participated in a spring break experience to the Blackfeet Reservation in Browning, Montana.

As the seasons turn, so do the roles and responsibilities of those leading this organization. This is the time of year when the call for nominations is out (you will find it on page 15 of the newsletter) and I encourage all of you to consider joining the leadership of Alpha Nu and sharing in the exciting activities and events planned for the upcoming year – and adding your own ideas and suggestions! You can nominate a colleague or a member of Alpha Nu and you can certainly nominate yourself. Please consider joining the Board. There many opportunities to use your skills in a minor or major way from helping with this newsletter to coordinating events to using your social media skills to working as a mentor for new Alpha Nu members. Alpha Nu can boast a more than 73% retention rate in our membership from year to year. Come on out and join us!
What’s New at Headquarters?
Dr. Nancy C. Sharts-Hopko

We are well into an exciting biennium with our first non-North American president, Dr. Hester Klopper, at the helm. In March 2014 STTI hosted an invitational meeting in Geneva, Switzerland including nurse leaders from all over the world to a think tank prioritizing global nursing imperatives for the foreseeable future. Mary Norton, EdD, RN of Felician College in New Jersey has assumed responsibility for STTI’s presence at the United Nations as an NGO with advisory status. She fulfills this role for the International Council of Nurses as well. STTI’s areas of expertise are nursing and global health, and within those broad areas we anticipate presenting information on the health of women and children, non-communicable diseases, environmental sustainability, and youth leadership development. Members can follow STTI’s global advocacy activities on the website, www.nursingsociety.org.

A second noteworthy area is that of leadership development and the numerous opportunities that are available to members at every stage of their careers, from graduation through retirement. The various leadership academies seek to develop nurses who are able harness data for evidence-based decision-making and advocacy at various career levels. A new initiative offers more seasoned professionals the opportunity to prepare for membership on for boards of profit and not for profit corporations. A generous grant from Chamberlain University will provide opportunities for faculty development over several years, as does the Nursing Faculty Leadership Academy. Members who desires to work with a mentor are able to find that connection through the organization’s website. Please do take time to peruse the website to see what career development opportunities might meet your needs at this time.
Caring: A Framework for Continuous Healing Relationships
Speaker- Dr. Kristen M. Swanson

The 35th Distinguished Lecture in Nursing was held on November 20, 2013. The speaker for the lectureship was Dr. Kristen M. Swanson. Dr. Swanson is renowned for her research on pregnancy loss and for development of the Swanson Theory of Caring -- a theory that is used to guide research, education, and practice both nationally and internationally. She is an alumnus of the Robert Wood Johnson Foundation Nurse Executive Fellows program and a member of the American Academy of Nursing. Before going to Chapel Hill, she held the University of Washington Medical Center Term Professorship in Nursing Leadership. She also served as Chairperson of the Department of Family and Child Nursing at UW where she was a faculty member for over 20 years. Dr. Swanson's theory of caring has been incorporated into education models at a variety of institutions throughout the United States. Numerous hospitals and health care facilities have adopted Swanson's Theory of Caring as a guide to their own nursing services.
Alpha Nu members participated in the 27th annual Tristate Consortium co-hosted by 20 chapters of STTI in the greater Philadelphia area, on October 20, 2013. This is the longest-running consortium in the entire organization. Concurrent sessions were offered by Dr. Barbara Chamberlain, who spoke about chapter development strategies, and Dr. Nancy Sharts-Hopko, who provided an overview of STTI’s global health initiatives.

The keynote speaker was Marjorie A. Muecke, PhD, RN, FAAN, who is Assistant Dean for Global Health Affairs and Associate Director of the WHO Collaborating Center for Nursing & Midwifery Leadership at the University of Pennsylvania School of Nursing. Dr. Muecke provided insights on nursing research in the area of global health generally, with emphasis on research emanating from the University of Pennsylvania. One exciting initiative is the Center for Global Women’s Health, which supports research by nursing faculty in three general domains: safety from violence and harm; equity, empowerment, and advocacy; and health promotion and disease prevention. This work is well-aligned with STTI’s work in the area of global health.

Please keep your eyes open for news of next year’s TriState Consortium, which will take place on Sunday, October 19, 2014.
The Sigma Theta Tau International 42nd Biennial Convention was held November 16 - 20 in Indianapolis, Indiana.

