

IGNITE CHANGE. GO GREEN.

Faculty Spotlight:

Tracy L. Oliver, PhD, RDN, LDN, Associate Professor,
College of Nursing

In this interview series we bring you inside the world of Villanova's faculty and explore how their work relates to creating a sustainable future. In this issue we hear from Dr. Tracy Oliver, an associate professor in the College of Nursing.

What is your academic background?

My undergraduate degree is in Clinical Nutrition and Dietetics from the University of Pittsburgh. Both my Master's degree and PhD are from Temple University in Kinesiology with a concentration in Exercise Physiology. My Dissertation Title was Cross sectional and Longitudinal Comparison of Self-Report versus Objective Measurement in Physical Activity among Women.



How long have you been teaching at Villanova?

I have been at Villanova University since the fall semester of 2016. Prior to coming to Villanova, I was a faculty member in a Nutrition and Dietetics program at Immaculata University for six years.

In your own words, how would you define sustainability and why is it important to you?

When I think of sustainability, I immediately consider the role that food and food production has on the overall environment. All too often, we as consumers are focused on what we are buying at the supermarket. However, consumers also need to consider what practices are in place prior to that food being available for purchase, and perhaps being more versed in what is going on behind the scenes. Consumers need to appreciate how food is grown, transported, processed, and the way in which each aspect of food production impacts the environment as a whole.

What is your current research focused on?

I am a Registered Dietitian by training. Weight management and obesity are my areas of research and expertise. I have worked on obesity prevention and treatment aspects within children and adults through various delivery modalities. One current area of interest is integrating cooking programs into after school programs for children to educate them on preparing healthy meals and snacks. If children are equipped with making healthy food choices at an early age, they may develop healthier food preferences throughout childhood. This may also benefit their overall wellness and disease prevention as adults.



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Do you collaborate with others on your research?

Presently I am working to coordinate efforts with the College of Nursing's MacDonald Center for Obesity Prevention and Education. The Center's mission is to serve as a model for education and research that promotes healthy weight management and the prevention and reduction of obesity-related diseases across the lifecycle. I feel collaboration would be mutually beneficial and together we can have a greater impact in the individuals' lives we are trying to reach.

Have you been able to incorporate sustainability into your course work?

Yes, it is introduced in my Principles of Nutrition course. We focus on topics such as food insecurity, sustainable agriculture, organic foods, Genetically Modified Organisms (GMOs), and reducing food waste to name a few.

If you could create any course, what would it be?

I would enjoy teaching a course on the complexities of weight management and obesity. Obesity interfaces with numerous disease states and other comorbid conditions. Delving into physical as well as psychological effects obesity has on an individual's life may provide an opportunity for advancing the healthcare they may receive.

What are your favorite outside of the office activities?

Spending time with my family! I feel very fortunate to have chosen a career that is such a big part of my everyday life. I love getting my family involved in trying new foods, new recipes, and new types of cuisines. Getting my children involved in the kitchen and being involved in nutrition is a true highlight. I enjoy getting to 'test' various aspects of nutrition on my family on a daily basis and I love to watch my children's palates and food preferences develop on a daily basis.



**VILLANOVA
UNIVERSITY**

Sustainability

IGNITE CHANGE. GO GREEN.



**WE ARE
STILL IN**

Villanova

**Joins More Than 300
colleges and universities
in supporting the**

Paris Climate Agreement



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EVENTS

Tuesday, September 5

Sustainable Off-Campus Living Fair

Curious how you can live sustainability in the Main Line?

Vendors such as PECO, SEPTA, ZIP Car, Lower Merion Township Recycling, Lancaster Farm Fresh Cooperative and more, will be in attendance and can help answer all your questions. Finally learn how to recycle in your apartment complex, discover a better way to get to campus using public transportation, and eat local, organic food on a budget.

11:00-1:30 | Dougherty Hall, East Lounge

Wednesday, October 4

5th Annual Sustainable Careers Panel

Villanova alumni will share their paths to a sustainable career. Event starts with a panel discussion and Q&A, followed up by a networking hour.

This event is ACS approved.

Panel

5:30-6:30PM | Idea Accelerator

Networking Hour

6:30-7:30PM | Idea Accelerator

Saturday, October 7

Safe Climate PA Conference

Safe Climate PA is an opportunity to learn about carbon pricing and how to engage with elected officials and the media, and then to put those lessons into practice.

Register Online

9:00AM-5:00PM | Dixon University Center, Harrisburg, PA

FREE TICKETS
Through Fandango

Enter Code

CLIMATEEDU



fall is the perfect time to EXPAND your veggie GAME!



