Meal Plans 101

Meal plans consist of three components, meals, food points and guest meals.

~ Meals ~
Your meal plan comes with a specific number of meals per week or semester depending on the plan. These meals can be used for yourself only. Using a meal admits you to one of our all-you-care-to-eat resident dining halls. Meals can be used in certain retail locations as a meal plan express (MPE) option. See more on MPE below.

~ Food Points ~
Each meal plan includes a food points account. Your points account is basically a debit account that you may spend in any Dining Services location and in vending machines on campus. Food points are used for purchases in retail locations and permitted to supplement a MPE purchase over the allotted value.

~ Guest Meals ~
Guest meals are a separate account of meals which, unlike regular meals, may be used for visiting friends, guests or yourself. Use your guest meals for yourself in cases where you run out of your regular meals. Guest meals may also be used as MPEs in retail locations and are subject to MPE restrictions.

Meal Periods
Some meal plans have limits to the number of meals or MPEs that can be used in a “Meal Period.” Each day consists of four meal periods, breakfast, brunch/lunch, dinner and late night. Over the course of a week there are 28 meal periods to use your meals. See the chart for specific meal periods times.

<table>
<thead>
<tr>
<th>Time</th>
<th>Breakfast</th>
<th>Brunch/Lunch</th>
<th>Dinner/Late Night</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 am - 10:30 am</td>
<td>7:30 am - 10:30 am</td>
<td>7:30 am - 10:30 am</td>
<td>7:30 am - 10:30 am</td>
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<tr>
<td>4:11 pm - 10:00 pm</td>
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<tr>
<td>10:31 am - 4:10 pm</td>
<td>10:31 am - 4:10 pm</td>
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<td>10:01 am - 2:00 am</td>
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MPE
MPE (Meal Plan Express) is a convenient way for you to use your meal plan in one of our retail locations. When you swipe your meal plan, a meal is deducted from your balance. You are given a specific amount to spend on your purchase which is the MPE value. MPE acceptance and restrictions vary by location.

MPE Values 2017/2018

<table>
<thead>
<tr>
<th>Meal Period</th>
<th>Breakfast</th>
<th>Lunch/Brunch</th>
<th>Dinner/Late Night</th>
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</thead>
<tbody>
<tr>
<td>Breakfast</td>
<td>$6.75</td>
<td>$7.75</td>
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<tr>
<td>Lunch/Brunch</td>
<td>$6.75</td>
<td>$7.75</td>
<td>$7.75</td>
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<tr>
<td>Dinner/Late Night</td>
<td>$6.75</td>
<td>$7.75</td>
<td>$7.75</td>
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The Exchange, Cafe Nova, Belle Air Terrace, Law School Cafe.

Freshens MPE value is up to $6.75 all day

2nd Storey MPE value is $7.75 all day. Donahue Market is $7.75 from 7:30 pm to midnight.

Resident Dining Locations (All-You-Care-To-Eat)

The Court at Donahue
Located on south campus, this food court style concept includes Padre Pizza, Auggie’s Deli and a vegetarian concept, The Good Earth, and more.

Mon - Fri 7:30 am - 8:00 pm
Sat & Sun 10:30 am - 8:00 pm
Donahue Hall is known for their fresh fruit and salad bar offerings.

Dougherty Dining Hall
Located in Dougherty Hall on main campus, features the longest salad bar on the east coast, upscale sandwiches and salads and entrees.

Mon - Fri 7:00 am - 7:30 pm
Sat & Sun 8:00 am - 7:00 pm

St. Mary’s Dining Hall
Located in St. Mary’s Hall on west campus, a freshly prepared buffet style menu with great daily entrees and St. Mary’s Grill.

Mon - Fri 7:30 am - 8:00 pm
Sat & Sun 10:30 am - 8:00 pm

Visit our website for more great information about your meal plan including:
- Parents and siblings under 12 eat with you in resident dining halls for FREE!
- Can't make a meal in the dining hall? Ask about our bag lunch program
- Need cash? Why not work in Dining Services?
- Learn all about Villanova Dining Services sustainability efforts
- Nutrition and special dietary needs information

How did we do today?
We want your feedback. If you have a comment or concern please visit our website and fill out our online feedback form, your comments and opinions mean a lot to us!
http://www1.villanova.edu/villanova/services/dining/speakout.html
Retail Dining Locations

Cafe Nova (MPE accepted)

Our Newest Dining Location! Cafe Nova is located on the first floor of Dougherty Hall and features five food platforms offering the best of Philly steaks, authentic southwest fare, gourmet flat bread pizzas, fresh artisan sandwiches, signature salads, grilled specialties and a Gelato bar.