Our own Dr. Nancy Sharts-Hopko was re-elected as STTI treasurer and Dr. Hester Klopper, who hails from South Africa, was installed as the new president. Dr. Klopper is the first non-North American President of STTI and challenges all members to “Serve locally, transform regionally, lead globally.” The Biennium provided extensive opportunities for networking and mentoring. Many outstanding posters and concurrent sessions were offered which showcased nursing and nurses in their varied roles as patient care provider, educator, researcher, author, administrator, and scholar. STTI, which represents nurses from all over the globe, celebrates its 90th Anniversary this year.
This year for the first time Alpha Nu provided scholarships to 7 BSN Express students going to the Blackfeet Reservation in Browning, Montana during spring break. While there the students provided much needed health promotion and screenings to the students at the De Salle Blackfeet School. They spoke to members of the community and learned about the culture and struggles inherent in Reservation life. “For me, the greatest aspect of the trip was forming relationships with the students and staff at the school” says Dr. Michelle Kelly, who planned the experience and lead the group in Browning. “Every moment spent with a child was both educational and rewarding. Seeing them smile never gets old and the knowledge I take away from them is priceless”. Look for more about this experience in the next Alpha Nu Newsletter.

Excerpt from student regarding experience:

*It was a trip that will be remembered as I embark on my new profession and the lessons learned will enhance my future career as a nurse.*
Mathew Licketto, BSN provided a wonderful keynote for the 2013 Alpha Nu Induction. Matt, a Villanova BSN Express graduate, came to the College of Nursing after completing over two years as an Augustinian volunteer in Durban, South Africa. He recounted how his experiences working with underserved populations in schools, communities, and hospice provided the impetus for his to return to college to become a nurse. Now working in hospice and the emergency department in Philadelphia, Matt continues his volunteer service around the world now joined by his wife. Matt used his personal journey to highlight the impact one individual can have on many lives. He is an inspiration for all of us.
Sigma Theta Tau International Honor Society of Nursing
Alpha Nu Chapter Villanova University

INDUCTEES
NOVEMBER 10, 2013

Nurse Leader
AnnMarie Papa

Graduate Students
Johka M. AlHarty
Zahra I. AlNasser
Faith L. Atte
Meghan O. Coleman
Jessica W. Connell
Michele M. Connell
Janet A. Dunn
Mary Kate Funari
Amanda K. Jenkinson
Virginia L. Jones
Tatiana Kisluk
Lisa A. Lubberman
Alicia A. Mamienski
Matthew S. McCoy
Lauren N. Ordile
Caroline A. Patanovich
Kimberly A. Seningen
Elizabeth P. Welsh

Undergraduate Students
Alison Ahern
Christine Anella
Ann Baklycki
Theresa Barker
John Barrow
Kristen Barry
Amy Bassi
Erin Benavage
Komal Bhatt
Luke Brennan
Casey Brophy
Allison Bross
Jennifer Browning
Katherine Burd
Lauren Cebulski
Tori Clay
Brianne Clayton
Annette Comati
Taylor Dansky
Courtney Davoli
Brian de Jesus
Caroline Dempsey
Alyssa Denenberg
Hoa Do
Joseph Dovidio
Alyssa Dragone
Alyssa Ehid
Kelly Facenda
Elizabeth Fijal
Suzanne Finley
Kristin Gardner
Kaleigh Garvin
Brittany Garza
Maureen Gatenby
Jacqueline Gentile
Jessica Gerber
Lauren Gianoni
Dana Goossen
Nicole Gozdan
Nora Hammond
Meghan Hand
Colleen Ianni
Christina Jackson
Kaitlen Karavage
Meghan Kelleher
Brittany Kickel
Lisa Knoll
Amelia Kulpak
Julie Kurkowski
Megan Lahullier
Jennifer Lannigan
Elizabeth Leddy
Jessica Lee
Yu Rim (Michelle) Lee
Holly Leighton
Melanie Liberatore
Alyssa Lodato
Katie Lynch
Kelsey MacNaughton
Kathryn Magargee
Krista Maglione
Maureen Mahoney
Olivia Manuel
Bridget Matthews
Karley McBreen
Julia Ann McGrath
Virginia McGregor
Elizabeth McMaster
Luke Mitchell
Michelle Moebus
Caitlin Moffitt
Rachel Morrison
Elizabeth Muia
John Murphy
Emily Niederhauser
Lisa Novak
Kaitlyn Oaks
Widia Owens
Caroline Park
Shawn Pettit
Caroline Porter
Lisa Porter
Thomas Preis
Laura Quaresima
Brianna Reardon
Undergraduate Students (cont.)
Sara Richardson
Nicholas Rieders
Joni Roberts
Katherine Romanowicz
Hannah Ronning
Christina Samtmann
Katherine Seeberger
Rachel Seggel
Maria Sevenich
Heather Shaw
Heather Shaw
Melissa Siebach
Mary Slauch
Alicia Smith
Nicholas Strickler
Leigh Suckiel
Christene Tafoya
Ashley Tallon
Theresa Testa
Ashley Traczuk
Lauren Ujobai
Aurora Vandewark
Kristine Vollmer
Dylan Wallace
Robin Webster
Krista Weimer
Susanna Wendelboe
Maryanne Werba
Lauren White
Erica Whitney
Faiza Wick
Jessica Wiedman
Ashley Wu
Marissa Ann Yanos
Elizabeth Yates
Ashley Zerener