WHAT IS A CSA?

Community Supported Agriculture, or "CSA," is a mutually-beneficial arrangement between community members and local farms in which the farmers provide produce and other farm products during the growing

season in exchange for payment before the season begins. Each week, the farmer harvests the mature crops and divides the offerings into "shares," which typically is one share for each member of the CSA program.

Villanova Dining Services has teamed up with Lancaster Farm Fresh Cooperative to bring the CSA to the Villanova community. Villanova's CSA is coordinated through the 2nd Storey Market in St. Mary's Hall. All Villanova students, faculty, and staff will have the opportunity to purchase and support a sustainable food system.

SHARES AVAILABLE FOR PURCHASE

Vegetable Share Herbal Tea Share Beverage Share Picnic Share Medicinal Herb Share



Bread Share



Fruit Share



Coffee Share



Flour Share



Egg Share



Cheese Share



8 WEEKLY DELIVERIES FROM OCTOBER 30 THROUGH DECEMBER 18

HOW CAN I SIGN UP?

<http://www.lancasterfarmfresh.com/product-category/shares/2017-fall-csa-shares/>

REGISTRATION DEADLINE: Friday, October 20, 2017

Get \$10 off a Medium Share
Use code at checkout: 10mediumfall17

Get \$15 off a Medium Share
Use code at checkout: 15largefall17

IGNITE CHANGE. GO GREEN.

Join more than 20 fellow researchers in becoming a



Solar Eclipse Glasses Collection



Donate your glasses at:
CEER 101, Mendel G09, Connelly Center information desk, Law School cafe

Photo Credit, Amber Sprague

IGNITE CHANGE. GO GREEN. OPPORTUNITIES

UCapture Brand Ambassador

Paid Internship

As a Brand Ambassador with UCapture, you'll lead grassroots student engagement efforts on your campus through tabling events, activity fairs, and speaking in classes, club meetings and other gatherings.

You'll become an expert in our platform, so you can confidently explain how it works and how UCapture fulfills our environmental mission.

Brand Ambassadors recruit new users to UCapture and educating them on how to use the platform to reduce their carbon footprint, and help their school go carbon neutral too!

Full Description Below

Sustainability Coordinator

Susquehanna University

The Sustainability Coordinator provides oversight and coordination of student co-curricular activities focusing on sustainability, in accordance with Susquehanna University's strategic plan goal to "Pursue sustainability as the heart of learning to live in our diverse, dynamic, and interdependent world."

Full Description Below

Bicycle Program Coordinator

Virginia Commonwealth University

Serve as the primary coordinator for VCU's alternative transportation services with a specific focus on the goal of growing out alternative transportation initiatives and positively impacting our VCU GHG emissions and reducing the number of single occupancy vehicles on campus.

Full Description Below

Become a Climate Reality leader

October 17-19 in Pittsburgh, PA

Apply Online



Virginia Commonwealth University

Richmond, Virginia

Recruitment Pool	All Applicants
Working Title	Bicycle Program Coordinator
Role Title	Admin & Office Spec III
Position Number	580310
Department	Physical Plant
Description of General Responsibilities	<p>Serve as the primary coordinator for VCU's alternative transportation services with a specific focus on the goal of growing out alternative transportation initiatives and positively impacting our VCU GHG emissions and reducing the number of single occupancy vehicles on campus.</p> <p>Oversee staffing, operations, and maintenance of the RamBikes facility. Assist with promoting, organizing, and analyzing alternative transportation options within VCU.</p> <p>Act as a liaison with VCU departments, City of Richmond departments, and community groups for bike safety, events, and other alternative transportation initiatives.</p> <p>Research and maintain working knowledge of best practices at peer institutions with regards to alternative transportation and bike initiatives. Conduct analysis and research latest trends to recommend future planning, strategic direction, and expansion of VCU's alternative transportation programs.</p> <p>Prepare studies, written reports, and presentations for internal and external audiences.</p> <p>Update social media outlets and web pages.</p>
Required Qualifications	<p>Working knowledge and experience with alternative transportation initiatives and bike programs required.</p> <p>Knowledge of office management practices required.</p> <p>Perform the duties required through excellent communication and organizational skills.</p> <p>Possess and demonstrate accurate, detail oriented, and professional work performance in an urban and academic environment.</p> <p>Prior supervisory experience required and excellent customer service skills.</p> <p>Experience with alternative transportation and bike programs.</p> <p>Excellent organizational and communication skills.</p> <p>Ability to work in a diverse environment required.</p>
Preferred Qualifications	<p>Bachelor's degree preferred</p> <p>VA Driver's license preferred</p>