Mon - Friday 10:45 am - 7:00 pm
MPE accepted all day.
MPE Value: $7.75 Lunch and Dinner

Belle Air Terrace (MPE accepted)

Retail dining located in the Connelly Center on main campus. Featuring pizza, made to order deli and grill and more.

Mon - Thurs 8:00 am - 1:00 am
Friday 8:00 am - Midnight
Saturday 11:00 am - Midnight
Sunday Noon - 1:00 am

Featuring late night dining Sun - Thurs 10:00 pm to 1:00 am.
MPE not accepted 12:15 to 1:15 and 5:00 to 6:00 pm Monday through Friday.

MPE Value $6.75 Breakfast, $7.75 Lunch, Dinner and Late Night.

2nd Storey (MPE accepted)

Convenience store located on West Campus in St. Mary's Hall. Made to order sandwiches, pizza and flatbreads along with all of C-Store staples.

Mon - Fri 9:00 am - 2:00 am
Sat & Sun Noon - 2:00 am

MPE accepted all day, available for prepared food only.
MPE Value: $7.75 all day.

Holy Grounds

Villanova's own coffee concept with locations in Connelly Center, Falvey Library, Legal Grounds, CEER and Bartley Hall!

Hours and MPE acceptance vary by location, please visit our website for details.

The Exchange

Retail dining located in Bartley Hall, School of Business. A NY style deli theme with great sandwiches and specials.

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<tr>
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<th>Mon - Thurs</th>
<th>Friday</th>
<th>Saturday</th>
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<tbody>
<tr>
<td>Time</td>
<td>7:30 am - 8:15 pm</td>
<td>7:30 am - 2:30 pm</td>
<td>7:30 am - 2:00 pm</td>
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MPE accepted only with the Exchange upgrade.
MPE Value $6.75 Breakfast, $7.75 Lunch and Dinner

The Commons

Retail dining in Driscoll Hall, Nursing School featuring Holy Grounds Coffee and treats along with a selection of soups, salads and sandwiches.

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<th>Mon - Thurs</th>
<th>Friday</th>
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<tbody>
<tr>
<td>Time</td>
<td>8:00 am - 7:00 pm</td>
<td>8:00 am - 2:30 pm</td>
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MPE accepted only with the Commons upgrade.
MPE Value $6.75 for all meal periods

Donahue Market (MPE accepted)

Convenience Store located in Donahue Hall on South Campus.

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<th></th>
<th>Mon - Fri</th>
<th>Sat &amp; Sun</th>
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<tbody>
<tr>
<td>Time</td>
<td>11:00 am - 1:00 am</td>
<td>1:00 pm - 1:00 am</td>
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MPE accepted from 7:30 pm to Midnight, valid for Pizza and hot entree specials, Freshens smoothies and grab and go sandwiches.
MPE Value $7.75

Connelly Convenience

Convenience store located in the Connelly Center offering C-store items, snacks, toiletries and other essentials.

7 Days Noon - 11:00 pm
MPE not available

Freshens (MPE accepted)

Located in the Connelly Center, Freshens offers smoothies, snacks and ice cream.

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<th>Sun - Thurs</th>
<th>Fri &amp; Sat</th>
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<tbody>
<tr>
<td>Time</td>
<td>11:00 am - 11:00 pm</td>
<td>11:00 am - 10:00 pm</td>
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</table>

MPE value is $6.75 with MPE accepted all day. MPE values do not include packaged snacks, beverages or candy.

Connect with us!

Follow us on social media to stay up to date with all dining news and events.
http://www1.villanova.edu/villanova/services/dining/news/socialmedia.html

* All hours, MPE restrictions and MPE values are subject to change, visit our website for more information.

Visit our website for more great dining locations!

http://www.villanova.edu/services/dining