2013 Awards
JOAN LARGE LEADERSHIP AWARD Reagan Devine
JUDITH ERICKSON AWARD Elizabeth Long
MYRTLE FEIGENBERG AWARD Aurora Vanderark
STUDENT VISION AWARD Kathleen Weatherbee
THERESA CHRISTIAN SERVICE AWARD Lyn DeSilets
RESEARCH AWARDS Tamara Kear
SCHOLARSHIP Nancy Wise
6th Annual Alpha Nu Volunteer Event  
St. Thomas of Villanova Day of Service  

By: Dr. Kathy Gray-Siracusa

Alpha Nu volunteers held true to their commitment, to support those in need throughout the world, during the St. Thomas of Villanova Day of Service this fall. It was the 6th visit to Mission Relief Services in Coatesville PA and the group has developed a strong connection with this organization and its staff. This year there were approximately 25 volunteers—students, Villanova faculty, staff and family members present to help this non-profit humanitarian aid organization. Specializing in the redistribution of medical and surgical supplies to over 40 countries, Mission Relief collects, processes, and ships donated supplies to designated areas of need worldwide. Through the responsible stewardship of donations, Mission Relief helps transform healthcare infrastructures around the globe.

Healthcare materials and supplies are donated to Mission Relief by hospitals, nursing homes, and medical offices in the local Philadelphia region and stored in a large warehouse. These supplies require sorting by healthcare professionals to insure they are appropriate for use without damage or expired usable dates. This year we assisted the organization by cleaning and organizing the supplies in the warehouse. Mission Relief is extremely grateful for the Alpha Nu nurses who understand the medical equipment and its uses. We were able to sort through many supply containers and categorize supplies based on where they would most likely be used. At the end of this volunteer day, there were over 100 boxes filled with useable items categorized and made ready for shipping.

Unfortunately, there were numerous boxes left unsorted. Many more hands would have made for lighter work and an even better result for Mission Relief Services. Next year we would like to see even more Alpha Nu members come out and volunteer to help an organization that directly touches the health and well being of people around the world. Mission Relief Services is dedicated and unflaltering in the work they do for those in need. Won’t you join us? For more information and photos on Villanova University Day of Service and MRS go to: http://missionrelief.org/wp/
2013 Villanova Day of Service at Mission Service
Criteria for each award are:

A. **Excellence in Nursing Practice**
   1. Demonstrates a breadth of knowledge in area of clinical nursing practice.
   2. Develops creative approaches to nursing practice that contribute to quality patient care.
   3. Possesses clinical expertise and attributes of a clinical scholar.
   4. Advances the scope and practice of nursing.
   5. Serves as a mentor/preceptor that inspires peer's practice of nursing.
   6. Influences the practice of nursing through communication.
   7. Enhances the image of nursing through nursing practice.
   8. Participates in community affairs, legislation, or organizations that affect nursing practice.

B. **Excellence in Research**
   1. Conducts distinguished research in nursing.
   2. Communicates nursing research findings.
   3. Writes scholarly works related to nursing theory and/or nursing research.
   4. Gives evidence of a history of nursing research activities.
   5. Encourages research activities within Sigma Theta Tau, nursing and/or public.

C. **Excellence in Nursing Education**
   1. Demonstrates excellence in teaching.
   2. Advances the science of nursing through clarifying, refining, and/or expanding the knowledge base of nursing.
   3. Promotes a theory/research base for nursing curricula and nursing practice.
   4. Influences scholarly development in nursing education, practice, and/or research through teaching.
   5. Influences the professional practice of nursing and the public image of nursing through excellence in teaching.

D. **Excellence in Leadership**
   1. Receives local, national, and/or international recognition as a nursing leader in education, practice, administration, and/or research.
   2. Influences leadership in nursing through visionary and innovative approaches to leadership.
   3. Creates an environment that enhances the image of nursing.
   4. Participates in the development of nursing leaders and leadership.

For further information, contact Dr. Sara Reeder: sara.reeder@villanova.edu
Sigma Theta Tau-Alpha Nu is looking for members interested in being involved

Nominations are now being accepted for the following positions:

President-Elect
Undergraduate Counselor
Recording Secretary
Treasurer
Newsletter Editor

Nominations are due no later than April 24th, 2014
Please Contact
Tricia Hein
Patricia.hein@villanova.edu

Elections will be via Survey Monkey

Thank you!

Become involved in your chapter!!
Be On the Lookout For...

Annual Mass/Alumni Awards- April 6, 2014
2014 Election Nominations- happening now
2014 Election Ballot Survey- April 2014
2014 Day of Service- September 27, 2014
Tristate Consortium- October 19, 2014
2014 Induction- November 16, 2014