Susquehanna University

Position Title	Sustainability Coordinator
About Susquehanna	<p>As a living, learning and working community, Susquehanna University affirms its commitment to being an engaged, culturally inclusive campus. As we seek to embody the rich diversity of the human community, we commit ourselves to the full participation of persons who represent the breadth of human difference. The university encourages candidates from historically underrepresented groups to apply. Susquehanna University is an Equal Opportunity Employer.</p> <p>Susquehanna University is a national liberal arts college committed to excellence in educating students for productive, creative and reflective lives of achievement, leadership and service in a diverse, dynamic and interdependent world. Its more than 2,200 undergraduates come from 35 states and 22 countries, and all students study away through Susquehanna's unique Global Opportunities program. Susquehanna University's 325 acre campus, noted for its beauty, is located in Selinsgrove, Pennsylvania, 50 miles north of Harrisburg in the scenic Susquehanna River Valley, about a three hour drive from Philadelphia, Washington, D.C., and New York City. For more information, please visit https://www.susqu.edu.</p>
Position Summary	<p>The Sustainability Coordinator provides oversight and coordination of student co-curricular activities focusing on sustainability, in accordance with Susquehanna University's strategic plan goal to "Pursue sustainability as the heart of learning to live in our diverse, dynamic, and interdependent world." The Sustainability Coordinator works collaboratively with faculty, staff, administrators, students, and community members to advance sustainable practices and knowledge on campus and in the surrounding community. This position reports to the Director of the Center for Environmental Education and Research (CEER), with close collaboration from Facilities Management and the Department of Campus Life.</p> <p>Specific Responsibilities</p> <ul style="list-style-type: none">• Develop, promote, and implement effective student-centered, education and/or service oriented, co-curricular sustainability

Susquehanna University

programming that addresses campus and local community needs. Programming should address food and nutrition, recycling and waste minimization, energy and water use, composting, and procurement at a minimum.

- Develop and manage a regional community/campus garden network, which includes website development and maintenance, networking and outreach, and event planning.
- Collaborate with faculty and staff, including but not limited to Facilities Management and the Department of Campus Life, on sustainability programming.
- Supervise paid and/or unpaid student positions supporting sustainability programs.
- Oversee sustainability projects undertaken by Sustainability House residents.
- Assist the CEER Director in organizing academic year and summer educational seminars, discussions, workshops, camps, and/or symposia on sustainability topics.
- Serve on the University Committee on Sustainability and contribute to achieving the sustainability goals described in the University's strategic plan.
- Promote campus sustainability efforts and practices through various communication methods including social media, presentations, newsletters, and other publications as appropriate.
- Foster a culture of sustainability among students, faculty, and staff.
- Serve as the advisor to student clubs as needed.
- Teach up to one section of PRDV-104 Perspectives annually, as appropriate.

Required Qualifications

Education

A bachelor's degree is required. A bachelor's degree in an environmentally-related discipline or a Master's degree in environmentally-related field or higher education and student affairs is preferred.

Experience

Two years of experience developing and implementing sustainability initiatives, coordinating co-curricular activities, collaborating across offices/departments, and supervising student employees is required.

Susquehanna University

Two years of experience in a Student Affairs capacity in a residential college setting is preferred.

Physical Demand

The position requires the ability to stand or sit for extended periods of time. The position requires the ability to move about the campus and the local community including on rough surfaces and in a garden setting. The position requires the ability to talk and to hear instruction. The position requires occasional manual dexterity and the ability to use fingers, hands, and arms to feel, handle, and reach. The position requires occasional stooping, crouching and bending. The position requires the ability to occasionally lift up to 20 pounds. Working conditions are both indoor and outdoor.

Knowledge, Skills, Abilities

Knowledge and understanding of sustainable practices and how they relate to college campuses, undergraduate student development, and general college policies and procedures is required. Knowledge of organic gardening practices is strongly preferred.

Excellent communication skills including interpersonal and online student engagement, writing, public speaking, and computing skills (Microsoft Office, website development, social media) are required. Required skills also include effective management of student groups and employees.

Required abilities include developing and implementing both short-term and long-term plans; interacting effectively with students, faculty, and staff; self-motivation and initiative; building positive relationships with diverse members of the campus and surrounding community; working independently with minimal supervision, but within a collaborative team environment; communicating effectively in oral and written forms; managing a program budget; and simultaneously managing multiple priorities.

Preferred Qualifications

Susquehanna University

Special Instructions to the Applicant

This position is a one-year appointment with the possibility of continuation of up to three years based on performance, and additional years based on performance and generated annual revenue.

Virginia Commonwealth University

Richmond, Virginia

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